

**Can Recovery and Wellness
Work for You?**

**DIRECTORY
OF
ALCOHOL AND DRUG
PREVENTION
TREATMENT
AND
RECOVERY
SERVICES**

**ALCOHOL and OTHER DRUG SERVICES
BEHAVIORAL HEALTH & RECOVERY SERVICES
COUNTY OF SAN MATEO**

Phone: (650) 802-6400

www.smchealth.org





Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

~Welcome~

We are committed to supporting treatment of the whole person to achieve wellness and recovery, and promoting the health of individuals, families and communities we serve.

Culturally competent, integrated services are provided by mental health clinicians, alcohol and drug counselors, peers, and others, through a network of County and private agency providers and partners throughout the community.

Our Directory of Services is here to assist in meeting the needs of our community seeking support around substance use disorder services



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Revised 01/2012



Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

24 HOUR CRISIS

211 (San Mateo County)

www.211bayarea.org

211 in San Mateo County can help you find food, housing, health care, senior services, child care, legal aid and much more.

24-Hour Alcohol and Drug Help Line (StarVista)

Ph. (650) 573-3950

A help line counselor will answer questions about alcohol and other drug prevention and recovery programs. Offers support for persons dealing with their own alcohol and other drug issues or for those whose lives have been affected by alcohol and drug abuse in others by referring these individuals to appropriate services.

24-Hour California Smokers' Help line

1(800) NO-BUTTS

Ph. 1(800)-662-8887

Spanish Ph. 1(800) NO-FUME Ph. 1(800)-456-6386

Mandarin & Cantonese Ph. 1(800) 400-0866

Vietnamese Ph. 1(800) 778-8440

Korean Ph. 1(800) 556-5564

The California Smokers' Helpline is a telephone program that can help you quit smoking. Helpline services are free, funded by California Department Of Health. When you call, a friendly staff person will offer a choice of services: self-help materials, a list of other programs, and one on one counseling over the phone.

24-Hour Crisis Line (StarVista)

Ph. (650) 579-0350

www.crisiscenter.cc

Provides telephone contact, assessment, counseling referrals, and follow-up for individuals in crisis and their family / friends, including those individuals at risk of suicide.



Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

**ALCOHOL & OTHER DRUG COMMUNITY BASED
PREVENTION PARTNERSHIPS**

Throughout San Mateo County, community-based alcohol and drug prevention partnerships are acting locally to identify and address community-level conditions that promote or encourage underage alcohol use and to reduce the harmful consequences of alcohol and other drug abuse. Youth and adult residents, service provider agencies, schools, law enforcement, and others have joined these efforts to make positive changes in their communities.

North County Prevention Partnership
Asian American Recovery Services (AARS)
1115 Mission Rd.
South San Francisco, CA 94080
Ph. (650) 243-4850
Fax (650) 243-4851
www.ncpps sanmateo.org

RWC/ North Fair Oaks Prevention Partnership
City of Redwood City (RWC2020)
750 Bradford Street,
Redwood City, CA 94063
Ph. (650) 423-2217
www.rwc2020.org

Coastside Prevention Partnership
El Centro de Libertad
225 S. Cabrillo Hwy. Suite 105D
Half Moon Bay, CA 94019
Ph. (650) 560-9995
www.elcentrodelibertad.org

Pacifica Partnership
Jefferson Union High School District
699 Serramonte Blvd., Suite 100
Daly City, CA 94015-4132
Ph. (650) 550-7943

Substance Abuse Prevention Coalition
One East Palo Alto
1798-B Bay Road
East Palo Alto, CA 94303
Ph. (650) 330-7462
www.oneepa.org



Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

**ALCOHOL & OTHER DRUG COMMUNITY BASED
PREVENTION PARTNERSHIPS**

North Central San Mateo Prevention Partnership
Peninsula Conflict Resolution Center
1660 S. Amphlett Blvd., Suite 219
San Mateo, CA 94402
Ph. (650) 513-0330 ext. 318
Fax: (650) 513-0335
www.pcrweb.org

