



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, February 4, 2015
225 37th Avenue, room 100
San Mateo

BOARD MEMBERS PRESENT: Edmund Bridges, Sharon Roth, Wanda Thompson, Josephine Thompson, Eric Wollman, Betty Savin, Cameron Johnson, Judy Schutzman

STAFF: Randy Torrijos, Stephen Kaplan, Doris Estremera, Moe Mati, Jairo Wilches, Katy Davis, Linford Gayle, Maria Lorente-Foresti, Kacy Carr, Paul Sorbo

BOARD MEMBERS ABSENT: Patrisha Ragins, Kathleen Bernard

OTHERS PRESENT (signed in): George Culores, Nani Wilson, Sala Naha Wilson, Yolanda Ramirez, Christopher Hoover, Rob Heagy, Mylene rodriguez

CALL TO ORDER

The meeting was called to order at 3:10 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

Correction: The Youth Presentation will have to be rescheduled due to the illness of the presenters.

▶ **M/S/C** Thompson/Roth

APPROVAL OF MINUTES

Approval of minutes from the January 7, 2015 Mental Health & Substance Abuse Recovery Commission Meeting

▶ **M/S/C** Roth/Johnson

Approval of minutes from the January 16, 2015 Executive Committee Meeting

▶ **M/S/C** Roth/Johnson

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Did not meet.
2. Next meeting will be held on March 4, 2015 at 10:30 a.m.
225 37th Avenue, Diamond Room, San Mateo

B. Committee for Adults

Sharon Roth reported

1. Minutes attached.
2. Next meeting will be held on March 4, 2015 at 1:30 p.m.
225 37th Avenue, Room 132, San Mateo, CA

C. Committee for Children & Youth

Betty Savin reported

1. Minutes attached
2. Next meeting will be held on March 18, 2015 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

Youth Commissioner's Report

No report given.

DIRECTOR'S REPORT

Welcome Chief Wollman. It's essential that we have representation from the Chief's Association because of all the work and collaboration that is necessary in critical areas of our work.

Psychiatric Emergency Response Team (PERT)

We have a pilot program in collaboration with the Sheriff's Office to bring into the county an evidenced based practice around responding to people with psychiatric emergencies. The program pairs a clinician with a law enforcement officer to be able to assist responders responding to someone having a crisis. I am pleased to announce that we have hired our clinician who will be paired with Jim Kaufman of the Sheriff's Office. The clinician will be starting in March.

Countywide Crisis Collaboration

We had our third meeting last week; again we had very good participation. We are trying to get more specific on work to do that would fill some of the gaps in our ability to be effective in responding to a crisis, and providing support to families and clients. We are collecting data to see our system as whole responds to crisis. We have small groups working outside of the large group; the large group will meet again in April.

Medicated Assisted Treatment (MAT)

We had a small pilot program for the past two years where we used Vivitrol for people who have chronic and severe alcoholism. Clients receive an injection once a month and it works on their cravings to drink. The result of the small pilot has been spectacular and we are now in partnership with the Health Plan of San Mateo (HPSM) to do a massive expansion of the program. Once it is fully operational we expect to have 400 or more people in the program and we'll be able to outreach to about 3,000 people.

We will have Substance Use Counselors at the San Mateo County Emergency Department, in our Primary Care Clinics, and also pairing them with Adult Probation as a way to identify potential clients to receive this treatment. We've added beds at our Palm Avenue Detox Facility. HealthRight 360 will set up a clinic with a Psychiatrist, Nurse Practitioners, and Case Managers and they will be the principal organization that delivers

medication and case management. We are in the process of hiring staff and getting contracts to the Board of Supervisors (BOS).

Little Hoover Commission

The Little Hoover Commission is a statewide overseeing body that looks at various bodies of state and county government. They released a report on the Mental Health Services Act (MHSA) and what's happened since the voters approved it ten years ago.

Unfortunately, the report was inaccurate and clearly did not have the facts regarding the actual implementation of the MHSA and its impact on clients, and how we track the money.

The recommendations that were made would in no way improve services to clients. It would create a layer of bureaucracy that no one needs or wants and it would not add any value to the services. We have been working with legislative staff to try to present what we think is an accurate picture of what's happened with the MHSA.

I will send the link to the report to the Commission. We are working locally with our Public Information Officer with the Health System and the County's Public Information and Legislative Liaisons to make sure they are aware. We have not decided to do any public response other than this meeting.

MHSA Update

Reported by Doris Estremera

MHSA Coordinator, Behavioral Health and Recovery Services

The Board of Supervisors approved the MHSA Three Year Plan and it has been submitted to the State so we can move forward with implementation. The next steps for us are to have a Steering Committee Meeting which we are trying to schedule for the end of February or early March. The Annual Update is due in June. I will come back to the Commission in April or May to report on the FY13-14 outcomes of the MHSA. We also want to start looking at planning for our new innovations projects. Total Wellness has been funded through the innovations section of the MHSA and their funding will end June of this year.

Health Ambassador Program

The Health Ambassador Program grew out of our Parent Project which is Measure A funded and it's our Parent Project graduates who wanted to learn and do more to help others. The program began January 2014 and it has provided an opportunity for the parents to be involved and be trained in other programs and it has been a huge success.

July of last year we presented Pedro Estrada, he was very first graduate. Today I want to introduce you to our three new graduates:

Michael Lin

Yolanda Ramirez

Mylene Rodriguez

Congratulations!!

Old Business

New Business

Action Item: Vote to approve and submit the Annual Report to the Board of Supervisors
► **M/S/C** Roth/Bridges; passed unanimously.

Liaison, Task Force and Ad Hoc Committees:

Mental Health Association (MHA) and NAMI

Reported by Sharon Roth

MHA and NAMI are looking for people to be judges for Directing Change as part of the CalMHSA Stigma Reduction and Suicide Prevention Program. Judges will judge 60 minutes videos that students make regarding stigma reduction and suicide prevention, if you are interested in being a judge please let me know. If you would like more information, please contact the NAMI office.

Quality Improvement Committee (QIC)

Reported by Josephine Thompson

We discussed the following:

- Same Day Assistance
- Update on Call Center test calls
- Guidelines Brochures for calls and wallet card
- Update on Contractor Audits
- QI Workplan
- ADHD Protocol for Adults Seeking BHRS Services
- Psychiatry Residency Program Procedures for Resolving Performance and Conduct Problems
- Electroconvulsive Therapy
- Animal Assisted Therapy and Animal Assisted Activities-revision

Correspondence, Announcements and Public Comment

CIT Academy – reported by Sharon Roth

The CIT Academy will take place February 23-26. There will be a consumer and a family panel at the academy.

Meeting Adjourned:

The meeting was adjourned at 4:05 p.m.

Next MHSARC Meeting:

March 4, 2015 from 3:00-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA

Next Executive Committee Meeting:

January 16, 2015 at 3:30 p.m.
BHRS Conference Room

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.