



Meals ON Wheels

SAN MATEO COUNTY

VOLUNTEER AS A DRIVER!

We need your help

Do you want to help a senior who is home alone with no way to shop or cook? Be a volunteer Meals on Wheels Driver and deliver a hot meal prepared by Peninsula Volunteers, Inc. Routes are in San Mateo County from Burlingame to East Palo Alto. Peninsula Volunteers, Inc. delivers 70,000 hot, nutritious meals every year to homebound seniors and adults with disabilities who are unable to cook for themselves. Drivers must be available from 9:30am to Noon, be able to use own vehicle and gasoline. Please contact **Chris Berry** at **cberry@peninsulavolunteers.org** or **650-326-0665 ext. 5002** with questions.

Volunteer as a Meals
on Wheels driver

Help deliver hot
meals to seniors in
the community!

We're looking for
drivers for each
weekday to provide
meals to a growing
group of seniors.

Routes start at Little
House between 9am
and 9:30am and
conclude at Noon

PVI Meals on Wheels

800 Middle Ave
Menlo Park, CA 94025

<http://www.penvol.org/>