

COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes Wednesday, June 3, 2015 Silicon Valley Community Foundation 1300 El Camino Real, San Mateo

BOARD MEMBERS PRESENT: Edmund Bridges, Betty Savin, Eric Wollman,

STAFF: Stephen Kaplan, Doris Estremera, Amina Burrell, Chantae Rochester,

BOARD MEMBERS ABSENT: Cameron Johnson, Judy Schutzman, Josephine

Thompson, Carol Marble, Wanda Thompson, Patrisha Ragins

OTHERS PRESENT (signed in): George Culores, Christopher Hoover

CALL TO ORDER

The meeting was called to order at 3:20 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

Approval of today's agenda

► M/S/C Wollman/Savin

APPROVAL OF MINUTES

Approval of minutes from the May 6, 2015 Mental Health & Substance Abuse Recovery Commission Meeting

► M/S/C Wollman/Savin

Approval of minutes from the May 15, 2015 Executive Committee Meeting

► M/S/C Wollman/Savin

Correspondence, Announcements, and Public Comment

Program Presentation

Same Day Assistance Presented by Pat Miles, Ph.D., Assistant Director Behavioral Health & Recovery Services

Background

Same Day Assistance is part of the Community Service Areas (CSA's) that began in our system about two and a half years ago. When we met with all of the community groups and the community leaders it became apparent that it was very important to have prompt access to care and being sure that clients could be seen as soon as possible. We also know from our clinical experience that giving people care when they are asking for care is critical to engaging clients in treatment. We began to pursue a model providing care that has been used in other places where clients are seen the same day they ask for help.

After months of planning, in September 2013, we began to offer same day assistance to clients who called our Call Center. We made referrals for clients to go to one of our five clinics during the designated drop in times. We made significant internal changes in order to deal with the addition of new clients coming into our system and changing the workflow. We closed down our Access Assessment Team and moved the staff from that team to go our Primary Adult Clinic and one of the staff went to the Youth System.

What the data shows:

The percentage of adults seen with 7 days of calling the Call Center

- Before same day assistance about 27% of adult clients were seen within 7 days
- After same day assistance about 67% of adult clients were seen within 7 days

The number of no shows (we were hoping to reduce by offering immediate access to care)

- Before same day assistance the percentage of clients who contacted the Call Center and didn't show up for appointments was 25%
- After same day assistance the percentage of clients who contacted the Call Center and didn't' show up for appointments was 14%

STANDING COMMITTEES

A. Committee for Older Adults Judy Schutzman reported

- 1. Minutes attached.
- 2. Next meeting will be held on July 1, 2015 at 10:30 a.m. 225 37th Avenue. Diamond Room. San Mateo

B. Committee for Adults

Josephine Thompson reported

- **1.** Minutes attached.
- 2. Next meeting will be held on July 15, 2015 at 10:30 a.m. 2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Betty Savin reported

- **1.** Minutes attached
- 2. Next meeting will be held on July 15, 2015 at 4:00 p.m. 2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Respite Center

The Respite Center will be located on the corner of Hacienda and 37th Avenue. We had our last community meeting in May with the Beresford/Hillsdale Neighborhood Association.

It went very well, we were expecting strong opposition from this group but during and after the presentation there was no opposition. Now we are working to secure an architect who will do all fo the design of the building.

Cordilleras

We are in the bridging document phase of the project which is taking the conceptual process and really diving into the actual design, layout, and specifications. Once that is complete the information will be turned over to the architect.

Psychiatric Emergency Response Team (PERT) Pilot

We have a clinician paired up with a Sheriff's Officer to do psychiatric response in the Sheriff's jurisdiction. The team will eventually be able to support S.W.A.T. activities in the county. The intent of the pilot is to, at some point, make a recommendation whether this should go to scale (countywide), what the relationship will be with the cities, and how it will be funded.

Laura's Law

We went to the Board of Supervisors (BOS) with a recommendation to adopt Laura's Law. The BOS had a number of questions; as a result, they decided not to take action that day. They want us to research the questions. We will go back to the BOS on June 16 for them to reconsider whether or not they will implement Laura's Law.

MHSA Update

We do not have anything new to report for MHSA.

Liaison, Task Force and Ad Hoc Committees:

Old Business

None

New Business

Meeting Adjourned: The meeting was adjourned at 4:15 p.m.

Next MHSARC Meeting: July 1, 2015 from 3:00-5:00 p.m.

Silicon Valley Community Foundation 1300 El Camino Real, San Mateo

Next Executive Committee Meeting: July 17, 2015 at 3:30 p.m.

BHRS Conference Room or Conference

call

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.