




# California Reducing Disparities Project: Overview and Next Steps



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# CPEHN: Together We're Stronger







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# Eliminating Health Disparities

**IMPORTANTE:** Puede obtener la ayuda de un interprete ayuda de un interprete o preguntar acerca de inform XXX-XXX-XXXX. Alguien que habla español pue 1-800-927-4357. (Spanish)

**重要提示:** 您與您的醫生或保險公司交資料，請先致電您的保險公司，電話號如需更多協助，請致電保險部熱線 1-800-927-4357。




6. What is this person's race? Mark ☒ one or more races to indicate what this person considers himself/herself to be.

<input type="checkbox"/> White	<input type="checkbox"/> Black, African Am., or Negro	<input type="checkbox"/> American Indian or Alaska Native — Print name of enrolled or principal tribe.
<input type="checkbox"/> Asian Indian	<input type="checkbox"/> Japanese	<input type="checkbox"/> Native Hawaiian
<input type="checkbox"/> Chinese	<input type="checkbox"/> Korean	<input type="checkbox"/> Guamanian or Chamorro
<input type="checkbox"/> Filipino	<input type="checkbox"/> Vietnamese	<input type="checkbox"/> Samoan
<input type="checkbox"/> Other Asian — Print race	<input type="checkbox"/> Other Pacific Islander — Print race	

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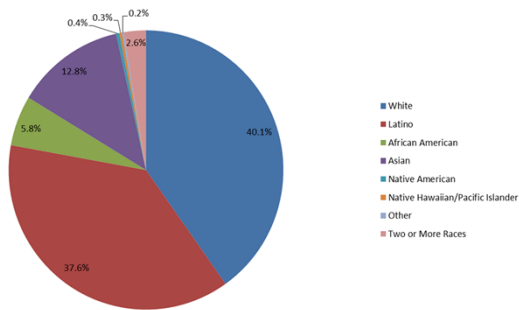
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## California Population by Race/Ethnicity, 2010 Census




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### Communities of Color




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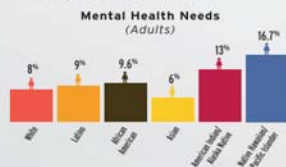
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## Adult Mental Health Needs in California, 2011

### Mental Health

Our mental health affects our wellbeing, with depression, anxiety, and other conditions posing severe threats. As many as 2.2 million Californians report mental health needs, with some significant disparities among the state's diverse population groups. Adults with mental health needs are 1.5 times more likely to have high blood pressure, heart disease, or asthma compared to other adults.<sup>28</sup>



SOURCE: "Adult Mental Health Needs in California: Findings from the 2007 California Health Interview Survey," UCLA Center for Health Policy Research, November 2011.

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## California Reducing Disparities Project (CRDP)

- Begun in 2010
- Groundbreaking investment of MHS funds
- National attention
- Focus on five targeted populations
- Components include population reports, multicultural statewide coalition, and a comprehensive strategic plan to reduce disparities
- Represents the voice of the community

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## A True Community Effort

- 324 SPW/advisory group members
- 103 focus groups
- 2,011 focus group participants
- 4,575 surveys
- Dozens of interviews
- Hundreds of regional meetings before, during, and after development of the population reports
- Close to 7,000 participants!

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## California Reducing Disparities Project




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### CRDP Strategic Plan

- A synthesis of the population reports, their findings, and recommendations
- A vision for reducing mental health disparities
- A roadmap to transforming our public mental health system into one that better meets the needs of all Californians
- Strategies to achieve the vision
- Recommendations for CRDP Phase II implementation

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## Strategic Plan Process

- Compiled recommendations from population reports
- Categorized into four themes and five goals
- Discussed and prioritized by the CRDP Partners for inclusion in the strategic plan
- Refined and vetted with CRDP Partners



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## Community Plan for Reducing Disparities in Mental Health

- Four overarching themes
- Five goals
- Twenty-five long-term strategies
- Recommendations for implementing the strategies



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## Overarching Themes

- Address and incorporate cultural and linguistic competence
- Implement capacity building
- Improve data collection standards
- Address the social and environmental determinants of health

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### **Increase Access to Mental Health Services**

- Co-location of services
- Resource guides to facilitate access to services
- Schools as centers for wellness
- Reimbursement for ancillary services
- Prison re-entry
- Culturally competent and linguistically appropriate outreach

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### **Improve the Quality of Mental Health Services**

- Culturally and linguistically competent workforce
- Culturally and linguistically competent services
- Linguistic access to services

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### **Increase the Capacity of and Empower Underserved Populations**

- Faith-based community
- Parents, foster parents, and families
- Support community engagement
- Go beyond community involvement
- Community leadership

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### **Develop, Fund, and Evaluate Population-Specific Programs**

- Community health workers
- Culturally-specific research
- Culturally-specific models
- MHSA PEI funding allocation based on community need
- Culturally-congruent evaluation methods

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### **Develop and Institutionalize Local and Statewide Infrastructure**

- Engage community in CRDP implementation
- Replicate models for community engagement at the local level
- Collaborate with existing county reducing disparities efforts
- Develop new community-county partnerships
- Monitor the implementation of the CRDP
- Continue the work of the CRDP

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### **Recommendations for Phase II**

- Implement promising practices in unserved, underserved, and inappropriately served communities:
  - Fund and evaluate community-defined PEI approaches across the five populations
  - Technical assistance
  - Ongoing implementation of 25 policy-level strategies
  - Collaboration with county departments of mental health

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## What Comes Next

- Strategic Plan disseminated widely via our listserv, through partners, and available at [www.cpehn.org](http://www.cpehn.org)
- 30-day public comment period
- Three community forums
- Comments accepted at community forums, and via phone, email, and mail
- Dates to be determined in early 2015

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## Timeline

- Green light from CA Health and Human Services Agency!
- Planning for public comment to secure sites and conduct outreach
- Community outreach
- 30-day public comment period, including community forums in early 2015
- 2-3 months of revision and vetting
- Final Strategic Plan released



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## Outreach

- CPEHN listserv – 3,000 network members
- CPEHN partners, including CRDP and state partners
- Presentations to partners
- You!
- Let us know if there is anyone with whom we should share the draft strategic plan



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## Community Forums

- At least 3 locations: Fresno, Los Angeles, Oakland
- Up to 3 additional locations
- Early 2015
- Presentation on strategic plan
- Opportunity to share feedback



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## CRDP Phase 2

- Community Forums on Phase II in early December 2014
- RFP for Phase II released
- Four-year Phase II pilot program and evaluation



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**Contact us at CPEHN**

- (510) 832-1160
- [rcantu@cpehn.org](mailto:rcantu@cpehn.org)
- [www.cpehn.org](http://www.cpehn.org)
- For additional information visit the Office of Health Equity website:  
<http://www.cdph.ca.gov/programs/Pages/OHEMain.aspx>

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