



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, April 6, 2016
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Edmund Bridges, Judy Schutzman, Carol Marble, Pat Way, Betty Savin, Rodney Roddewig, Patrisha Ragins, Eric Wollman, Kelly Liang

STAFF: Randy Torrijos, Stephen Kaplan, Chantae Rochester, Karen Krahn, Maggie Furey, Sylvia Leung, Colin Hart, Lara Connors, Doris Estremara

BOARD MEMBERS ABSENT: Josephine Thompson, Wanda Thompson, Debra Yammaguchi, Rocio Cornejo, Roxanne

OTHERS PRESENT (signed in): Sapna Patel, Maria Cuellar, Carolyn Shepard, Vincent Merok, Mark and Dorothy Christian, Doris Brown, Cardum Harman, Helene Zimmerman, Albert Pignataro, Narlenne Fajardo, Karen Gianuario, Julianna Fuerbringer, Stephanie Weisner, Yrene Orue

CALL TO ORDER

The meeting was called to order at 3:10 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Way/Schutzman

APPROVAL OF MINUTES

Approval of minutes from the March 2, 2016 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Schutzman/Savin

Approval of minutes from the March 21, 2016 Executive Committee Meeting

► **M/S/C** Schutzman/Savin

Program Presentation

Strategic Plan to End Homelessness by 2020

Presented by Iliana Rodriguez, Director, Human Services Agency

Overview

- Homeless in San Mateo County
- Homeless Systems Redesign Process

- Strategic Goals to End Homelessness by 2020

Homeless Count

- 2009 homeless count was 1,796
- 2011 homeless count was 2,149
- 2013 homeless count was 2,281
- 2015 homeless count was 1,772

Homeless Services Continuum

- Prevention
- Outreach and Engagement
- Emergency Housing
- Transitional Housing
- Permanent Housing
 - Rapid Re-Housing
 - Permanent Supportive Housing

Strategic Plan to End Homeless by 2020

1. Create system to end homelessness
2. End veteran homelessness
3. End family homelessness
4. End youth homelessness
5. Individuals exiting institutions will not discharge to homelessness

Principles of a Housing Crisis Resolution System

- Housing focus
- Data-Informed system
- Person centered
- Effective use of resources

How We Will Create the System

1. Shift to a housing first approach
2. Transform existing set of programs into housing crisis resolution system
3. Develop and implement shelter diversion/housing counseling
4. Develop and implement a coordinated entry system for homeless service
5. Right size interim housing
6. Expand rapid re-housing services
7. Maximize permanent supportive housing
8. Use data for continuous quality improvement

Old Business

Public hearing for the Mental Health Services Act Innovations Project Plans

Action Item: *Vote to close 30 day public comment period and submit to the Board of Supervisors the Mental Health Services Act Innovations Project Plans*

► **M/S/C** Schutzman/Marble
Passed unanimously

Housing Recommendations

We want to go over the list of recommendations that came up during the hearings, if there is something that we missed or if there is something you don't agree with we will discuss.

- County should continue exploring tenant protection
- Improve Section 8 by increasing subsidies or pursuing things on the state level (ex. Source of Income Ordinance)
- Equalize Section 8 to what people are paying for rent now
- Rent control is critically needed
- Purchase a hotel with a lot of rooms and have people provide case management
- Leverage wealth in the county in order to create more slots for clients
- Look into the research behind the effectiveness of programs such as Housing First

Pat Way - We have to be careful with the rent control issue. I don't believe rent control is the answer. The City of San Mateo had a session about housing within the city and there was a huge argument over rent control. San Francisco has had rent control for years and it is terribly abused. We should tread carefully when discussing rent control.

We will bring a draft report to the May meeting for the Commission to review prior to sending the report to the Board of Supervisors.

New Business

Correspondence, Announcements, and Public Comment

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on May 4, 2016 at 12:00 p.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on May 18, 2016 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on May 18, 2016 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

YOUTH COMMISSIONERS REPORT

Reported by Kelly Liang

Last month we had our Youth Conference and there were over 300 in attendance. This was our most successful conference so far. We are transitioning from Star Vista to the Youth Leadership Institute starting next year. I am not sure if there will be a youth liaison on the commission next year.

DIRECTOR'S REPORT

Serenity House

Serenity House is our crisis residential facility for adults. The architectural plans are at the county planning department for review. We are hoping that those plans will be finalized and approved within a few weeks. Once they are approved we will work with the Department of Public Works to begin the process for selecting the contractor. It is scheduled to be a 3 to 4 month renovation. We are hopeful that we'll be open for referrals by November 2016.

Cordilleras

The project is on schedule. There was a meeting today with potential architect contractor firms. It was well attended. Now the contractor teams will submit a response to a Request for Qualifications. Then there will be a narrowing down process to select three potential teams. Those teams will be asked to submit a full design plan and then we'll make our selection. The schedule right now would lead us to being able to move people into the new facilities towards the end of 2018.

Medicated Alcohol Treatment (MAT)

MAT is working with individuals who have chronic alcohol problems and have not been responsive to other treatments and interventions. One of the key components of the intervention is to utilize the medication called Vivitrol. Vivitrol is a once a month injection that works on an individual's craving for alcohol. We are fully implementing this now. Since last June there have been almost 900 referrals (200 were not interested), others are in an active engagement process, 126 have been referred to other services. We have approximately 80 people who are being treated with the medication (either by injection or the oral version). Our goal in a fully operational year is to try to make contact with about 3,000 people, 400 we hope will participate in the MAT program with others being linked to other services.

Industrial Hotel

We have Measure A funding that the Board of Supervisors gave us to do some refurbishment, we're hoping that will be complete by the end of the month. We are in partnership with the City of South San Francisco to look at the feasibility of relocating those individuals someplace else in the city in a new facility that is better able to meet the needs of the clients. We don't know if it will come to anything but it will be looking for potential land and creating conceptual designs of the facility. Then we would look at how we would finance the project.

Laura's Law

We will be making a presentation to the Board of Supervisors on Tuesday to give them an update on our progress. The team is almost hired. A Request for Proposal (RFP) was due last week. Through a review of that process our intent is to have a contract in place by the end of May. We'll start receiving referrals in June for assessment and engagement and we would expect the provider to be able to accept referrals in July.

Liaison, Task Force and Ad Hoc Committees:

Meeting Adjourned:

The meeting was adjourned at 4:50 p.m.

Next MHSARC Meeting:

May 4, 2016 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, May 17, 2016, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.