

DIRECTOR'S UPDATE

Scott Gilman, MSA, CBHE

10th Annual Pride Celebration



San Mateo County's 10th Annual **"Still Here, Still Proud!"** Pride Celebration takes place on Saturday, June 11, from 11

am to 5 pm at San Mateo Central Park. This decade-long journey began on June 15, 2013 when the San Mateo County Pride Initiative sponsored the first Pride event with several amazing partners. The first event welcomed over 300 people and featured performances by comedians, poets, square dancers, and a variety of live musicians and speakers who conducted panels on health awareness and other key issues facing the gay community. This event led the way to 10 years of annual celebrations in which participants came together to support behavioral health services and grow the PRIDE family.

This year's event will have guests dancing to the tunes of DJ China G. Enjoy numerous booths with resources, support, and information to help the LGBTQ+ community live their best life. Also, get ready for the spectacular MC, Jesús U. BettaWork, who was voted Best Comic by the Bay Area Reporter's annual Besties Awards in 2018 and 2020. This year's events includes a kids' space, a space for elders, food trucks, and speakers who have supported the LGBTQ+ community. Kevin Mullin, Speaker Pro Tem and Democratic candidate for the California 15th Congressional District will present a legislative proclamation recognizing the 10th anniversary of Pride in San Mateo.

The celebration promotes health and wellness among the LGBTQ+ community, builds a sense of community, provides behavioral health resources, and offers a free LGBTQ+ positive, sober environment for San Mateo County. You, your family and friends are invited to this year's event for a fun-filled day of music, laughter, and connection. For more info visit www.SMCPRIDECelebration.com.

CARE Court

The CARE (Community Assistance, Recovery, and Empowerment) Court is a new plan unveiled by Governor Gavin Newsom in March 2022. The CARE Court is a proposed framework to deliver mental health and substance use disorder services to the most severely impaired Californians who too often languish – suffering in homelessness or incarceration – without the treatment they desperately need

CARE Court connects a person struggling with untreated mental illness – and often, substance use challenges – to a court-ordered Care Plan for up to 24 months. Each plan is managed by a care team in the community and can include clinically prescribed, individualized interventions with several supportive services, medication, and a housing plan. The client-centered approach also includes a public defender and supporter to help make self-directed care decisions in addition to the full clinical team.

The court-ordered response can be initiated by family, county and community-based social services, behavioral health providers, or first responders. Individuals exiting a short-term involuntary hospital hold or an arrest may be especially good candidates for CARE Court. The Care Plan can be ordered for up to 12 months, with periodic review hearings and subsequent renewal for



Pathway through the CARE Court

33.0%

Revenue Ratio (R3)

8,649

Total Clients

815

Admitted

805

Discharged

up to another 12 months. Participants who do not successfully complete Care Plans may, under current law, be hospitalized or referred to conservatorship, with a new presumption that no suitable alternatives to conservatorship are available.

All counties across the state will participate in CARE Court under the proposal. If local governments do not meet their specified duties under court-ordered Care Plans, the court will have the ability to order sanctions and, in extreme cases, appoint an agent to ensure services are provided. Learn more about [CARE Court](#).

Health Ambassador Program Honored



The BHRS Office of Diversity & Equity (ODE) Health Ambassador Program (HAP) was recognized last month as a [Tony Hoffman Award](#) recipient for having made an extraordinary difference

in the lives of people with mental illness. During the pandemic, Health Ambassadors were instrumental in providing support and outreach to communities. These efforts were led by Charo Martinez, the program's coordinator, who oversaw the creation of public service announcements to promote vaccinations, the distribution of mental health support materials, and the hosting of an array of community virtual events (held in Spanish), including “La Vacuna, Mi bienestar, Mi Comunidad.”

Health Ambassadors went door-to-door in San Mateo, East Palo Alto, Redwood City, and Half Moon Bay, having one-on-one conversations and distributing masks and information on critical resources for these communities. These efforts continued in Spanish at laundromats, grocery stores, and food distribution centers.

Health Ambassadors are passionate and amazing clients, family members and community members who have committed themselves to elevating and supporting behavioral health resources, goals, and supports.

