APPENDIX 2 SAN MATEO COUNTY YOUTH COMMISSION NEEDS ASSESSMENT SURVEY 2006

Youth Commission Report Table of Contents

Appendix 2	
Mental Health	
#1_3: Which of the following ways do you relieve stress: Alcohol, Tobacco or Other Drugs	130
#1_7: Which of the following ways do you relieve stress: Artistic Outlet such as music, drama, poetry, etc.	131
#3_4: Where do you get emotional support: Another Adult	132
#3_8: Where do you get emotional support: Teacher	133
#5: Have you had suicidal thoughts?	134
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?	135
#9: Do you have a friend that has engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?	136
#11: I live in a caring environment	137
#12: My school provides a caring environment	138
#15: My school provides suicide prevention services	139
#16: My school should provide more mental health services for teens	140
#17: My school should provide more suicide prevention services for teens	141
Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harmir than those who have not been abused.	ıg) themselves
#5: Have you had suicidal thoughts?	142
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?	143
Hypothesis 2: Youth who have been a target of discrimination are more likely to harm (or think about themselves than those not experiencing discrimination.	ıt harming)
#5: Have you had suicidal thoughts?	144
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?	145
Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent w with conflict, and more likely to have seen & experienced violence, than those who do not harm the	
#5: Have you had suicidal thoughts?	146,147
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?	148,149

Hypothesis 6: Youth who know about suicide prevention programs are less likely to harm themse who do not know about these programs.	lves than those
#5: Have you had suicidal thoughts?	150
Alcohol, Tobacco, and Other Drugs	
#18: Do you drink alcohol? If yes, how often?	152
#19: Do you binge drink? If yes, how often?	153
#22_01: What other drugs do you currently use: Marijuana	154
#22_06: What other drugs do you currently use: Methamphetamine	155
#23_1: Do your close friends drink?	156
#23_2: Do your close friends smoke?	157
#24: Why do you use alcohol, tobacco, and other drugs?	158
#26_2: Where do you use alcohol, tobacco, and other drugs: A friend's house	159
#33: When was the first time you bought drugs?	160
#40: My school provides effective drug and alcohol prevention services	161
#41: There are enough activities and events in my community for youth that are drug and alcohol free	162
#42: Youth need a place to go for entertainment or recreation that is drug and alcohol free	163
Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse who have received such information.	drugs than those
#182021_t: ATOD use overall	164
Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang membe	rs.
#18_t: Do you drink?	165
Hypothesis 4: Youth in a bad mental state (i.e. those who have thought about and/or attempted s harm) are more likely to abuse drugs than those not in a bad mental state.	uicide or self
#18_t: Do you drink?	166
#182021_t: ATOD use overall	167
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substanc prevention than those who do not use ATOD.	e abuse
#43_6: Effective Substance Abuse Prevention: ATOD Free Recreation	168

Sex and Sexuality

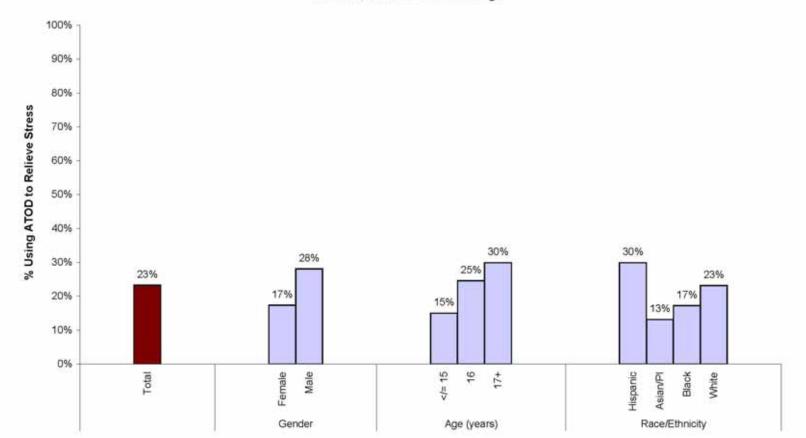
#44: Schools should provide education about sex and sexuality	170
#45: Schools should only teach about abstinence	171
#48_05: Where do you receive information about sex and sexuality: Friends	172
#48_06: Where do you receive information about sex and sexuality: Parents	173
#50_1: Which of the following should be included in sex education: Contraception	174
#50_2: Which of the following should be included in sex education: Safe Sex	175
#50_4: Which of the following should be included in sex education: Information about LGBT issues	176
#50_6: Which of the following should be included in sex education: Rape	177
#52_1: Which of the following is closest to your beliefs: It is okay to have sex if you are in a committed re-	elationship 178
#62: Have you ever had sex while drinking or high?	179
#69: I am making informed personal decisions about sex and sexuality	180
#71: Parents should be able to excuse their son/daughter from sex/sexuality education	181
#72: Sexually active youth should get tested for STDs, HIV, and/or AIDS	182
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) is sex ed.	han those without
#69: I am making informed decisions about sex and sexuality	183
Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs	
#55: How many partners have you had?	184
Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually who have not.	y active than those
#55: How many partners have you had?	
by % feeling safe in various places	185
by % with types of violence in their everyday life	186
Discrimination	
#78_1: Feel discriminated against because of my: Race or culture	188
#78_7: Feel discriminated against because of my: Age	189
#80_4: Who do feel discriminates against you: Police	190

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively of the their sexual orientation	leal with conflicts	
#87: Types of violence part of your everyday life	191	
#89: Have you ever been in a physical fight?	192	
Violence		
#83: There is violence at: My school	194	
#83_2: There is violence at: My community	195	
#84_1: I feel save in/at: Home	196	
#84_2: I feel save in/at: School	197	
#89: Have you ever been in a physical fight?	198	
#91: Have you ever carried a gun?	199	
#93: Have you ever been part of a gang?	200	
#96: Do gangs in your community make you feel threatened?	201	
#97: Youth need education about violence prevention	202	
#98: Youth need more gang prevention programs	203	
#100: I know non-violent ways to deal with conflict	204	
#102: My peers accept violent behavior	205	
Hypothesis 2: Youth who do not get emotional support are more likely to join gangs than those with support	n emotional	
#93: Have you ever been part of a gang?	206	
Hypothesis 3: Boys and nonwhites are more likely to be gang members than whites and girls		
#93: Have you ever been part of a gang?	207	
Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink less)		
#87: Types of violence part of everyday life	208	
#89: Have you ever been in a physical fight?	209	

Page 1 of 81

Mental Health

Questions 1 through 17



#1_3: Which of the following ways do you relieve stress: Alcohol, tobacco or other drugs

San Mateo County Youth Commission, Needs Assessment Survey 2006

Chapter 1, Description: Page 2 of 81

100% 90% % Using Artistic Outlets to Relieve Stress 80% 70% 60% 57% 48% 50% 42% 40% 30% 20% 10% 0% Total Female Male Gender

#1_7: Which of the following ways do you relieve stress: Artistic outlet such as music, drama, poetry, etc.

San Mateo County Youth Commission, Needs Assessment Survey 2006

Chapter 1, Description: Page 3 of 81

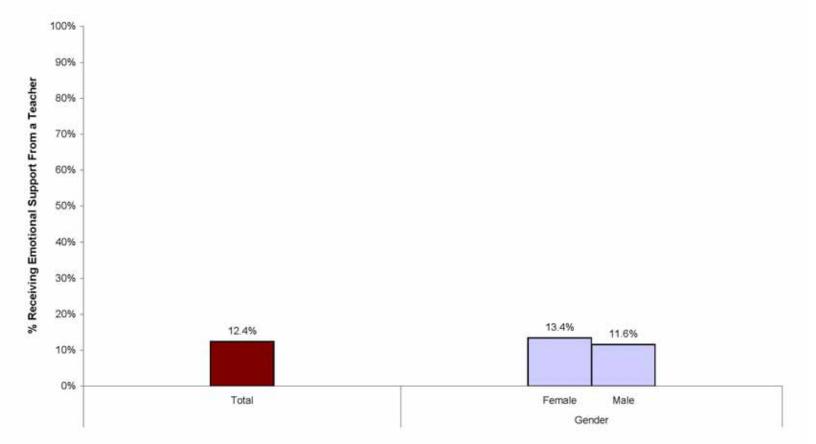
100% 90% % Receiving Emotional Support From Another Adult 80% 70% 60% 50% 40% 28% 27% 30% 24% 23% 23% 22% 20% 10% 0% </= 15 16 Total Female Male 17+ Age (years) Gender

#3_4: Where do you get emotional support: Another adult

San Mateo County Youth Commission, Needs Assessment Survey 2006

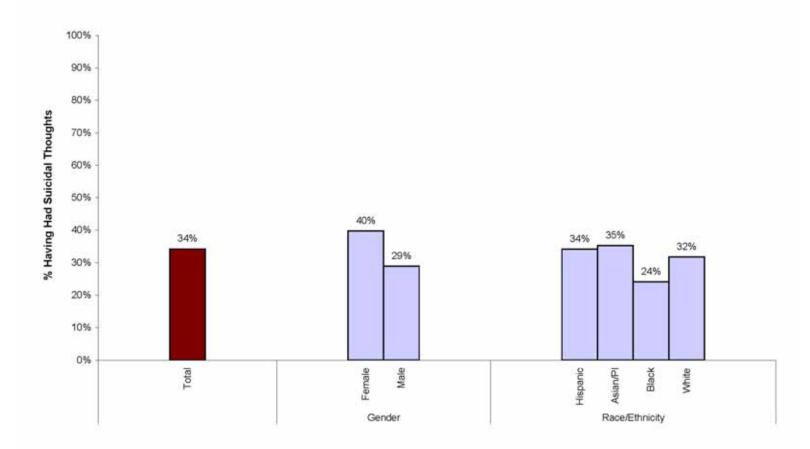
Chapter 1, Description: Page 4 of 81

Chapter 1, Description: Page 5 of 81



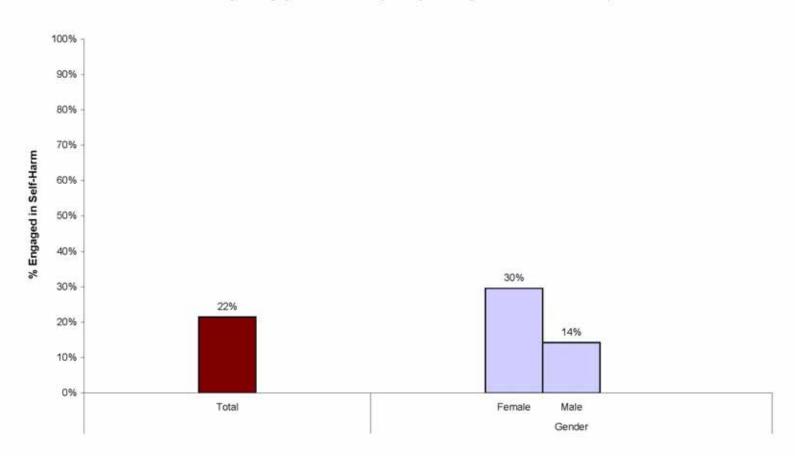
#3_8: Where do you get emotional support: Teacher

