APPENDIX 3 SAN MATEO COUNTY YOUTH COMMISSION NEEDS ASSESSMENT SURVEY 2006

Appendix 3 Mental Health

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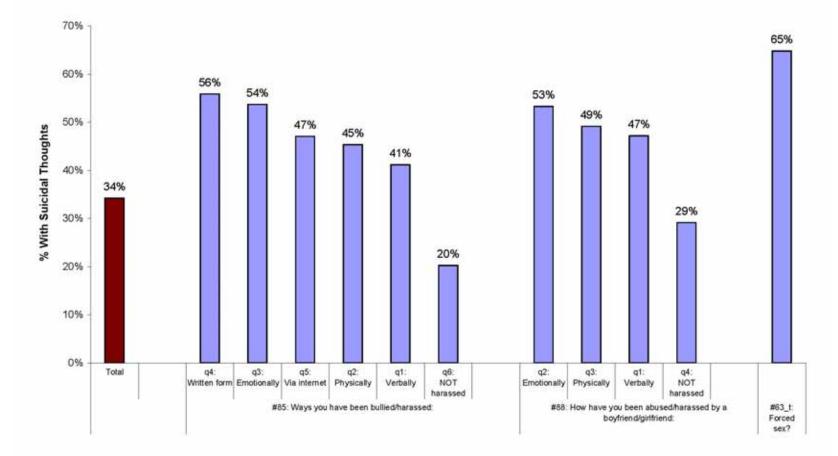
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Mental Health

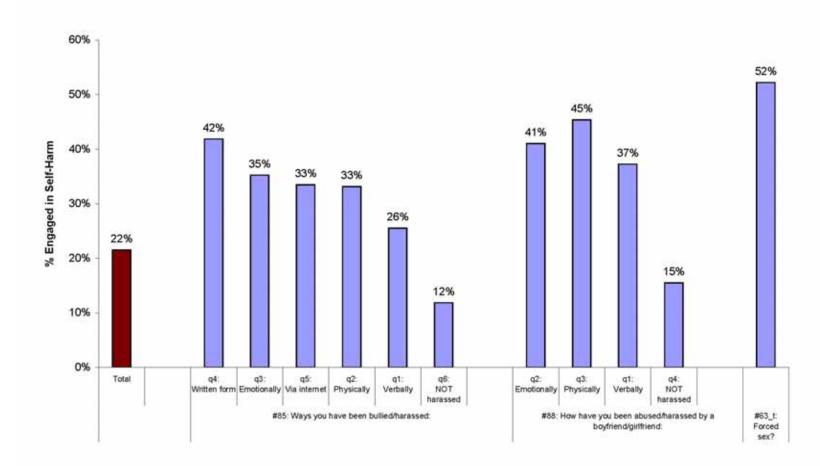
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#5: Have you had suicidal thoughts? Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not abused.



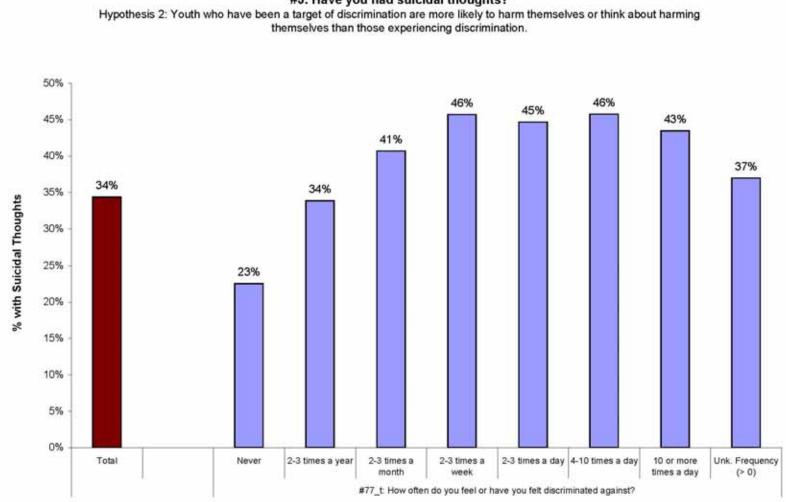
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#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

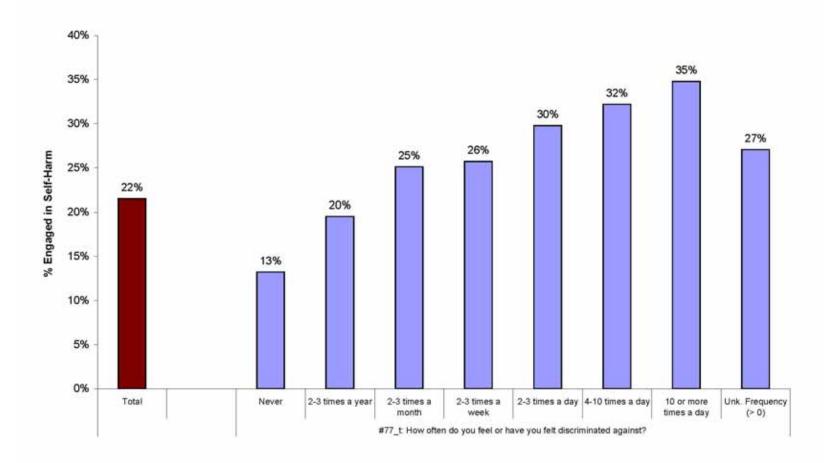
Hypothesis 1: Youth who have been abused/raped are more likely to harm (or think about harming) themselves than those not abused.

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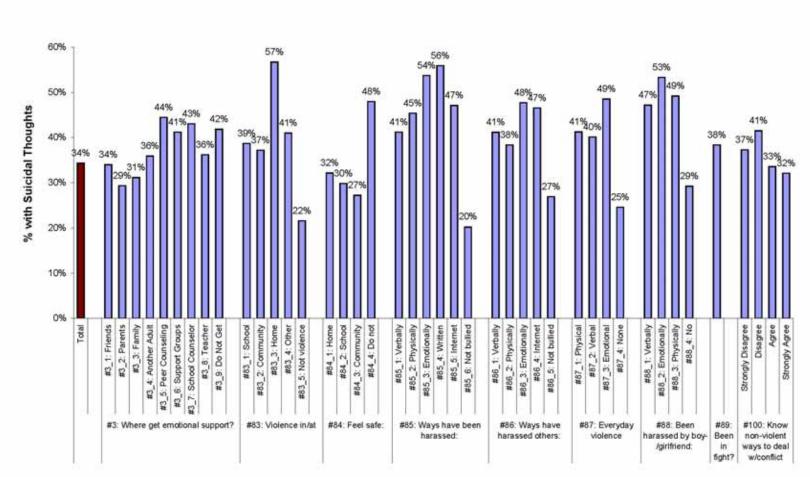
#5: Have you had suicidal thoughts?

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#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)? Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.

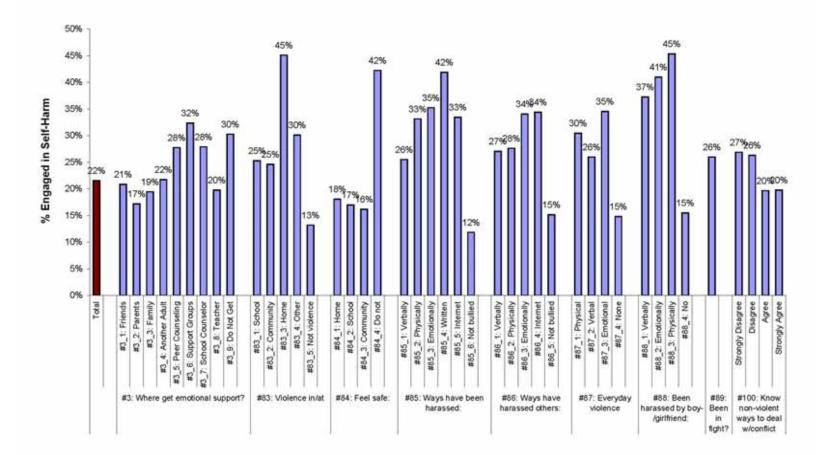
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#5: Have you had suicidal thoughts?

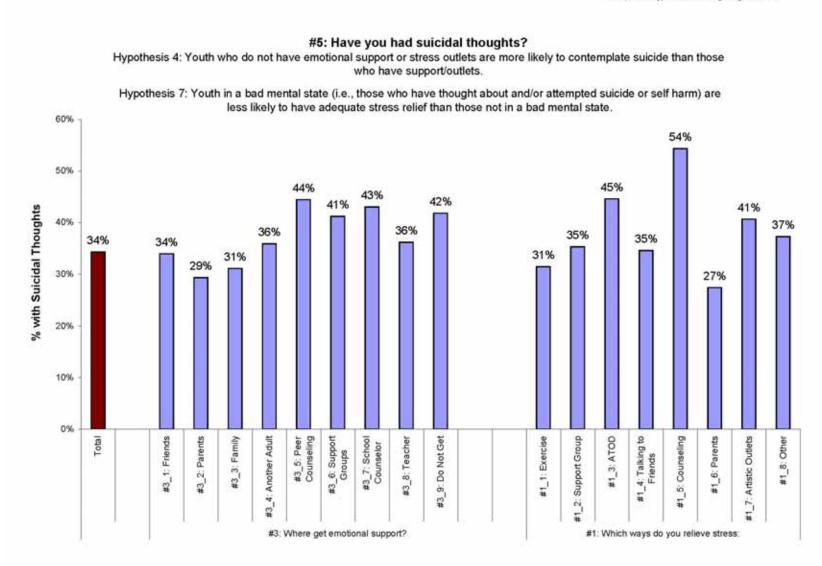
Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.

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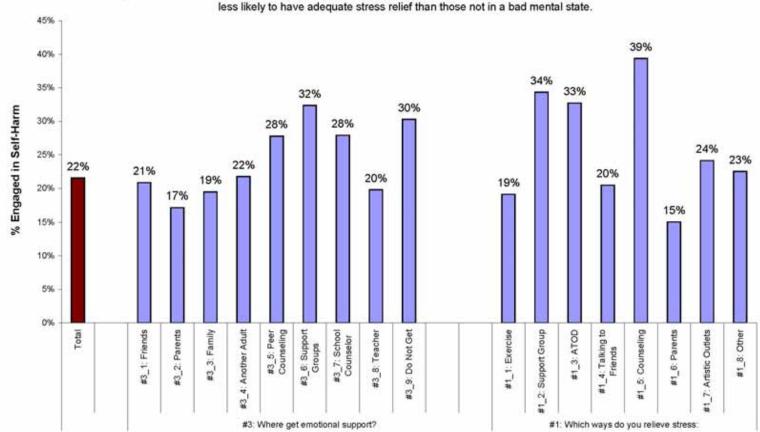


#7: Have you engaged in self-harm? Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflice, & are more likely to have seen/experienced violence than those who do not harm themselves.

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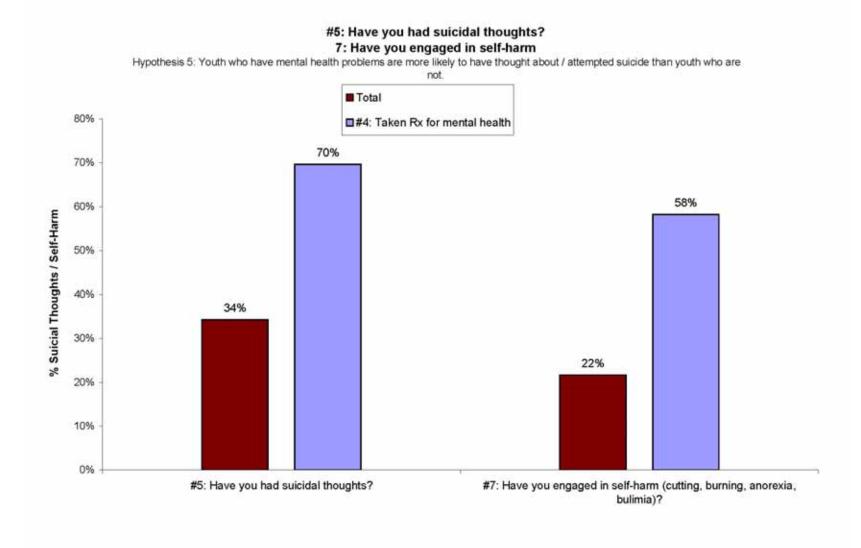
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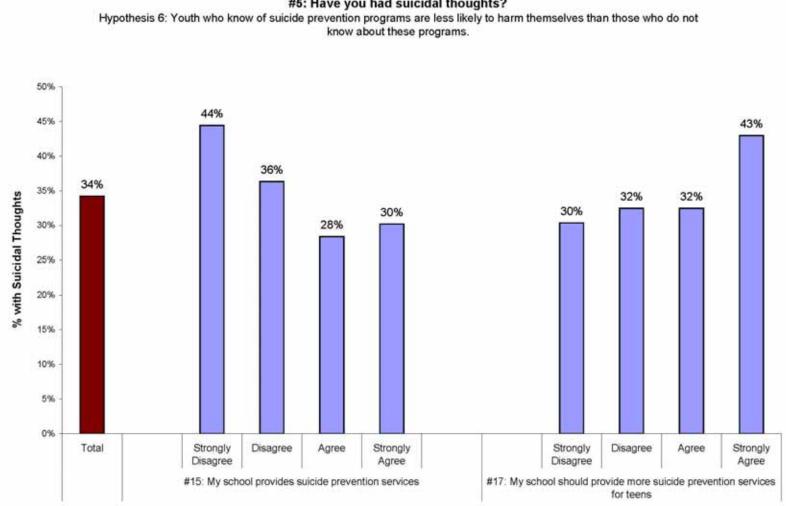
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)? Hypothesis 4: Youth who do not have emotional support or stress outlets are more likely to contemplate suicide than those who have support/outlets.

Hypothesis 7: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are less likely to have adequate stress relief than those not in a bad mental state.

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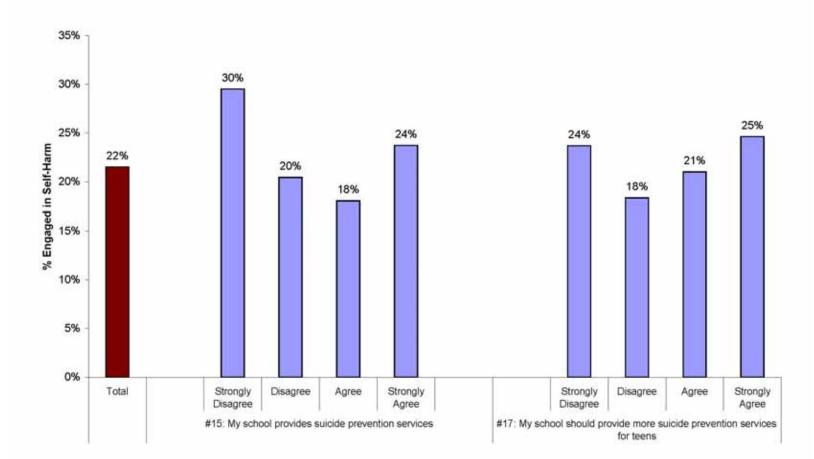


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#5: Have you had suicidal thoughts?

