



SAN MATEO COUNTY

HEALTH DEPARTMENT

BEHAVIORAL HEALTH AND RECOVERY SERVICES DIVISION

Mental Health Services Act (MHSA) COMMUNITY SERVICES AND SUPPORTS SECOND PLAN UPDATE FOR FY 2008/09 December 2008

Background

Following guidelines provided by the Department of Mental Health via Information Notices 08-10 and 08-16, San Mateo County's Behavioral Health and Recovery Services Division submitted the Community Services and Supports (CSS) Plan Update for FY 2008/09 on September 26, 2008.

A revised planning estimate for Community Services and Supports (FY 2008-09) was communicated to Counties via DMH Information Notice 08-19. What follows is our proposed updated CSS plan vis-à-vis the new availability of funds. All considerations offered as part of the first plan update remain relevant.

Community Services and Supports Second Plan Update for FY 08/09

Per Information Notices mentioned above, San Mateo County's second plan update includes:

- **Exhibit 1** – County Certification signed by the Director of Behavioral Health and Recovery Services certifying compliance with non-supplant requirements of Section 3410 of the CCR.
- **Exhibit 2** – Program Workplan Listing for FY 08/09 summarizing funding requested for existing workplans.
- **Exhibit 3R** – Funding request for FY 08/09.
- **Exhibit 5a** – Administration Budget Worksheet.
- **Exhibit 5b** – Budget Worksheet for each Workplan.
- Summary of expansion plan (amounts embedded in 5b). The narrative for each workplan remains unchanged from our previous submission except for the changes prompted by the addition of growth dollars, and noted in this summary.
- Description of how the requirements of the community planning process were met, as well as documentation of 30-day public comment period and public hearing.

No new programs are being proposed.

Exhibit 1

Community Services and Supports FY 2008/09 Second Plan Update

COUNTY CERTIFICATION

I hereby certify that I am the official responsible for the administration of Community Mental Health Services in and for San Mateo County and that the following are true and correct:

- This Community Services and Supports Plan Update is consistent with the Mental Health Services Act. This Plan Update is consistent with and supportive of the standards set forth in Title 9, California Code of Regulations (CCR) Section 3610 through 3650.
- This Plan Update has been developed with the participation of stakeholders, in accordance with CCR Sections 3300, 3310, and 3315. The draft Plan Update was circulated for 30 days to stakeholders for review and comment. All input has been considered, with adjustments made, as appropriate.
- Mental Health Services Act funds are and will be used in compliance with CCR Section 3410 of Title 9, Non-Supplant.
- All documents in the attached Community Services and Supports Plan Update are true and correct.

Date: 12/12/2008

Signature: _____
Behavioral Health and Recovery Services Director

Executed at: San Mateo County

Exhibit 2

FY 2008/09 Mental Health Services Act Community Services and Supports Summary Workplan Listing¹

County: San Mateo

Date: 12/12/2008

Workplans				Total Funds Requested				Funds Requested by Age Group			
No.	Name	New (N)/ Approved Existing (E)	Full Service Partnerships (FSP)	System Development	Outreach and Engagement	Total Request	Children, Youth, Families	Transition Age Youth	Adult	Older Adult	
1.	1	FSP Children/Yout/TAY	E	\$1,572,977			\$1,572,977	\$786,489	\$786,489		
2.	2	FSP Adults	E	\$1,975,688			\$1,975,688		\$1,975,688		
3.	3	FSP Older Adults	E	\$1,128,518			\$1,128,518			\$1,128,518	
4.	4	Community Outreach and Engagement	E	\$139,048		\$1,251,430	\$1,390,478	\$347,620	\$347,620	\$347,620	
5.	5	School-Based Services	E			\$265,635	\$265,635	\$265,635			
6.	6	Criminal Justice	E	\$211,886	\$461,886		\$673,772		\$673,772		
7.	7	Older Adult System of Care	E		\$322,528		\$322,528				
8.	8	System Transformation	E		\$2,676,722		\$2,676,722	\$669,181	\$669,181	\$669,181	
9.						\$0					
10.						\$0					
11.						\$0					
12.						\$0					
13.						\$0					
14.						\$0					
15.						\$0					
16.						\$0					
17.						\$0					
18.						\$0					
19.						\$0					
20.						\$0					
21.						\$0					
22.						\$0					
23.						\$0					
24.						\$0					
25.						\$0					
26. al: Workplans^{al}				\$5,028,117	\$3,461,136	\$1,517,065	\$10,006,318	\$2,068,924	\$1,803,289	\$3,666,260	\$2,145,318
27. Optional 10% Operating Reserve^{b/}							\$0				
28. CSS Administration^{c/}							\$465,982				
29. CSS Capital Facilities Projects^{d/}											
30. CSS Technological Needs Projects^{d/}											
31. CSS Workforce Education and Training^{d/}											
32. CSS Prudent Reserve^{e/}											
33. Total Funds Requested							\$10,472,300				

