



# San Mateo County Health System

**COMMISSION ON AGING  
GENERAL MEETING  
Agenda  
Monday May 11, 2015  
225 37<sup>th</sup> Avenue, San Mateo  
9:00 – 11:00 a.m., Room 100**

1. **9:00 a.m. Call to Order:**
  - Pledge of Allegiance
  - Roll Call
2. **Correspondence:**
3. **Oral Communications:** Members of the public may address the Commission regarding Aging issues and concerns. Speakers must complete the request form on the table at the back of the room and submit it to the Commission on Aging Chair. Two minutes allotted for each presenter.
4. **Approval of Today's Agenda:** May 11, 2015
5. **Approval of Minutes:** April 13, 2015
6. **9:10 a.m. – 10:40 a.m. Goal setting session:**  
Follow-up recommendations from facilitator - **Pat Brown**
  - 1) **Goals for this meeting** (5 minutes)
    - Develop goals and objectives for 2015-16 for the 3 goal areas identified at the February Retreat
    - Clarify next steps with recommendations relating to areas for improvement identified at April 13 CoA meeting
  - 2) **Group agreements** (5 minutes)
    - Speak respectfully
    - Speak one at a time
    - Encourage participation by all members
    - Any others?
    - Allow the facilitator to guide the process
  - 3) **Words from Supervisor Tissier** (5 minutes)
  - 4) **Review of Goal areas** (5 minutes)
    - Prevent elder abuse
    - Sharing resources for aging adults and their families
    - Transportation
  - 5) **Go over worksheets, examples of goal and objective statements, and assignments for small groups and go to work** (35 minutes)
    - CoA members self select to one workgroup
    - Workgroup will be developing goal statements and objectives for one of the three goal areas

- Each workgroup will first review any current CoA effort that addresses the selected goal area and determine whether those activities should continue
- Workgroups will have 30 minutes to draft their goal statements and objectives
- Print goal and objective statements on easel paper for report to large group

6) **Report from small groups** (30 minutes)

All workgroups report on suggested goal statements and objectives to large group and address questions/concerns from CoA

7) **Determine next steps with draft goal statements**

8) **Confirm next steps with recommendations to address CoA areas for improvement** (10 minutes)

7. **10:45 a.m. Staff Report:** Health Services Manager, Aging and Adult Services – **Michelle Makino**

8. **10:55 a.m. Announcements from the Chair:**

- May 19 Commission on Aging annual presentation to the Board of Supervisors
- Sign-up for Seniors Day at the Fair
- Commission on Disabilities liaison open
- Presentation June 8, Aimee Armsby – Brown Act

**NOTE: Questions regarding submitted reports will be discussed only if time allows.**

9. **Chair Report:** submitted written report

10. **Standing Committees Reports:** submitted written reports

- Legislative/Advocacy – **Lisa Costello**
- Procedural Rules – **Lisa Costello**
- Adult Abuse Prevention – **Melodie Lew**
- Isolated Seniors Outreach – **Trisha Erickson**
- Communications – **Trisha Erickson**
- Membership – **Sandra Cooperman/Walter Batara**

11. **Liaison Committees** submitted written reports

- Paratransit Coordinating Council (*Liaison*) – **Sandra Lang**
- Pride Initiative – **JoAnne Arnos**
- New Beginning Coalition and NBC Steering (Area Plan Workgroup) – **May Ratiu**
- Cultural Competence (Area Plan Workgroup) – **Joanne Arnos**
- Legal Aid Senior Advocate – **Sandra Lang**

12. **Other:** submitted written reports

- Health Plan Update – **Christina Kahn**
- Sunshine Update – **Aurea Cruz**
- Housing and Community Development – **Scott McMullin**

13. **Adjourn:**

**Next Meeting**

**June 8, 2015, 9 to 11 a.m.**

**Sobrato Center, Shoreway Room**

**Assistive listening devices are available at this meeting.** In compliance with the Americans with Disabilities Act, Title II (ADA, Title II), the County will provide reasonable accommodations for persons with disabilities. If possible, please give three (3) days advanced notice of any accommodation needs by calling (650) 573-2580 (voice) or dial 711 to the California Relay Service for persons who are deaf, or hard of hearing or, speech disabled. For the comfort and safety of those who are sensitive to airborne chemicals, please refrain from wearing chemical-based products.