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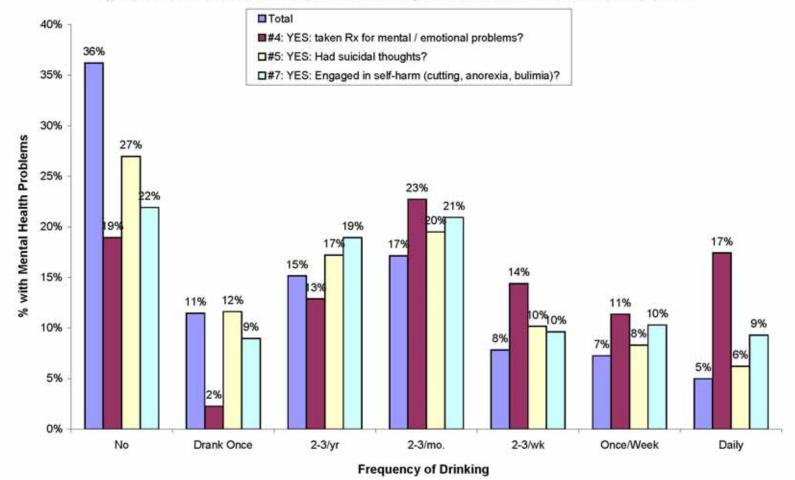
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)? Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.

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Alcohol, Tobacco, and Other Drugs

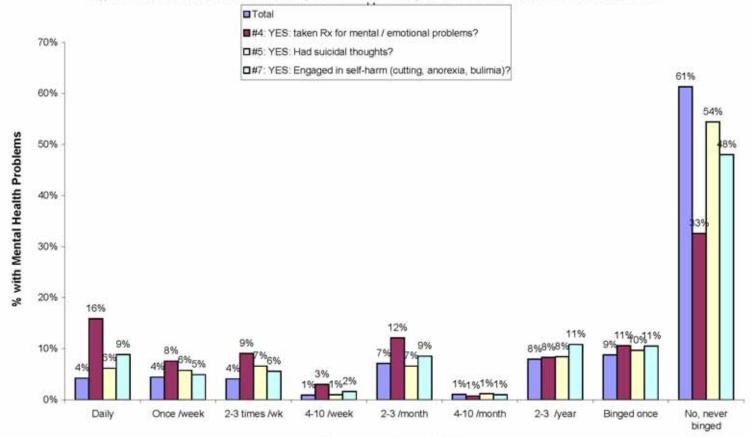
Questions 18 through 43

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#18_t: Frequency of Alcohol Use Hypothesis 1: Youth who have mental health problems are more likely to drink than those who do not have mental health problems.

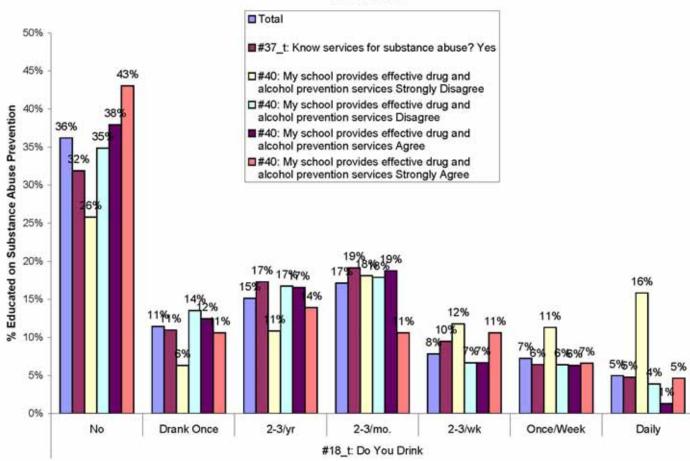
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#19: Do you binge drink? (5+ drinks in a sitting)? Hypothesis 1: Youth who have mental health problems are more likely to drink than those who do not have mental health

Frequency of Binge Drinking

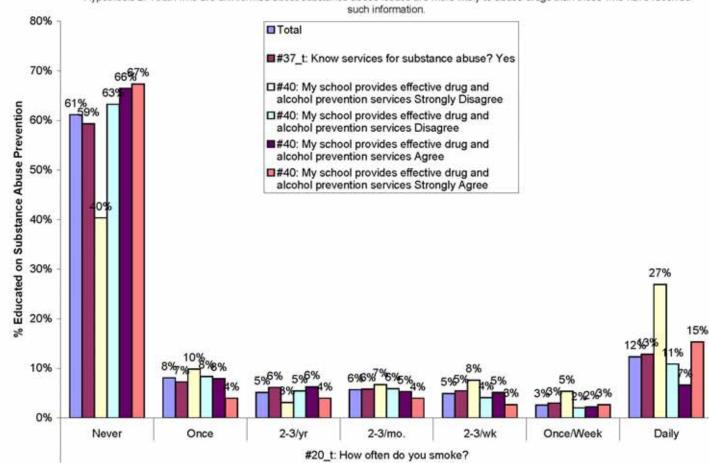
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#18_t: Do you drink?

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

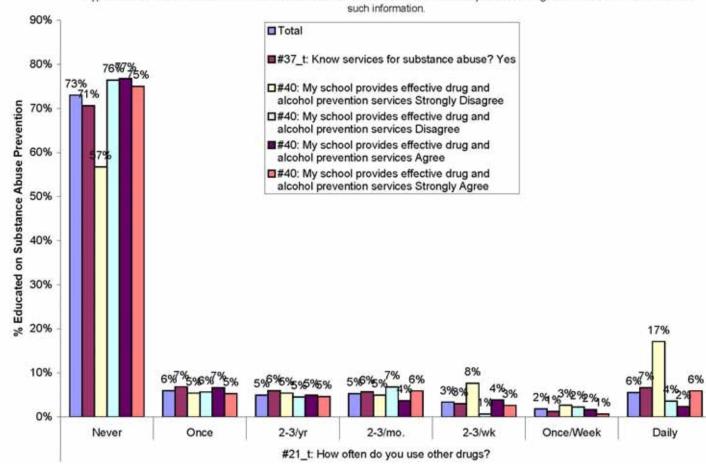
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#20 t: How often do you smoke?

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received

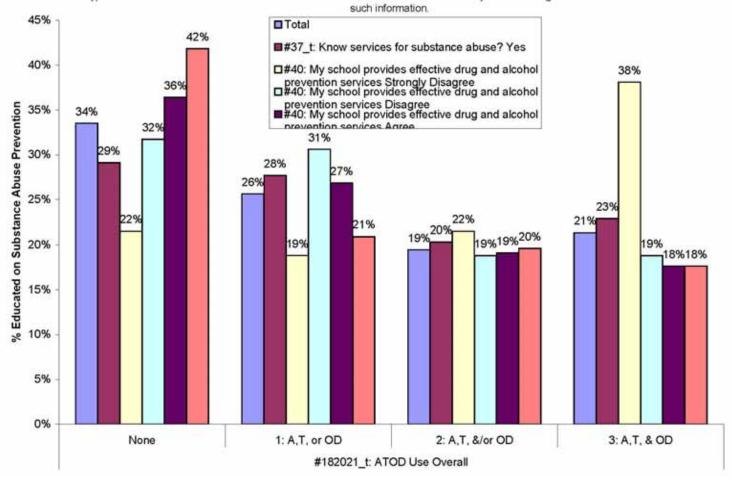
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#21 t: How often do you use other drugs?

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received

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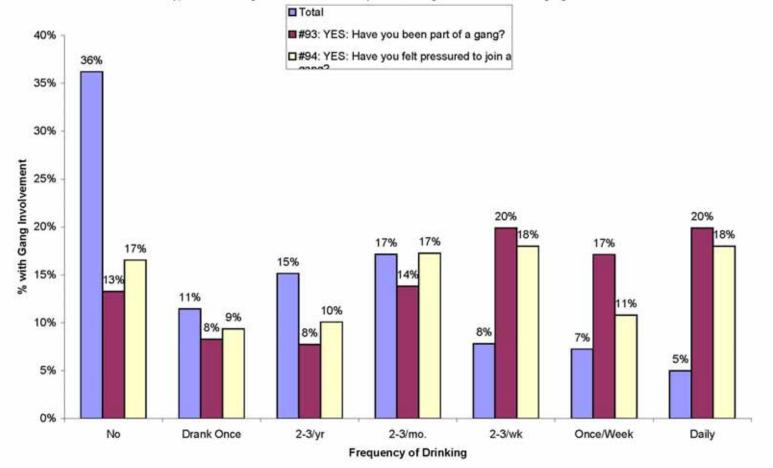


San Mateo County Youth Commission, Needs Assessment Survey 2006

#182021_t: ATOD Use Overall

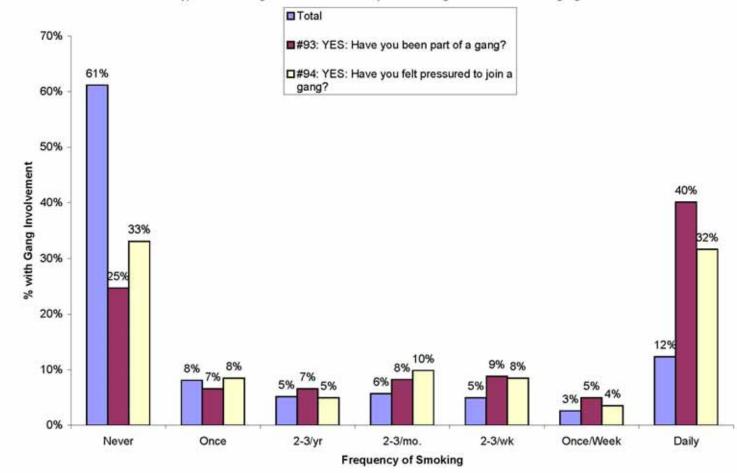
Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received

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#18_t: Do You Drink Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

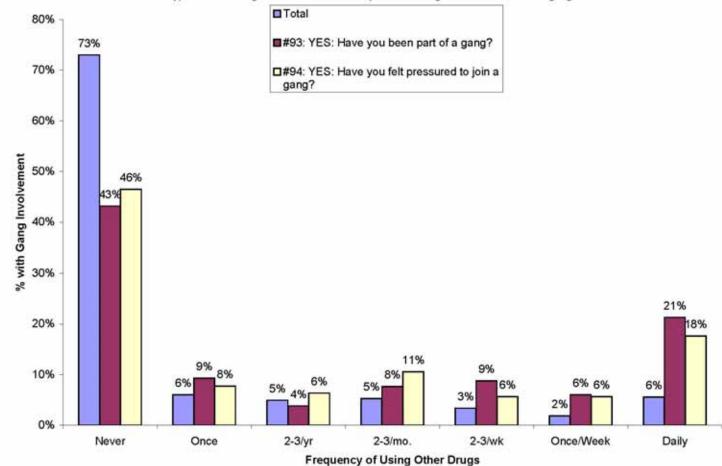
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#20_t: How often do you smoke?

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

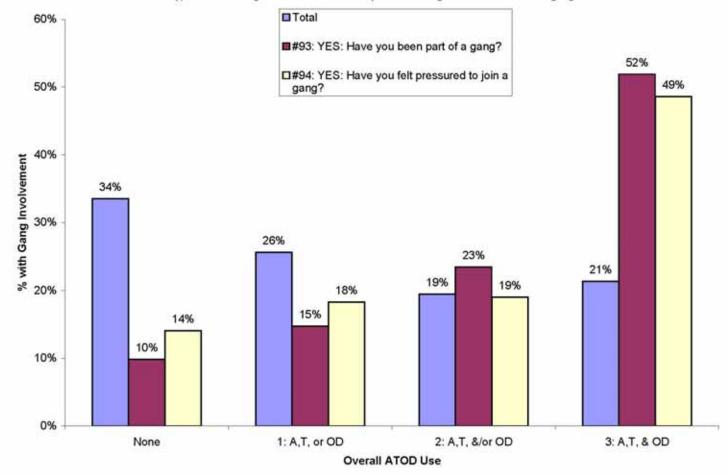
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#21_t: How often do you use other drugs?

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

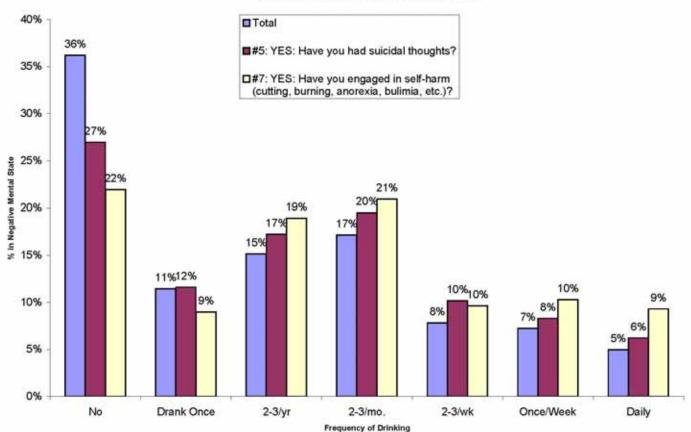
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#182021_t: ATOD Use Overall

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

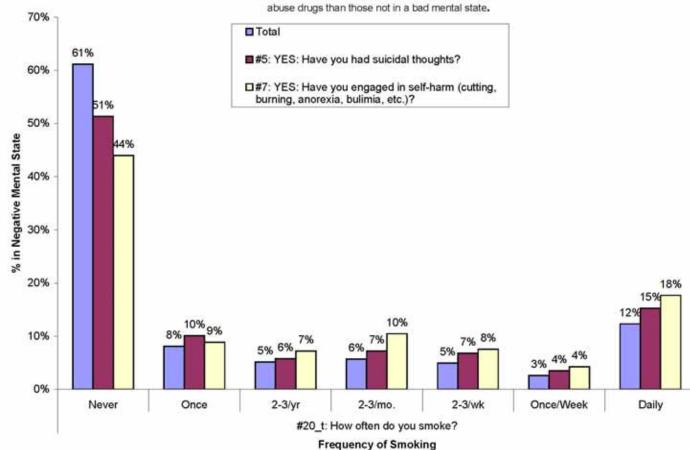
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#18_t: Do you drink?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

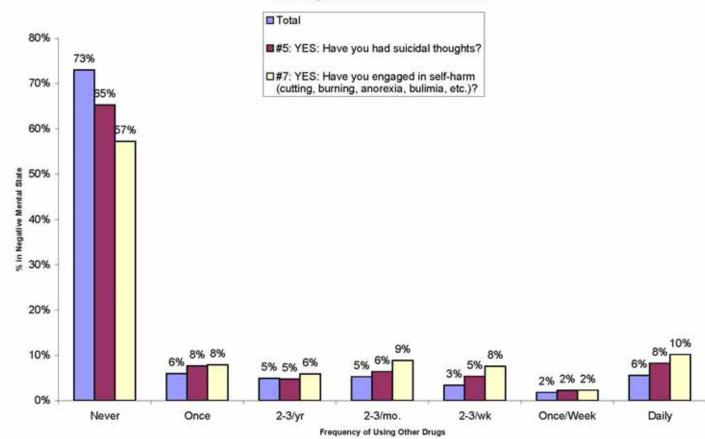
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#20_t: How often do you smoke?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to