Chapter 1, Description: Page 6 of 81



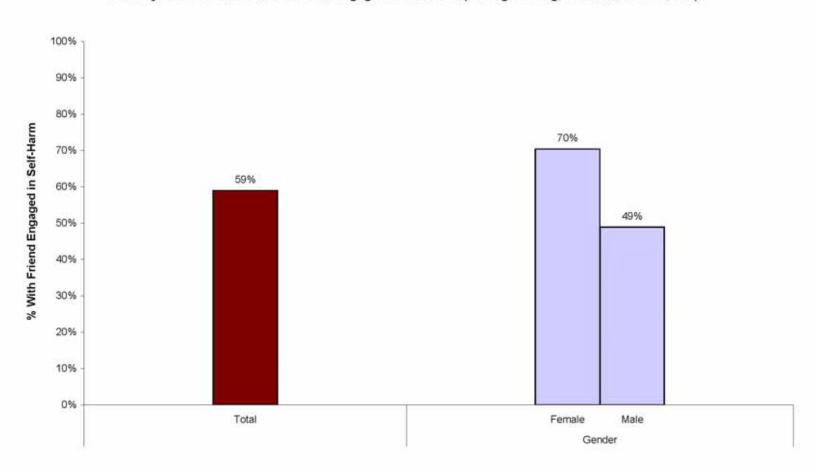
#5: Have you had suicidal thoughts?

Chapter 1. Description: Page 7 of 81



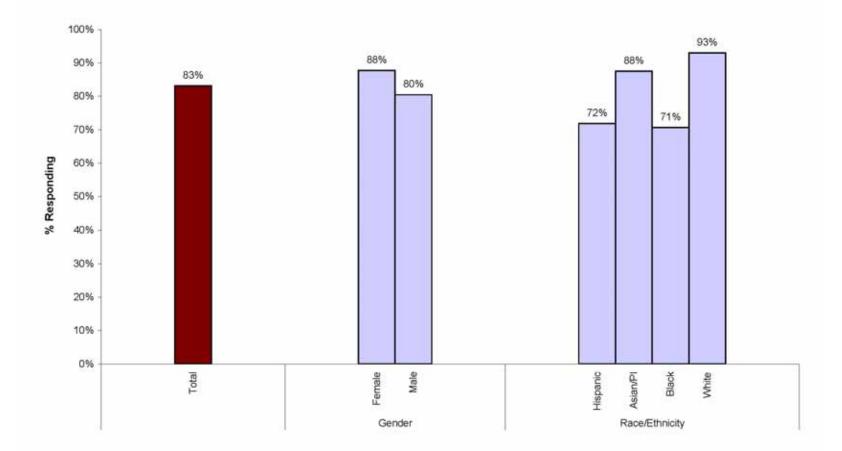
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

Chapter 1. Description: Page 8 of 81



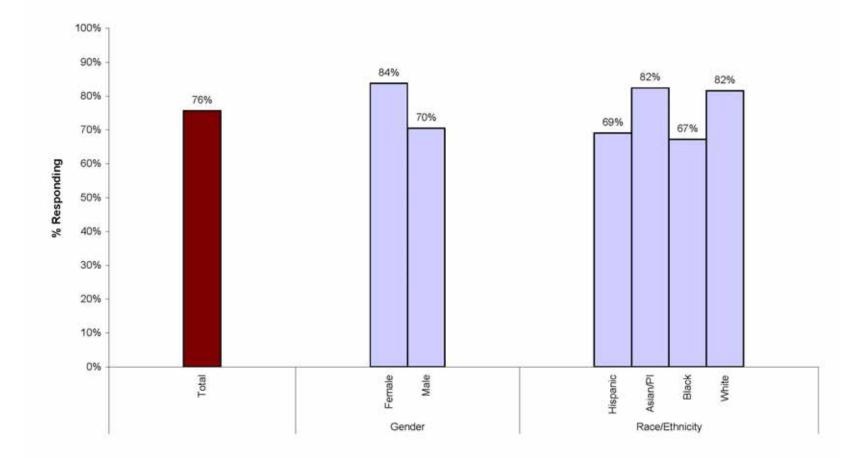
#9: Do you have a friend who has had engaged in self-harm (cutting burning, anorexia, bulimia, etc.)?

Chapter 1, Description: Page 9 of 81



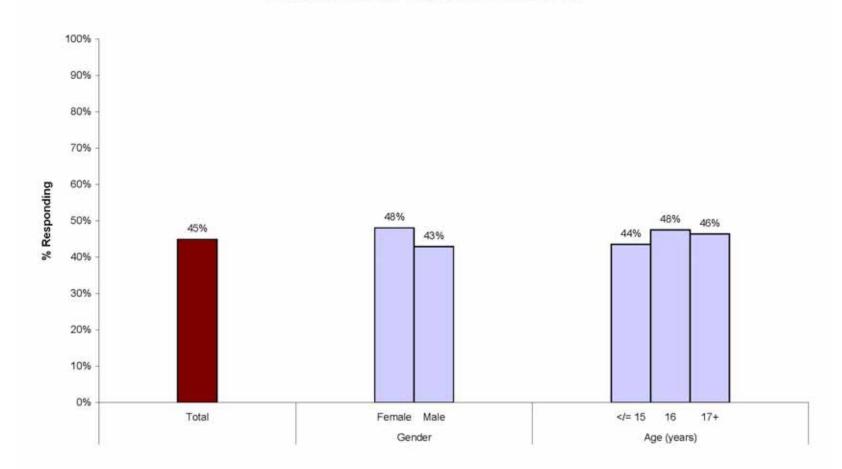
#11: I live in a caring environment.

Chapter 1, Description: Page 10 of 81



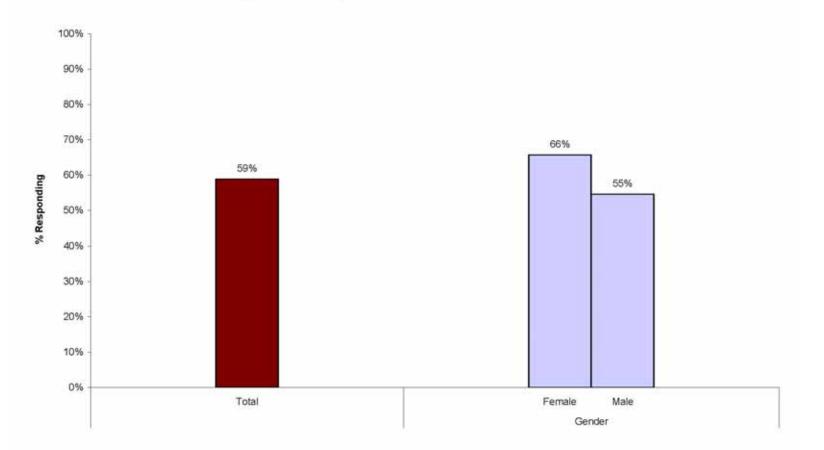
#12: My school provides a caring environment.

Chapter 1, Description: Page 11 of 81



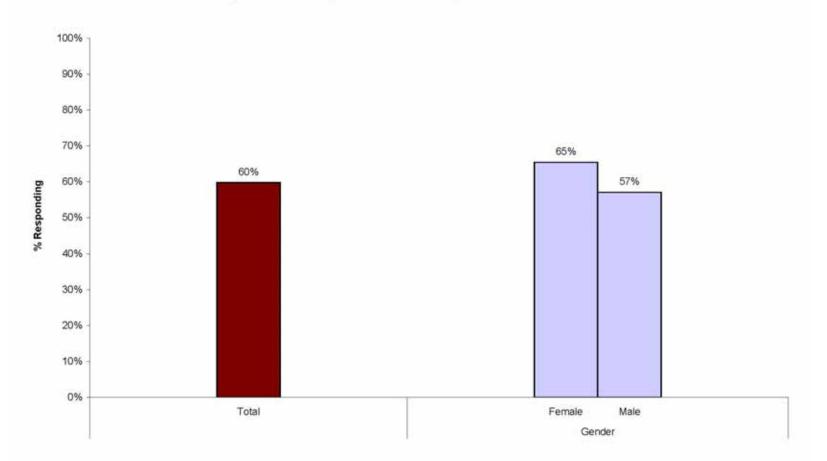
#15: My school provides suicide prevention services.

Chapter 1, Description: Page 12 of 81



#16: My school should provide more mental health services for teens.

Chapter 1, Description: Page 13 of 81



#17: My school should provide more suicide prevention services for teens.

abused. 100% 90% 80% 70% % With Suicidal Thoughts 65%* 60% 56% . 54% * 53%* 49% * 47%* 47% 50% 45% * 41% 40% 34% 29% 30% 20%* 20% 10% 0% Total q4: q3: q5: q2: q6: q2: q3: q4: q1: q1: Written form Emotionally Via internet Physically Verbally NOT Emotionally Physically Verbally NOT harassed harassed #85: Ways you have been bullied/harassed: #88: How have you been abused/harassed by a #63_t boyfriend/girtfriend: Forced *p<.05 sex?

#5: Have you had suicidal thoughts?

Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not

San Mateo County Youth Commission, Needs Assessment Survey 2006

Chapter 2, Hypothesis Testing: Page 14 of 81

100% 90% 80% 70% % Engaged in Self-Harm 60% 52% 45% 50% 41% 42% 40% . 37% 33% 33% 35% 30% 26% 22% 20% 15% 12% 10% 0% Total q4: q3: q5: q2: q1: q6: q2: q3: q4: q1: Written form Emotionally Via internet Physically NOT Emotionally Physically Verbally NOT Verbally harassed harassed #85: Ways you have been bullied/harassed: #88: How have you been abused/harassed by a #63_t boyfriend/girlfriend: Forced sex? *p<.05

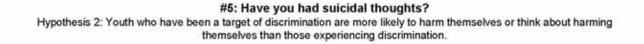
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

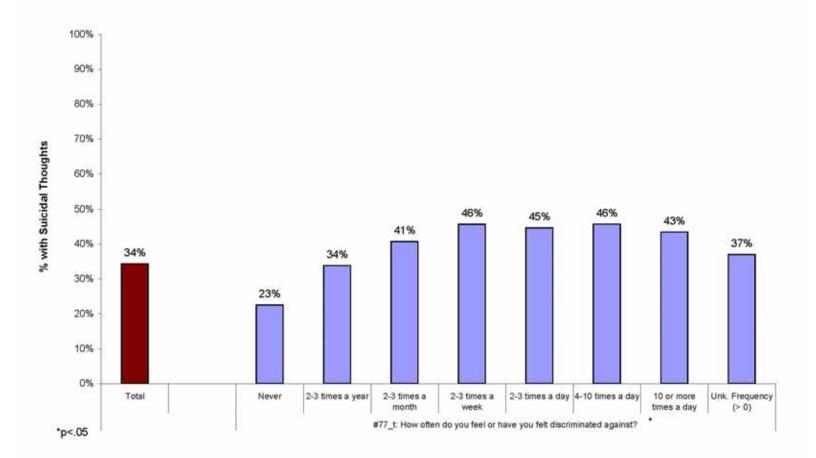
Chapter 2, Hypothesis Testing: Page 15 of 81

Hypothesis 1: Youth who have been abused/raped are more likely to harm (or think about harming) themselves than those not

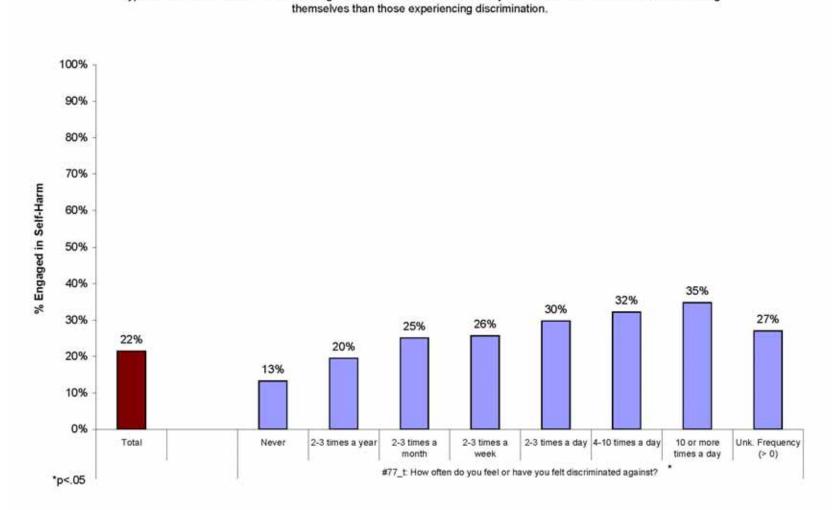
abused.

Chapter 2. Hypothesis Testing: Page 16 of 81



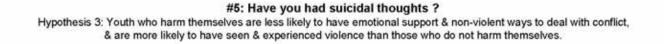


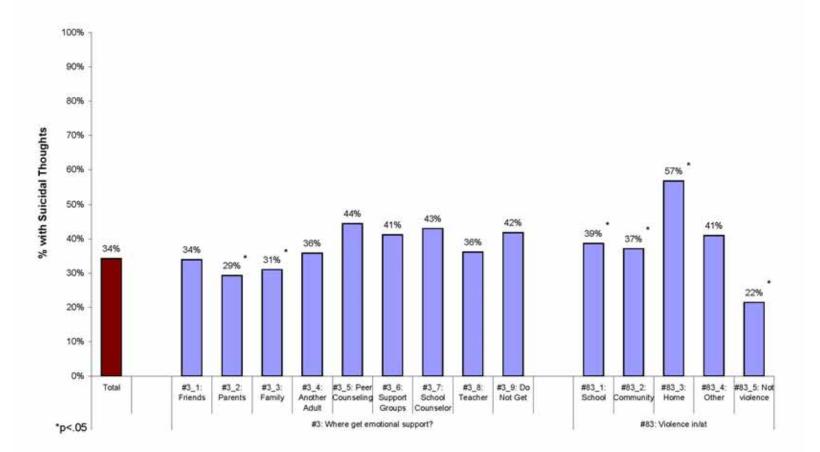
Chapter 2, Hypothesis Testing: Page 17 of 81



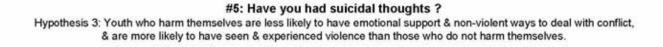
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)? Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming

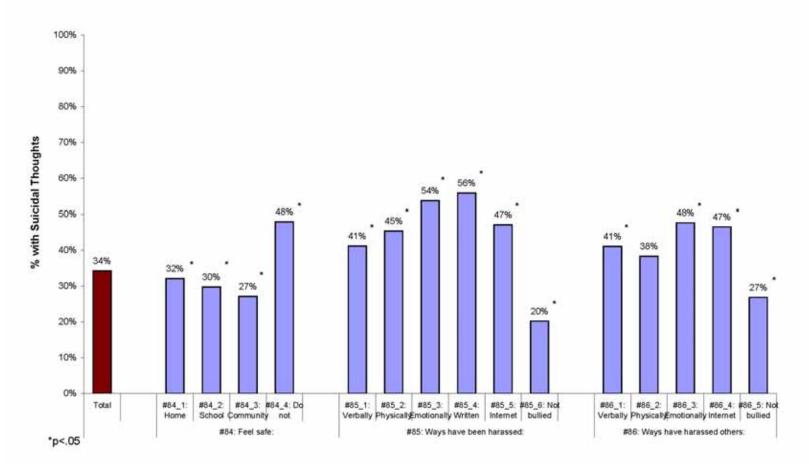
Chapter 2. Hypothesis Testing: Page 18 of 81



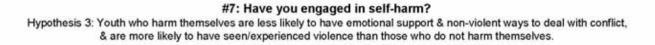


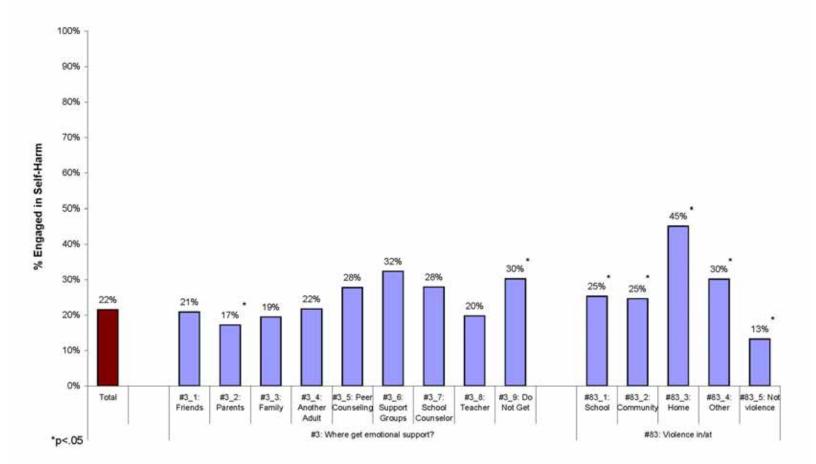
Chapter 2, Hypothesis Testing: Page 19 of 81



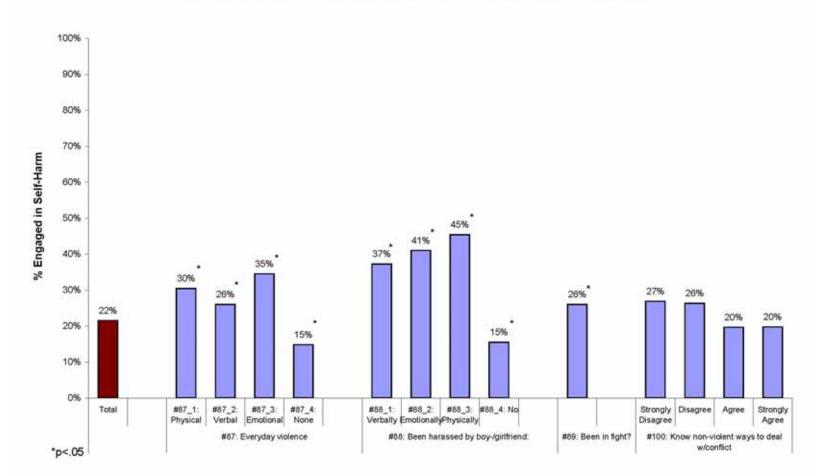


Chapter 2, Hypothesis Testing: Page 20 of 81





Chapter 2, Hypothesis Testing: Page 21 of 81

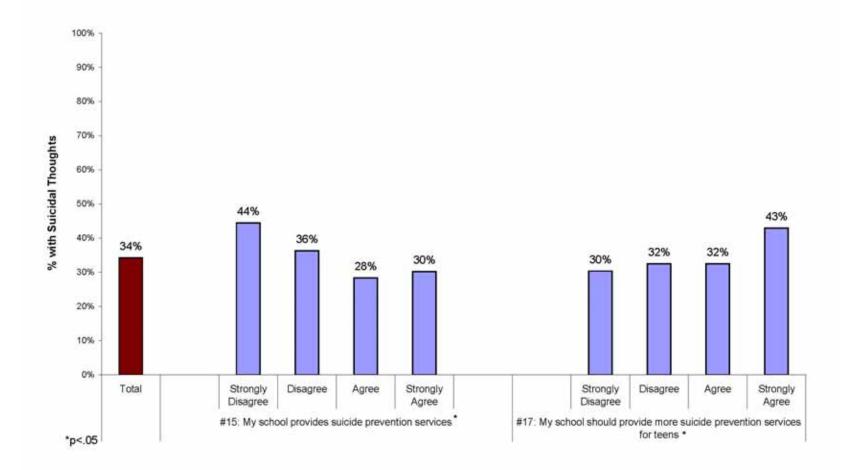


#7: Have you engaged in self-harm?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.

Chapter 2, Hypothesis Testing: Page 22 of 81

#5: Have you had suicidal thoughts? Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.

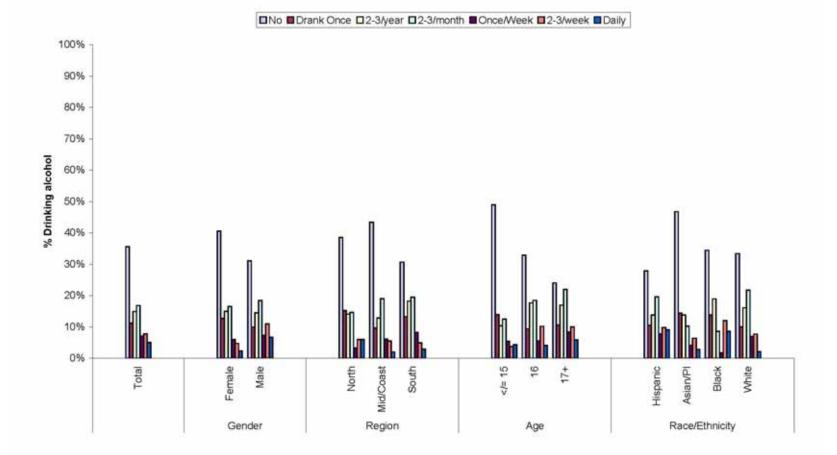


Chapter 2, Hypothesis Testing: Page 23 of 81

Alcohol, Tobacco, and Other Drugs

Questions 18 through 43

Chapter 1, Description: Page 24 of 81



#18: Do you drink alcohol? If yes, how often?

