



## COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes**  
**Wednesday, November 4, 2015**  
**225 37<sup>th</sup> Avenue, Room 100**  
**San Mateo**

**BOARD MEMBERS PRESENT:** Edmund Bridges, Judy Schutzman, Carol Marble, Josephine Thompson, Kelly Liang, Rocio Cornejo, Eric Wollman, Debbra Yamaguchi, Betty Savin, Pat Way, Wanda Thompson, Roxanne Urbani

**STAFF:** Randy Torrijos, Steve Kaplan, Chantae Rochester, Doris Estremera, Jairo Wilches, Linford Gayle, Clara Boyden, Scott Gruendl, Sylvia Leung, Kim Westrick

**BOARD MEMBERS ABSENT:** Patrisha Ragins, Rodney Roddewig

**OTHERS PRESENT (signed in):** George Culores, Bruce Adams, Amaal Greenwood-Godwin, Beth Alvina, Christopher Hoover, Doris Brown, Sapna Patel, Sarah Caffrey, Victor Rios

### **CALL TO ORDER**

The meeting was called to order at 3:10

### **INTRODUCTIONS**

### **APPROVAL OF TODAY'S AGENDA**

Approval of today's agenda with the following changes:  
Move Old Business (item 12) to follow Announcements (item 5).

▶ **M/S/C** Schutzman/Savin

### **APPROVAL OF MINUTES**

Approval of minutes from the September 2, 2015 Mental Health & Substance Abuse Recovery Commission Meeting:

Approved with the following corrections: Under the Program Presentation in the second sentence change they to the.

▶ **M/S/C** Schutzman/Yamaguchi

Approval of minutes from the September 18, 2015 Executive Committee Meeting

▶ **M/S/C** Schutzman/Yamaguchi

### **Correspondence, Announcements, and Public Comment**

George Culores

This month's Wellness Matters in the Wellness Corner I am quoted saying "Don't go for the fast food when you can go for better food faster at home."

## **Program Presentation**

Mental Health Services Act Annual Update

Presented by Doris Estremera, MHSA Coordinator

Behavioral Health and Recovery Services

### Background

- Proposition 63 (2004)
  - 1/5 tax on personal income in excess of \$1 million
- Principles
  - Focus on wellness, recovery and resilience
  - Cultural and linguistic competency
  - Consumer/client and family-driven services
  - Integrated service experience
  - Community collaboration

### Funding Components

- Community Service and Supports (CSS), 75-80%
- Prevention and Early Intervention (PEI), 15-20%
- Innovations (INN), 5%, 3 years
- Workforce Education and Training (WET), one time funding
- Capital Facilities and Information Technology (CF/IT), One time funding
- Housing, One time funding

### Fiscal Considerations

- AB100, on July 1, 2012, monthly MHSA allocations based on actual accrual of tax revenue
- One time allocations due to change in tax laws in FY 13-14 and FY 14-15
- PEI revenue projected to decrease in 15-16 by 10%
- Prudent reserve remains at \$600K

### New Programs/Updates for FY 15-16

- New PEI and INN guidelines
- Continues evaluation efforts of funded programs
- CalMHSA sustainability of statewide PEI
- Priority expansions
  - The Clubhouse – 2015
- Innovations

### Next Steps

- 30 day public comment
- Public Hearing at the MHSARC
  - December 2<sup>nd</sup>, 3-5 pm, 225 37<sup>th</sup> Avenue, Room 100, San Mateo
- Presentation to the Board for adoption of the plan
  - January
- Controller to certify expenditures

- Submit to the State MHSOAC for approval

Full Service Partnership (FSP) Evaluation  
Presented by Scott Gruendl, Assistant Director  
Behavioral Health and Recovery Services

#### Background

- BHRS contracts with American Institutes for Research (AIR) for evaluation services of various programs including the MHSA FSP
- AIR was charged with evaluating how enrollment in the FSP benefits the County's FSP clients
- Parameters included evaluating the FSP over the life of the program (07/01/2006-07/01/2015)
- Two indicators were selected for measuring the effectiveness of the FSP program

#### Indicators of Well-Being

- Reductions in use of psychiatric hospitals and PES can indicate improvement of mental health status and less need for intensive care
- Two primary sources of data for these indicators:
  - Client self-reports
  - Administrative data collected through health records
- Administrative data consistently capture utilization with bias from inaccurate or incomplete reporting
- Evaluation used administrative data from the BHRS Avatar System/Electronic Health Record

#### Outcome Areas

- Evaluation focused on four areas:
  - Proportion of clients with any hospitalization
  - Mean hospital days per client
  - Proportion of clients using any PES
  - Mean PES admissions per client
- Results presented in two ways
  - Stratified by tenure in FSP
  - Stratified by the calendar year clients entered into FSP

#### Outcomes

- The proportion of FSP clients with any hospitalization decreased significantly after FSP enrollment as compared to before enrollment
- The proportion of FSP clients with any PES use decreased significantly after enrollment in FSP from 12 percentage points for clients enrolled one year or more to 17 percentage points for clients enrolled five years or more.

#### Conclusion

Tenure in FSP significantly reduces intensive care utilization; and the impact on positive outcomes by the FSP program has improved over time.

To receive a copy of the MHSA Annual Update or copies of the presentations, please contact Chantae Rochester at [crochester@smcgov.org](mailto:crochester@smcgov.org) or 650.573.2544.

## **Old Business**

None

## **New Business**

**Action Item:** *Vote to open the 30 day Public Hearing for the Mental Health Services Act Annual Update FY2015-16*

► **M/S/C** Roddewig/Yamaguchi Passed unanimously

## **STANDING COMMITTEES**

### **A. Committee for Older Adults**

**Judy Schutzman reported**

1. Minutes attached.
2. Next meeting will be held on December 2, 2015 at 10:30 a.m.  
225 37<sup>th</sup> Avenue, Diamond Room, San Mateo

### **B. Committee for Adults**

**Josephine Thompson reported**

1. Minutes attached.
2. Next meeting will be held on December 16, 2015 at 10:30 a.m.  
2000 Alameda de las Pulgas, Room 209, San Mateo

### **C. Committee for Children & Youth**

**No Report**

1. Minutes attached
2. Next meeting will be held on December 16, 2015 at 4:00 p.m.  
2000 Alameda de las Pulgas, conference room 201, San Mateo

## **YOUTH COMMISSIONERS REPORT**

Reported by Roxanne Urbani and Kelly Liang

The Youth Conference will be held in March. Stay tuned for more information regarding registration and sponsoring a table.

## **DIRECTOR'S REPORT**

Serenity House

The Respite Center (Serenity House) will be located on the corner of 37<sup>th</sup> Avenue and Hacienda. We are making progress on finalizing the design of the project. Once we have the design finalized DPW will select a contractor for the job.

Laura's Law

The BOS approved and is funding our implementation of Laura's Law. We will be holding interviews for the Laura's Law Manager in the next week and hope to make a decision by the end of this month.

**Liaison, Task Force and Ad Hoc Committees:**

**Meeting Adjourned:**

The meeting was adjourned at 4:55 p.m.

**Next MHSARC Meeting:**

December 2, 2015 from 3:00-5:00 p.m.  
Health Services Building  
225 37<sup>th</sup> Avenue, Room 100, San Mateo

**Next Executive Committee Meeting:**

TBD

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.