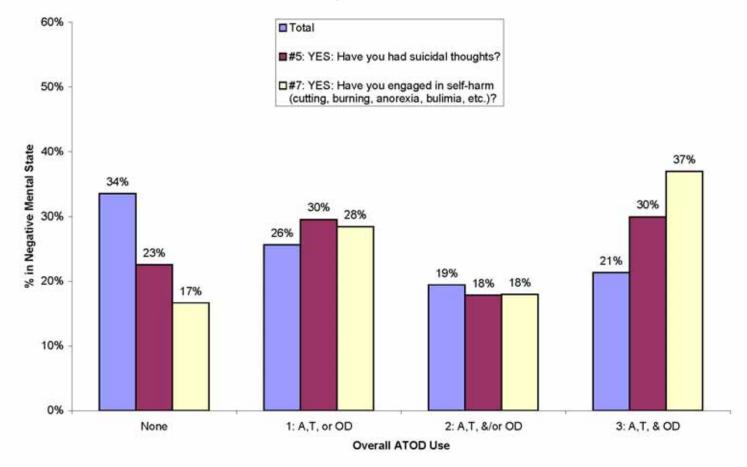
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#21_t: How often do you use other drugs?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

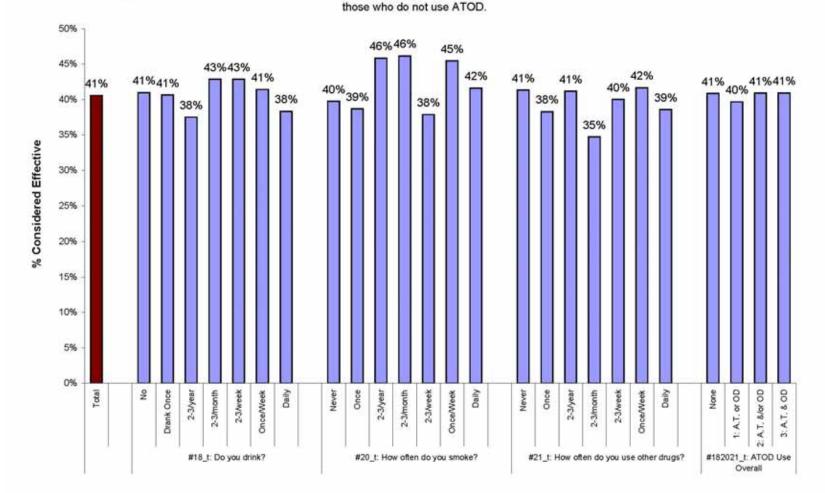
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#182021_t: ATOD Use Overall

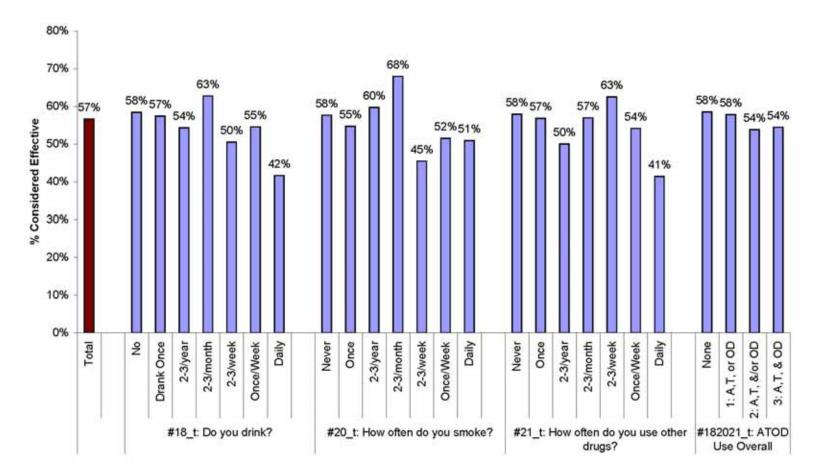
Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

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#43_1: Effective Substance Abuse Prevention: Assemblies Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than

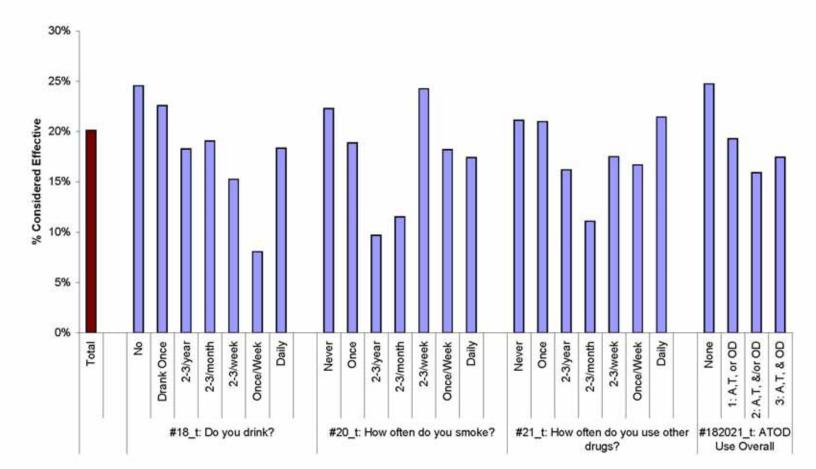
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#43_2: Effective Substance Abuse Prevention: Guest Speakers

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

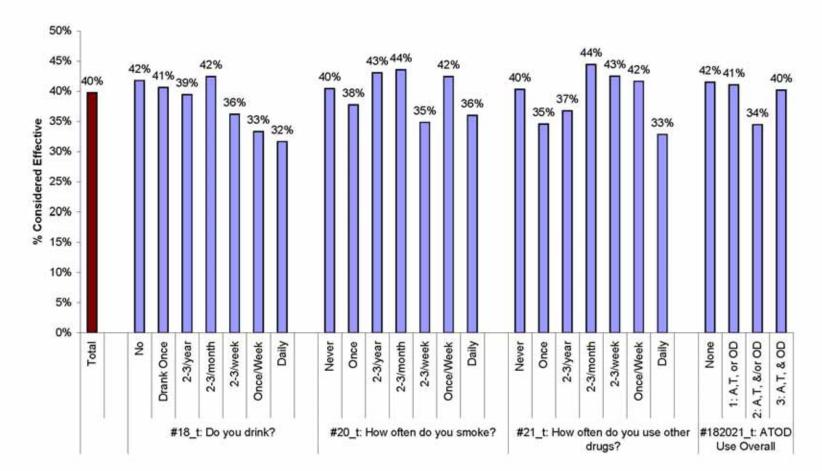
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#43_3: Effective Substance Abuse Prevention: Written Info

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

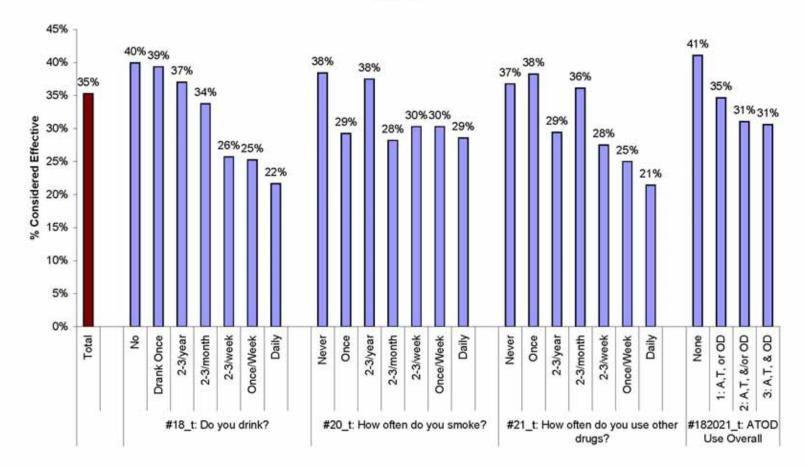
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#43_4: Effective Substance Abuse Prevention: Classroom Presentations

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

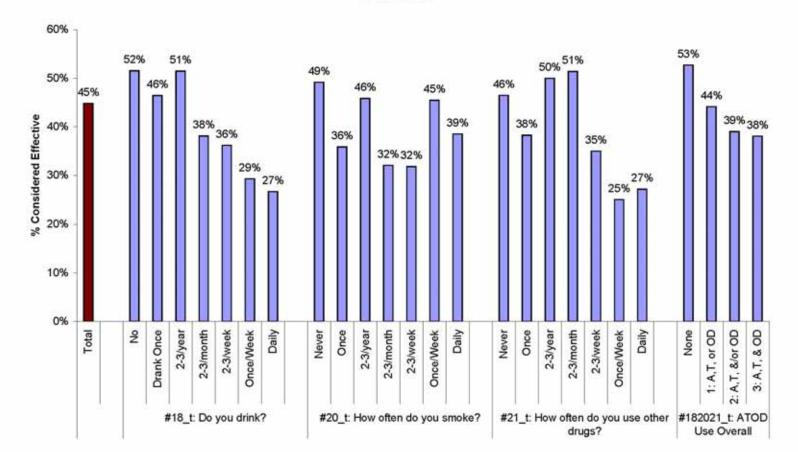
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#43_5: Effective Substance Abuse Prevention: Involvement in Community

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

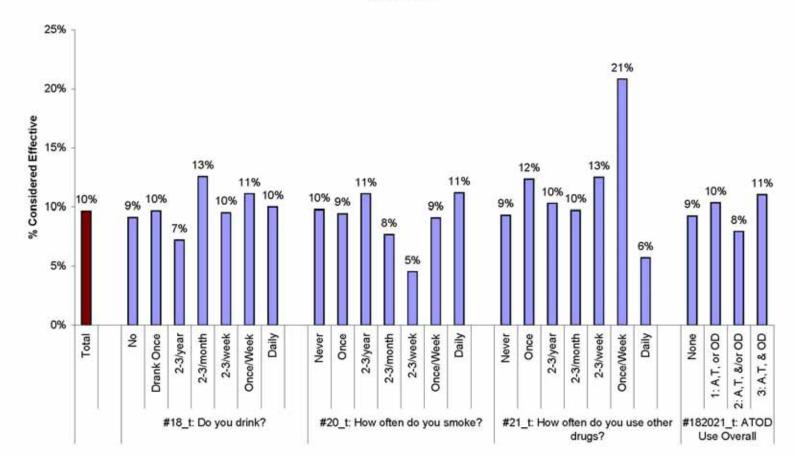
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#43_6: Effective Substance Abuse Prevention: ATOD Free Recreation

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

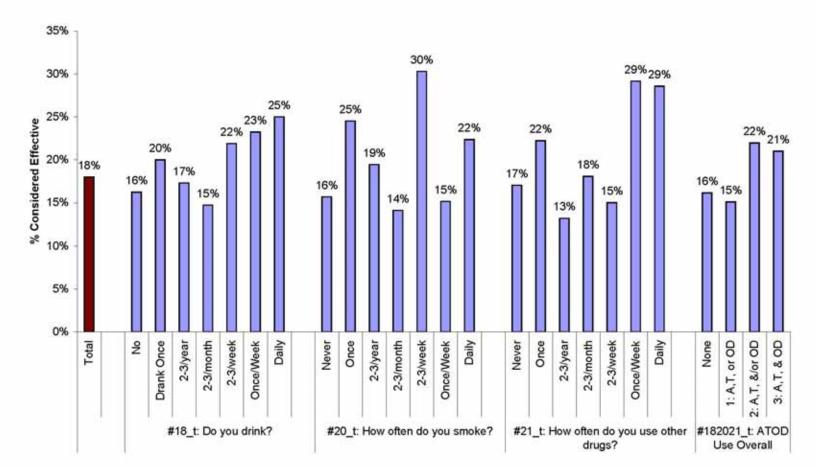
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#43_7: Effective Substance Abuse Prevention: Other

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

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#43_8: Effective Substance Abuse Prevention: None

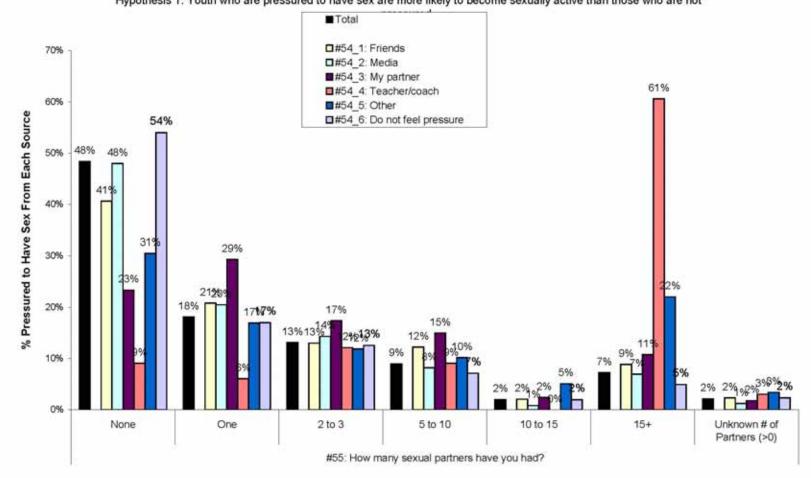
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

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Sex and Sexuality

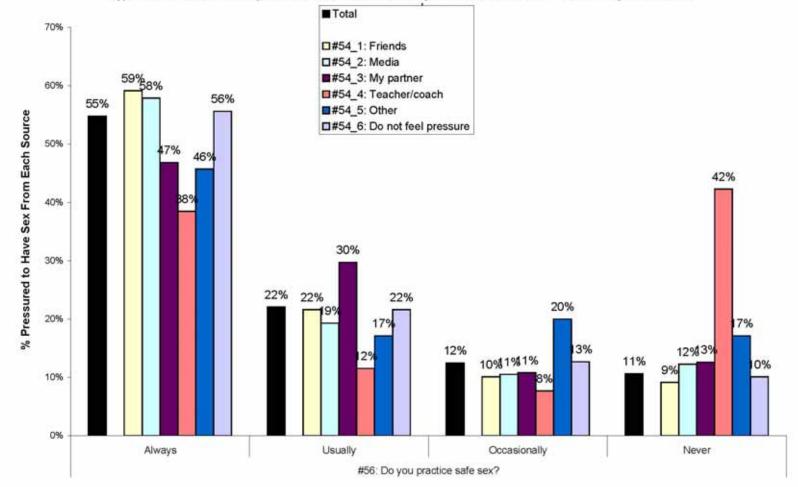
Questions 44 through 73

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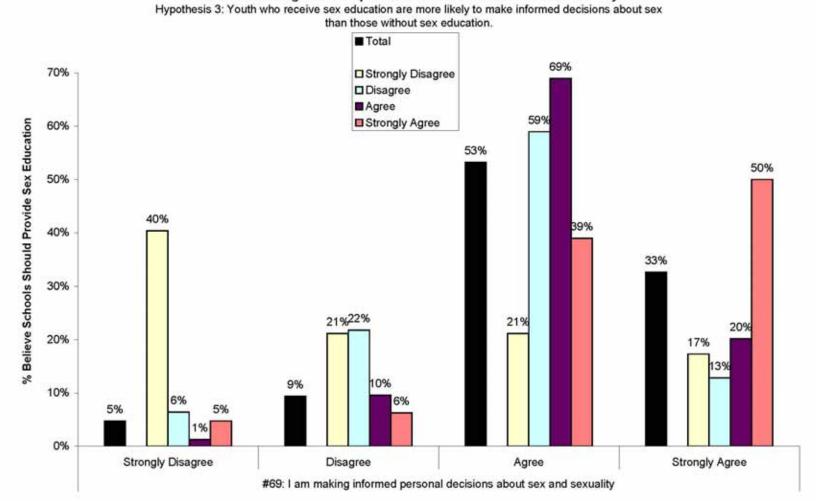
#55: How many sexual partners have you had? Hypothesis 1: Youth who are pressured to have sex are more likely to become sexually active than those who are not

