



SAN MATEO COUNTY BEHAVIORAL HEALTH & RECOVERY SERVICES DOCTORAL LEVEL PRACTICUM PLACEMENTS 2016-2017

San Mateo Behavioral Health and Recovery Services (BHRS) is a comprehensive county behavioral health services program dedicated to serving the needs of adults with serious mental illness and/or co-occurring substance abuse concerns, as well as severely emotionally disturbed youth and their families. Services are offered to children, adolescents, adults, and older adults in inpatient, outpatient, and outreach programs by multidisciplinary staff that includes psychologists, psychiatrists, nurse practitioners, nurses, social workers, MFTs, trainees, interns and peer support positions. BHRS provides clinical training opportunities to students pursuing their masters' degree, their Alcohol and Drug Certification, or their doctorate. This packet describes practicum opportunities for doctoral level students.

We offer 4 main placement sites for Practicum Students:

Adult Forensic in Redwood City, Juvenile Forensic in San Mateo, Youth outpatient in Daly City, and Adult Outpatient in San Mateo. All of these sites have licensed psychologists serving as primary supervisors.

Training:

San Mateo County is proud of its training programs as we provide training opportunities for approximately 60-75 psychology interns, masters-level trainees, Alcohol and Drug Certificate Program students, and psychiatric residents every year. For psychology practicum students, there are opportunities for individual supervision, group supervision, and case conferences. All students are also required to attend any of the five didactic training seminars throughout the county. There are bi-monthly psychiatric grand rounds at San Mateo Medical Center that are open to all staff and students. Regular in-service trainings and specialized staff trainings are also available for students to attend.

Cultural Competency Stipends are available for those who are able to help provide services to marginalized communities within our system of Older Adult, Adult, and Youth Services and are selected to participate in our Cultural Stipend Intern Program (CSIP). Each stipend is up to \$5,000 for an intern or trainee who works 24 hours in their placement. Stipends will be pro-rated if the student works fewer hours. The stipend application will be distributed to all trainees who are offered and accept a position with BHRS for 2016/2017.

Included in this packet is information on each of the placement sites. For more detailed information or questions about a site please feel free to contact the supervisor listed.

APPLICATION PROCEDURE:

For Practicum Candidates:

Please directly contact the supervisor of the site(s) you are interested in by emailing a copy of your CV and a letter of interest. Our admissions are rolling and we will begin reviewing applications in late January/early February.

For general training information please contact:

Katy Davis, PhD, LCSW

Phone: (650) 372-3214

E-mail: kdavis@smcgov.org

Website: www.smhealth.org/bhrs/wet

Go to: Intern & Trainee Program

TO APPLY: Please send your resume and letter of intent to the contact person for the site(s) in which you are interested.

CORRECTIONAL HEALTH SERVICES

**MAGUIRE CORRECTIONAL FACILITY
300 BRADFORD STREET
REDWOOD CITY, CA 94063
(650) 599-1739**

PLACEMENT OPENINGS: **Practicum, Pre-doctoral and Post-doctoral psychology interns**

REQUIREMENTS:

- 20-40 Hours per week
- Monday – Friday
- Placement from September through June. Other placement schedules considered.
- Values cultural competency
- Morning meetings to discuss cases
- Multi-disciplinary team
- This placement only accepts advanced students with at least one year experience working in a correctional or inpatient setting.

TRAINING SETTING: Work with a multidisciplinary team providing services to seriously mentally ill adults with co-occurring substance abuse concerns in the criminal justice system. Training experiences typically include intake assessments, research, crisis intervention, treatment planning, group and individual therapy, and consultation with correctional staff.

Supervisor: CAROL CLANCY, Psy.D.

