



**San Mateo County Health System
Behavioral Health and Recovery Services Division**



Mental Health Services Act (MHSA) Steering Committee

December 7, 2016 / 2:00 - 3:30 PM

San Mateo County Health System, Room 100. 225 37th Ave, San Mateo, CA 94403

MINUTES

Attendees

MHSA Steering Committee Members: Aisha Williams, Betty Savin*, Carol Marble*, Clarise Blanchard, David DeNola, David Pine*, Dorothy Christian*, Eduardo Tirado*, Eric Wollman*, Gloria Gutierrez, Jairo Wilches, Josephine Thompson*, Judith Schutzman*, Juliana Fuerbringer, Juliet Vimahi, Louise Orellana, Melinda Parker, Michael Lim, Michelle Makino, Patricia Way*, Patrick Field, Patrisha Ragins, Randy Torrijos*, Ray Mills, Rocio Cornejo*, Rodney Roddewig*, Sheri Broussard.

*MHSARC commissioners

General Public

1. MHSA Background

2:00 PM

Doris Estremera, MHSA Manager

- The background of MHSA components and annual allocated funding was explained including a brief review of Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovations (INN), Workforce Education and Training (WET), Capital Facilities and Information Technology, and Housing.
- San Mateo County takes a unique approach to integrating funds into existing programs. Often times, a portion of the program is funded by MHSA along with other funding sources, this has allowed for high leveraging of MHSA funds, expanding services and filling gaps in services.
- Context was provided that explained the Community Program Planning (CPP) process. This requires that the County must take in account public comment and stakeholder input. As part of the CPP process, an MHSA Annual Update must be provided as well as a three-year planning process.

Handouts: MHSA Background, MHSA Components & Programs.

**2. Update on the Steering Committee Membership
and the Issue Resolution Process (IRP)**

2:15 PM

Colin Hart, Community Health Planner

- **The Steering Committee Membership and Selection** process was discussed in the last steering committee. The proposed changes and input was reviewed and the following changes were made:
 - At least 50% of all committee members will be clients/consumers and family members.

- A minimum of 1-2 seats will represent several groups as recommended by MHPA legislation, CPP requirements, and stakeholders.
- At least 50% of the representations will include individuals from diverse cultural and ethnic groups.
- An MHPA Selection Group will review member applications 2x/year.
- If steering committee members miss two meetings/year they may be replaced by a newly appointed member.
- **Issue Resolution Process** was reviewed. The Mental Health Services Oversight and Accountability Commission (MHPAOC) devised a workgroup that discussed the planning processes to create an issue resolution process for MHPA specific grievances having to do with services, use of funds, and the CPP process.
- BHRM and the Office of Family and Consumer Affairs (OCFA) worked closely to develop the new MHPA IRP process.

Handouts: Steering Committee Application and Guidelines; MHPA Issue Resolution Process (IRP)

3. Upcoming Opportunities for Input

2:35 PM

Doris Estremera, MHPA Manager

- All Innovation (INN) projects will involve an extensive participatory evaluation process. The Steering Committee will be a venue for vetting next steps and decisions related to continuation of INN projects.
- WET Impact report used Survey to determine priorities, needs, gaps. Qualitative follow up with Lived Experience Academy members, cultural stipend interns, trainers and other stakeholders. A full evaluation report conducted by an independent contractor will be released soon.
- The three-year planning process will kick off in January and the steering committee and public input is important to learn the experiences of San Mateo's consumers of MHPA-funded services.

4. Annual Update Presentation

2:45 PM

Stephen Kaplan, BHRM Director

Program Outcomes: Community Services & Supports

- Community Services & Supports is the direct service for those with mental illness. A ten year picture showed the data from Full Service Partnerships, Outreach & Engagement, and System Development.
- The Outreach & Engagement reported outcomes changed in 2012/13 to count meaningful engagement vs. just the handing out of a flyer for example.
- FSP Outcomes showed hospitalizations improved by 100% for children and 29% for older adults. Psychiatric Emergency Services (PES) visits improved for all age groups from 93% for children to 42% for older adults. FSP outcomes continue to move in a positive outcomes achieving some improvement in areas of their lives.