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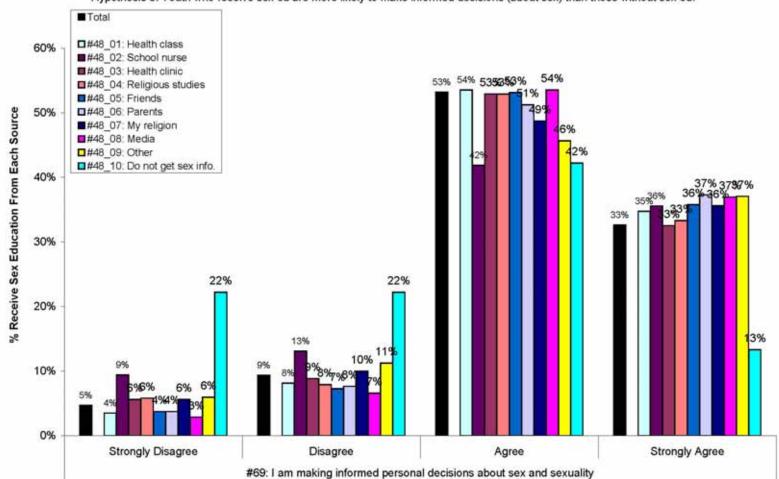
#56: Do You Practice Safe Sex? Hypothesis 2: Youth who feel pressure to have sex are less likely to use birth control than those sexually active but not

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#69: I am making informed personal decisions about sex and sexuality

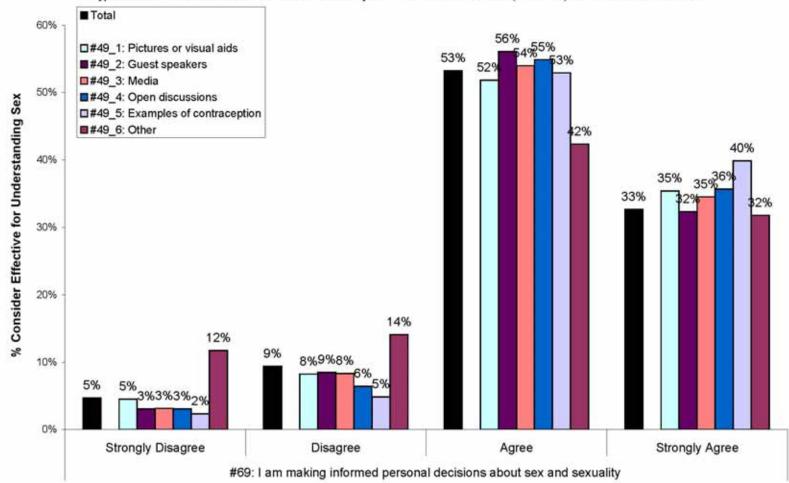
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#69: I am making informed personal decisions about sex and sexuality

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

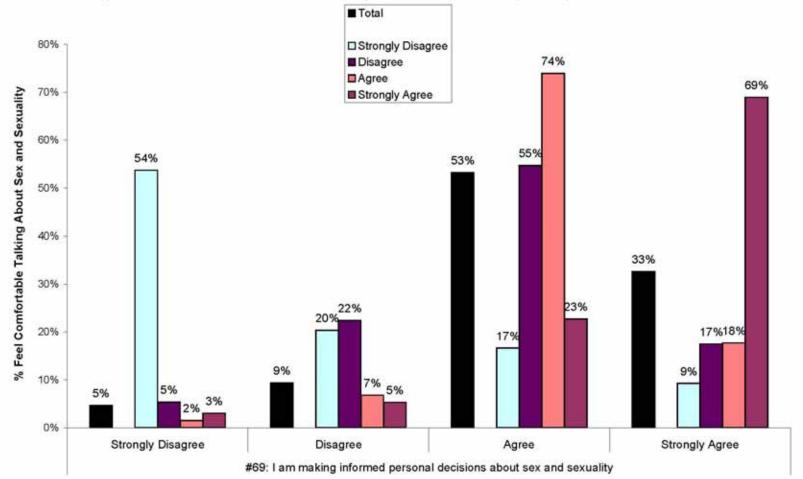
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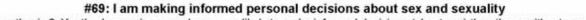


#69: I am making informed personal decisions about sex and sexuality

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

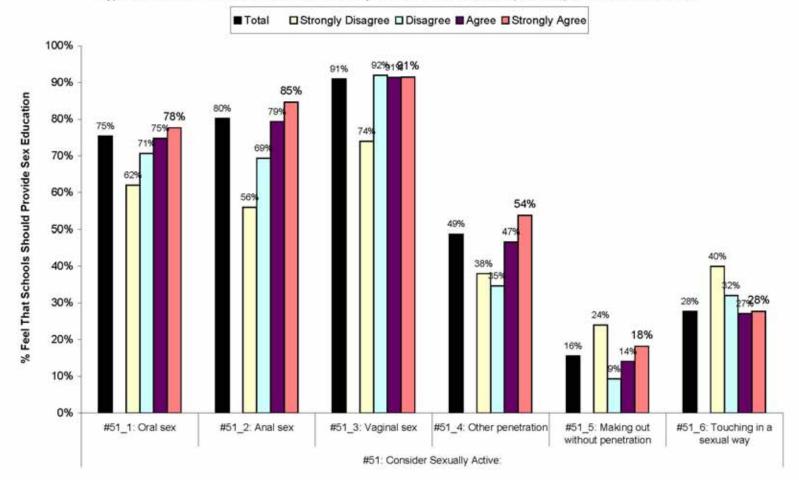
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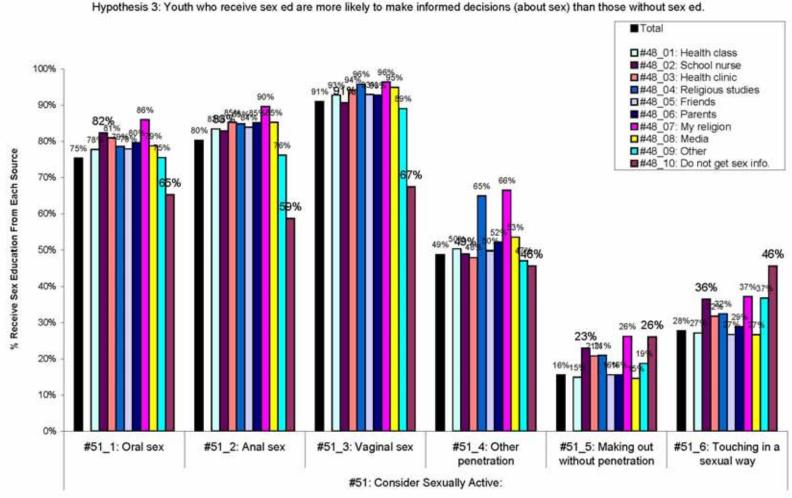
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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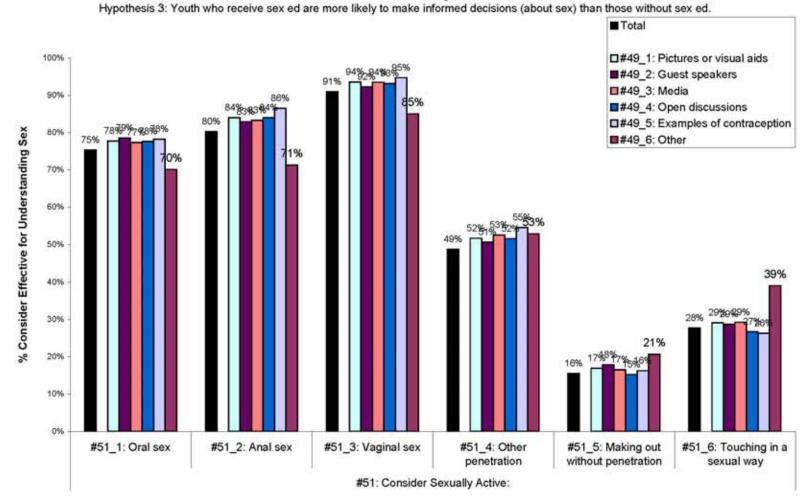
#51: Consider Sexually Active: Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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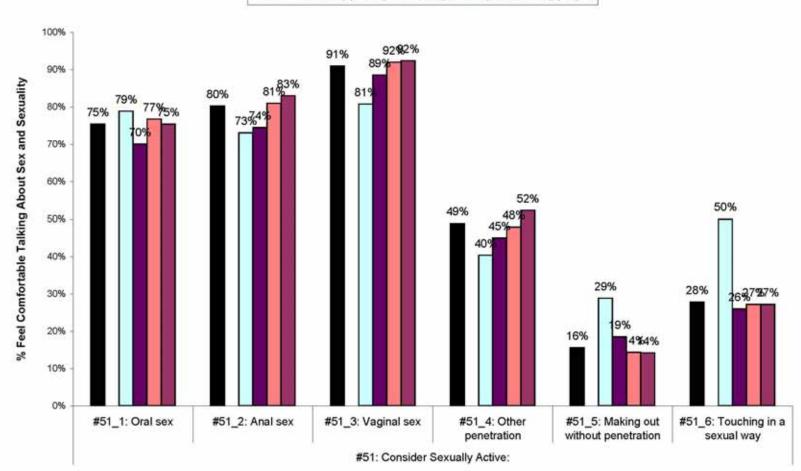
#51: Consider Sexually Active:

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#51: Consider Sexually Active:

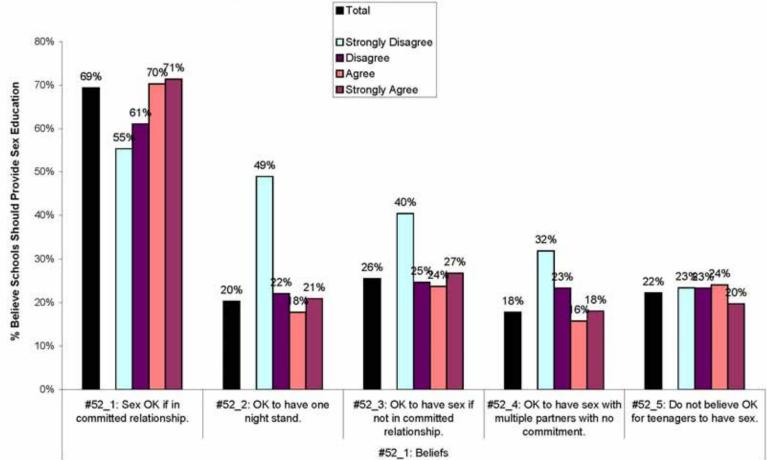
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#51: Consider Sexually Active: Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

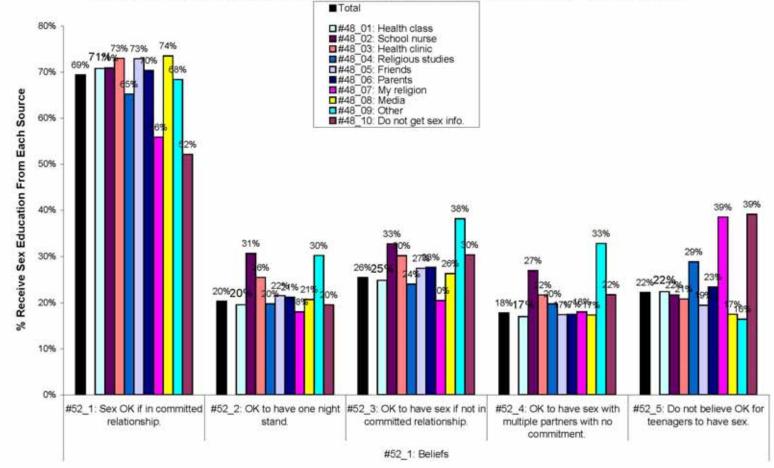
■ Total Strongly Disagree ■ Disagree ■ Agree ■ Strongly Agree