PHONE: (650) 599-1739

SEND RESUME TO: Carol Clancy, Psy. D., caclancy@smcgov.org

(FORENSIC) YOUTH SERVICES CENTER
San Mateo County Behavioral Health and Recovery Services
222 PAUL SCANNELL DRIVE
SAN MATEO, CA 94402
(650) 312-5322

PLACEMENT OPENINGS: Pre-doctoral Practicum Students

Hours:

- 20 – 24 hours per week
- Hours distributed Monday – Friday, 8:00 A.M. – 6:00 P.M.
- Must be available Wednesdays 8:30 A.M. – 12:00 P.M. (training and meetings)

Program Description:

The Youth Services Center offers an excellent opportunity to develop psychological assessment and report writing skills, while also serving adolescents and their families in multidisciplinary forensic settings. Students must complete coursework in psychological testing prior to writing psychological reports for the Court. Trainees devote at least half of their time to one of 5 direct, clinical assignments alongside their testing and report writing:

1. The **Forensic Team** provides the following to youth detained in the County of San Mateo's Juvenile Hall: crisis response, assessment, brief and longer-term individual and family therapy, group therapy, and case management.
2. The clinical team at the **Margaret J. Kemp Girls' Camp** engages in gender-responsive, culturally competent, and trauma-informed group, individual, and family therapy to address mental health needs and co-occurring disorders. Demands of this team may limit availability for psychological assessment and report writing.
3. Clinicians at **Camp Glenwood** collaboratively deliver individual, group, and family therapy, as well as crisis response and case management to adolescent boys who have been committed for several months to a program-intensive forest location near La Honda.
4. Additionally, the **Community-Based Family Therapy** team works closely with probation officers to serve disenfranchised families within their communities. The team provides linguistically and culturally competent services primarily in families' homes with some on-site work and case management. Demands of this team will preclude availability for psychological assessment.
5. Please see also a description for our **Assessment Center** on the following page.

Application Process: Please e-mail a **curriculum vitae** and **cover letter** to Philippe Nicolay and mail, bring, or have sent to us **2 letters of recommendation**.

Site Contact: PHILIPPE NICOLAY, M.S., L.M.F.T. Phone: (650) 312-5335
Email: pnicolay@smcgov.org Fax: (650) 312-5305

Primary Supervisor: BRUCE BESS, Ph.D. Phone: (650) 312-5275
Email: bbess@smvgov.org

Youth Services Center Assessment Center: Practicum

The Assessment Center is the entry point for every youth in our county placed on Probation or diverted from it. The Center's multidisciplinary team decides a recommendation to the Court regarding the youth, or it creates a diversion contract for the youth. When possible, this team also accepts referrals from sources throughout the community, including Human Services Agency, schools, and other agencies to determine initial interventions and appropriate case plans. This could include short-term direct services (e.g. individual and family therapy with case management).

At the Assessment Center, students will learn how to:

- Use the Probation PACT interview (which creates a recidivism risk probability number).
- Use the MINI KID, Mini International Neuropsychiatric Interview to gather initial evidence suggesting the possibility of DSM IV-TR Axis I and II diagnoses.
- Collaborate with a Probation Officer who has interviewed the family and gathered other relevant information from, school, CPS, case workers, and prior law enforcement contacts.
- In cooperation with the Probation Officer present a recommendation to the Court.
- Assess conjointly with a Probation Officer a youth's eligibility for diversion.
- Co-create with the Probation Officer a Diversion Contract addressing all relevant risk factors.
- Make appropriate CPS reports
- Provide crisis response with on-site supervisor support.

Challenges:

- Determining a provisional diagnosis regarding the youth using the above mentioned tools in a limited amount of time.
- Communicating your findings with professionals from different disciplines with differing perspectives.
- Advising the Court whether, based on your diagnostic information, a full Forensic Mental Health Evaluation will be needed to aid the Court in determining an appropriate disposition and treatment plan for the youth.
- Building a bond of trust between a youth and yourself in a limited amount of time, in a juvenile justice institution.