a/ Majority of funds must be directed towards FSPs (Title 9, California Code of Regulations Section 3620(c)). Percent of Funds directed towards FSPs=

50.25%

b/ Cannot exceed 10% of line 26.

c/ Complete Exhibit 5a.

d/ Complete budget pages from relevant guidelines for each component.

e/ Complete Exhibit 4.

¹ We believe that the amount requested through this expansion to cover consulting costs for the development of the MHSA Housing proposal (\$35,000) should be factored into the calculation of the percentage of funding directed to FSPs, as it is a clear FSP-related item. We have not altered the formula originally provided. However, we hope that DMH will consider this argument and revise the formula accordingly.

**Exhibit 3R
Mental Health Services Act Community Services and Supports Funding Request for FY 2008/09**

County: San Mateo

Date: 12/12/08

	Use of Funds	Source of Funds	
Total FY2008/09 Funds Requested from line 33 of Exhibit 2	\$10,472,300		
		\$0	FY 06/07 CSS Unapproved Planning Estimates
		\$0	FY 07/08 CSS Unapproved Planning Estimates
		\$10,472,300	FY 08/09 CSS Planning Estimates *
		\$0	Unspent CSS Funds (Cash on Hand)
Total	\$10,472,300	\$10,472,300	

* Funds requested for lines 29, 30 and 31 on Exhibit 2 must be funded from the FY 2008/09 CSS Planning Estimate.

Exhibit 5a FY 2008/09 Mental Health Services Act Community Services and Supports Administration Budget Worksheet

County: San Mateo

Fiscal Year: 2008-09

Date: 12/12/2008

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Personnel Expenditures		
a. MHSA Coordinator(s)	\$117,476	\$119,826
b. MHSA Support Staff		
c. Other Personnel (list below)		
i. Fiscal Office Assistant	\$58,873	\$60,050
ii. Health Disparities Manager (.5 FTE)	\$61,641	\$62,899
iii. Patient Services Assistant II	\$66,598	\$67,930
iv.		
v. Planning		\$35,000
vi.		
vii.		
d. Total Salaries		
e. Employee Benefits		
f. Total Personnel Expenditures	\$304,588	\$345,705
2. Operating Expenditures	\$176,271	\$179,796
3. County Allocated Administration		
a. Countywide Administration (A-87)		
b. Other Administration (provide description in budget narrative)		
c. Total County Allocated Administration	\$0	\$0
4. Total Proposed County Administration Budget	\$480,859	\$525,501
B. Revenues		
1. New Revenues		
a. Medi-Cal (FFP only)	\$58,444	\$59,519
b. Other Revenue		
2. Total Revenues	\$58,444	\$59,519
C. Non-Recurring Expenditures		
D. Total County Administration Funding Requirements	\$422,415	\$465,982

COUNTY CERTIFICATION

I HEREBY CERTIFY under penalty of perjury that I am the official responsible for the administration of Community Mental Health Services in and for said County; that I have not violated any of the provisions of Section 5891 of the Welfare and Institution Code in that all identified funding requirements (in all MHSA program budgets and this administration budget) represent costs related to the expansion of mental health services since passage of the MHSA and do not represent supplanting of expenditures; that fiscal year 2004-05 funds required to be incurred on mental health services will be used in providing such services; and that to the best of my knowledge and belief this administration budget and all related program budgets in all respects are true, correct, and in accordance with the law.