Program Highlight: OASIS

Joicy Mean, OASIS Program Manager

- The Older Adult System of Integrated Service (OASIS) offers voluntary field-based services: psychiatric medication evaluation/monitoring, intensive case management, counseling/therapy, escort and transportation to medical appointments.

- If the client is eligible for service, a psychiatric and case manager will be assigned within a week or sooner depending on urgency.
- OASIS is part of MHSA Community Services and Support General Systems Development to increase BHRS capacity.

Program Outcomes: Prevention & Early Intervention

- MHSA guidelines mandate that at minimum 51% of PEI funds be spent on children and youth ages 0 to 25, and that interventions target individuals of all ages prior to the onset of mental illness, with the sole exception of programs focusing on early onset of psychotic disorders such as schizophrenia.

Innovation

- In FY14-15 Total Wellness completed its final year as an MHSA Innovation project. The Health Plan of San Mateo has continued the program and will fund the program with BHRS continuing to run the program.
- In FY14-15, positive health indications indicate a successful use of MHSA funds to integrate physical and mental health.
- New Innovation programs have been selected and briefs have been available to the public. The three innovative programs is the Health Ambassador Program – Youth, LGBTQ Coordinated Behavioral health Services Center, NMT for Adults.

Handouts: Innovation Briefs #1, #2, #3.

Housing

- One time MHSA allocation of \$6,762,000. Four housing developments have been partially funded with MHSA Housing funds with a total of 50 housing units dedicated for FSP participants.
- There was \$1,073,038 of unspent funds. AB1929 allowed the County to request the unspent funds back that were returned to the state to be used for MHSA services.

Program Highlight: PREP/BEAM

Bruce Adams, PREP/BEAM Program Manager

- Prevention and Recovery for Early Psychosis helps those with early onset of psychosis through assessment and treatment.
- PREP clients will be immersed in the program for two years, and sometimes the clients graduate early. The program is focused on managing symptoms to reach remission.
- Decreases in hospitalization and incarceration have been seen for graduates and increases in occupational and educational success.

Fiscal

Stephen Kaplan, BHRS Director

- The 10 year funding of MHSA funding fluctuates as the income of those taxed is funded. The state collects and distributes based on a formula for the counties.
- Projections are reported by the state to help counties plan for capacity funding. It is important not spend all of the MHSA funds to make sure that all existing programs funded will continue to receive support as the money fluctuates.
- “No Place Like Home” creates a 2 billion dollar bond that will be funded by MHSA funds to support homelessness in California. The state is going to allocate funds from the county MHSA funds to be added to this bond. Approximately 2 million dollar will be sent to the state and it will be a competitive RFP to receive the funding to build more housing for homeless.
- This is a funding consideration moving forward into the next three year plan as it may impact MHSA expansions.

Pat Way, MHSARC Chair

- *Unanimously approved to open the 30-day public comment period.*

6. Public Comment

Judith Schutzman, Family Member, MHSARC Commissioner

"I want to comment on the priorities that have already been set. I am very disappointed to see that the two priorities for older adults were not been met and were not even scheduled to be met. I know that at the last steering committee isolation and loneliness was an important issue for the majority of members of the steering committee and I was hoping we would get some funding for programs to relieve those issues and I don't see anything even on the horizon."

Handouts: Public Comment Form.

Written public comments submitted

7. Adjourn


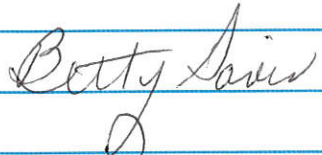
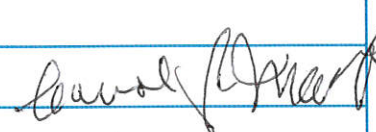
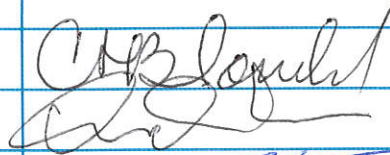


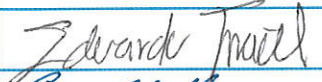

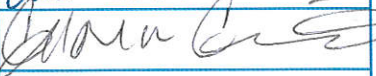
3:30PM

MARK YOUR CALENDARS!