South Coast Prevention Partnership
Puente de la Costa Sur
620 North Street
PO Box 554
Pescadero, CA 94060
Ph. (650) 879-1691
www.mypuente.org

Bayshore Community Prevention Partnership
Pyramid Alternatives, Inc.
480 Manor Plaza
Pacifica, CA 94044
Ph. (650) 355-8787
Fax: (650) 355-8780
www.pyramidalternatives.org

Youth Leadership Institute (YLI)
4 West Fourth Avenue, Suite 207
San Mateo, CA 94402
Ph. (650) 347-4963
Fax (650) 347-4047
www.yli.org

Provides countywide coordination for Friday Night Live (high school) and Club Live (middle school) as well as expertise in youth development and engagement, and environmental prevention strategies and best practices. YLI partners with SMCAOD and the community based prevention efforts.



**ALCOHOL & OTHER DRUG
ADULT TREATMENT and RECOVERY SERVICES**

Asian American Recovery Services, Inc (AARS) (Outpatient)
6181 Mission Street
Daly City, CA 94014
Ph. (415) 337-0140
Fax (415) 337-0411
www.aars.org

Outpatient and Intensive Outpatient alcohol and drug treatment services. Serves a diverse client population with special expertise in treatment for Asian and Pacific Islander Clients. Offers multilingual, culturally appropriate outpatient treatment in English, and Tagalog.

Bay Area Addiction Research & Treatment (BAART) (Outpatient)
795 Willow Road, Bldg 332
Menlo Park, CA 94025
Ph. (650) 324-1470
Fax (650) 324-4149
www.baartprograms.com

This is a CARF accredited Narcotic Treatment Program serving Opiate Dependent adults. Medications, Primary Medical Care and Chemical Dependency Counseling services are provided by a professional multi-disciplinary treatment team. Fees are administered on a sliding scale. Medi-Cal funds are accepted.

Choices Program (In Custody Therapeutic Community)
Women's Facility
1590 Maple St.
Redwood City, CA 94063
Ph. (650) 363-7873
Fax (650) 599-1082

Men's Facility
300 Bradford St.
Redwood City, CA 94063

A therapeutic Community recovery program for jail inmates incarcerated in the San Mateo County Jail. Supervised by Correctional Health.



**ALCOHOL & OTHER DRUG
ADULT TREATMENT and RECOVERY SERVICES**

El Centro de Libertad, The Freedom Center (Outpatient)
500 Allerton
Redwood City, CA 94063
Ph. (650) 599-9955
Fax (650) 599-9273
www.elcentrodelibertad.org

Offers bilingual , bi-cultural counseling for alcohol and drug abuse in Spanish and English for individuals. Other services include relapse prevention program. Deferred entry of judgment, Prop. 36, domestic violence, anger management, dual diagnosed, adolescent and family counseling, and therapy. Also offers adult and juvenile Drug Court referrals and HIV support groups as well as community education programs and employee assistance programs.

Free At Last (Outpatient & Residential)
1796 Bay Road
East Palo Alto, CA 94303
Ph. (650) 462-6999
Fax (650) 462-1055
www.freeatlast.org

Free at Last serves an ethnically mixed population of adults and youth in the southern region of San Mateo County. Services include outpatient counseling, HIV and STD education and intervention. First Offender Program for DUI offenders, BASN, Proposition 36 and residential services for men, women, and women and their children. Transitional living also available.

Horizon Services-Palm Avenue
Horizon Services (Residential Detox)
2251 Palm Avenue
San Mateo, CA 94403
Ph. (650) 513-6500 Fax (650) 345-7023
www.horizonservices.org

A social model alcohol and other drug detoxification program for men and women from San Mateo County. Primary focus of the program is to refer residents to ongoing recovery services within the community.