Ambassador Catalina, who also receives BHRS services, shared, “Today I am proud of the accomplishments I have achieved, including helping my community in Half Moon Bay. During the pandemic, I supported the community by elevating their needs and concerns, and motivated people to get informed about the benefits of

the vaccine through my livestream testimony. My work has been trilingual: in Spanish, a little English, and in Zapotec, my native indigenous language. I feel blessed to be part of the Health Ambassador Program and thankful for the benefits that my children and I have received from BHRS. Now we are a healthier family that cares for our well-being and supports the well-being of our community. Receiving this award inspires me to continue taking care of my mental health and to support my children so that our challenges do not sidetrack us from our goals.” Learn more about the [Health Ambassador Program](#).

Contractors' Association Spotlight



History of Children's Health Council Ravenswood

In 2014, the [Children's Health Council](#) (CHC) launched the Ravenswood Initiative for More Kids (now called CHC Ravenswood) to increase support and services for children and teens in underserved parts of San Mateo County, specifically East Palo Alto and eastern Menlo Park. CHC built trust and worked collaboratively with schools, after-school programs and other community organizations to fill unmet needs and deliver relevant and responsive bilingual support, education/training, and care.

Community and Program Partners

The original partners included Ravenswood City School District (RCSD), Boys & Girls Clubs of the Peninsula (BGCP), and Eastside College Prep. Inspired by CHC Ravenswood, and thanks to generous funding from the Sand Hill Foundation and The Battery Foundation, the Ravenswood Wellness Partnership (RWP), a collaborative of mental health and community organizations in East Palo Alto and Belle Haven, was created to work together to increase capacity and access to culturally appropriate mental health services and support for Ravenswood youth. RWP members include: CHC, Ravenswood City School District, CASSY, One East Palo Alto, Stanford, San Mateo County Health, Ravenswood Education Foundation, Boys and Girls Clubs of the Peninsula, Child Mind Institute, The Primary School, Ravenswood Family Health Network, and California Children's Trust.

Collaborating for collective impact and channeling services through key partnerships has proven effective in addressing the community's most urgent

needs – clearing the way for brighter, healthier, and transformative futures for children and teens in the Ravenswood community.

Learn more about the BHRS Contractors' Association member agencies, programs and services at www.smcontractors.net.



Public Service Loan Forgiveness Program Limited Time Waiver

On Oct. 6, 2021, the U.S. Department of Education (ED) announced a change to Public Service Loan Forgiveness (PSLF) program rules for a limited time (through Oct. 31, 2022) as a result of the COVID-19 emergency. Throughout the emergency, ED has provided a variety of benefits to borrowers. Now, for a limited time, borrowers may receive credit for past periods of repayment that would otherwise not qualify for PSLF.

Key Points: PSLF Summary of Changes

- If you have Federal Family Education (FFEL) Program loans, Perkins, or other federal student loans, you'll need to consolidate your loans into a Direct Consolidation Loan to qualify for PSLF, both in general and under the waiver. Before consolidating, make sure to check to see if you work for a qualifying employer.
- Past periods of repayment will now count whether or not you made a payment, made that payment on time, for the full amount due, or on a qualifying repayment plan.
- Forbearance periods of 12 consecutive months or greater, or 36 cumulative months or greater will count under the waiver. In fall 2022, ED will begin making account adjustments to include these periods. Forbearance periods provided by the COVID-19 Emergency Relief Flexibilities are not included toward these months.
- Months spent in deferment before 2013 will count under the waiver. Additionally, ED will include Economic Hardship Deferment on or after January 1, 2013. These periods of deferment will also be applied to your account in fall 2022.
- Periods of default and in-school deferment, still do not qualify

[Learn more about the waiver.](#) If you think you might go through this process, check out the [PSLF Help Tool](#).

CalAIM Corner

Shifting Our Focus: Compliance vs. Quality



A seismic shift is occurring in California under CalAIM that is still hard for some folks to wrap their heads around. Many clinicians have said, “Do you want me to treat the client, or do you want me to document the treatment? There is not time to do both.” Under CalAIM, the priority will be to treat the client as the documentation will be minimal. Over the years, staff have been shell-shocked into compliance – making sure every minute is accounted for and billable. For staff who have survived this process, it is a new day that once was merely a hope.