Support:

- One hour per week of primary supervision with a licensed psychologist
- One hour per week of delegated supervision with a licensed marriage and family therapist
- Immediate support from a lead clinician and other permanent staff members
- Open-door-policy supervisors on site

Site Contact: PHILIPPE NICOLAY, M.S., L.M.F.T. Phone: (650) 312-5335

Email: pnicolay@smcgov.org Fax: (650) 312-5305

For more information about our division's training program, please visit our website:
www.smchealth.org/bhrs/wet (Intern and Trainee Program)

NORTH COUNTY MENTAL HEALTH - YOUTH TEAM
San Mateo County Behavioral Health and Recovery Services

375 – 89th STREET
DALY CITY, CA 94015
(650) 301-8650

PLACEMENT OPENINGS: Practicum Students strongly encouraged.

Requirements:

- A minimum of 20-24 hours weekly.
- Must be available Thursdays from 8:30 to 1:00.
- Must be able to work at least one evening/week until 6 pm.
- Must have a driver's license and car insurance to be able to drive to school and other sites on behalf of the client.
- Placement runs from the first week of September to the last week of May.

Program/Duties:

- Work with children 0 – 18 years of age.
- Perform clinical assessments; individual, family and group therapy.
- Perform Special education assessment when required.
- Collaborate with agencies involved in the client's treatment.
- Collaborate with the school the client is attending.
- Work with a diverse ethnic population.
- Participate in trainings provided by the clinic and by the county. (Extensive training seminars in child, adolescent, family, and group assessment and treatment.)
- Attend individual supervision and required meetings for staff and students.

Supervisor: **JENNY SILVA, Psy.D.**

jennyesilva@smcgov.org

(650) 301-8663

CENTRAL COUNTY ADULT MENTAL HEALTH TEAM

San Mateo County Behavioral Health and Recovery Services

1950 Alameda de las Pulgas

San Mateo, CA 94403

(650) 573-3571

PLACEMENT OPENINGS: Advanced doctoral students & previous experience with severe or chronic mentally ill population preferred.

- 24 hours weekly (must be available to be onsite on Thursdays), placement runs from beginning of July through end of June
- Weekly individual supervision with a licensed Psychologist
- Bi-lingual candidates are encouraged to apply
- Interns may apply for a Cultural Competence stipend (\$5,000)

PROGRAM DESCRIPTION:

Our outpatient behavioral health clinic serves over 800 clients who reside in the Central region of San Mateo County. The program offers individual, group, family therapy, medication support & clinical case management services within a multi-ethnic, multidisciplinary team environment. Our team is committed to providing integrated treatment to clients with psychiatric problems, substance abuse, developmental and/or medical conditions. The emphasis of treatment is culturally congruent, evidenced based with wellness & recovery focused in order to maintain hope & support the clients' goals of healthy interdependence & self-sufficiency with family & peer support.

CLIENTELE SERVED:

We serve adults over 18 years of age whose symptoms are severe & significantly impact level of functioning. Our clients are low income, disadvantaged & culturally diverse.

INTERN ASSIGNMENTS:

Students join our multidisciplinary team & provide clinical case management & therapy to a case load of 12 clients. In addition, students co-lead 1-2 weekly groups (e.g. Psycho educational, Skills Groups or Dual Diagnosis). Of the 12 clients, half would be amenable to traditional psychotherapy using Staged Model of Trauma Treatment, CBT and DBT. Students are trained to provide semi-structured diagnostic interviews & complete comprehensive biopsychosocial assessments & take on an Officer of the Day shift, with staff support, increasing crisis management skills.

INTERN TRAINING AND EDUCATIONAL OPPORTUNITIES:

In addition to weekly individual supervision, team meetings, staff meetings & group supervision, interns are provided a weekly Master's Seminar & Grand Rounds lectures. San Mateo County offers multiple trainings & students are required to take on-line training (Avatar, HIPPA, Locus) & attend didactic trainings. Trainees are also encouraged to participate in Health Equity Initiatives that specifically targets cultural groups.

Please send resume, letter of interest and 3 letters of recommendation to:

Maria Lorente-Foresti, Ph.D., 650-372-6129, MLorente-Foresti@smcgov.org