**ALCOHOL & OTHER DRUG-cont...
ADULT TREATMENT and RECOVERY SERVICES**

Hope House (Service League of San Mateo County)

3789 Hoover Street

Redwood City, CA 94063

Ph. (650) 363-8735

Fax (650) 363-8701

www.serviceleague.org

(Women's Residential)

A six-month residential alcohol and other drug program and co-occurring disorders treatment program designed for women and their infants, who is chemically dependent and desires help. Hope House is a 12-step, social based program which provides a variety of classes dealing with addiction, co-occurring disorders, communication and anger management, women's issues, parenting and family, health issues and education. Our program provides residential treatment, prenatal and child reunification services, transitional housing, and alumni support services. We teach women how to remain clean and sober, become mentally and physically balanced. Hope House is a nonsmoking facility.

Latino Commission

301 Grand Avenue Suite 301

South San Francisco, CA 94080

Outpatient Intakes: (650) 244-1444

Residential Intakes: (650) 244-0305

Ph. 650) 244-1444

Fax (650) 244-1447

www.thelatinocommission.org

(Outpatient & Residential)

Some of the groups we offer are anger management relapse prevention, self esteem, coping with emotional stress, life skills, addictive thinking patterns, co-dependency and HIV education. All services are available in English and Spanish. Residential services offer substance abuse treatment for Latino men, women and women with children ages 0 to 1 year old. This program is designed to deliver culturally proficient and gender specific treatment. Program provides a variety of groups such as family reunification, anger management, self esteem, co-dependency, relapse prevention, health education and awareness. Transitional housing is also available for those who complete the residential phase.



ALCOHOL & OTHER DRUG-cont...
ADULT TREATMENT and RECOVERY SERVICES

Our Common Ground
2560 Pulgas Avenue
East Palo Alto, CA 94303
Ph. (650) 325-6466
Fax (650) 325-6467
www.ocgworks.org

(Outpatient & Residential)

A residential recovery program for men and women. Offers short to long term residential treatment, aftercare, outpatient and Day Treatment.

Project 90
720 South B Street, Suite 3
San Mateo, CA 94401
Ph. (650) 579-7881
Fax (650) 579-2640
www.projectninetynety.org

(Men's Adult Residential)

Provides residential treatment program for men. The program also provides treatment services for individuals who are struggling with both addiction and mental health issues. A program is also offered for men who are currently employed full time yet are in need of residential treatment services. Limited transitional housing is available for those who successfully complete the treatment program.

Pyramid Alternatives, Inc.
480 Manor Plaza
Pacifica, CA 94044
Ph.(650) 355-8787
Fax (650) 355-8780

(Outpatient)

Offers outpatient counseling and education for substance abuse, methamphetamine, domestic violence, relationships, anger management, children, adolescents, and senior adults, adults/families, drug court/deferred entry, first/multiple drinking driver, parenting issues, children of alcoholics. Sliding scale, Spanish/Tagalog, HIV testing. Offices in Pacifica, San Bruno, South San Francisco, and Half Moon Bay. State Certified Education Provider.



ALCOHOL & OTHER DRUG-cont...
ADULT TREATMENT and RECOVERY SERVICES

Sitike Counseling Center (Outpatient)

306 Spruce Avenue
South San Francisco, CA 94080
Ph. (650) 589-9305
Fax (650) 589-9330
www.sitike.org

Provides a variety of recovery services to San Mateo County residents with a primary diagnosis of substance abuse dependency. Services include a Women's Intensive Day Treatment program for pregnant and parenting women, Deferred Entry of Judgment, First Offender Drinking Driver and a co-ed evening outpatient program. All services are available in English or Spanish.

StarVista (formerly YFES) - Archway (Outpatient)

609 Price Avenue, Suite 201
Redwood City, CA 94063
Ph.(650) 366-8433
Fax (650) 366-8455
www.star-vista.org

This bilingual, bicultural recovery program offers primary treatment to those with a diagnosis of substance abuse dependency. Includes court mandatory classes for first offender Drinking Drivers, Domestic Violence and Deferred Entry of Judgment.

StarVista (formerly YFES) - First Chance Program (Outpatient)

335 Quarry Road
San Carlos, CA 94070
Ph. (650) 595-8165
Fax (650) 595-8167
www.star-vista.org

First Chance Sobering Station

Program operates 24 hours, 7 days per week to support law enforcement in providing an alternative to incarceration for those who are arrested for alcohol/drug related offenses. Individuals brought to First Chance by police officers or hospital emergency departments are provided a safe sobering station where they receive assessment, counseling, information, and referral based on individual need and situation.