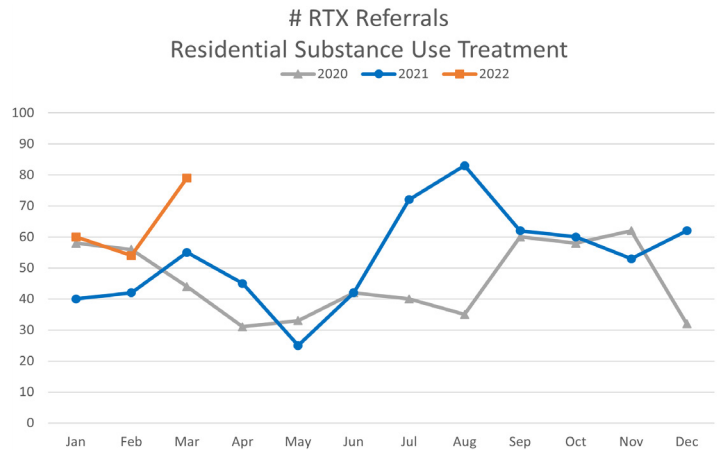
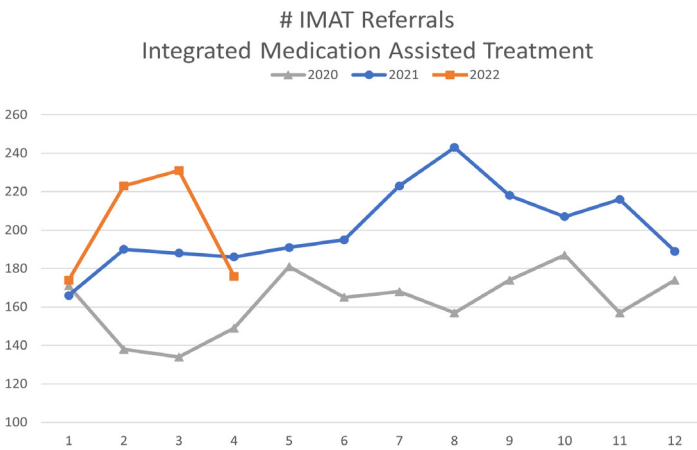
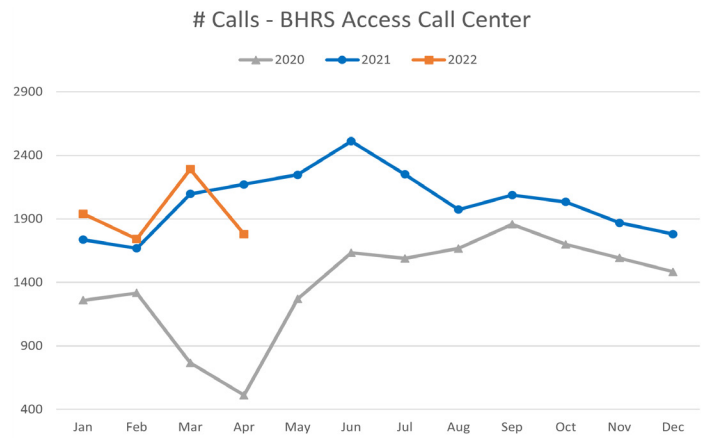
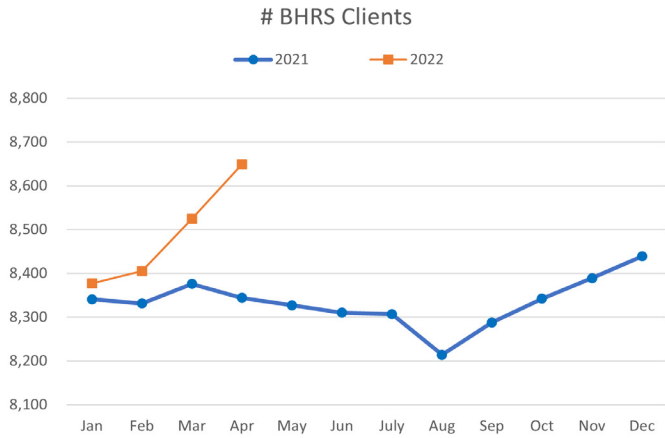
The performance of behavioral health departments will no longer be determined by counting beans. Instead, performance will be determined by the overall health of the beneficiaries served. Time and date stamps, client signatures on treatment plans, documentation completed within 72 hours of a service – none of which improve the health of the client and therefore, will no longer be the focus. Instead, the focus will be on the interventions and best practices that address the barriers to managing one's condition or the quality of care provided.