Date: 12/12/2008

Signature _____
Local Mental Health Director or Designee

Executed at San Mateo, California

Exhibit 5b FY 2008/09 Mental Health Services Act Community Services and Supports Budget Worksheet – Approved Workplans

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 1 Date: 12/12/2008
 Program Workplan Name Full Service Partnership Child/Youth/TAY Page of
 Type of Funding 1. Full Service Partnership Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 80
 Existing Client Capacity of Program/Service: 80 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 65 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing		\$214,625
b. Other Supports	\$0	\$52,227
2. Personnel Expenditures	\$2,239,589	\$2,284,381
3. Operating Expenditures	\$1,135,454	\$1,158,443
4. Program Management	\$31,311	\$31,937
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$3,406,354	\$3,741,613
B. Revenues		
1. Existing Revenues	\$2,100,189	\$2,168,636
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds		
c. Other Revenue Sources	\$0	\$0
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$2,100,189	\$2,168,636
C. Total Funding Requirements	\$1,306,165	\$1,572,977

**Exhibit 5b
FY 2008/09 Mental Health Services Act Community Services and Supports
Budget Worksheet – Approved Workplans**

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 2 Date: 12/12/2008
 Program Workplan Name Full Service Partnership, Adults Page of
 Type of Funding 1. Full Service Partnership Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 60
 Existing Client Capacity of Program/Service: 60 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 0 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$65,000	\$456,954
b. Other Supports	\$0	\$210,514
2. Personnel Expenditures	\$1,126,506	\$1,181,538
3. Operating Expenditures	\$310,235	\$310,237
4. Program Management	\$0	\$51,000
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$1,501,741	\$2,210,243
B. Revenues		
1. Existing Revenues	\$234,555	\$234,555
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds		
c. Other Revenue		
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$234,555	\$234,555
C. Total Funding Requirements	\$1,267,186	\$1,975,688

Exhibit 5b FY 2008/09 Mental Health Services Act Community Services and Supports Budget Worksheet – Approved Workplans

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 3 Date: 12/12/2008
 Program Workplan Name Full Service Partnership, Older Adults Page of
 Type of Funding 1. Full Service Partnership Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 50
 Existing Client Capacity of Program/Service: 50 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 0 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$387,471
b. Other Supports	\$0	\$123,635
2. Personnel Expenditures	\$682,673	\$704,170
3. Operating Expenditures	\$187,965	\$187,965
4. Program Management	\$0	
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$870,638	\$1,403,241
B. Revenues		
1. Existing Revenues	\$274,723	\$274,723
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds		
c. Other Revenue		
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$274,723	\$274,723
C. Total Funding Requirements	\$595,915	\$1,128,518

Exhibit 5b FY 2008/09 Mental Health Services Act Community Services and Supports Budget Worksheet – Approved Workplans

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 4 Date: 12/12/2008
 Program Workplan Name Community Outreach and Engagement Page of
 Type of Funding 3. Outreach and Engagement Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 3,072
 Existing Client Capacity of Program/Service: 2,200 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 872 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$0
b. Other Supports	\$0	\$0
2. Personnel Expenditures	\$1,768,946	\$1,938,156
3. Operating Expenditures	\$999,149	\$1,031,149
4. Program Management	\$0	\$20,000
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$2,768,095	\$2,989,305
B. Revenues		
1. Existing Revenues	\$1,598,827	\$1,598,827
2. New Revenues		
a. Medi-Cal (FFP only)	\$0	
b. State General Funds		
c. Other Revenue	\$0	
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$1,598,827	\$1,598,827
C. Total Funding Requirements	\$1,169,268	\$1,390,478

