



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes
Wednesday, January 7, 2015
225 37th Avenue, room 100
San Mateo**

BOARD MEMBERS PRESENT: Cameron Johnson, Judy Schutzman, Sharon Roth, Wanda Thompson, Betty Savin, Josephine Thompson, Patrisha Ragins, Kelly Liang, Maxwell Heller, Supervisor Dave Pine

STAFF: Randy Torrijos, Steve Kaplan, Chantae Rochester, Doris Estremera, Jei Africa, Paul Sorbo, Jairo Wilches

BOARD MEMBERS ABSENT: Edmund Bridges, Kathleen Bernard, Carol Marble

OTHERS PRESENT (signed in): George Culores, Juliana Fuerbringer, Jamila McCallum, Beth Avina, Byron Hudson, Lorenzo Cataneda, Corina Shortall, Jullo Garcia, Jan Allen, Ray Mills

CALL TO ORDER

The meeting was called to order at 3:15 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Roth

APPROVAL OF MINUTES

Approval of minutes from the December 3, 2014 Mental Health & Substance Abuse Recovery Commission Meeting

► **M/S/C** Schutzman/Thompson

Approval of minutes from the December 19, 2014 Executive Committee Meeting

► **M/S/C** Schutzman/Thompson

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on February 4, 2015 at 10:30 a.m.
225 37th Avenue, Diamond Room, San Mateo

B. Committee for Adults
Sharon Roth reported

1. Minutes attached.
2. Next meeting will be held on February 4, 2015 at 1:30 p.m.
225 37th Avenue, Room 132, San Mateo, CA

C. Committee for Children & Youth
Betty Savin reported

1. Minutes attached
2. Next meeting will be held on February 18, 2015 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

Youth Commissioner's Report

No report given.

DIRECTOR'S REPORT

Program Presentation

Today's program presentation was going to be an update from Heart and Soul on their reorganization, unfortunately, the presentation will have to be rescheduled. They are interviewing for the Executive Director position, we'll reschedule for a later time.

Wellness Matters

This month's Wellness Matters there's an article recapping the highlights from the past year. Most of things in the article have taken a lot of work by many people to move them forward. We are really proud of our accomplishments from the past year.

Cordilleras

In December the Board of Supervisors (BOS) approved the feasibility study which determined whether the County should move forward with the project.

Respite Center

We are working on a document to answer questions around security, programs offered, and who will be served. We hope to have the document completed by the end of January.

Medicated Assisted Treatment

We are expanding the program. We have had great success with the pilot program. We are in the process of hiring staff and working with HealthRight 360 and contract amendments to get the expansion going. We are working with our partners at Probation and the Medical Center around identifying potential clients. We are on target for implementation in late spring.

Community Service Area (CSA)

As you know we do not have a clinic in the San Bruno, South San Francisco community and this is one of the communities where we want to have a CSA. The Medical Center has a clinic in San Bruno but they feel the location is inadequate and future expansion would not be possible. We are working together to submit a proposal to locate a clinic in that area and use Measure A funds to secure the property.

Redwood City Clinic

We hope to have our new clinic in Redwood City located on Shasta will open in April. This clinic will allow us to move all of the children and youth staff from the Brewster Adult Clinic and they'll have a free standing youth clinic.

Measure a Funding

The County's Measure A process is underway. Letters of intent are due to the County on January 9. We are anticipating that the county will receive a lot of proposals. We'll be spending a lot of time evaluating Measure A proposals over the next few months.

Drug MediCal Waiver

The Drug MediCal Waiver has been submitted to the Federal Government. We'll wait to see if the Center for MediCal/MediCare services approves the waiver. Essentially what the waiver will allow us to do is operate a treatment system that is very much like what is on the mental health side. It will be clinic based, not doctor driven, and will be much more flexible. It will provide greater access to substance use treatment services for our Medicaid population.

Crisis Response

On the front page of Wellness Matters, on the left is an extract from the family script we've been working on. This is from the family script which is a guideline for family members or support for caretakers on how to prepare for a crisis. In case of a crisis the script will guide the family member on how to talk about what's happening when speaking to dispatch. The full script is posted on our website. We are still working on hard copies of the brochure and a wallet size reference card with key points.

Psychiatric Emergency Response

Next week will be interviewing for the clinician who will work with the Sheriff's Officer Staff on the psychiatric emergency response pilot. We hope to have a person selected by the end of next week.

Pat Miles, Assistant Director

Pat Miles is retiring the end of June. We had our first panel interviews yesterday. We are hoping we will have a replacement for Pat by the end of February. We received approval from the County Manager's Office to double fill the position which will allow us to bring the person on in early April.

Projects with the Medical Center and Aging and Adult Services

We are working with the Medical Center and Aging and Adult Services on two projects:

1. How do we improve our case management intensity with people in locked programs? Right now there aren't many resources for intense case management so we feel if we do more intensive case management we could move people more quickly out of locked programs.
2. High Utilizer Program Project. We want to take a look at people who are cycling through the emergency department on high utilization. What are the characteristics? Why are they continuing to cycle through? What can we do to stem the recurrence? It's very expensive and it's not where you want to go for healthcare.

Improved Access

Last January the state gave additional responsibility to the Health Plans in the state, for us the Health Plan San Mateo (HPSM). People with mild to moderate mental health issues don't meet our target population of seriously mentally ill, the HPSM has the responsibility

to provide those services to that population. We have taken on the administration of that program in a contract with HPSM. Over the one year period we have had an increase of 5,000 calls to our call center. The number of authorizations for services to our network in the first 6 months is the same number we authorized in the previous 18 months. We are seeing improved access to mental health services. Some of the challenges we face are increased workload for the call center and building our provider network around specific language issues. Overall things are going well.

MHSA Update

Reported by Doris Estremera, MHSA Coordinator, Behavioral Health and Recovery Services

The MHSA Three Year Plan is underway. The Plan will be presented to the BOS for approval at the January 27 BOS meeting.

Old Business

New Business

Liaison, Task Force and Ad Hoc Committees:

CAMHB/C – Reported by Sharon Roth

The meeting will be by January 15-17, I will have a report at the next meeting. We will be looking for a new chair to be the representative for the Commission.

Quality Improvement Committee – Reported by Josephine Thompson

The next meeting is Wednesday, January 14, 10-12 at 2000 Alameda de las Pulgas, Room 201, San Mateo.

Correspondence, Announcements and Public Comment

Meeting Adjourned:

The meeting was adjourned at 4:55 p.m.

Next MHSARC Meeting:

February 4, 2015 from 3:00-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA

Next Executive Committee Meeting:

January 16, 2015 at 3:30 p.m.
BHRS Conference Room

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.