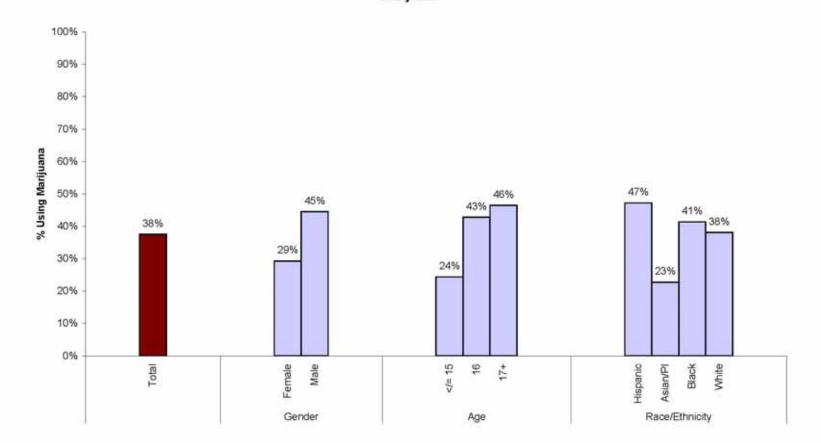
Daily 4-10 times a week 2-3 times a week Once a week 4-10 times a month 2-3 times a month 2-3 times a year Binged once Never binged 100% 90% 80% 70% % Binge Drinking 60% 50% 40% 30% 20% 10% Ih h M m m J In That lm. 0% Hispanic Total Female Male North South </= 15 +17+ Asian/PI White Mid/Coast 16 Black Region Race/Ethnicity Gender Age

#19: Do you binge drink? If yes, how often?

San Mateo County Youth Commission, Needs Assessment Survey 2006

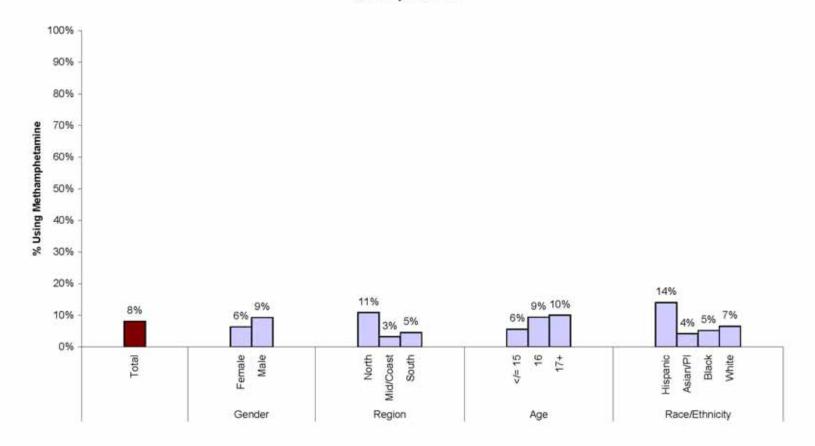
Chapter 1, Description: Page 25 of 81

Chapter 1. Description: Page 26 of 81



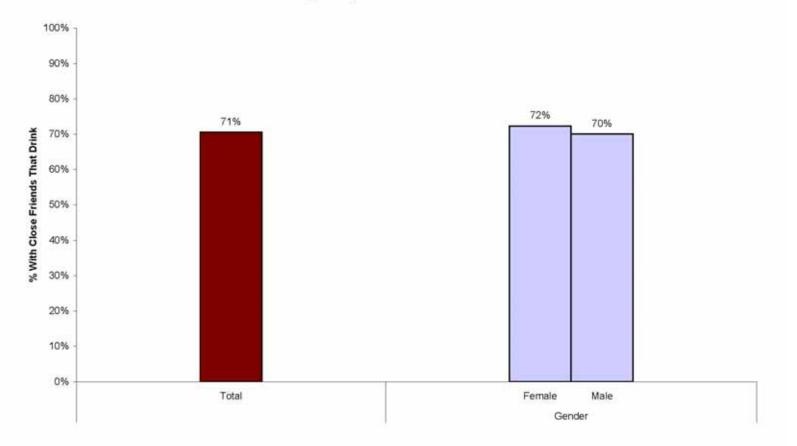
#22_01: What other drugs have you used or do you currently use: Marijuana

Chapter 1, Description: Page 27 of 81



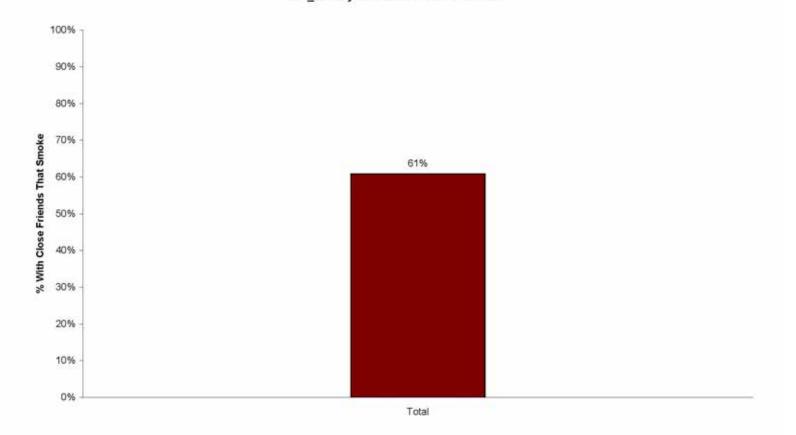
#22_06: What other drugs have you used or do you currently use: Methamphetamine

Chapter 1. Description: Page 28 of 81

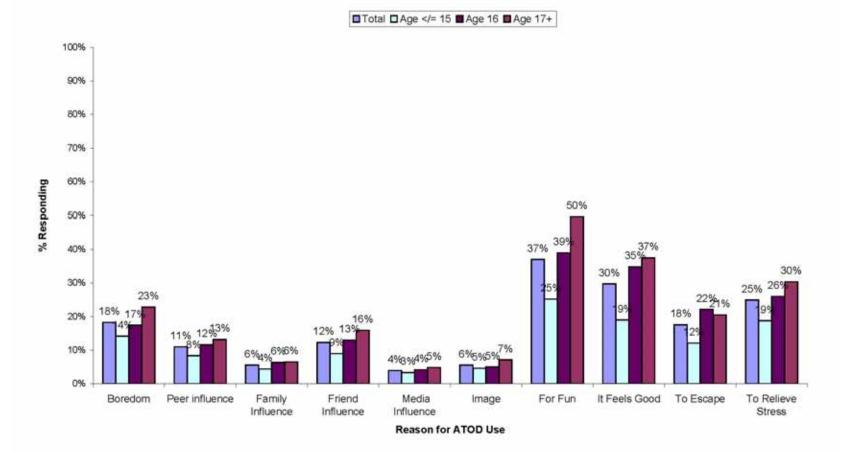


#23_1: Do your close friends drink?

Chapter 1, Description: Page 29 of 81



#23_2: Do your close friends smoke?

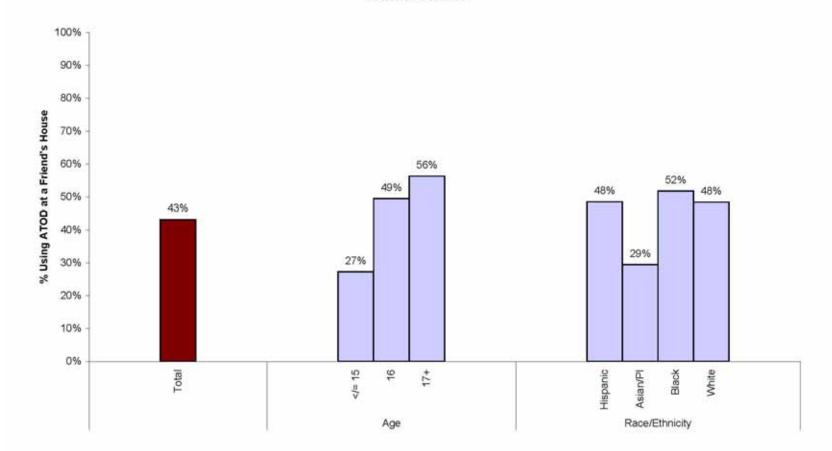


#24: Why do you use alcohol, tobacco or other drugs?

San Mateo County Youth Commission, Needs Assessment Survey 2006

Chapter 1, Description: Page 30 of 81

Chapter 1, Description: Page 31 of 81



#26_2: Where do you use alcohol, tobacco or other drugs: A friend's house

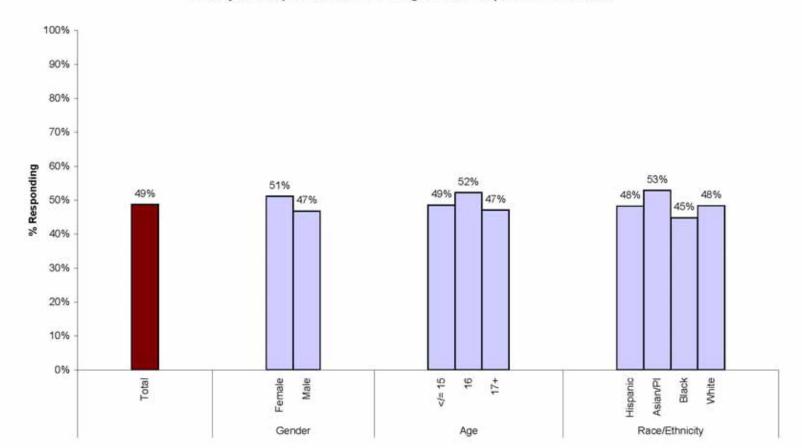
Elementary School Middle School High School 100% 90% 80% 70% 60% % Responding 50% 40% 30% 18% 20% 15% 13% 15% 14%14% 12%11% 1% 9% 8% 119 9% 7% 6% 9% 8% 10% 5% 4% 2% 2% 0% Total Female Male Hispanic Asian/PI Black White Race/Ethnicity Gender

#33: When was the first time you bought drugs?