Performance will be valued based on measures such as follow up post psychiatric hospitalization, initiation and engagement for substance use treatment, and pharmacotherapy for opioid use disorder. The goal is to increase the life expectancy of clients, reduce suffering through early detection, support recovery, and provide a true sense of purpose to clients.

While letting go of much of the activity that seemed meaningless to treatment is something to be celebrated, it accompanies the need to embrace new standards and learning that will shift the agency to a higher standard of care. This includes becoming well versed in measures managed by the National Committee on Quality Assurance (NCQA). NCQA is the go-to national organization for quality in health care utilized by nearly every insurance plan, hospital, and health system in the country. Some say that NCQA is a lot of work, but replacing the busy work for that of NCQA will lead to an improved quality of care and health for clients.

Learn more about [CalAIM](#).

SNAPSHOT: BHRS Clients - as of April 30, 2022



Service Category	Total Clients	Admitted - April	Discharged - April
Mental Health Services County SMI	5,671	608	602
Mental Health Services Contracted SMI	1,836	85	76
AOD Services County	542	47	50
AOD Services Contracted	600	75	77
Total BHRS Clients	8,649	815	805

Total clients are unduplicated within each service category, however, if a client received services in more than one category during the same period, the client is counted in multiple categories.

R3% - 33.0% (revenue ratio of billed services as of 4/30/22)

STILL HERE STILL PROUD

San Mateo County LGBTQ+PRIDE 2022

SAN MATEO COUNTY PRIDE CELEBRATION 2022!!

Saturday, June 11, 2022 @ 11am-5pm

San Mateo Central Park



JOIN US AS WE CELEBRATE
10 YEARS OF PRIDE ON THE PENINSULA!!

SOBER EVENT

FREE ATTENDANCE

Resource & Vendor Booths - Entertainment

Food Trucks - Live DJ - Family Friendly



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES



smcpridecelebration.com

STILL HERE STILL PROUD

San Mateo County LGBTQ+PRIDE 2022

Condado de San Mateo

Celebración del Orgullo 2022!!

Sabado, Junio 11, 2022 @ 11am-5pm

San Mateo Central Park



**ACOMPÁÑENOS A CELEBRAR
10 AÑOS DE ORGULLO EN LA PENÍNSULA!!**

EVENTO SOBRIO

ASISTENCIA GRATUITA

Puestos de recursos y vendedores - Entretenimiento

Camiones de comida - DJ en vivo - Evento familiar



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



smcpridecelebration.com

STILL HERE STILL PROUD

San Mateo County LGBTQ+PRIDE 2022

圣马特奥县

骄傲庆祝活动 **2022!!**

2022年6月11日，星期六，上午**11点**至下午**5点**

圣马特奥中央公园



加入我们，一起庆祝

10 年在半岛上的骄傲庆祝活动！！

不喝酒不吸毒活动

免费参加

资源和供应商展位 - 游戏和娱乐

食品卡车 - 现场 **DJ** - 适合家庭



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



smcpridecelebration.com

Voices of Recovery and AACI present:

JUNETEENTH CELEBRATION!

2022

FREEDOM AND FATHERHOOD

Agenda:

Keynote Speaker: James Simmons

Fatherhood Panel

Music

Freedom Videos

Raffle



All Attendees will receive free pass to County park!

6:00 pm - 8:00 pm

June 17, 2022

A Virtual Event!

REGISTER NOW AT:



Zoom ID: 840 0779 0772