**ALCOHOL & OTHER DRUG-cont...
ADULT TREATMENT and RECOVERY SERVICES**

First Chance Outpatient Services (FCOP)

First Chance Outpatient Services is a treatment program for non-violent simple drug possession offenders with co-occurring mental health and substance abuse disorders. .

First Chance Outpatient Services Provides weekly groups that focus on understanding denial, relapse prevention and education, addictive thinking patterns, internal and external triggers, character building and HIV/AIDS education.

StarVista (formerly YFES)

(Outpatient)

Women's Enrichment Center (WEC)

200 Industrial Road, Suite 128

(San Carlos, CA 94070

Ph. (650) 591-3636

Fax (650) 591-3600

An intensive day treatment program serving women who have substance abuse and mental health issues, and are attempting to move from welfare to work. Clients will be provided individual and group therapy as well as psycho-educational groups to assist each client in addressing her addiction and mental health issues. This program provides a therapeutic, educational, holistic, and culturally/ethnically informed environment, focusing on individual recovery, emotional stability, enhanced family functioning, and readiness to participate in educational and vocational training programs.

Women's Recovery Association (WRA)

(Outpatient)

1450 Chapin Street, 1st floor

(Residential)

Burlingame, CA 94010

Ph. (650) 348-6603

Fax (650) 348-0615

WRA provides gender specific treatment for women and their families aimed at helping them resume productive, meaningful lives in the community free from the effects of alcohol and drugs. Trained professional staff provide an array of services for clients with psychological disorders, substance abuse, as well as the effects of trauma and other co-occurring disorders.



**ALCOHOL & OTHER DRUG
ADOLESCENT TREATMENT and RECOVERY SERVICES**

Asian American Recovery Services, Inc (AARS) - Oasis

**6181 Mission Street
Daly City, CA 94014**

Ph. (650) 243-4858

Fax (650) 243-4851

www.aars-inc.org

(Outpatient)

Provides outpatient alcohol and drug treatment services to adolescents and their families. Services are free in most cases, and include individual and family counseling, relapse prevention, and may include anger management. Serves an ethnically diverse client population with special expertise in treatment for Asian and Pacific Islander Clients. Offers services in English and Tagalog.

El Centro de Libertad, The Freedom Center

500 Allerton

Redwood City, CA 94063

Ph. (650) 599-9955

Fax (650) 599-9273

(Outpatient)

El Centro Coast side

225 S. Cabrillo Highway, Bldg. "C", Suite 200

Half Moon Bay, CA 94019

Ph. (650) 560-9995

El Centro de Libertad, The Freedom Center

Offers adolescent outpatient and intensive outpatient bilingual and bi-cultural individual and group alcohol and drug abuse counseling in Spanish and English. Also provides family education groups, gender specific groups, behavioral modification, relapse prevention, anger management and aftercare.



Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

**ALCOHOL & OTHER DRUG
ADOLESCENT TREATMENT and RECOVERY SERVICES**

Our Common Ground (Outpatient and Residential)

**631 Woodside Road
Redwood City, CA 94061
Ph. (650) 367-9030
Fax (650) 367-9032**

A residential substance abuse and mental health program for adolescent boys and girls. Works closely with the families of the clients. Services include family therapy, onsite non-public school, day treatment services, individual and group counseling, trauma and mental health counseling, anger management, case management, job and social skills, and aftercare services.

Pyramid Alternatives, Inc. (Outpatient)

**480 Manor Plaza
Pacifica, CA 94044
Ph. (650) 355-8787
Fax (650) 355-8780
www.pyramidalternatives.org**

Provides mental health and substance abuse counseling, and violence prevention in many locations including four offices in San Bruno, South San Francisco, Pacifica and Half Moon Bay.

Services include group and individual counseling, family counseling, and case management. Treatment components include psycho-education, motivational interviewing, healthy relationships, communication skills and strengthening family relationships.