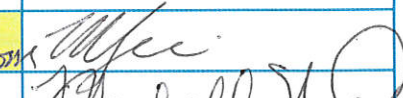
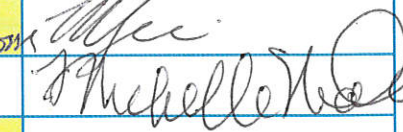
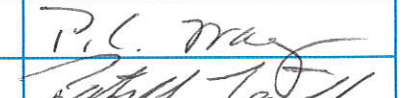


A Public Hearing to close the 30-day comment period for the 2016-2017 MHSA Annual Update will take place at the next Mental Health Substance Abuse and Recovery Commission meeting,

**MHSARC Meeting, Wednesday, January 4, 2017, 3-5pm
Health System Main Campus, Room 100,
225 37th Ave. San Mateo, CA 94403**

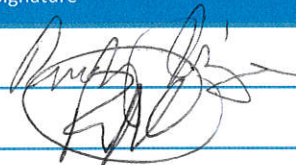
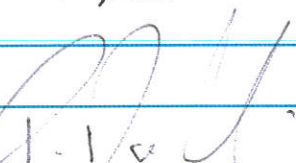

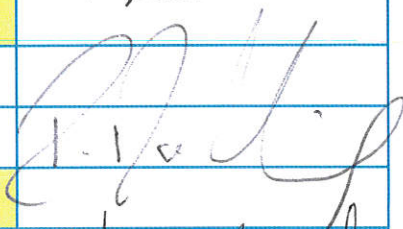

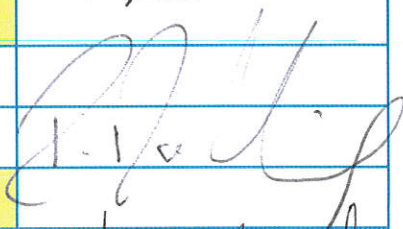


MHSA Steering Committee Sign-In
December 7th, 2016

Stakeholder Group	Name(s)	Title (if applicable)	Organization (if applicable)	Email	Signature
	Agnes Tuipulotu			atuipulotu@pcrcweb.org	
Client/Consumer - Adults	Aisha Williams		Lived Experience Academy	aishamwilliams92@gmail.com	
Client/Consumer - Adults	Alan Cochran		Lived Experience Academy	ak_cochran@yahoo.com	
	Athila Lambino			alambino@aars.org	
Public	Betty Savin*	MHSARC Commissioner ✕		bettysavin@yahoo.com	
Other - Domestic Violence	Caitlin Billings		Community Overcoming Relationship Abuse- CORA	caitlinb@corasupport.org	
Provider of MH/SU Svcs	Cardum Harmon	Executive Director	Heart & Soul, Inc.	cardumh@heartandsoulinc.org	
Client/Consumer - Older Adults	Carmen Lee	Program Director	Stamp Out Stigma	carmensos@aol.com	
Client/Consumer - SA	Carol Marble*	MHSARC Commissioner ✕		carolmarb@aol.com	
Public	Cherry Leung*	MHSARC Commissioner ✕		cherry.leung@ucsf.edu	
Provider of MH/SU Svcs	Clarise Blanchard	Director of Substance Abuse and Co-occurring Disorders	Star Vista and BHRS Contractors Association	cblanchard@star-vista.org	
Disabilities	David DeNola		Center for Independence	davidd@cidsanmateo.org	
San Mateo County District 1	David Pine*	Supervisor, District 1	Board of Supervisors	DPine@smcgov.org	
Family Member	Dorothy Christian*	MHSARC Commissioner ✕		Dchristian28@yahoo.com	
Health Care	Dr. Dan Becker	Medical Director	Mills Peninsula Health Svcs	beckerdf@sutterhealth.org	
Client/Consumer and Veterans	Edmund Bridges*	MHSARC Commissioner ✕		edmund.bridges@vfrsolutions.org	
Client/Consumer - SA	Eduardo Tirado*	MHSARC Commissioner ✕	Voices of Recovery	etirado@vorsmc.org	
Law Enforcement	Eric Wollman*	MHSARC Commissioner ✕	Burlingame Police	mmortz@burlingamepolice.org	
Provider of MH/SU Svcs	Gloria Gutierrez	MH Counselor	BHRS	GGutierrez@smcgov.org	
	Hector Moncada			HMoncada@smcgov.org	
Client/Consumer - Adults	Jairo Wilches	Liaison and BHRS Wellness Champion	BHRS, Office of Family and Consumer Affairs	jwilches@smcgov.org	