**Exhibit 5b
FY 2008/09 Mental Health Services Act Community Services and Supports
Budget Worksheet – Approved Workplans**

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 5 Date: 12/12/2008
 Program Workplan Name School Based Services Page of
 Type of Funding 2. System Development Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 200
 Existing Client Capacity of Program/Service: Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 200 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$0
b. Other Supports	\$0	\$0
2. Personnel Expenditures	\$443,888	\$448,942
3. Operating Expenditures	\$74,424	\$74,424
4. Program Management	\$0	\$0
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$518,312	\$523,366
B. Revenues		
1. Existing Revenues	\$336,903	\$257,731
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds		
c. Other Revenue		
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$336,903	\$257,731
C. Total Funding Requirements	\$181,409	\$265,635

Exhibit 5b FY 2008/09 Mental Health Services Act Community Services and Supports Budget Worksheet – Approved Workplans

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 6 Date: 12/12/2008
 Program Workplan Name Criminal Justice Page of
 Type of Funding 2. System Development Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 255
 Existing Client Capacity of Program/Service: 225 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 30 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$0
b. Other Supports	\$0	\$0
2. Personnel Expenditures	\$175,455	\$614,842
3. Operating Expenditures	\$29,417	\$79,417
4. Program Management	\$0	\$0
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$204,872	\$694,259
B. Revenues		
1. Existing Revenues	\$20,487	\$20,487
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds		
c. Other Revenue	\$0	
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$20,487	\$20,487
C. Total Funding Requirements	\$184,385	\$673,772

Exhibit 5b FY 2008/09 Mental Health Services Act Community Services and Supports Budget Worksheet – Approved Workplans

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 7 Date: 12/12/2008
 Program Workplan Name Older Adult System of Care Page of
 Type of Funding 2. System Development Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 546
 Existing Client Capacity of Program/Service: 100 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 446 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$0
b. Other Supports	\$0	\$0
2. Personnel Expenditures	\$622,357	\$622,357
3. Operating Expenditures	\$267,863	\$267,863
4. Program Management	\$0	\$0
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$890,220	\$890,220
B. Revenues		
1. Existing Revenues	\$567,692	\$567,692
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds	\$0	
c. Other Revenue		
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$567,692	\$567,692
C. Total Funding Requirements	\$322,528	\$322,528

**Exhibit 5b
FY 2008/09 Mental Health Services Act Community Services and Supports
Budget Worksheet – Approved Workplans**

County: San Mateo County Fiscal Year: 2008-09
 Program Workplan # 8 Date: 12/12/2008
 Program Workplan Name System Transformation Page of
 Type of Funding 2. System Development Months of Operation 12
 Proposed Total Client Capacity of Program/Service: 7,513
 Existing Client Capacity of Program/Service: 649 Prepared by: Patrick Sutton
 Client Capacity of Program/Service Expanded through MHSA: 6,864 Telephone Number: 650-573-2192

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Client, Family Member and Caregiver Support Expenditures		
a. Housing	\$0	\$0
b. Other Supports	\$0	\$0
2. Personnel Expenditures	\$11,526,649	\$12,040,523
3. Operating Expenditures	\$7,822,676	\$8,066,555
4. Program Management	\$0	\$10,000
5. Estimated Total Expenditures when service provider is not known		
6. Non-recurring expenditures		
7. Total Proposed Program Budget	\$19,349,325	\$20,117,078
B. Revenues		
1. Existing Revenues	\$17,440,356	\$17,440,356
2. New Revenues		
a. Medi-Cal (FFP only)		
b. State General Funds	\$0	
c. Other Revenue		
d. Total New Revenue	\$0	\$0
3. Total Revenues	\$17,440,356	\$17,440,356
C. Total Funding Requirements	\$1,908,969	\$2,676,722