COUNTY OF SAN MATEO DUI PROGRAM

San Mateo County has 5-licensed DUI programs that provide first and / or multiple offender program services throughout San Mateo County. These programs are designed to enable participants to consider attitudes and behavior, support positive lifestyle changes, and reduce or eliminate the use of alcohol and / or drugs. One convicted of a DUI Offense, individuals will be mandated to complete one of the following programs based on the offense:

WET and RECKLESS (WRP) ~ (BAC .08 or lower)

FIRST OFFENDER PROGRAM (FOP) ~ 3 months (BAC .08 or higher)

FIRST OFFENDER PROGRAM (FOP) ~ 6 months (BAC. 08 or higher)
This program is slowly phasing out. It was replaced with the 9 month program.

FIRST OFFENDER PROGRAM (FOP) ~ 9 months (BAC. 20 or higher)

MULTIPLE OFFENDER PROGRAM (MOP) ~ 18 months
First 12 months: core program



COUNTY OF SAN MATEO DUI PROGRAM-cont...

SAN MATEO COUNTY DUI PROVIDERS

FREE at LAST

WRP/FOP
 1796 Bay Road
 East Palo Alto
 Ph. (650) 462-6999
 www.freeatlast.org

PYRAMID ALTERNATIVES

WRP/FOP/MOP
 480 Manor Plaza
 Pacifica
 Ph. (650) 355-8787
 www.pyramidalternatives.org

SITIKE COUNSELING CENTER

WRP/FOP
 306 Spruce Avenue
 South San Francisco
 Ph. (650) 589-9305
 www.sitike.org

STARVISTA

WRP/FOP
 610 Elm St., Suite 212
 San Carlos
 Ph. (650) 591-8623
 www.star-vista.org

OCCUPATIONAL HEALTH SERVICES

WRP/FOP/MOP
 1941 O' Farrell, Suite 114
 San Mateo, CA 94403

MOP ONLY
 615 Bradford Street
 Redwood City, CA 94063

DUI follows highly regulated statutes and regulations, if you or your clients have questions, please contact Denise Mosely, DUI Coordinator at ph. (650) 802-6424 or contact via e-mail dmosely@co.sanmateo.ca.us



RESOURCES

Alcoholics Anonymous (AA)

**2242 Palm Avenue
 San Mateo, CA 94403
 Ph.(650) 577- 1310
 www.aa-san-mateo.org**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

AIDS Community Resource Consortium (ACRC)

(Syringe Access Program)

**1048 El Camino Real
 Redwood City, CA 94063
 Ph. (650) 364-6563
 Toll Free 1(800) 864-2272
 Fax (650) 364-9001**

All sites offer FREE sterile syringe exchange and safe injection supplies, condoms and safe sex supplies, and referrals to additional services at all locations or call 650-364- 6563.

Schedule and Sites:

- Sundays: ACRC Office 1048 El Camino Real 2:00pm - 4:30pm
 Redwood City
- Tuesdays: 8th Ave. and Middlefield Rd. 2:00am - 3:30pm
 Redwood City
- Thursdays: Maple Ave. and Grand Ave. 2:00pm - 4:30pm
 South San Francisco
 East Bayshore Rd. and Dore Ave. 5:00pm - 7:30pm
 San Mateo
- Fridays: ACRC 1048 El Camino Real 6:00pm - 9:00pm
 Redwood City

****Syringe exchange is also available by appointment: Monday - Saturday.**

AIDS Community Resource Consortium (ACRC)-cont....

*****Syringe exchange is also available by appointment***

Monday - Saturday

Call Megan Oday at 650-483-4187.



RESOURCES-cont...

AIDS Program-San Mateo County

Client Services and Clinics

222 - 39th Avenue, 1st Floor

San Mateo, CA 94403

Ph. (650)573-2385

Fax (650) 573-2474

Provides HIV testing, counseling, and education to participants of county contracted alcohol and drug treatment programs. In addition, provides medical care and early intervention services to people involved in active substance use.