San Mateo County Youth Commission, Needs Assessment Survey 2006

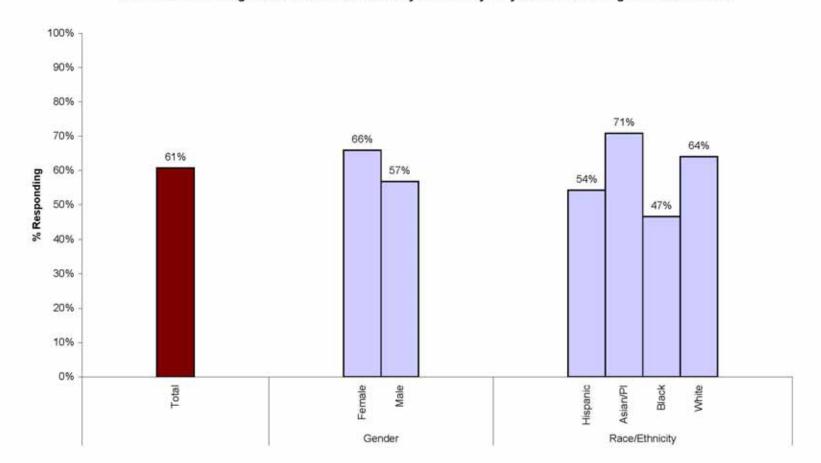
Chapter 1, Description: Page 32 of 81

Chapter 1. Description: Page 33 of 81



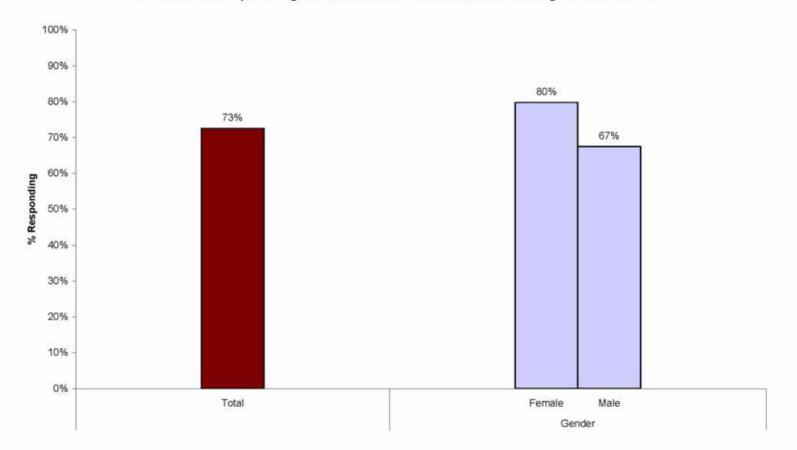
#40: My school provides effective drug and alcohol prevention services.

Chapter 1, Description: Page 34 of 81



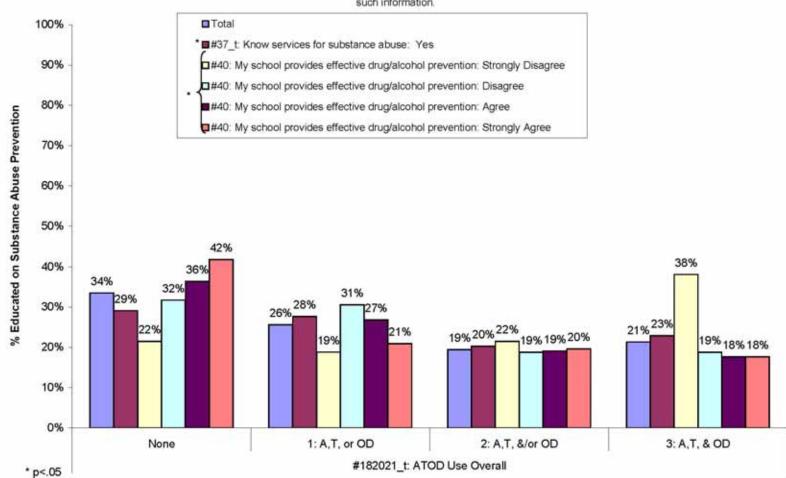
#41: There are enough activities and events in my community for youth that are drug and alcohol free.

Chapter 1, Description: Page 35 of 81



#42: Youth need a place to go for entertainment or recreation that is drug and alcohol free.

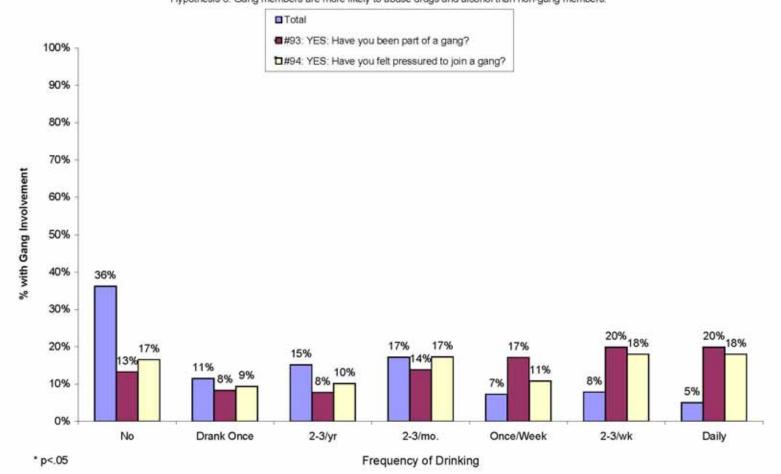
Chapter 2, Hypothesis Testing: Page 36 of 81



#182021_t: ATOD Use Overall

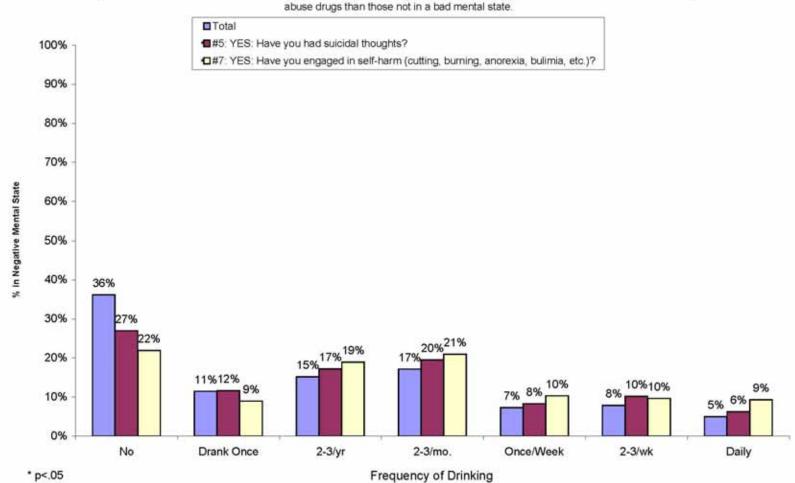
Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

Chapter 2. Hypothesis Testing: Page 37 of 81



#18_t: Do you drink? Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

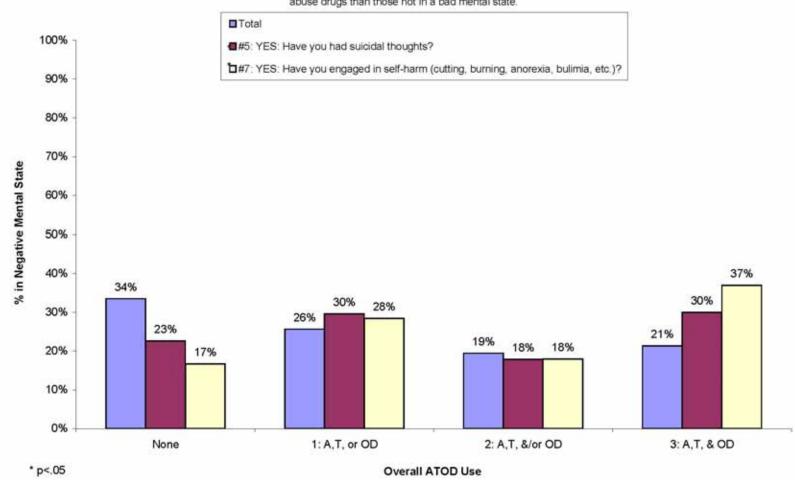
Chapter 2, Hypothesis Testing: Page 38 of 81



#18_t: Do you drink?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to

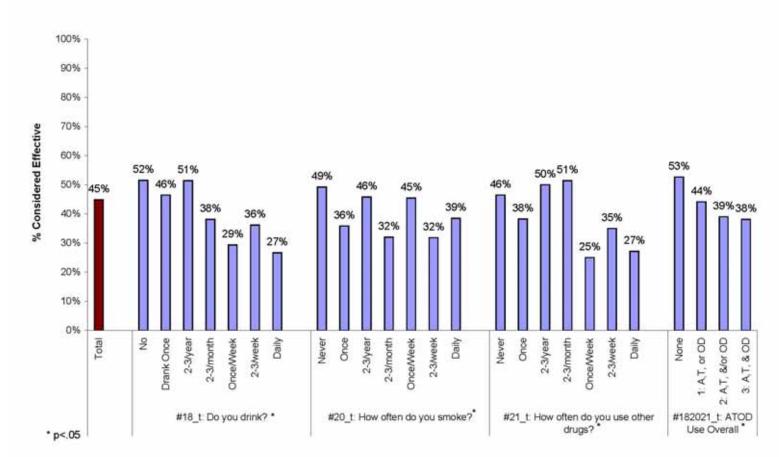
Chapter 2, Hypothesis Testing: Page 39 of 81



#182021_t: ATOD Use Overall

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

Chapter 2, Hypothesis Testing: Page 40 of 81



#43_6: Effective Substance Abuse Prevention: ATOD Free Recreation

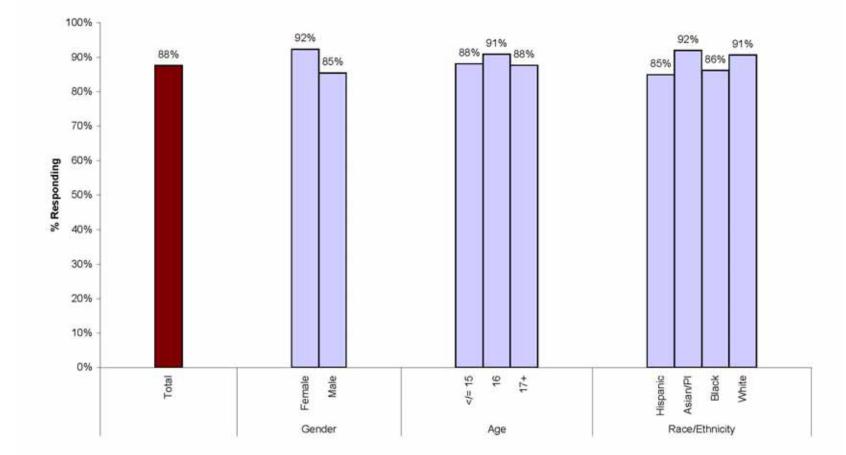
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

