

DON'T LET THE BED BUGS BITE

WHAT TO LOOK FOR

BITES

Bed bug bites look like a raised red bump or flat welt. They can itch intensely and are often mistaken for mosquito or flea bites.



DARK SPOTS

Look for small dark spots of fecal matter or blood spots on bed linens and around areas where people sleep.



HOW TO GET RID OF BED BUGS

Environmental Health Dept. ONLY recommends the hiring of a Licensed Pest Control Company to properly identify and treat for bed bugs.



BED BUG PRESENTATION
[click here](#)

WHAT ARE BED BUGS

- Tiny insects that feed on the blood of warm blooded animals.
- Adults are reddish-brown, flat, oval and are about 0.2 inches long.
- Nymphs are very small, about the size of a pin head.
- Bed bugs do not fly; they either crawl or are carried from place to place.
- Bed bugs can survive for weeks to months without a blood meal.
- Bites may be a nuisance, but they do not transmit diseases to humans.



WHERE DO BED BUGS HIDE

Bed bugs hide during the day and bite at night when people are sleeping. Most bed bugs are found within 8-10 feet of where people sleep.

They hide in crevices of mattresses, box springs, bed frames and headboards; in drapes; in crevices of walls and furniture; under rugs; under wallpaper and picture frames.



WHO TO CONTACT

If you find bed bugs in any of the following places, please contact San Mateo County Environmental Health (650) 372-6200.

- * hotels/motels
- * apartment complexes
- * homeless shelters
- * correctional facilities

For all other private property locations contact a Licensed Pest Control Company