Alanon and Alateen

P.O. Box 614

Redwood City, CA 94063

South and Central County Ph. (650) 592-7935

North County Ph. (650) 873-2356

www.al-anon.alateen.org

In Al-Anon and Alateen, members share their own experiences, strength, and hope with each other. You will meet others who share your feelings and frustrations, if not your exact situation. We come together to learn a better way of life, to find happiness whether the alcoholic is still drinking or not.

Cocaine Anonymous (CA)

Ph. (415) 821-6155

www.ca.org

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from the use and abuse of cocaine. The only requirement for membership is a desire to stop the use.



RESOURCES-cont...

California Tobacco Helpline

Ph. 1 (800) 844-CHEW (800-844-2439)

Offers support, counseling, information, education and resources for individuals interested in stopping or cutting back their tobacco use.

Crystal Meth Anonymous (CMA)

www.bayareacma.org

www.crystalmeth.org

Crystal Meth Anonymous is a fellowship of men and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how can we help.

Narcotics Anonymous (NA)

P.O. Box 5333

San Mateo, CA 94402

Ph. (650) 802-5950

www.norcalna.org

Narcotics Anonymous is a fellowship of man and women who are learning to live without drugs. We meet regularly to help each other stay clean. We are not interested in what you have done in the past, only in what you want to do about your problem and how can we help.

Network of Care

County of San Mateo

www.sanmateo.networkofcare.org

Network of Care is a comprehensive, Internet-based community resource for people with mental illness, as well as their caregivers and service providers. This easy-to-use Web site provides an extensive directory to put people in touch with the right services at the right time. It also offers vital information about diagnoses, insurance and advocacy, as well as daily news from around the world concerning mental health. This unique, one-stop information tool enables you to find pertinent mental health Web sites, keep personal records, and communicate directly with elected officials to make your voice heard in the legislative halls.



RESOURCES-cont...

Office of Consumer and Family Affairs

Ph. 1(800) 388-5189

www.smhealth.org/bhrs/ocfa

The office of Consumer and Family Affairs (OCFA) provides a way for San Mateo County Behavioral Health and Recovery Services clients / consumers and their family members to participate and have a voice in the creation and review of policies and service. The OCFA facilitates access to the grievance and problem resolution process, and is dedicated to training, supporting and educating the Behavioral Health System about consumer and family culture.

Psychiatric Emergency Services (PES)

1950 Alameda de las Pulgas

San Mateo, CA 94403

650) 573-2662

Intensive psychotherapy program that treats people who are experiencing acute psychological distress. Provides treatment, consultation, assessment, information and diagnoses.

Prenatal to Three Initiative (Prenatal Addiction Outreach Team)

2000 Alameda de las Pulgas

San Mateo, CA 94403

Ph. (650) 573-2502

Fax (650) 341-0674

Home visiting case management to San Mateo County pregnant and parenting women (adult or teen) with child under the age of three with substance abuse concerns. Services include comprehensive alcohol and drug assessment, motivational counseling, full pre-treatment services, referrals and linkages to treatment programs, prenatal / pediatric care, medical services, child care, WIC program, etc.



RESOURCES-cont...

San Mateo County BHRS ACCESS / Call Center
310 Harbor Boulevard, Building E
Belmont, CA 94002
Ph. 1-800-686-0101

Provides information and referrals about mental health and substance abuse resources in San Mateo County.

San Mateo County Juvenile Probation
222 Paul Scannell Drive
San Mateo, CA 94402
Ph. (650) 312-8816

Provides juvenile drug court services which include intervention services, parenting and education classes for parents of juvenile drug offenders, urine analyses, and monitoring and supervision of compliance with court orders by participants in Juvenile Drug Court.