Chapter 1. Description/Overview, Page 41 of 81

Sex and Sexuality

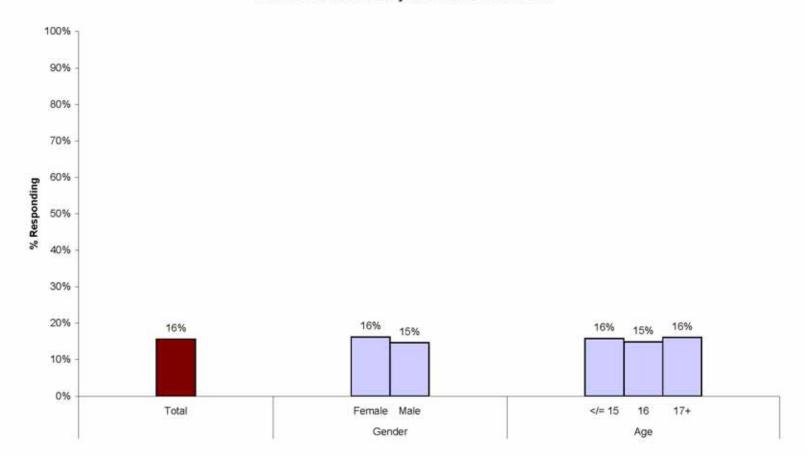
Questions 44 through 73

Chapter 1, Description: Page 42 of 81



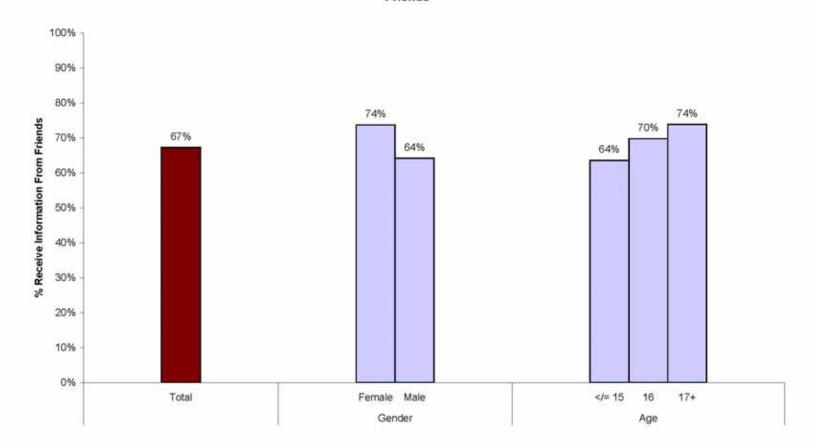
#44: Schools should provide education about sex and sexuality.

Chapter 1, Description: Page 43 of 81



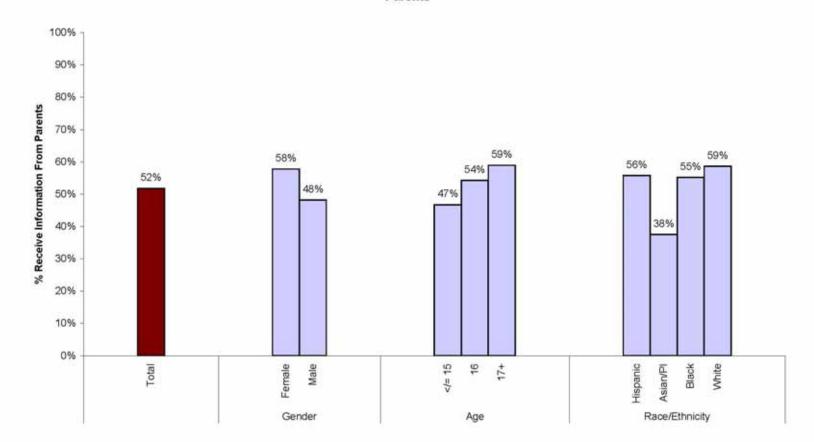
#45: Schools should only teach about abstinence.

Chapter 1, Description: Page 44 of 81



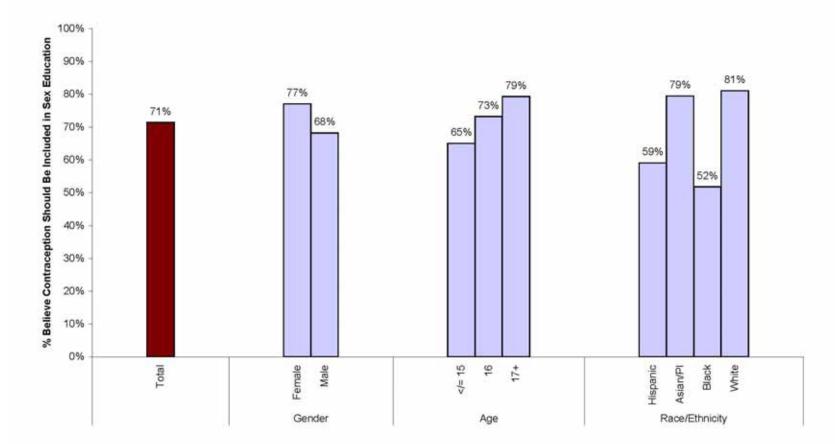
#48_05: Where do you receive information about sex and sexuality: Friends

Chapter 1, Description: Page 45 of 81



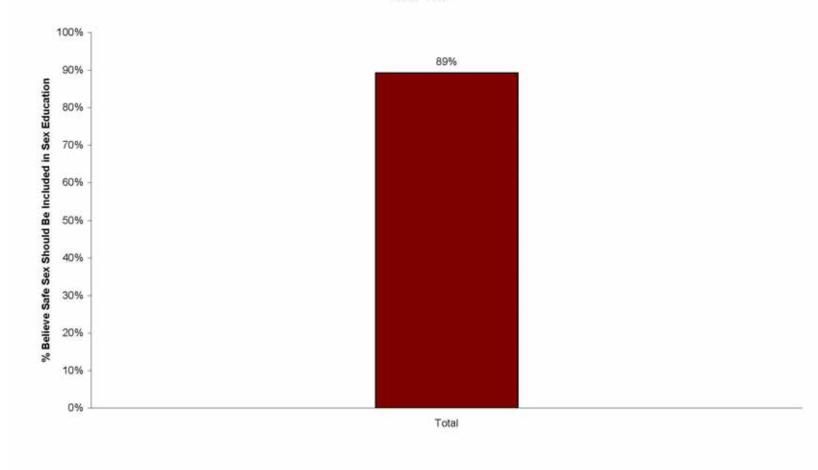
#48_06: Where do you receive information about sex and sexuality: Parents

Chapter 1, Description: Page 46 of 81



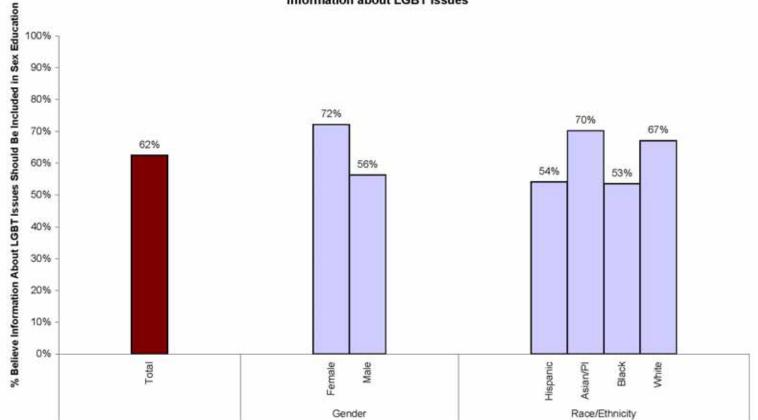
#50_1: Which of the following topics should be included in sex education: Contraception

Chapter 1, Description: Page 47 of 81

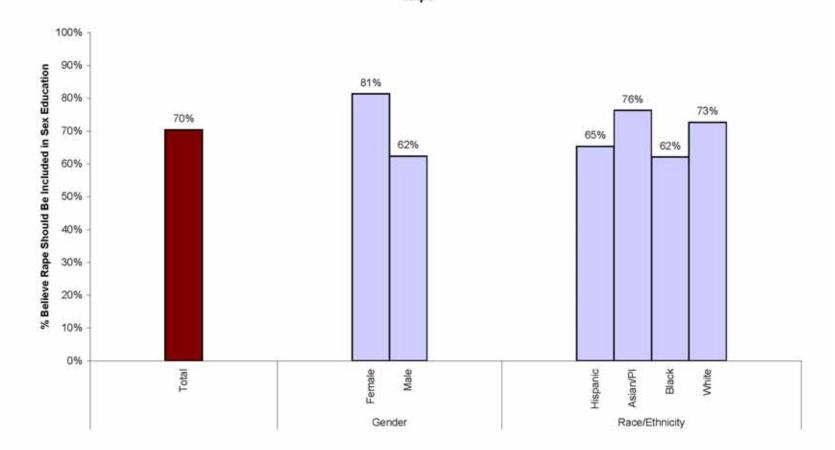


#50_2: Which of the following topics should be included in sex education: Safe sex

Chapter 1, Description: Page 48 of 81

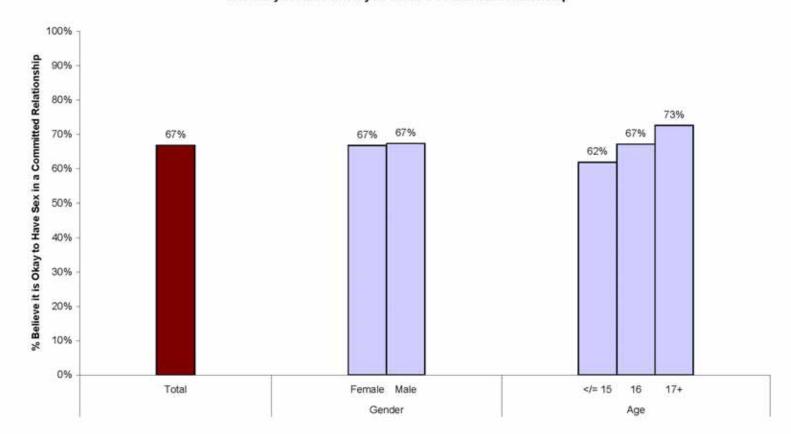


#50_4: Which of the following topics should be included in sex education: Information about LGBT issues



#50_6: Which of the following topics should be included in sex education: Rape

Chapter 1, Description: Page 50 of 81

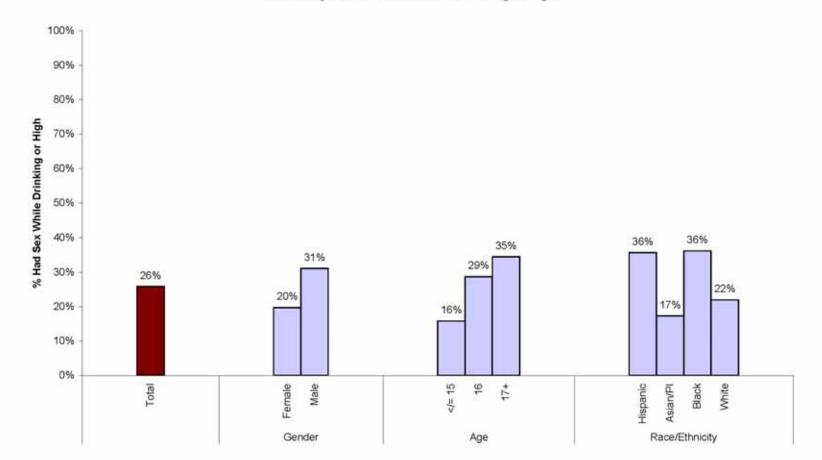


#52_1: Which of the following is closest to your beliefs: It is okay to have sex if you are in a committed relationship

San Mateo County Youth Commission, Needs Assessment Survey 2006

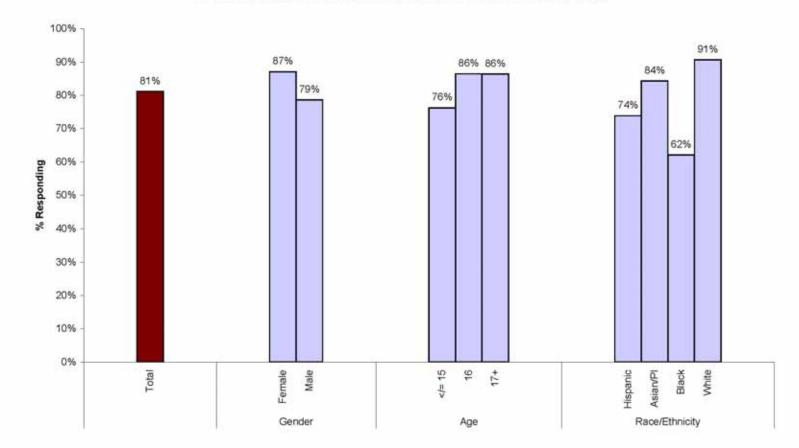
178

Chapter 1, Description: Page 51 of 81



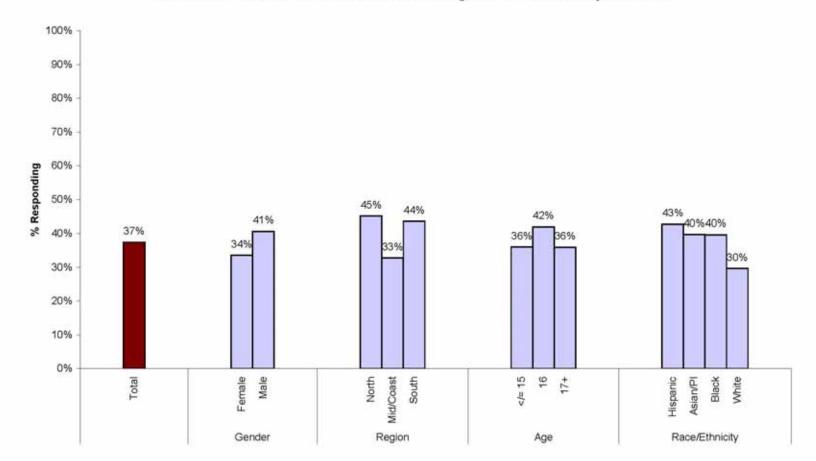
#62: Have you ever had sex while drinking or high?

Chapter 1, Description: Page 52 of 81



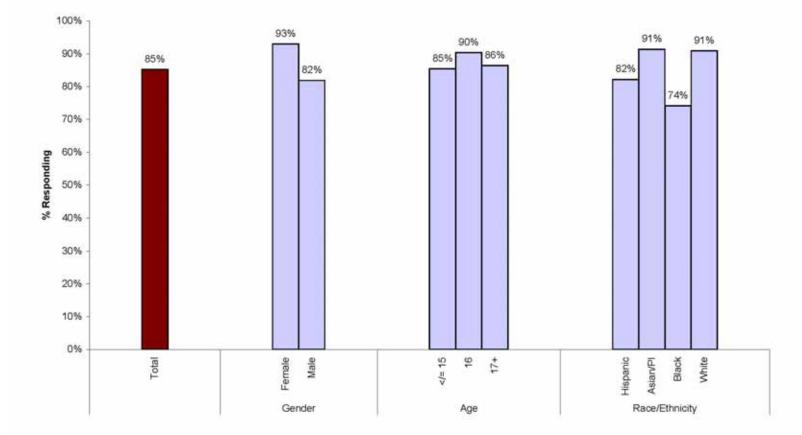
#69: I am making informed personal decisions about sex and sexuality.

Chapter 1, Description: Page 53 of 81



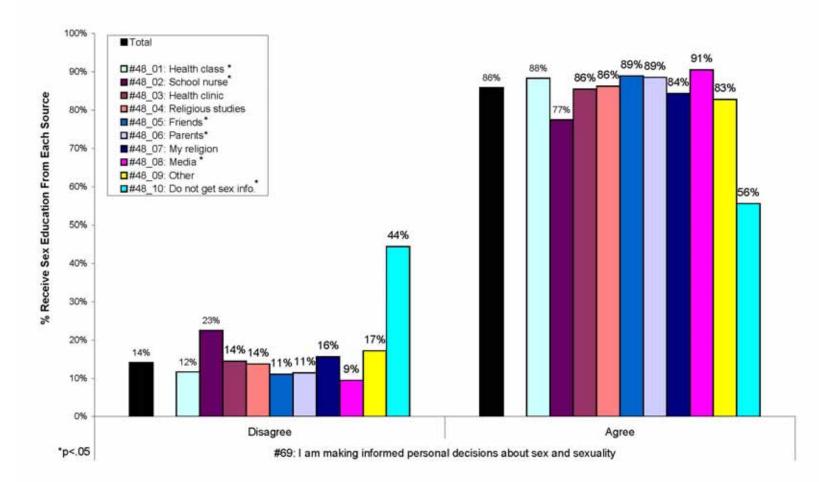
#71: Parents should be able to excuse their son/daughter from sex/sexuality education.

Chapter 1. Description: Page 54 of 81



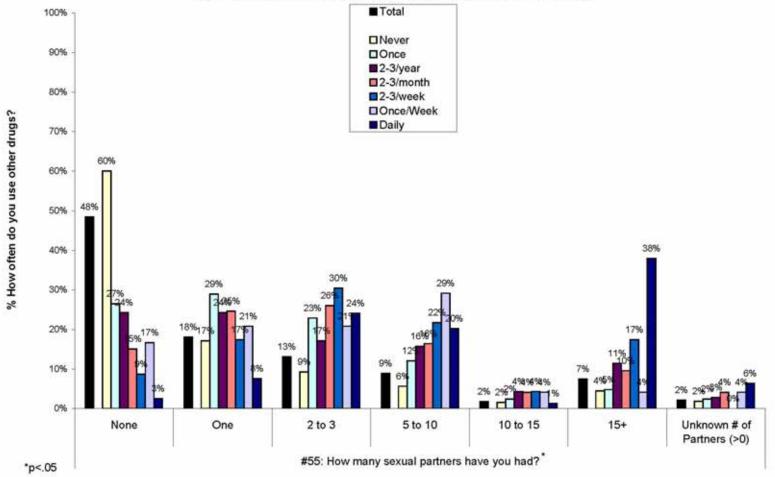
#72: Sexually active youth should get tested for STDs, HIV, and/or AIDS.

Chapter 2. Hypothesis Testing: Page 55 of 81



#69: I am making informed personal decisions about sex and sexuality Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

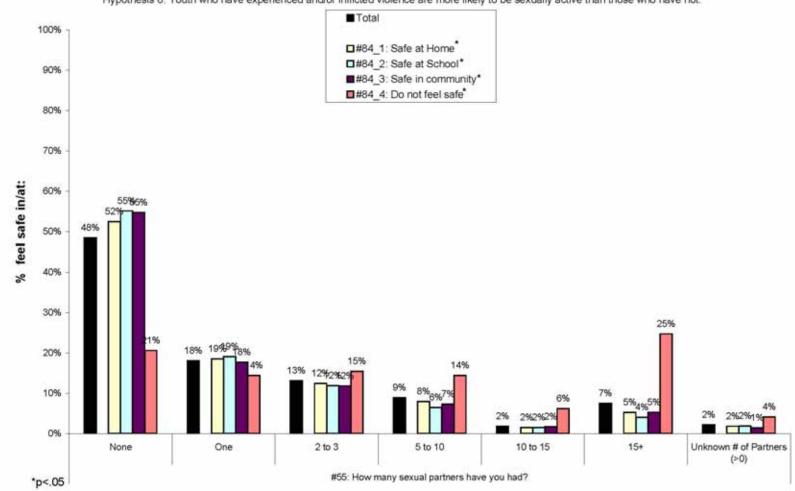
Chapter 2, Hypothesis Testing: Page 56 of 81



#55: How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.

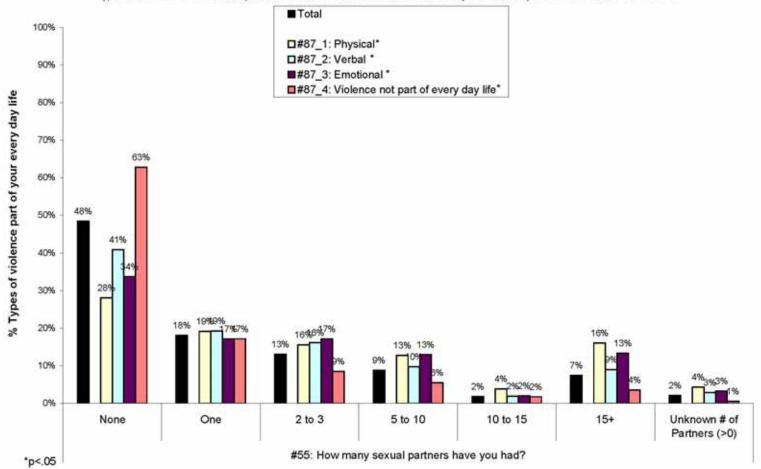
Chapter 2, Hypothesis Testing: Page 57 of 81



55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

Chapter 2. Hypothesis Testing: Page 58 of 81



55: How many partners have you had?

