Proclamation

Mental Health Awareness Month - May 2014

WHEREAS, mental health is fundamental to the overall health and well-being of all residents in Daly City; and

WHEREAS, nearly one in four adults in the United States is affected by mental illness in a given year, regardless of gender, race, ethnicity, religion, or economic status; and

WHEREAS, mental illness is one of the leading causes of disabilities in the United States; and

WHEREAS, people who have mental illnesses can recover and lead full, productive lives; mental health problems are as treatable as other health problems; and

WHEREAS, nationally, an estimated two-thirds of adults and youth with a diagnosable mental illness are not receiving the help they need; and

WHEREAS, stigma and fear of discrimination from others, including employers, prevent many who would benefit from mental health services from seeking help; and

WHEREAS, public education about mental illnesses, and the sharing of personal stories can change negative attitudes and behaviors toward people with mental illnesses; and

WHEREAS, the 2014 observance of Mental Health Awareness Month will help raise awareness of the importance of mental health and the stigma people with mental illness face, while delivering the message that, with proper treatment, recovery is possible.

NOW, THEREFORE, I, DAVID J. CANEPA, Mayor, and members of the City Council do hereby proclaim May 2014 as MENTAL HEALTH AWARENESS MONTH in Daly City and call upon the citizens, public and private institutions, businesses, and schools in Daly City to commit to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

Signed and sealed by the Mayor and City Council of the City of Daly City this 28th day of April 2014.

Vice Mayor

Councilmember

Councilmember

Councilmember