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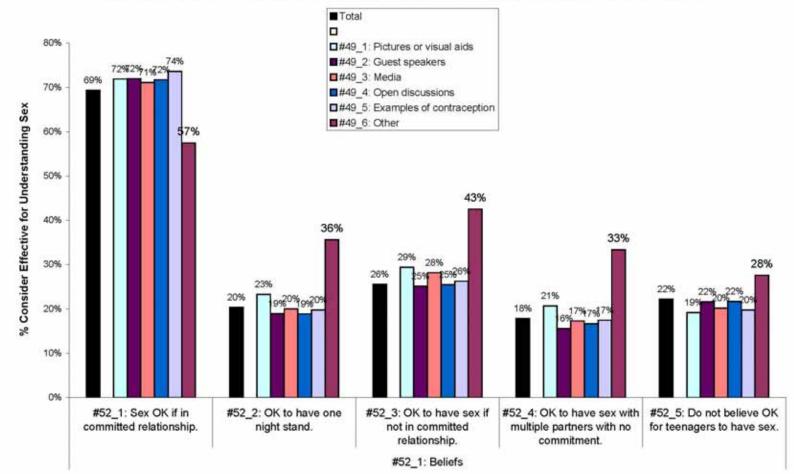
#52_1: Beliefs Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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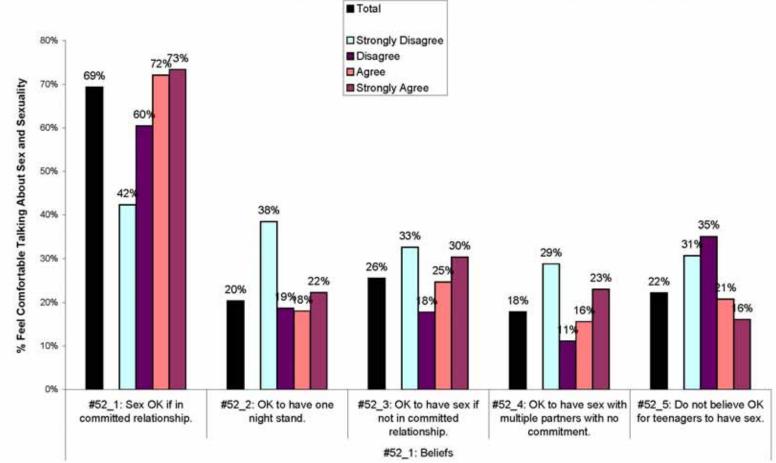
#52_1: Beliefs Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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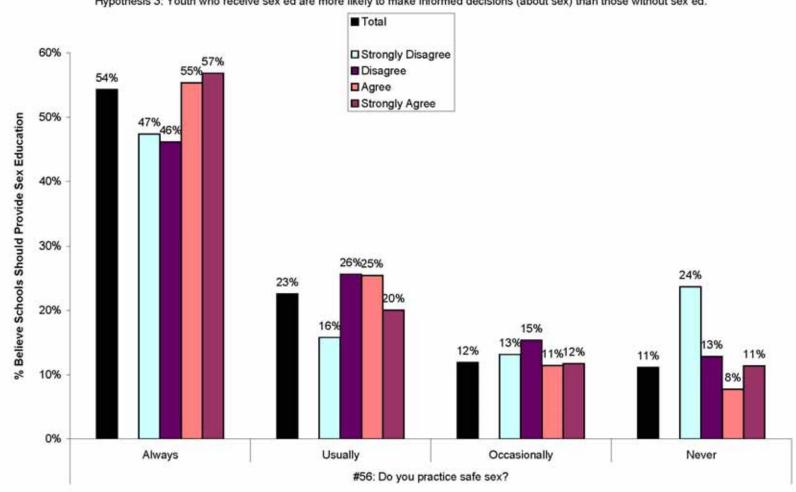
#52_1: Beliefs Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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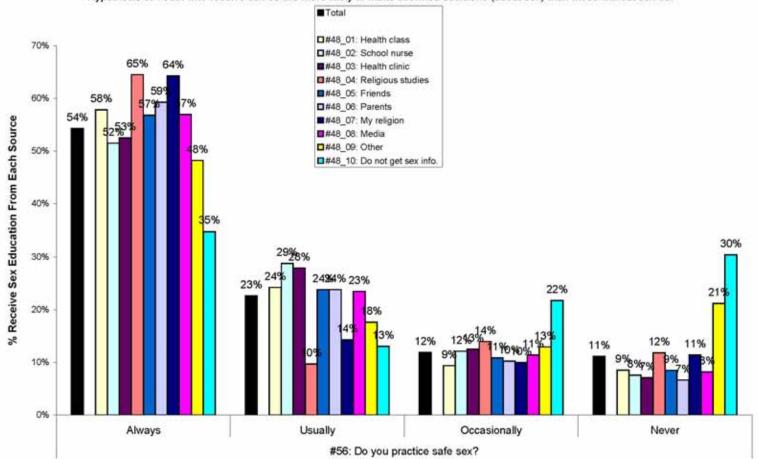
#52_1: Beliefs Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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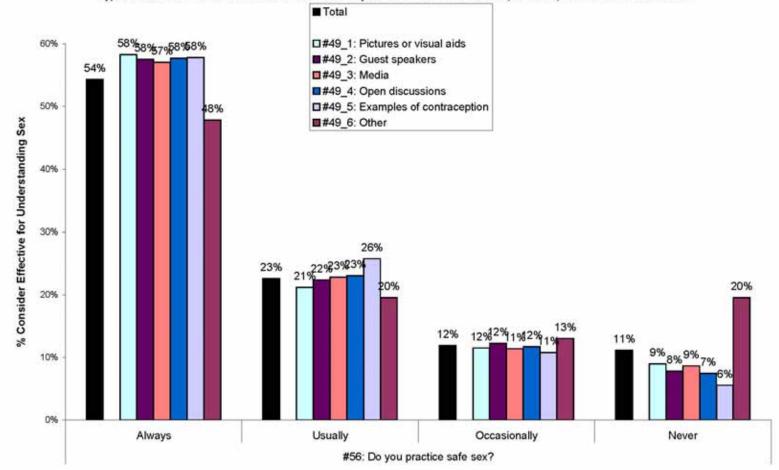
#56: Do you practice safe sex? Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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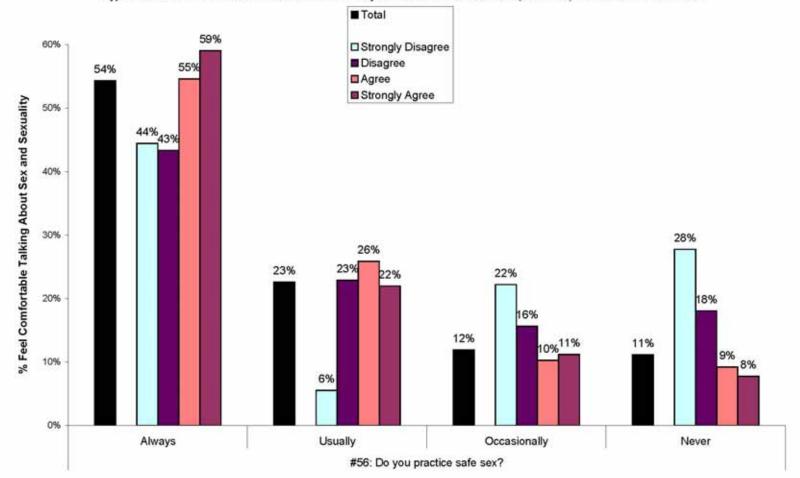
#56: Do you practice safe sex? Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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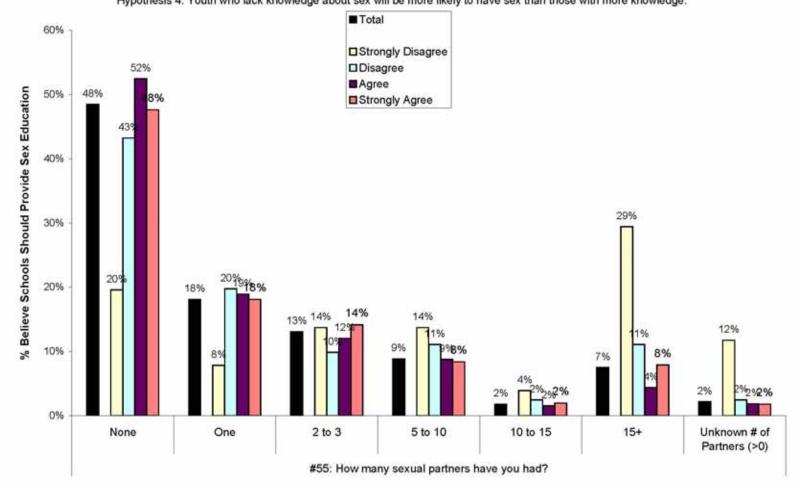
#56: Do you practice safe sex? Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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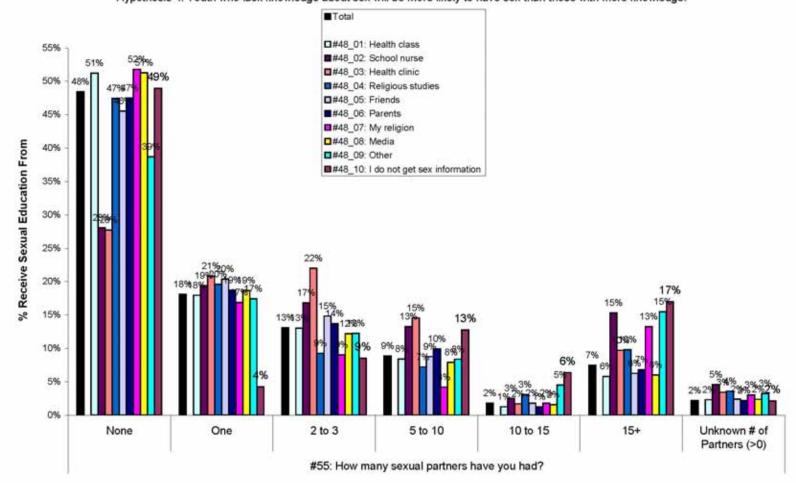
#56: Do you practice safe sex? Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

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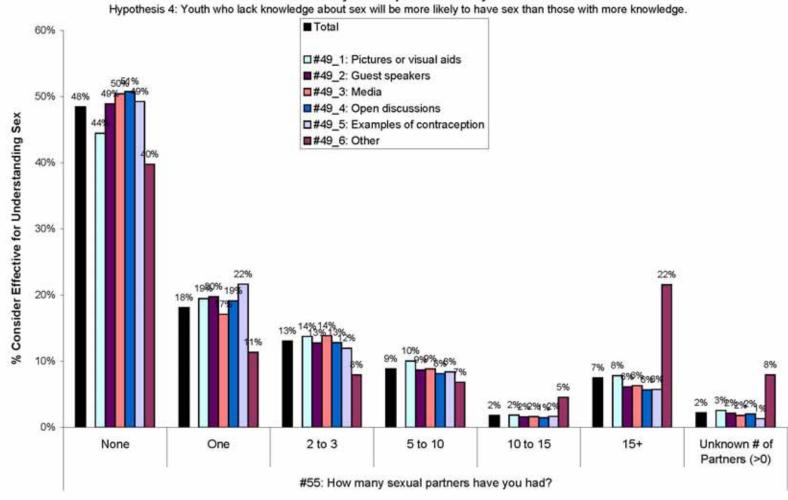
#55: How many sexual partners have you had? Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

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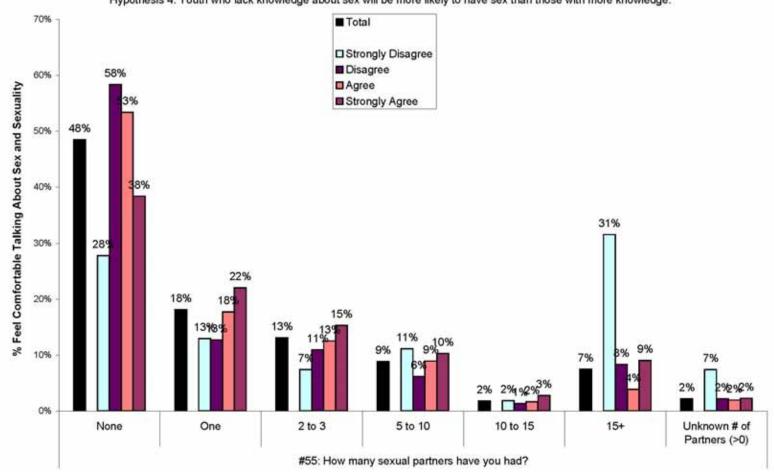
#55: How many sexual partners have you had? Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

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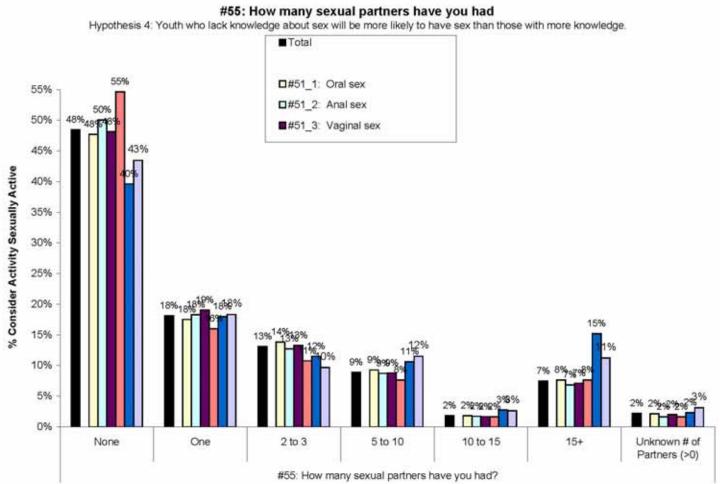


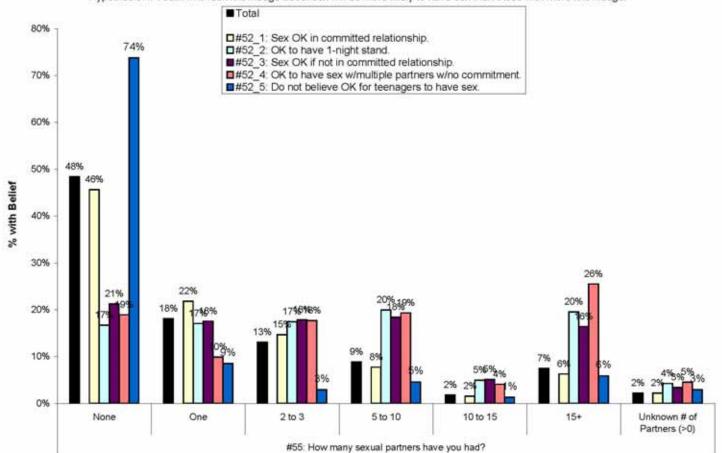
#55: How many sexual partners have you had?

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#55: How many sexual partners have you had? Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

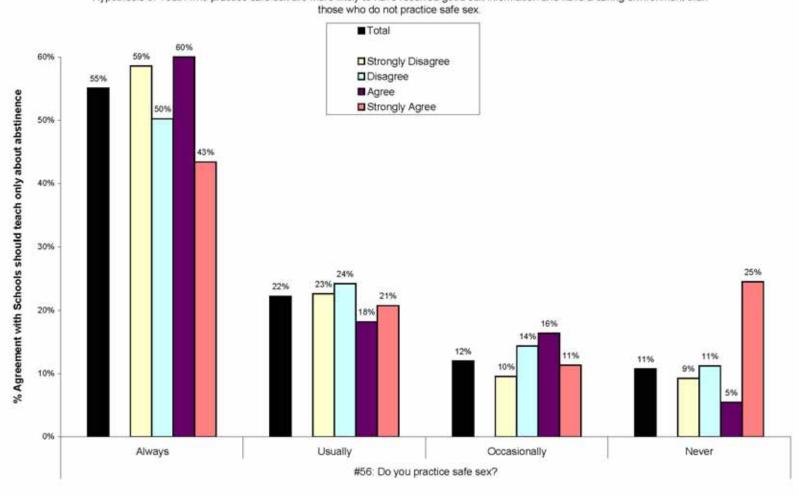




#55: How many sexual partners have you had

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

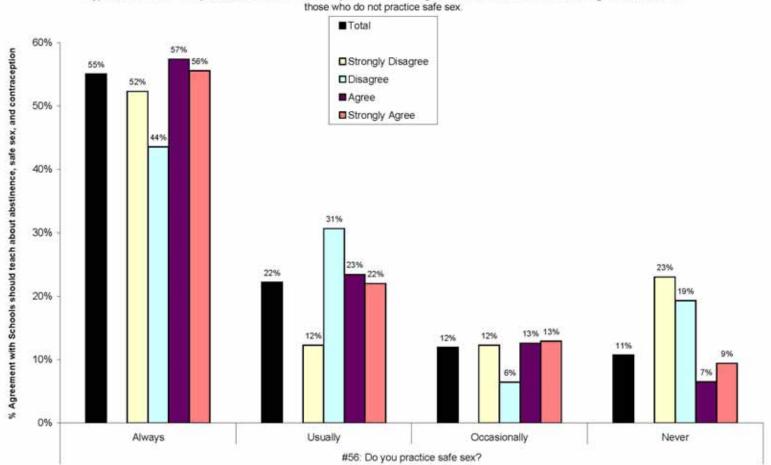
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#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

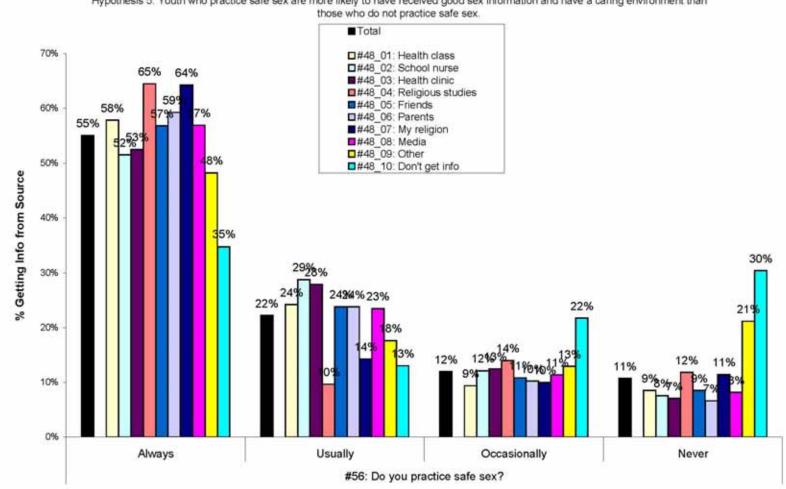
Chapter 2, Hypothesis Testing: Page 27 of 49