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Stakeholder Group	Name(s)	Title (if applicable)	Organization (if applicable)	Email	Signature
Cultural Competence & Diversity	Jei Africa	Director	Office of Diversity and Equity	jafrica@smcgov.org	
Education	Joan Rosas	Associate Superintendent	SMC Office of Education	jrosas@smcoe.org	
Provider of MH/SU Svcs	Joann Watkins	Clinical Director	Puente de la Costa Sur	jwatkins@mypuente.org	
Public	Josephine Thompson*	MHSARC Commissioner ✖			
Family Member	Judith Schutzman*	MHSARC Commissioner ✖		judyschutzman@aol.com	
Family Member	Juliana Fuerbringer		California Clubhouse	julianafuer@gmail.com	
	Juliet Vimahi			jvimahi@pcrcweb.org	
Client/Consumer - SA	Louise Orellana*	MHSARC Commissioner ✖	Voices of Recovery	lorellana@vorsmc.org	
Provider of Social Services	Lynn Schuette		Community Overcoming Relationship Abuse- CORA	lynns@corasupport.org	
Disabilities Community	Maisoon Sahouria		Center for Independence	maisoons@cidsanmateo.org	
Provider of Social Services	Mary Bier		North County Outreach Collaborative	marykbier@gmail.com	
	Melinda Parker			maparker@smcgov.org	
Provider of MH/SU Svcs	Melissa Platte	Executive Director	Mental Health Association	melissap@mhasmc.org	
Client/Consumer - Adults	Michael S. Horgan	Program Coordinator	Heart & Soul, Inc.	michaelhorgan@me.com	
Client/Consumer - Adults	Michael Lim			mlim@peumail.com <i>mhl-lim@outlook.com</i>	
Other - Aging and Adult Services	Michelle Makino	Program Services Manager	SMC Health System, Aging & Adult Services	mmakino@smcgov.org	
Family Member	Patricia Urbina			p2000urb@aol.com	
Family Member	Patricia Way*	MHSARC Commissioner ✖	MHSARC	patcway@hotmail.com	
Client/Consumer - Adults	Patrick Field			Patrickfield91@yahoo.com	
Client/Consumer	Patrisha Ragins*	MHSARC Commissioner ✖		patrisharagins@yahoo.com	
Other - Advocate	Randall Fox	Health, Law and Policy Advocate	Former MHSARC Chairman	randallfox@sbcglobal.net	