Service League of San Mateo County
727 Middlefield Road
Redwood City, CA 94063
Ph. (650) 364-4664
Fax (650) 365-6817
www.serviceleague.org

A private, nonprofit corporation which provides rehabilitative and social services to county jail inmates, their families and those recently released from jail or prison. We provide services and programming within the jail facilities, community services encompassing services for persons released from jail or for families of inmates and ex-inmates, religious services and spiritual programs within the jail facilities,

Hope House Residential alcohol and other drug programs for women and their infants, transitional housing for women graduating from the Hope House Program and Hope Houses for men, transitional housing for men being released from the jail facilities. We coordinate all activities such as 12-step meetings and other recovery based groups within all the county jails, by assisting with jail clearances, procedures, and scheduling. Hours are Monday to Friday from 8:00 a.m. to 5:00 p.m.



RESOURCES-cont...

Service League of San Mateo County
727 Middlefield Road
Redwood City, CA 94063
Ph. (650) 364-4664
Fax (650) 365-6817
www.serviceleague.org

A private, nonprofit corporation which provides rehabilitative and social services to county jail inmates, their families and those recently released from jail or prison. We provide services and programming within the jail facilities, community services encompassing services for persons released from jail or for families of inmates and ex-inmates, religious services and spiritual programs within the jail facilities,

Hope House Residential alcohol and other drug programs for women and their infants, transitional housing for women graduating from the Hope House Program and Hope Houses for men, transitional housing for men being released from the jail facilities. We coordinate all activities such as 12-step meetings and other recovery based groups within all the county jails, by assisting with jail clearances, procedures, and scheduling. Hours are Monday to Friday from 8:00 a.m. to 5:00 p.m.

The ADAPT Foundation
Box 1052
San Carlos, CA 94070
Ph. (650) 245.8489
adaptfoundation.org

Together with others who cope with an addicted loved one, we grow through the collective sharing of experiences and insights in a positive environment.

Our Friends and Family Program helps relieve turmoil and anxiety while promoting healing as we become aware of the beliefs and experiences that form our own behavior and understand how addiction and the trauma of it have may have changed us into someone we no longer know.

Freed from the chaos addiction causes, we identify healthy ways of coping and begin to take care of ourselves.



RESOURCES-cont...

The Voices of Recovery Center (VOR)

310 Harbor Blvd, Bldg., E

Belmont, CA 94002

Ray Mills

Ph. (650) 630-4211

Ph. (650) 802-6552

Fax: (650) 592-5375

rmills@voicesofrecovery-sm.org

Voices of Recovery San Mateo County (VORSMC) creates peer-led opportunities for education, wellness, advocacy and support services for individuals in or in need of long term recovery from alcohol and other drug addictions, equally sharing these opportunities and support services with impacted families.

Vocational Rehabilitation Services (VRS)

550 Quarry Road

Belmont, CA 94002

Ph. (650) 596-1025

Fax (650) 508-0782

Provides skills assessment, vocational testing, individual and group counseling, development of individual long- and short-term vocational goals toward self-sufficiency, referral to training programs, and job development and placement for participants of county-contracted alcohol and drug treatment programs.



**SOBER LIVING ENVIRONMENTS (SLE)-cont...
AND AOD SUPPORTING HOUSING**

Sober Living Environments or “SLEs” are independently and privately owned and operated homes. They are typically for single men and women who have completed a recovery program or are serious about their recovery. SLE services can vary and can offer a wide range of accommodations. Please call the program directly for further information on intake, monthly rent, eligibility and other inquiries.

**Catherine’s Center, South San Francisco
Christina Lopez**

Ph. (650) 246-1520

Referrals directly from Jail or Prison; Clean and Sober; Completion of TX or actively participating in TX; Commit to staying 6-12 months; Work with Case Manager; Submit random UA’s.

Free at Last, Palo Alto & Mountain View

Ph. (650) 462-6999

Graduate of Free at Last res., Clean and Sober; Actively attending AA/NA; employed or ability to pay rent; Submit random UA’S.

Gateway, Redwood City, Menlo Park

John Wyles (Owner)

Ph. (415) 892-6852

Clean and Sober; Active in NA/AA; employed or has ability to pay; Submit random UA’s. No narcotic-based medications.

Lifeline Services, East Palo Alto, Redwood City

Toby Coates

Ph. (650) 714-8827

Clean and Sober; Active in NA/AA; employed or has ability to pay; Submit random UA’s. No narcotic-based medications.