#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

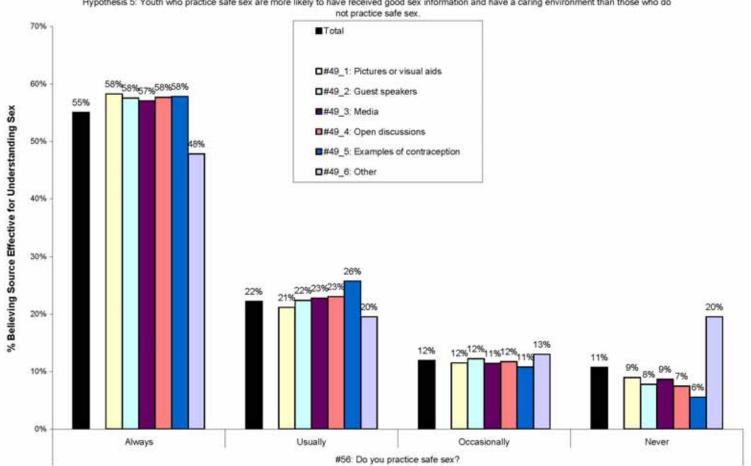
Chapter 2, Hypothesis Testing: Page 28 of 49



#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

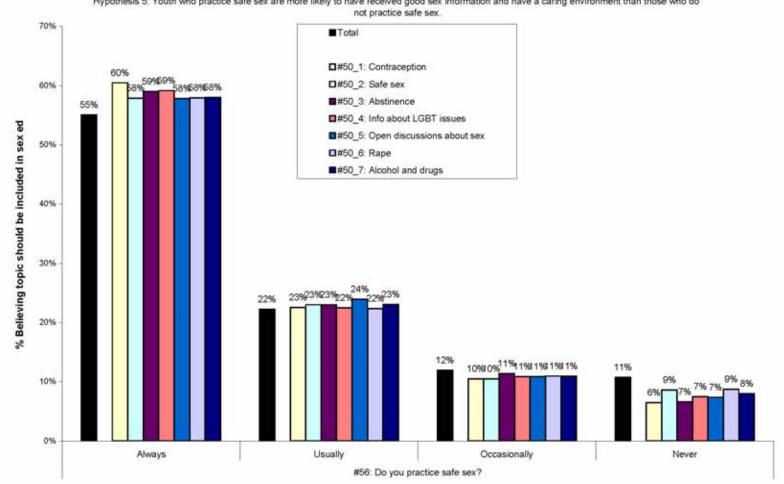
Chapter 2. Hypothesis Testing: Page 29 of 49



#56: Do you practice safe sex?

Hypothesis 5. Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do

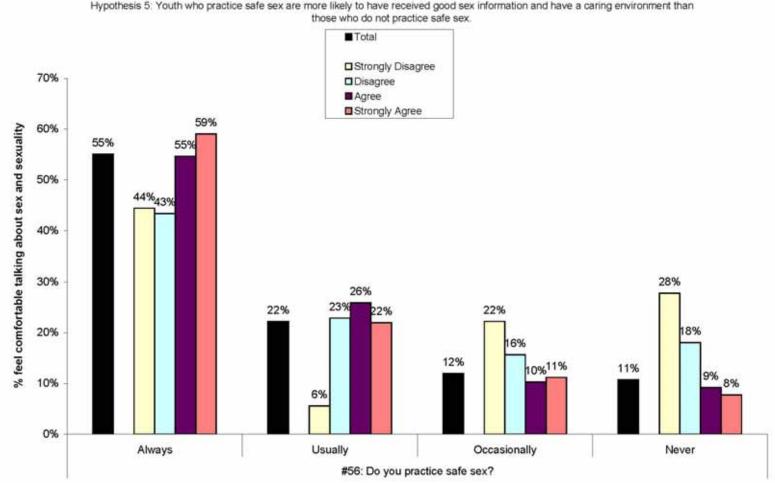
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#56: Do you practice safe sex?

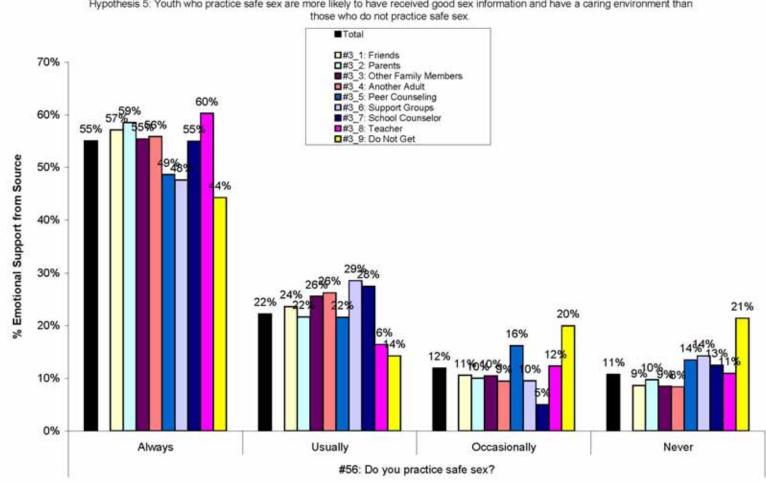
Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do

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#56: Do you practice safe sex? Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

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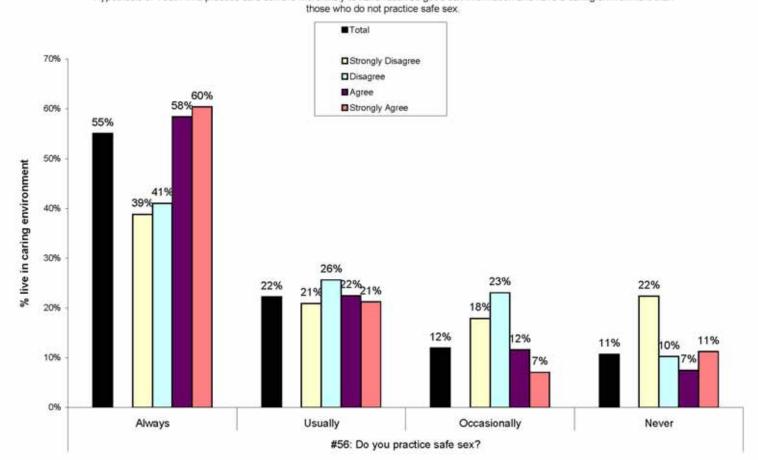
San Mateo County Youth Commission. Needs Assessment Survey 2006

#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

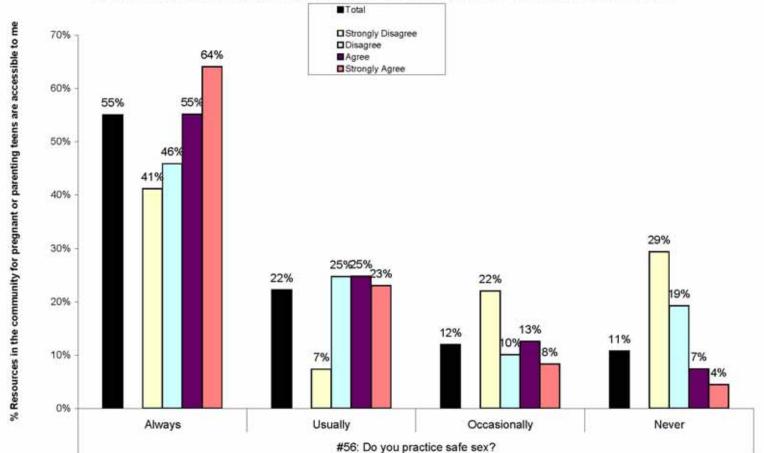
285

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#56: Do you practice safe sex? Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than

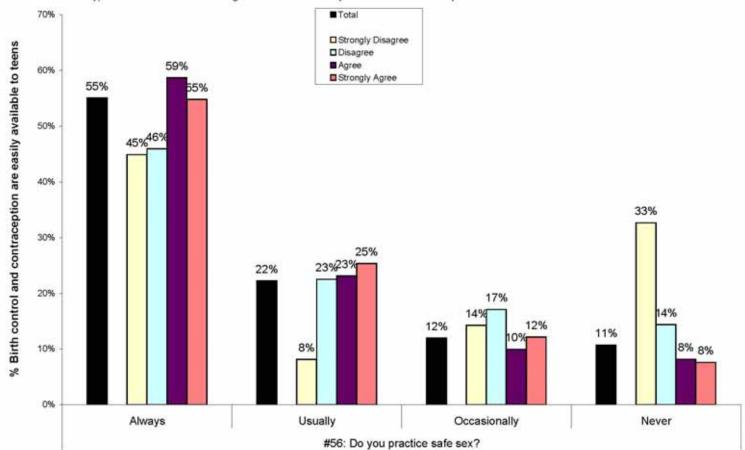
Chapter 2. Hypothesis Testing: Page 34 of 49



#56: Do you practice safe sex?

Hypothesis 6: Youth with knowledge / access to community resources are more likely to have safe sex than those without resources.

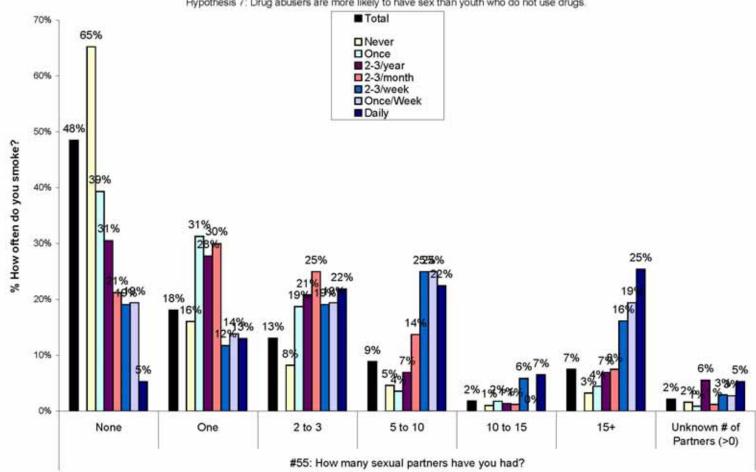
Chapter 2, Hypothesis Testing: Page 35 of 49



#56: Do you practice safe sex?

Hypothesis 6: Youth with knowledge / access to community resources are more likely to have safe sex than those without resources.

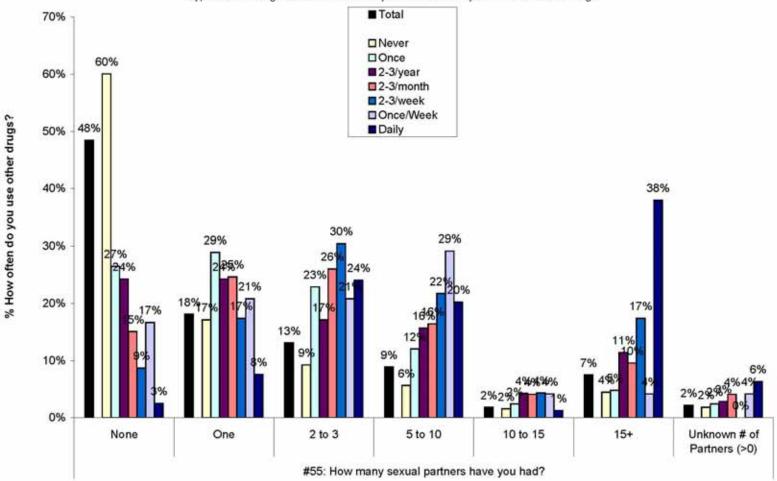
Chapter 2. Hypothesis Testing: Page 36 of 49



#55 How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.

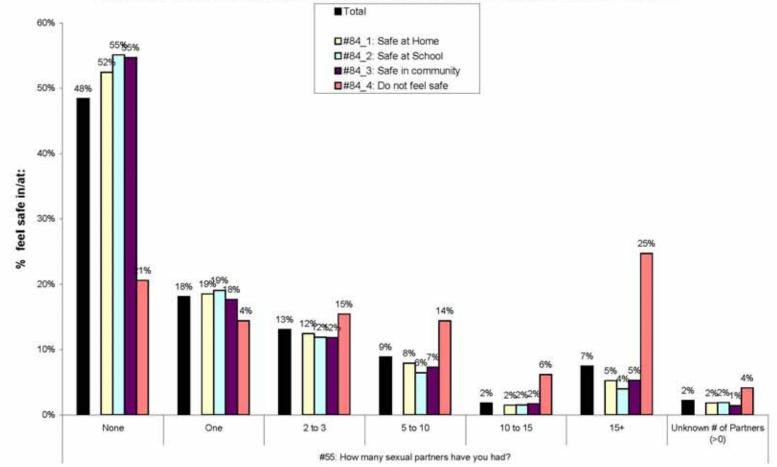
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#55 How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.