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San Mateo County District 1	Randy Torrijos	Staff to David Pine	Board of Supervisors	RTorrijos@smcgov.org	
Other - Peer Support	Ray Mills	Executive Director	Voices of Recovery	raymills71@gmail.com	
East Palo Alto Community	Rev. William Chester McCall		Multicultural Counseling & Educational Services of the Bay Area	chester.wellness@gmail.com	
Client/Consumer	Rocio Cornejo*	MHSARC Commissioner 		rocio.cornejo9@yahoo.com	
Client/Consumer -Adults	Rodney Roddewig*	MHSARC Commissioner 	MHSARC	rrodney2k6@gmail.com	
	Shanna 'Uhila		East Palo Alto Behavioral Health Advisory Group	write2shanna@gmail.com	
Provider of Social Services	Sheri Broussard		HIP Housing	sbroussard@hiphousing.org	
	Tiffany Hautau		East Palo Alto Behavioral Health Advisory Group	tiffanyhautau@yahoo.com	
Disabilities	Vincent Merola	Systems Change	Center for Independence	vincentm@cidsanmateo.org	
Client/Consumer	Wanda Thompson*	MHSARC Commissioner 		w.thompson1967@yahoo.com	

Stakeholder Group	Name(s)	Title (if applicable)	Organization (if applicable)	Email	Signature
Consumer/Family	Laura Moore	L.E.A.		lauralynn@2015ebmail	
BHRS / Family member	Sonia Mays	A.S.W / Psychiatric Social Worker I	BHRS	semays@smc.gov.org	
VORSMC	Sharon Heath	Program Director	VORSMC	sheath@vorsmc.org	
	PATRICK McERLAIN			PATPRINTSIT@COMCAST.NET	
VORSMC	Julio Garcia		VORSMC	jgarcia@vorsmc.org	
BHRS ODE	maile			c-mle@smc.gov.org	
BHRS ODE	Nancy Chen	Program Director	BHRS	nchen@smc.gov.org	
ODE	Siavash Zohori	Specialist	ODE BHRS	szohori@smc.gov	
Public	Maria Lopez		Mental Health	nenitarwce@yahoo.com	
BHRS Contractor	KARA TULUA	Special Projects Consultant	One East Palo Alto	ktulua@1epa.org	
BHRS STAFF	LEE HARRISON	Sr. Comm Worker	BHRS	LEHARRISON@SMC.GOV.ORG	
BHRS	Tennille Tucker	Supervisor	BHRS	TTucker@smc.gov.org	
Public	Tonya Estores			Tonya.ejej@gmail.com	
BHRS / OCFA	Jairo Wilches	Consumer Liaison	BHRS / OCFA	m file	
BHRS ^{Mental Health} _{SPM}	Calvin Shekton		Heart + Soul / WAM	calvinshekton@smc.gov	

Liaison, Com on Disability
PROVIDER

Robert Hall
ADRIANA FURUZAWA

Consumer
DIVISION DIRECTOR

Commission on Disability
PREP/BEAM

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AFURUZAWA@FULTON.ORG

Robert Hall

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Stakeholder Group	Name(s)	Title (if applicable)	Organization (if applicable)	Email	Signature
VORSMC	Beth Avinga	Supervisor	VORSMC	bavinga@vorsmc.org	
Cecilia Jane Robert	Cecilia J. Roberts			ceciliajane4928@yahoo.com	
VORSMC	Jan Allen	Peer Recovery Coach	VORSMC	jallen@vorsmc.org	
Vorsmc.org	Bruce Coates	Recovery Coach	VORSMC	bcoates@vorsmc.org	
BHRS ODE	Frances Lobos	Program Coordinator	BHRS ODE	flobos@smcgov.org	
BHRS ODE	Shiyu Zhang	Outreach worker	BHRS ODE	GSZhang@smcgov.org	
PCRC	Seini Mateialona	Mgr. Mediation Prog.	PCRC/PI Init.	smateialona@pcrcweb.org	
	Tuliet Vimahi	comm. facilitator	PCRC/PI Init.	tvimahi@pcrcweb.org	
	Edwin Uaka				
	Perbey Pandac	mental health therapist	FFYC	perbey.pandac@fredfinch.org	
	Martin Aaron		Public	650 365-1741	
	Eugene Canotal	Social worker	North County BHRS	ecanotal@smcgov.org	
BHRS ^{AACT}	Talisha By	Co-Chair	BHRS		
BHRS	Edith Cabung				