MENTAL HEALTH SERVICES ACT COMMUNITY SERVICES AND SUPPORTS EXPANSION PLAN FY 08-09

CATEGORY	PROGRAM	POPULATION	FY 08-09
Full Service Partnerships	<p>The expansion will cover pharmacy costs for Full Service Partnership enrollees that are not reimbursed through Medi-Cal or Medicare Part D. Of this amount, \$334,149 is estimated for Adult/Older Adult enrollees and \$52,227 is estimated for TAY. The MHSA cost per client for these FSPs will increase as follows:</p> <ul style="list-style-type: none"> • Adults/Older Adults increase: \$3,037 <ul style="list-style-type: none"> • New MHSA cost per client ⇒ Adults = \$31,607 – Older Adults = \$23,135 • Children/Youth/TAY increase: \$653 <ul style="list-style-type: none"> • New MHSA cost per client = \$38,664 	TAY Adult	\$386,376
Full Service Partnerships	<p>The expansion will fund the planning process for the development of a proposal for the Housing component of the MHSA. These monies will fund consulting services, outreach (including materials, event coordination, stipends, meeting spaces, etc.), and coordination with our County's Department of Housing.</p>	All ages	\$35,000
Full Service Partnerships	<p>FSP Adults preliminary expansion that will fund start-up of intensive case management for 15 South County clients. Initial expansion will be followed by subsequent applications for additional moneys to fully fund the total expansion.</p>	Adult	\$51,000
System Development	<p>Pathways: Expansion of the program to serve 30 clients. Of the total requested amount of \$450,000, \$100,000 correspond to individuals that are referred to, and served through, the Full Service Partnerships.</p>	TAY Adult	\$450,000
System Development	<p>Peer/family partners: The expansion will consist of 2 FTE consumer/family partners and continued "Paving the Way" and supported employment through Inspired At Work (\$5,000).</p>	All ages	\$161,841



**MENTAL HEALTH SERVICES ACT
COMMUNITY SERVICES AND SUPPORTS
EXPANSION PLAN FY 08-09**

CATEGORY	PROGRAM	POPULATION	FY 08-09
System Development	Participation in the California Institute of Mental Health Faith Initiative (\$10,000), an activity that was agreed by the California Mental Health Directors Association to be supported by all counties.	All Ages	\$10,000
System Development	System Transformation, Co-Occurring Initiative: Addition of consumer assessor/case manager to Behavioral Health and Recovery Services' resource management team to facilitate identification, linkage and case management for individuals with co-occurring alcohol and other drug and mental health conditions.	Adult	\$88,858
System Development	System Transformation: Addition of .5 FTE psychiatrist and 1FTE psychiatric social worker/MFT to focus on specialized co-occurring services for the developmentally disabled SMI/SED clients.	Adult	\$178,175
Outreach and Engagement	Child psychiatry for primary care based behavioral health services at Ravenswood Family Health Center in East Palo Alto.	Child/Youth	\$88,850
Outreach and Engagement	North County Outreach Collaborative: Participation in the California Institute of Mental Health Multicultural Disparities Initiative (\$20,000); part-time mental health nurse to facilitate outreach to the Filipino community as well as linkage to family health services (\$20,000) East Palo Alto Partnership: Expansion to support outreach activities targeted to the Pacific Islander community (\$32,000).	All ages	\$72,000
TOTAL			\$1,522,100

Community Program Planning Process

As indicated apropos the first plan update for FY2008-09 submitted at the end of September, 2008, San Mateo County's planning structure outlined in the CSS Plan to obtain input for activities related to the Mental Health Services Act remains in place. The Mental Health Board (MHB) is closely involved, providing input and receiving regular updates, as is the 55-member MHSA Steering Committee created in 2005. All MHB, MHSA Steering Committee, and Work Group Meetings are open to the public and advertised through our numerous, ever increasing network of contacts including provider agencies, consumer and advocacy organizations.