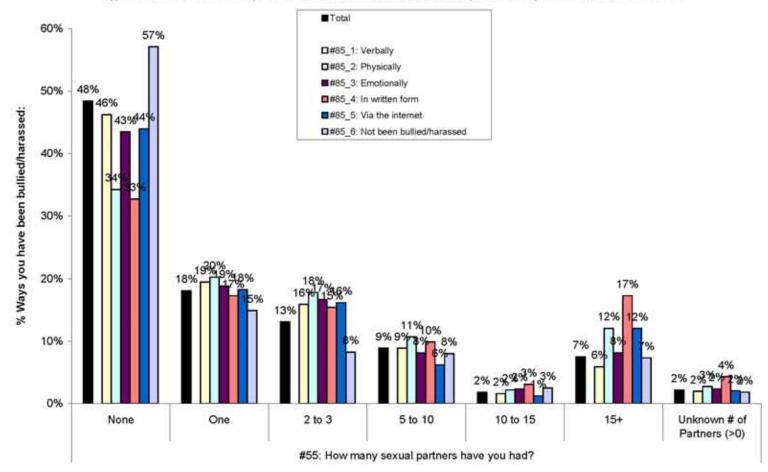
Chapter 2, Hypothesis Testing: Page 38 of 49



55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

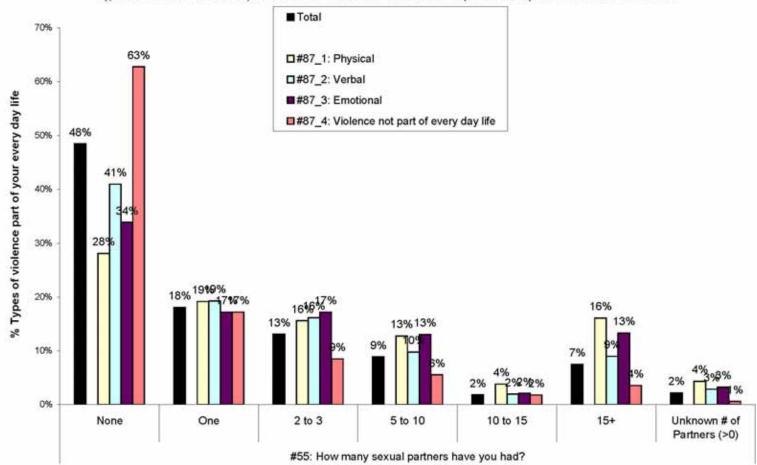
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55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

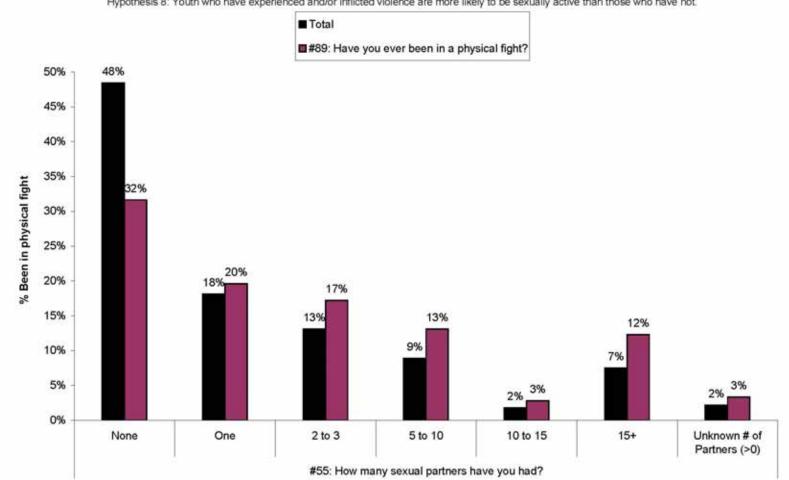
Chapter 2, Hypothesis Testing: Page 40 of 49



55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

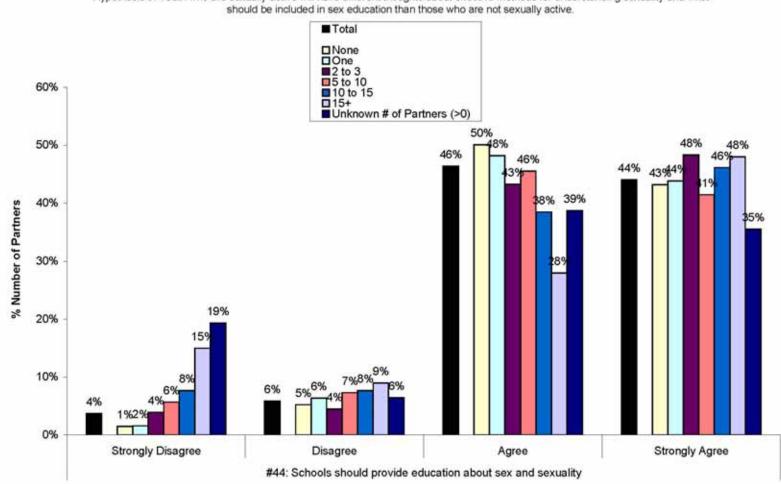
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55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

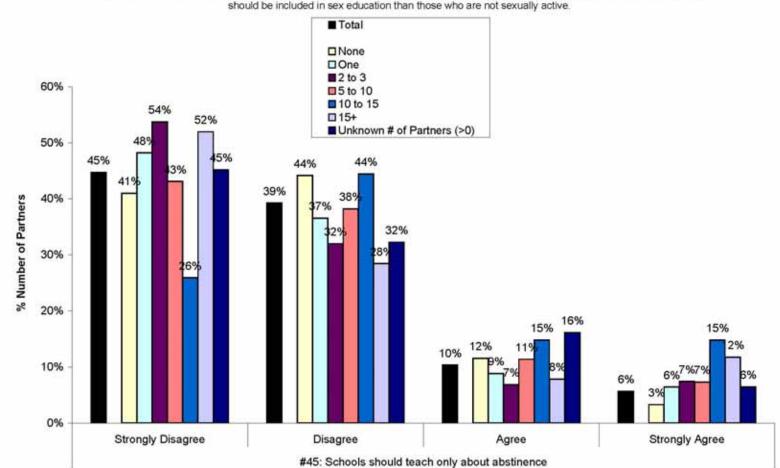
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#44: Schools should provide sex education

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what

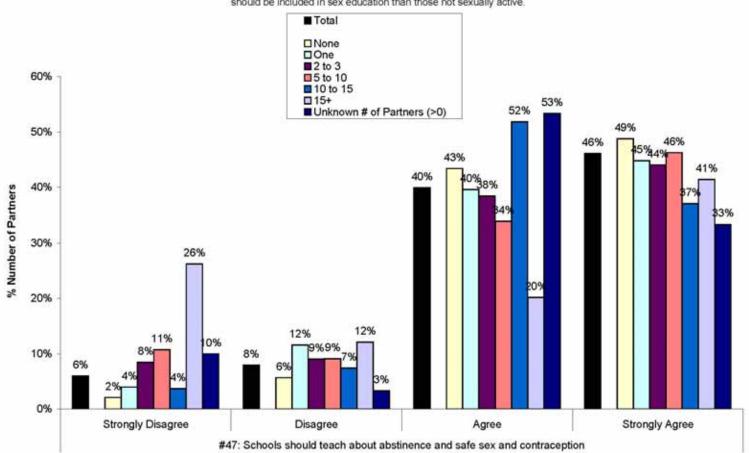
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#45: Schools should teach only abstinence

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

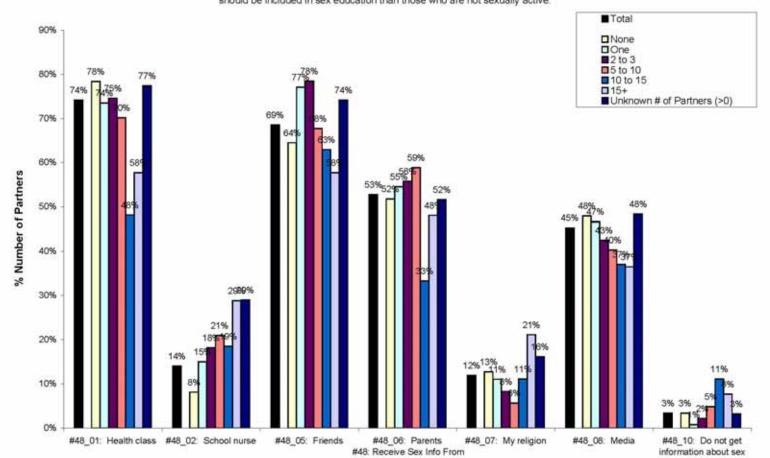
Chapter 2. Hypothesis Testing: Page 44 of 49



#47: Schools should teach abstinence & safe sex

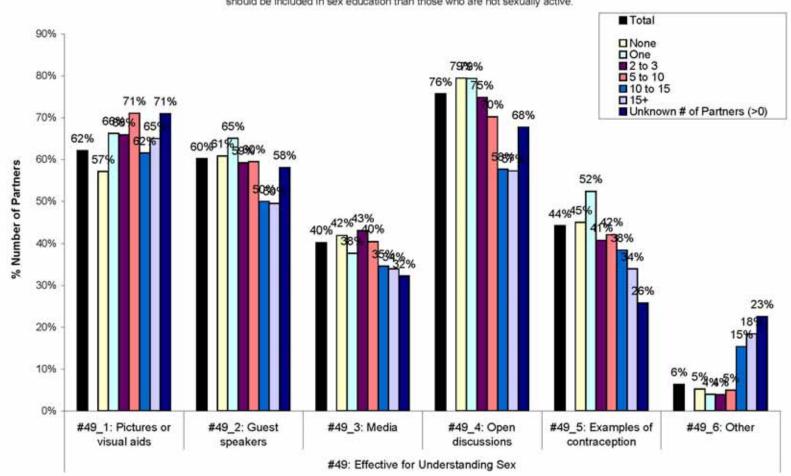
Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those not sexually active.

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#48: Receive Sex Info Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

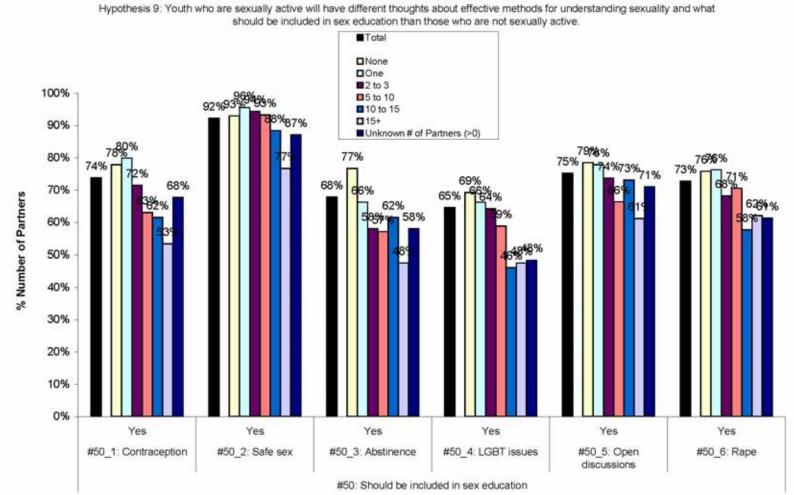
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49: Effective for Understanding Sex

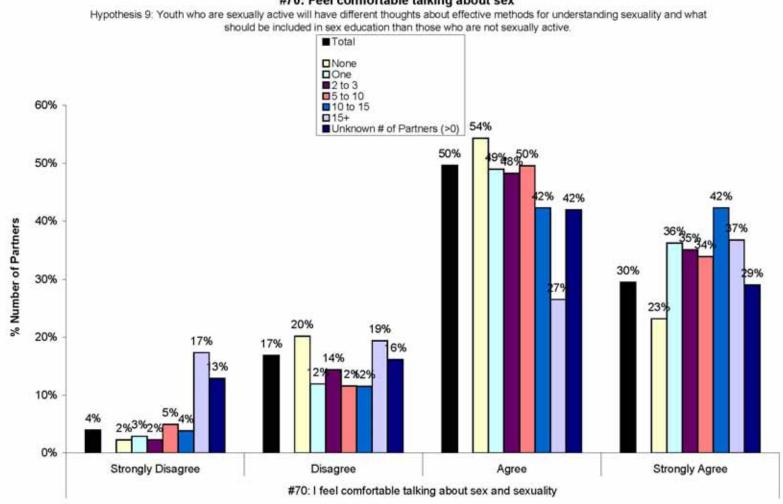
Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

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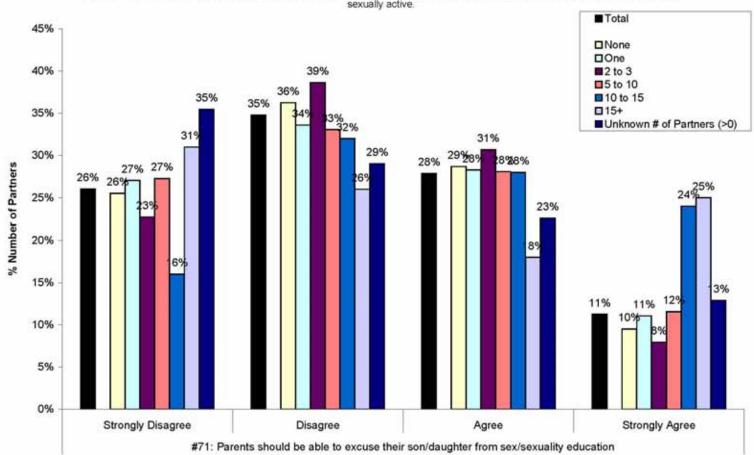
#50: Should be included in sex ed

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#70: Feel comfortable talking about sex

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#71: Parents should be able to excuse child from sex ed

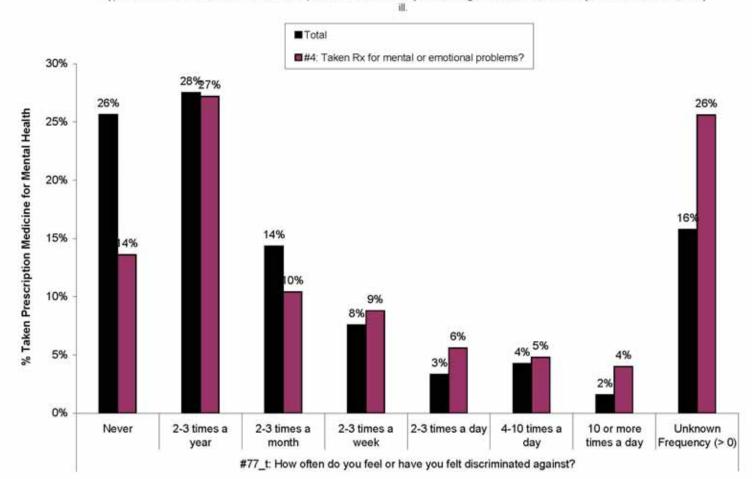
Hypothesis 9: Sexually active youth will have different thoughts about what should be included in sex education than those who are not sexually active.

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Discrimination

Questions 74 through 82

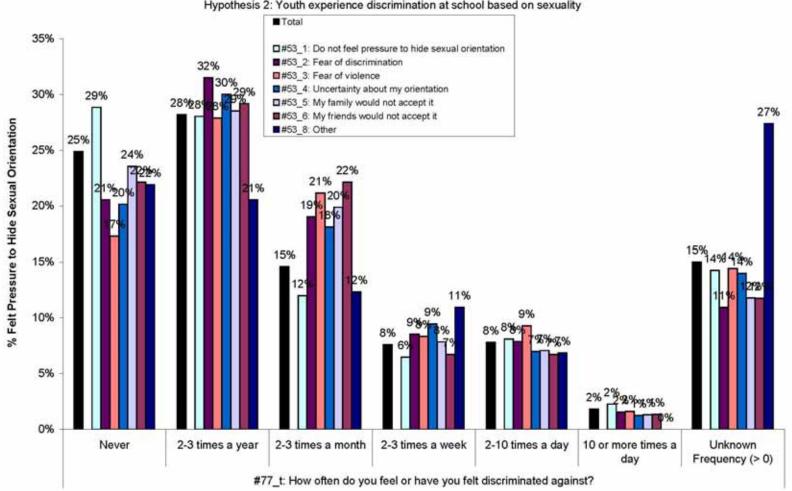
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#77_t: How often do you feel or have you felt discriminated against?

