



Meals ON Wheels

SAN MATEO COUNTY

VOLUNTEER AS A DRIVER!

We need your help

Do you want to help a senior who is home alone with no way to shop or cook? Be a volunteer Meals on Wheels Driver and deliver a hot meal prepared by Peninsula Volunteers, Inc. Routes are in San Mateo County from San Bruno to East Palo Alto. Peninsula Volunteers, Inc. delivers over 100,000 hot, nutritious meals every year to homebound seniors and adults with disabilities who are unable to cook for themselves. Drivers must be available from 9:30am to 12:30pm, be able to use own vehicle and gasoline. Please contact **Victoria Cormack** at vcormack@peninsulavolunteers.org or 650-326-0665 ext. 5108 with questions.

Volunteer as a Meals on
Wheels driver

Help deliver hot meals to
seniors in the community!

We're looking for drivers
for each weekday to
provide meals to a growing
group of seniors.

Routes start at Little
House* at 9:30am and
conclude around
12:30pm.

*New pick-up location in
San Bruno – contact for
more information

*Starting January 2017
routes will include: Daly
City, South San Francisco,
Colma, and Brisbane.

PVI Meals on Wheels

800 Middle Ave
Menlo Park, CA 94025

<http://www.penvol.org/>