



San Mateo County Behavioral Health and Recovery Services Office of Diversity and Equity



Military Culture 101: Relevance to Behavioral Health and Recovery Services

Lance Friis, CPT (CA), LMFT

Behavioral Health Outreach Liaison, California National Guard

Thursday, February 17
1:00 - 4:00 p.m.
Silicon Valley Community Foundation
1300 S. El Camino Real, Suite 100
San Mateo 94402

OR

Thursday, March 17
9:00 a.m. - 12:00 p.m.
Multipurpose Room 100
225 West 37th Avenue
San Mateo 94403

TARGET AUDIENCE: Behavioral Health & Recovery Services Clinicians, Staff and Contract Agency Partners

The United States Department of Defense has experienced a significant change in its approach to behavioral health needs of the military. Increased rates of divorce, suicidality, psychiatric diagnoses, and overall stress have highlighted the benefit of mental health treatment. Military personnel and veterans will be increasingly seen by community mental health providers. The military is a distinct sub-culture in the United States with its own rituals and characteristics. For mental health treatment to be effective, it is essential that the providers have a basic understanding of the nuances of the military culture .

GOALS & OBJECTIVES:

- Describe an approach to provide culturally competent services to military personnel and veterans and their family members.
- Identify additional referral resources and further training on working with the military.
- Outline current controversies in military culture that may impact the mental health of service members and their families.

CONTINUING MEDICAL EDUCATION CREDITS—The San Mateo County Behavioral Health and Recovery Services is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The San Mateo County Behavioral Health and Recovery Services takes responsibility for the content, quality and scientific integrity of this CME activity.

The San Mateo County Behavioral Health and Recovery Services designates this educational activity for a maximum of 3.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This credit may also be applied to the *CMA Certification in Continuing Medical Education*. Provider approved by the California Board of Registered Nursing, Provider #CEP1405 and California Board of Behavioral Sciences (MFTs and LCSWs), Provider#PCE580. Psychologist attending courses listed above may report the following to the California Psychological Association Accreditation Agency:

CAADE and CAADAC Credits—San Mateo County is approved by the CAADE (#CP25 862 C 0212) and CAADAC (#4C-06-400-1113) and will award 3.0 hours for this activity.

FACULTY DISCLOSURE: (Speaker) Lance Friis, (Planning Committee Members) Jei Africa, Celia Moreno, and Jade Moy declare that neither they, nor any member of their immediate families, have had a financial relationship in the past 12 months that is relevant to this CME/CEU educational activity.

CULTURAL AND LINGUISTIC COMPETENCY—California Assembly Bill 1195 [AB-1195.pdf](#) requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area. Remember that interpretive services are available to San Mateo County clinicians by contacting the Program Office at Behavioral Health and Recovery Services at 650-573-2541. San Mateo Medical Center provides interpretive services through the Health Care Interpreter Network (HCIN). The San Mateo County Language Assistance intranet site is at: <http://intranet.co.sanmateo.ca.us/health/LA>

**Register through LMS. For technical assistance or non-County staff,
email Claudia Salada at CSalada@co.sanmateo.ca.us**