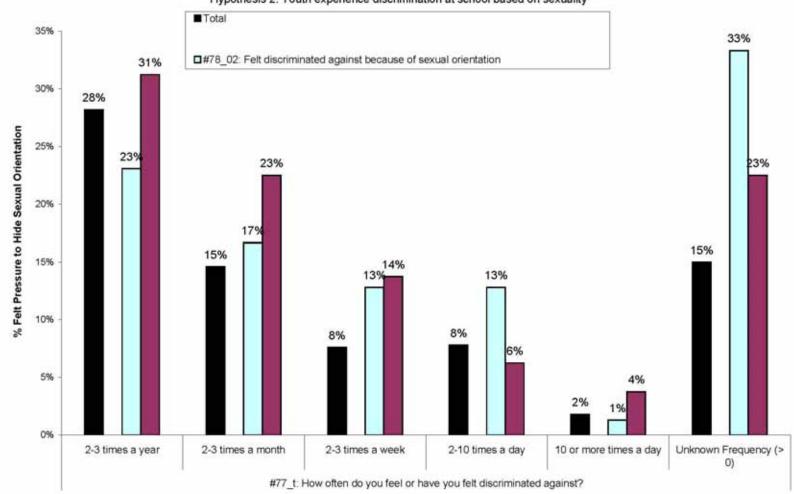
Hypothesis 1: Youth who have mental health problems are more likely to be a target of discrimination than youth who are not mentally

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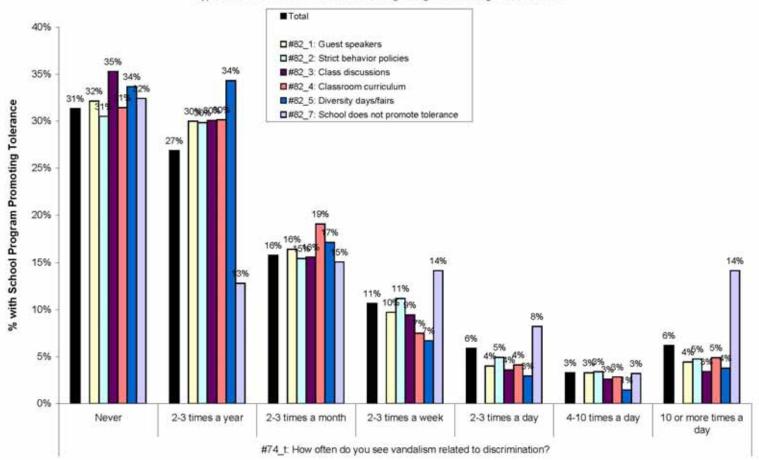
#77_t: How often do you feel or have you felt discriminated against? Hypothesis 2: Youth experience discrimination at school based on sexuality

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#77_t: How often do you feel or have you felt discriminated against? Hypothesis 2: Youth experience discrimination at school based on sexuality

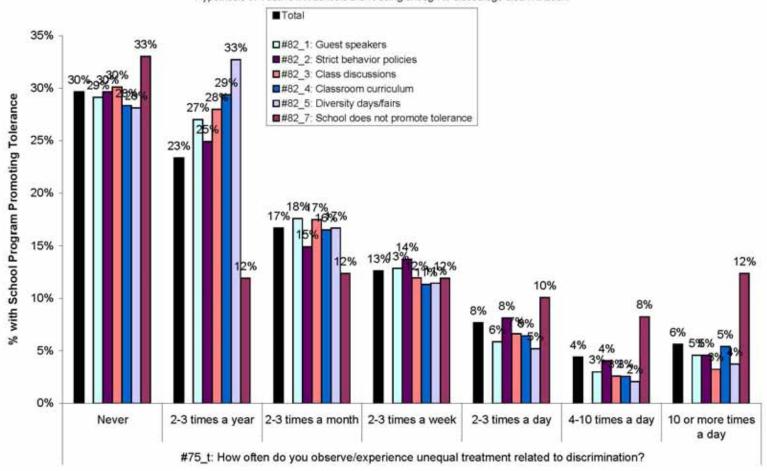
Chapter 2, Hypothesis Testing: Page 5 of 15



#74_t: How often do you see vandalism related to discrimination?

Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

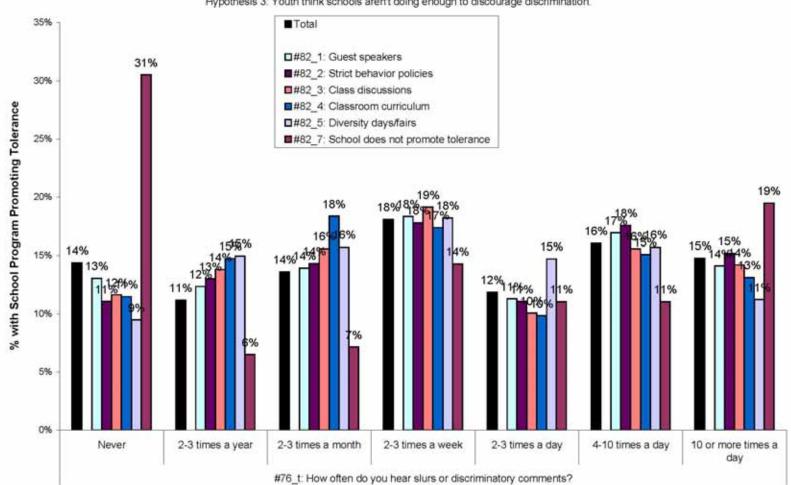
Chapter 2, Hypothesis Testing: Page 6 of 15



#75_t: How often do you observe/experience unequal treatment related to discrimination?

Hypothesis 3. Youth think schools aren't doing enough to discourage discrimination.

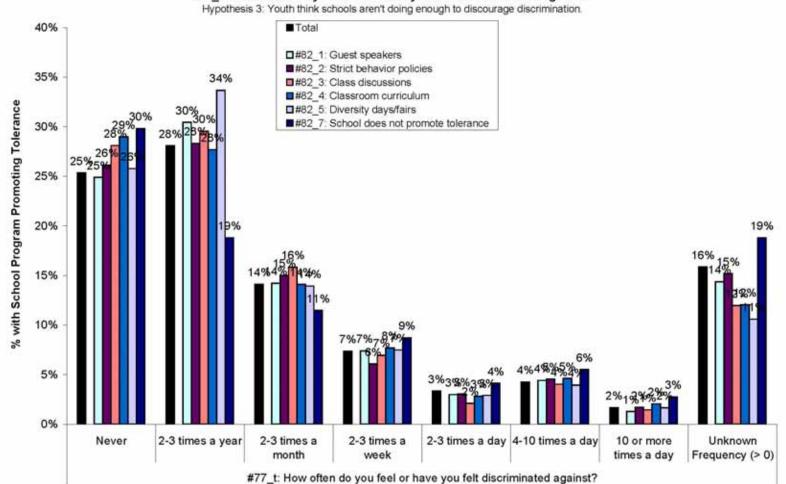
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#76_t: How often do you hear slurs or discriminatory comments?

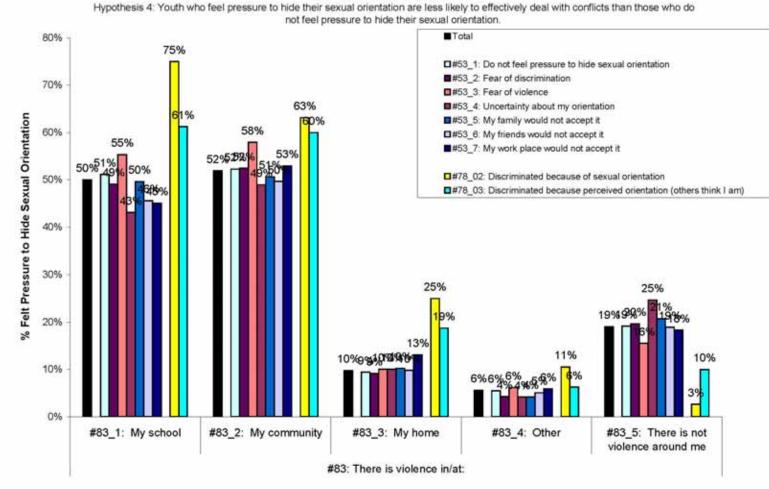
Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

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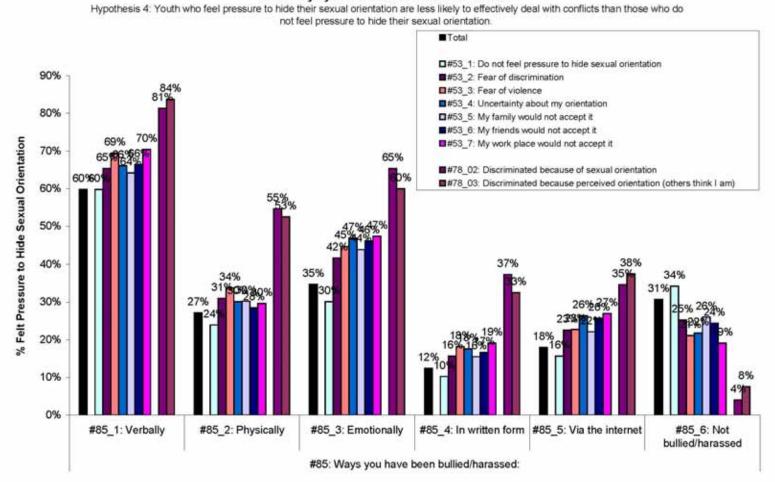
#77_t: How often do you feel or have you felt discriminated against?

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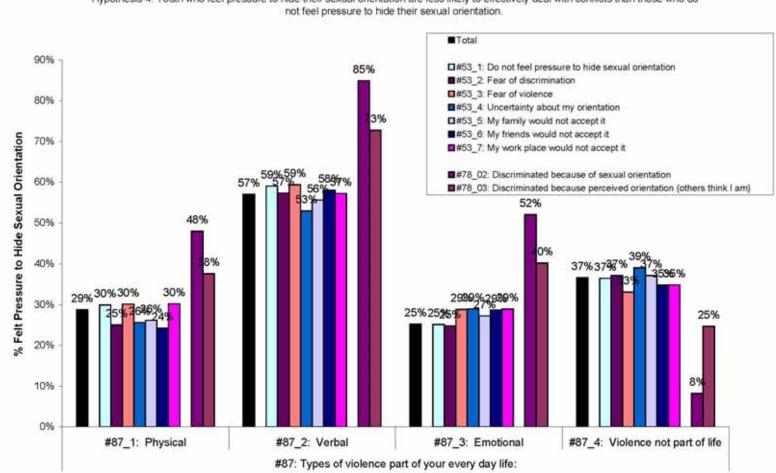
#83: There is violence in/at:

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#85: Ways you have been bullied/harassed:

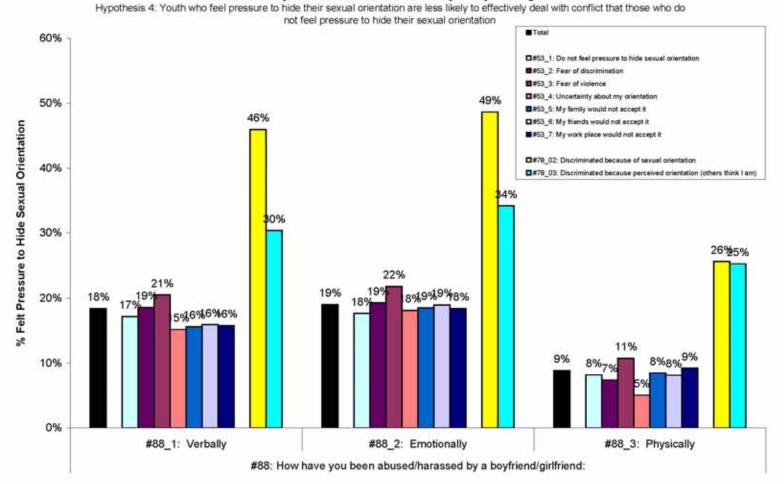
Chapter 2, Hypothesis Testing: Page 11 of 15



#87: Types of violence part of your everyday life:

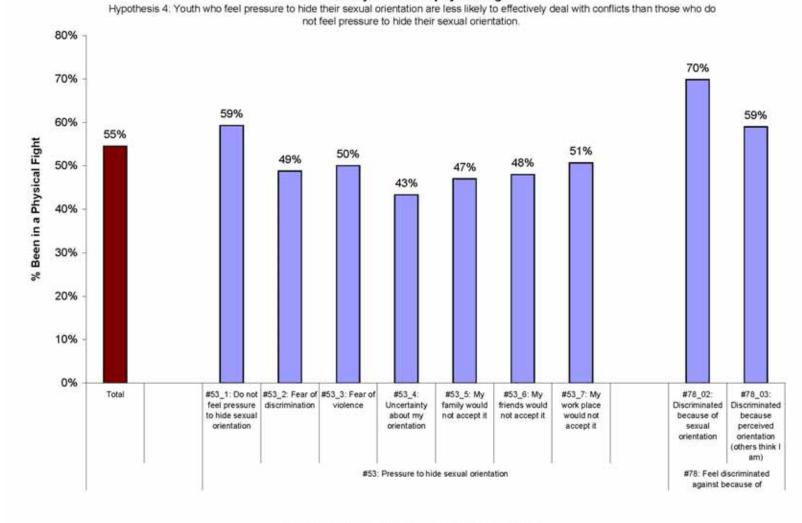
Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do

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#88: How have you been abused/harassed by a boyfriend/girlfriend:

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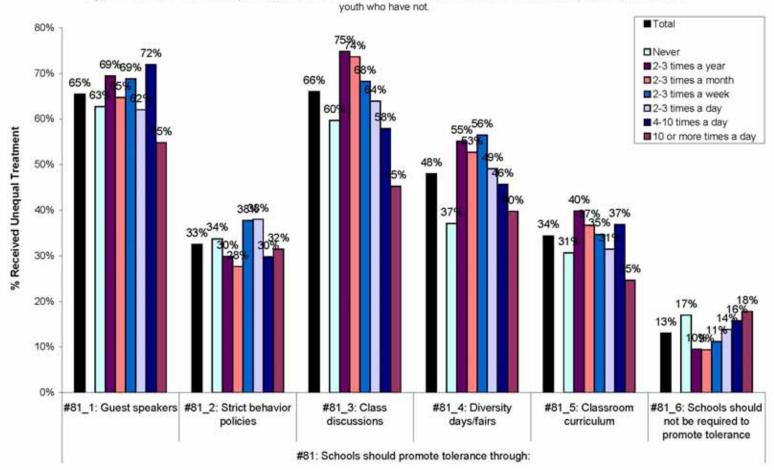


#89: Have you been in physical fight?

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San Mateo County Youth Commission. Needs Assessment Survey 2006

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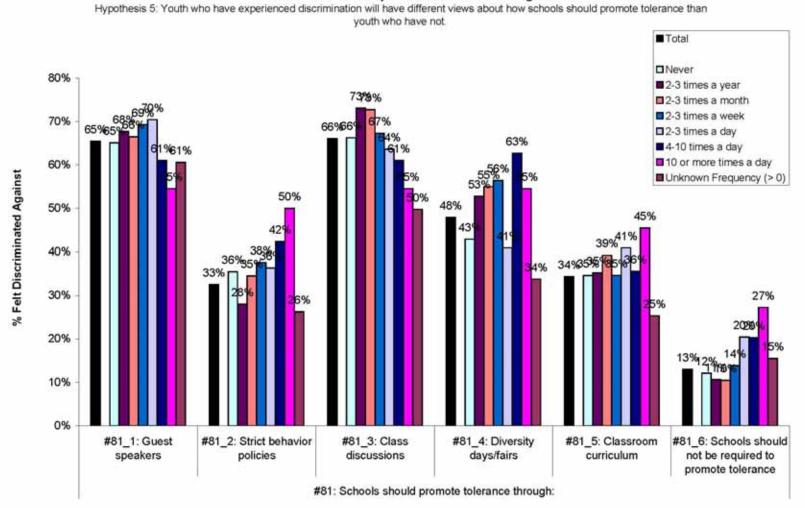
San Mateo County Youth Commission, Needs Assessment Survey 2006

#81: Schools should promote tolerance through:

Hypothesis 5. Youth who have experienced discrimination will have different views about how schools should promote tolerance than

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#81: Schools should promote tolerance through: