



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, September 7, 2016
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Eduardo Tirado, Louise Orellana, Judy Schutzman, Patricia Way, Patrisha Ragins, Betty Savin, Josephine Thompson, Carol Marble, Rocio Cornejo

STAFF: Randy Torrijos, Stephen Kaplan, Chantae Rochester, Paul Sorbo

BOARD MEMBERS ABSENT: Edmund Bridges, Rodney Roddewig, Wanda Thompson

OTHERS PRESENT (signed in): Erik McCready, John Sy, Jennifer McAbee, Margrit Rinderknecht, Dorothy Christian, Marilyn Pearson, Mark Christian, Cherry Leung, Karen Gianuario, Doug Imara, Jan Allen, Brian Coates, Harold Brown, Sharon Heath, Beth Arina, Antonio Clemons, Sapna Patel, Doris Brown, Randy Chambers, Darryl Stubblefield

CALL TO ORDER

The meeting was called to order at 3:10 p.m.

INTRODUCTIONS

New members were introduced and welcomed to the Commission.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Marble

APPROVAL OF MINUTES

Approval of minutes from the July 6, 2016 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Way/Ragins

Approval of minutes from the July 19, 2016 Executive Committee Meeting

► **M/S/C** Way/Ragins

Program Presentation

The Clubhouse

Presented by: John Sy, Program Director

Erik McCready, Clubhouse Member

Jennifer McAbee, Clubhouse Member and Board Member

The Clubhouse

In New York City in 1948 former patients of New York Psychiatric Hospitals began to meet together and support each other informally as a kind of club on the steps of the New York City Public Library.

A community intentionally organized to support individuals living with the effects of mental illness. Opportunity to rejoin the worlds of friendships, family, important work, employment, education, and to access the services and supports they may individually need.

Today there are more than 330 Clubhouses in over 30 countries.

Membership and Staff

- Participants of the program are called members, not consumers, clients, patients, or disabled
- Membership is free, voluntary and for life
- Shared ownership and shared responsibility for the success of the organization
- In an ideal Clubhouse setting, you cannot differentiate between member and staff
- Clubhouse purposely hire a small staff because it has to be run by the members
- Staff are not clinicians but rather engage members in being productive

Just the Facts

- Membership: 84
- 3,000 member visits
- 16,000 hours of service for members
- Average daily attendance: 17
- Over 40 social events, open every holiday
- Participation rate is 76%
- Fluency: English, Spanish, Chinese and Tagalog

What Makes Clubhouse Unique?

- Membership is voluntary, free and for life
- Egalitarian relationship (e.g. decision making is always by consensus)
- Outreach (mail, cards, hospital visits, mobile visits)
- Our Transitional Employment Program (guaranteed job coverage, no assessments, desire to work is the only requirement)
- We have several social events in a month and we always celebrate the holiday on the holiday itself
- Wellness focus (healthy meals, exercise, wellness-themed socials, etc)

Old Business

Slate of Officers – presented by Josephine Thompson

- Chair – Patricia Way
- Vice Chair – Rocio Cornejo
- Member at Large – Wanda Thompson
- CALMB/C – Vacant

New Business

Correspondence, Announcements, and Public Comment

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on October 5, 2016 at 12:00 p.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on October 19, 2016 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on October 19, 2016 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Serenity House

Serenity House is our crisis residential facility which will be located on the corner of 37th Avenue and Hacienda. Yesterday it was approved to release the bid for construction of the project, that bid will be out for a minimum of 30 days. Once we select a contractor we will take it back to the Board of Supervisors (BOS) for approval and then we can move forward with renovations.

Cordilleras

We are in the process of looking for both the design and construction contractors for the project. We've narrowed it down to three and we are in conversations with them around the project. We are pretty much on schedule.

Drug Medi-Cal Waiver

I've talked previously about how we'll be able to make significant changes to our delivery substance use treatment services; it is moving forward. On 9/20 the BOS will have a recommendation to approve our contract with the state department of health care services which is required before we can implement the waiver. There are a lot of things the providers have to do to be able to participate so we are working with them. As providers are ready we will go back to the BOS for amendments to the provider contracts. We will implement in phases, we are not going to wait until all the providers are ready. At the next meeting we'll have a more in-depth discussion on what this actually means so that everyone understands.

Suicide Prevention

Soon we will be putting out a suicide prevention roadmap. The roadmap will talk about our efforts and resources related to suicide prevention. The roadmap will include strategies on how we can prevent suicide and respond to people in need.

Recovery Happens

September is Recovery Month and we had the kick off yesterday with our annual breakfast and Bridges and walk to the BOS for the proclamation. There will be various events happening throughout the month, please pick up a flyer in the back for more details.

MHSA Update

Liaison, Task Force and Ad Hoc Committees:

There was nothing to report at the time of this meeting.

Meeting Adjourned:

The meeting was adjourned at 4:10 p.m.

David Lewis Award Presentation

Randy Chambers received the 2016 David Lewis Award Congratulations!!!

Next MHSARC Meeting:

October 5, 2016 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, October 18, 2016, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.