As was the case with the first plan update, this one also expands on our original approved plan and does not contain new programs therefore no formal planning process was conducted. However, the update – as are all MHSA implementation and progress reports on an ongoing bases- was presented to the different committees of the Mental Heath Board; to the public at a Mental Health Board meeting; and at internal and external meetings with staff and community partners (such as the East Palo Alto Mental Health Advisory Group). The MHSA Implementation Group, comprising the Director and Assistant Director of the Behavioral Health and Recovery Services Division (BHRS), the Director of Alcohol and Drug Services, the Director of the Office of Consumer and Family Affairs, the current and past chair of the MHB, BHRS leadership directly responsible for implementation of MHSA programs, the Health Disparities Manager, the MHSA Coordinator and others as appropriate, also provided input for the update.

The current expansion was reviewed by the aforementioned stakeholders and approved by the MHSA Steering Committee.

Public Review

The Mental Health Board released the proposed update for a 30-day public comment period on October 1st, 2008, which ended on November 5th. The document was posted on the County website and on Network of Care. Notifications and flyers were sent by mail and email to all our networks including consumer and advocacy organizations, as well as providers and community partners.

Summary of Public Comment received: please see table below.

Date: 10/16/2008	Medium: Email to Sandra Santana-Mora, MHSA Coordinator.
<ul style="list-style-type: none"> <li data-bbox="207 1459 1331 1533">• Karen Philip, Deputy Superintendent, San Mateo County Office of Education: "I would like to see more new funds dedicated to the school-age population." <p data-bbox="256 1570 1344 1749"><i>Response: We pointed Ms. Philip to the first plan update submitted on September 26, 2008, which included an expansion of the existing school-based initiative. Unfortunately, expansion dollars have only sufficed to sustain and/or strengthen existing efforts therefore no new programs are being created. However, our County's PEI plan does contain new programming for that population.</i></p> <p data-bbox="256 1787 1291 1860"><i>San Mateo County's PEI Plan was approved on December 11, 2008, and implementation planning is already underway.</i></p>	

<p>Date: 11/5/2008</p>	<p>Medium: Comments from the public at the Mental Health Board meeting where public comment was closed.</p>
<ul style="list-style-type: none"> <p>Alison Mills, Consumer, Former Mental Health Board Member: "My concern is what's missing for clients, the education piece. Clients don't have any kind of education provided by the county that they can learn besides learning what the data is you collected. Clients need some education on illness, education on... they don't have any of that and I want to see it offered by the county using MHSA funds and hopefully presented by clients. We have quite a few clients who can present material on the county."</p> <p>"I did a mental health survey and it reminded me of the last time I filled out a survey, it was called the consumer perception survey, and I just wanted to say that if my perception of what's going on and how I'm receiving my services is what you want to know instead of what I think is really going on, then I think that's a big kind of cut to the clients. Saying their perception of how they are receiving services when dealing with people with mental health illness, people want our perception all the time and that doesn't seem as important as what is really going on, what is my real survey going to say? Why do we have to say perception to irritate Alison Mills? You know what I mean? It's irritating."</p> <p>"Provide us the vehicle so we can get to the planning council meetings so we can address public comment at the state level. If you want clients to be more active you have to provide a certain amount of frame work and invite them and then people get involved. That's how you created me, remember?"</p> <p><i>Response: We couldn't agree more with Ms. Mills' concern regarding the importance of educating consumers and family members. Here are some examples of how we try to address this very important issue: Consumer and family member driven and targeted training activities will be included in our proposal for the Education and Training component of the MHSA; the planning process for that component counts on the active participation of consumers and family members, and continues to be widely advertised to all audiences on an ongoing basis. In addition, funded with MHSA CSS funds, San Mateo has a successful, ongoing effort led by "Paving the Way" -a multi-disciplinary consumer, family member, provider committee developed to guide the integration of mental health consumers and family members into the workforce, as well as the development of a welcoming environment for the new consumer and family member employees. Furthermore, Behavioral Health and Recovery Services contracts with a reputed private consulting partnership to assist in recruitment and outreach for consumer and family partner positions. Orientation, education and ongoing support to consumers and family members entering the workforce are offered. Lastly, educational sessions were held as part of the planning process for the PEI component of the MHSA; the sessions aimed at educating participants (including consumers and family members) on the principles of prevention and early intervention, on the State guidelines, on the evidence-based practices considered, and on any other questions or concerns that might allow for an informed participation in that process.</i></p> <p><i>While this has been a priority for Behavioral Health and Recovery Services, more needs to be done as resources permit.</i></p> 	

