



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes
Wednesday, October 7, 2015
225 37th Avenue, Room 100
San Mateo**

BOARD MEMBERS PRESENT: Edmund Bridges, Judy Schutzman, Carol Marble, Josephine Thompson, Kelly Liang, Rocio Cornejo, Rodney Roddewig, Patrisha Ragins, Eric Wollman, Debbra Yamaguchi, Betty Savin

STAFF: Randy Torrijos, Steve Kaplan, Chantae Rochester, Doris Estremera

BOARD MEMBERS ABSENT: Wanda Thompson

OTHERS PRESENT (signed in): George Culores, Pat Way, Ana Avendano, Sapna Patel

CALL TO ORDER

The meeting was called to order at 3:15

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

Approval of today's agenda with the following changes:
Move Old Business (item 12) to follow Announcements (item 5).

► **M/S/C** Thompson/Roddewig

APPROVAL OF MINUTES

Approval of minutes from the September 2, 2015 Mental Health & Substance Abuse Recovery Commission Meeting

► **M/S/C** Ragins/Roddewig

Approval of minutes from the September 18, 2015 Executive Committee Meeting

► **M/S/C** Ragins/Roddewig

Correspondence, Announcements, and Public Comment

Old Business

Election of Officers

- | | |
|-------------------|------------------|
| • Chair | Edmund Bridges |
| • Vice Chair | Judith Schutzman |
| • Member at Large | Wanda Thompson |
| • CAMB/C | VACANT |

Action Item: *Vote to accept the Slate of Officers*

► **M/S/C** Marble/Yamaguchi, the vote passed unanimously.

Program Presentation

Where are We Going?

Drug Medi-Cal Waiver Implementation

Presented by Stephen Kaplan, Director

Behavioral Health and Recovery Services

Steve gave an update on the path and purpose of Behavioral Health and Recovery Services (BHRS) and the work being done around the Drug Medi-Cal Waiver Implementation. To receive a copy of the presentation, please contact Chantae Rochester at crochester@smcgov.org or 650.573.2544.

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on November 4, 2015 at 10:30 a.m.
225 37th Avenue, Diamond Room, San Mateo

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on November 18, 2015 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

No Report

1. Minutes attached
2. Next meeting will be held on November 18, 2015 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

YOUTH COMMISSIONERS REPORT

Reported by Kelly Liang

The Youth Commissioners Swearing In Ceremony is Thursday, October 22, at 6:00 p.m. at the Board of Supervisors.

DIRECTOR'S REPORT

Outreach – The Parent Project through the Health Ambassador Program really is a very effective outreach program. Essentially we have people who are living in the communities reaching out to other family members telling them about their experiences and having the information to make a good suggestion and/or referral.

Youth Mental Health First Aid

Our Office of Diversity and Equity Staff are working with the County Office of Education school districts to train school personnel and are starting to train peers around the youth mental health first aid model which is an evidenced based practice. Our goal is to eventually have trained people at every middle school and high school both public and

private. The team just reached a great milestone and they have trained 1,000 people around the county.

Serenity House

Serenity House is our crisis residential facility that will be located on the corner of 37th Avenue and Hacienda in San Mateo. We are making great progress with our renovation. It will be a 10 bed short stay facility. We will have psychiatry, case managers, peer and family members as part of the treatment team. We are hoping to open the summer of 2016.

Medicated Assisted Treatment Program

Our Medicated Assisted Treatment Program (MAT) is up and running and doing well. We've received close to 120 referrals for the program. Everything is in place with the exception of the clinic to be operated by HealthRight360. They will open a clinic in San Mateo, we are waiting for state approval.

Recent Events

We recently had two very successful events:

1. Suicide Prevention Partnership Meeting, there were 120 in attendance.
2. Coastside Health Fair called Sana Sana, there was great community participation.

Conference

I attended a conference on criminal justice and behavioral health and I had a client from Service Connect accompany me to the conference. His name is Lorenzo and he told his story to the audience of county and contract providers.

I asked him at the end of his presentation to give three pieces of advice to this group to help ensure that people like him are successful when they return to the community.

Here is what he told the group:

1. Respect. Let's respect each other.
2. Empathic detachment. Don't take things personal. We mess up, we relapse, but when we come back don't take it personal, just accept us coming back and we'll engage with you.
3. Do your jobs.

MHSA Update

The next Steering Committee Meeting is Wednesday, October 28, 2015 from 3:00-5:00 p.m.

Liaison, Task Force and Ad Hoc Committees:

Nothing to report at this time.

New Business

Meeting Adjourned:

The meeting was adjourned at 4:55 p.m.

Next MHSARC Meeting:

November 4, 2015 from 3:00-5:00 p.m.

Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

November 20, 2015 at 3:30 p.m.
Conference Call

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.