Our Common Ground, Belmont

Rosalind Walton

Ph. (650) 325-6466

Completion of OCG TX. Clean and Sober . Employed or ability to pay rent. If unemployed, actively seeking employment. Submit to random UA’s. Attend weekly aftercare and house meetings.



**SOBER LIVING ENVIRONMENTS (SLE)-cont...
AND AOD SUPPORTING HOUSING**

Project 90, San Mateo, South San Francisco
Stacey White
Ph. (650) 333-8574

Clean and Sober; Actively attending AA/NA; employed or ability to pay rent; Submit random UA's.

Serenity House, San Mateo
Julie Archer
Ph. (650) 430-6445

Clean and Sober; Actively attending AA/NA; employed or ability to pay rent; Submit random UA's.

Service League, Redwood City
Wendy Roman
Ph. (650) 363-8735

Clean and Sober; Completion of TX or actively participating in TX or in Recovery; participate in Case Management services and attend NA/AA meetings; Commit to staying 30-days; employed or has ability to pay; Submit random UA's.

The Latino Commission, Daly City
Camillo Gonzalez
Ph. (650) 244-0305

Clean and Sober; Completion of Latino Commission TX or actively participating in TX; attend NA/AA meetings; Commit to staying 60 days; employed or has ability to pay; Submit random UA's.

TLC Clean and Sober Homes, San Mateo
Julie Bento
Ph. (408) 551-8589

Clean and Sober; Completion of TX or actively participating in TX; Commit to staying 60-days; employed or has ability to pay; Submit random UA's.



Alcohol and Other Drug Services
County of San Mateo Behavioral Health and Recovery Services

**SOBER LIVING ENVIRONMENTS (SLE)-cont...
AND AOD SUPPORTING HOUSING**

Womens Recovery Association, San Mateo
Roberta Allen
Ph. (650) 348-6603

Clean and Sober; Completion of TX or actively participating in TX; Commit to staying 60-days; employed or has the ability to pay; Submit random UA's . \$225 deposit.



**COUNTY OF SAN MATEO
ALCOHOL & OTHER DRUG SERVICES
BEHAVIORAL HEALTH AND RECOVERY SERVICES**

DIRECTOR, BHRS

Stephen Kaplan Director, BHRS (650) 573-3609

MANAGER AOD / BHRS

Clara Boyden AOD Manager II (650) 802-5101

Paula Nannizzi AOD Manager I (650) 802-6468

SUPERVISOR AOD / BHRS

Christine O'Kelly AOD Supervisor (650) 802-6413

Diana Hill AOD Supervisor (650) 802-7695

Eliseo Amezcua AOD Supervisor (650) 802-6437

CASE MANAGER AOD / BHRS ASSESSMENT SPECIALIST

Billie Teall Case Mgt./Assessment Specialist (650) 802-6541

Byron Hudson Case Mgt./Assessment Specialist (650) 802-6511

Giovanna Giron Bonds Case Mgt./Assessment Specialist (650) 802-6512 / 650-573-2826

Mark Korwald Case Mgt./Assessment Specialist (650) 802-6429

Mark Mosely Case Mgt./Assessment Specialist (650) 312-8971

Moises Guerrero Case Mgt./Assessment Specialist (650) 573-3604

Nikki Adams Case Mgt./Assessment Specialist (650) 573-2583

ANALYST II AOD / BHRS

Adrianna Muckel AOD Analyst II (650) 802-6587

Denise Mosely AOD Analyst II (650) 802-6424

Diana Campos Gomez AOD Analyst II (650) 802-6414

Lorelei Bresler AOD Analyst II (650) 802-6432

Sheryl Uyan AOD Analyst II (650) 802-6463

Yadhira Christensen AOD Analyst II (650) 802-6577

ADMINISTRATIVE AOD /BHRS

Isabelle Valberrama Administrative Secretary II (650) 802-6538

Ranjeet Singh Office Specialist (650) 802-7657

Silvia Aguilar Patient Services Assistant II (650) 802-6425