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<ul style="list-style-type: none"> <p>Ja'Net Lawrence, MSW, Member of the East Palo Alto Mental Health Advisory Group, East Palo Alto Resident: "Outreach and engagement is a huge part of changing face of communities, I'm really proud that we have had a positive turnover in the past years when it came to us reaching those in our communities and I hope we continue to do it. One thing I'm happy to see, education specifically, and for me I'm looking at it for partnerships and the outreach. As for partnerships itself, it is something I was curious about. I don't think this is something for those who are not already involved in the system to participate because they aren't getting any money, they aren't getting any opportunities or acknowledgement for what they are doing in the community. I think especially in schools, this is a great avenue to find out about people in our communities. We are interacting with their children, interacting with their families and with so many levels of what is going on in the household and dealing with issues such as homelessness. This is everything that this whole purpose of why we met and what today is about. I don't see where many counties are working together with the schools. We keep putting that on the back burner. I think it is really important for us to get these collaborations, create more avenues for the schools and the community to support each other, when it comes to services for our clients. I was also curious about our counties stand with Mental Health in the school setting? We do have social workers, there are people who are trained to do that in a school setting and there are MFT's etc. We are not utilizing these people for the same services is what I am trying to say".</p> <p><i>Response: We agree wholeheartedly with the importance of partnering with schools. Our system does engage in such partnerships with varied degree of success, and we continue to make efforts to enhance these opportunities and improve collaboration. An example of this is a partnership that is growing stronger every day with the County Office of Education in relation to our County's MHSA-related prevention efforts. Education representatives were very active in the PEI planning process, and mapped existing evidence-based practices in all 23 school districts to assist in the determination of what practices to select for the school-age population. In addition, BHRS contracted with Ravenswood Family Health Center in East Palo Alto to provide mental health services in the primary care setting; these services are also suitcased to local schools.</i></p> <p><i>More work remains to be done in this arena and it is our firm intent to continue looking for new ways to strengthen existing, and developing new collaborations with Education.</i></p> <p>Faye McNair Knox, PhD, Executive Director of One East Palo Alto, Co-Chair of the East Palo Alto Mental Health Advisory Group: "With regards to the CSS Expansion, we are appreciative for the increased resources for child psychology for the programs that we have at Ravenswood Family Health Center in EPA, as well as, the long overdue increase in resources for outreach activity targeting the PI community in EPA. Both of these efforts are a part of a strong and improving everyday partnership involving BHRS and the EPA community. Step by step, block</p> 	

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<p>by block, we are building the kind of network of support that is so needed in EPA, so that access to Mental Health services in our community will go away and these increases in the expansion plan, as laid out here, are an important part of that process. Thank you very much.”</p> <ul style="list-style-type: none">• Kava Tulua, Community Organizer - One East Palo Alto, East Palo Alto Mental Health Advisory Group Member: “I’m actually proud today. On my way over here I thought I’m really proud that Louise Rogers of BHRS recognizes the importance of the Pacific Islander community. A community that is pretty silent, unserved and underserved. They sit quietly and have no idea how to access services. I stand here today on behalf of my community and I thank you for the expansion because it is very important. I’m in awe of how these parents, pastors and children come to the table and discuss the issues that happen in their families and for my community to get that far, I just thank you, Louise, the advisory group of EPA, BHRS and your staff, Carlos, Linford, Sandra, Kacy, Luna and everybody that comes to our monthly meeting. It’s amazing the work that we have done and we recognize the work that is yet to be done. Thank you and I really look forward to the work that we continue to do.”	