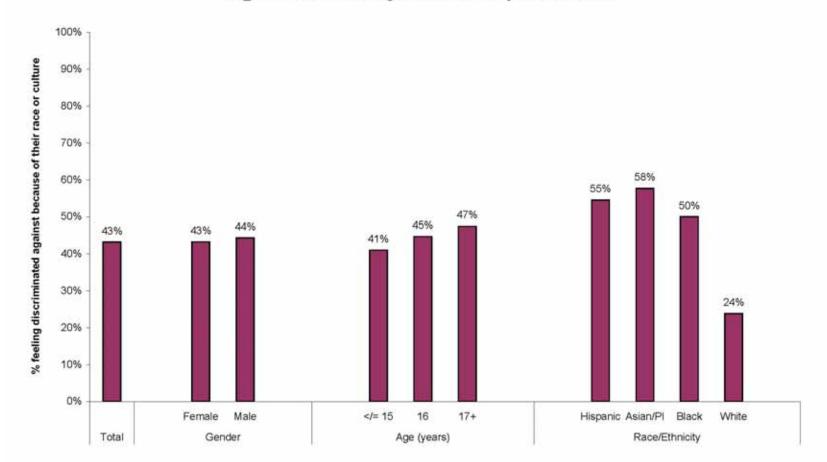
Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

Chapter 2, Hypothesis Testing: Page 59 of 81

Discrimination

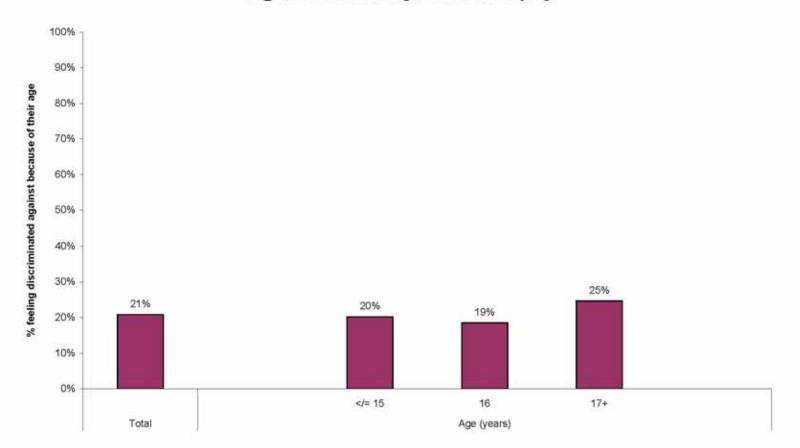
Questions 74 through 82

Chapter 1, Description: Page 60 of 81



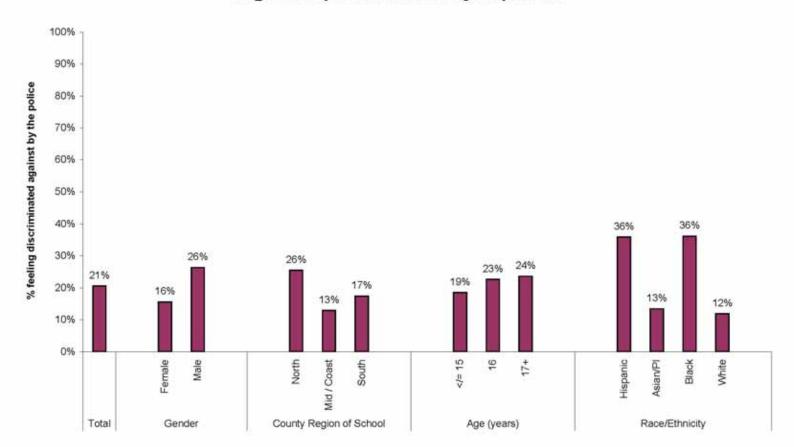
#78_1: Feel discriminated against because of my: Race or culture

Chapter 1, Description: Page 61 of 81



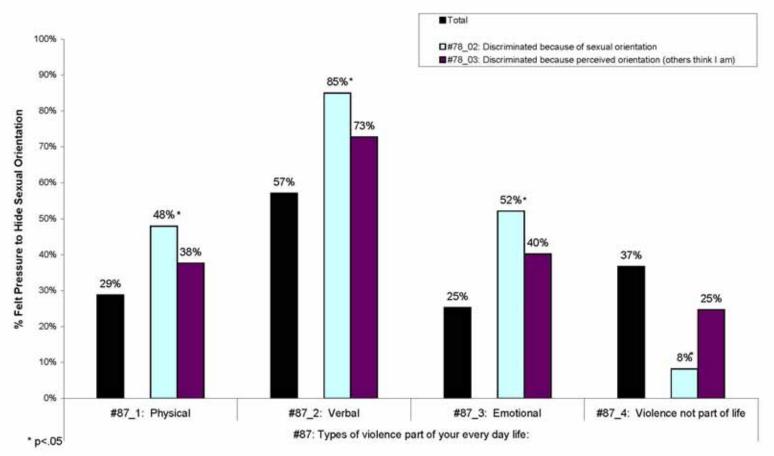
#78_7: Feel discriminated against because of my: Age

Chapter 1, Description: Page 62 of 81



#80_4: Who do you feel discriminates against you: Police

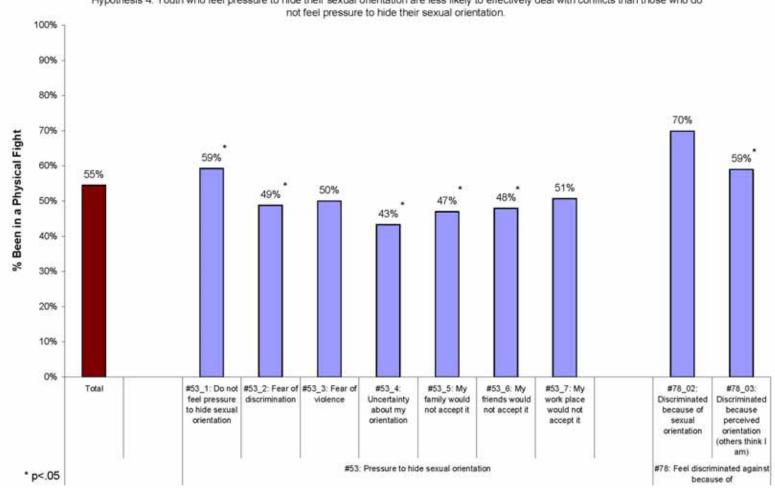
Chapter 2. Hypothesis Testing: Page 63 of 81



#87: Types of violence part of your everyday life:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.

Chapter 2, Hypothesis Testing: Page 64 of 81



#89: Have you been in physical fight?

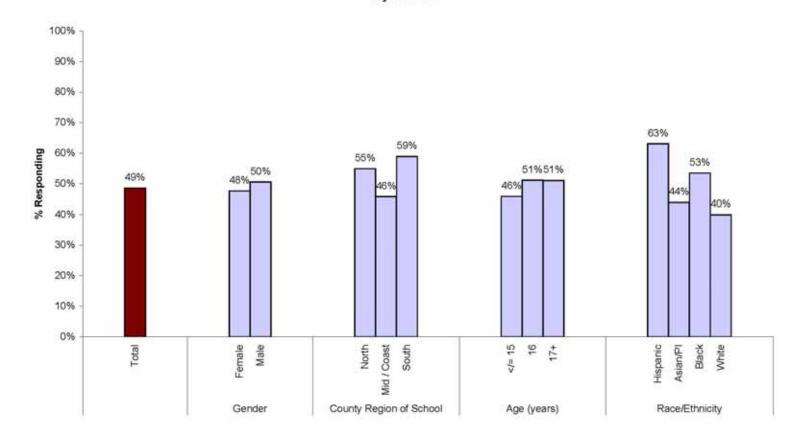
Hypothesis 4. Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do

Chapter 2, Hypothesis Testing: Page 65 of 81

Violence

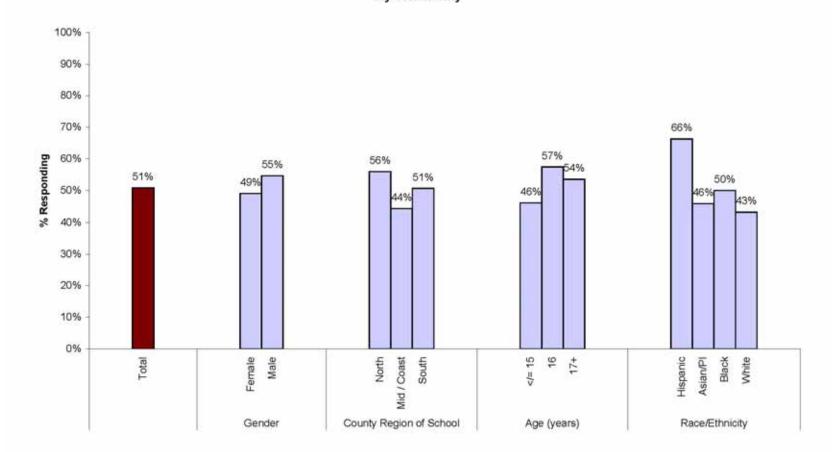
Questions 83 through 108

Chapter 1, Description: Page 66 of 81



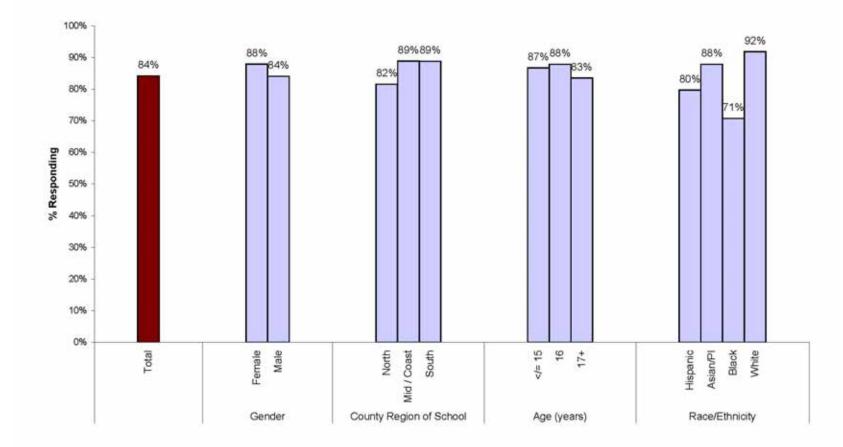
#83: There is violence in/at: My school

Chapter 1, Description: Page 67 of 81



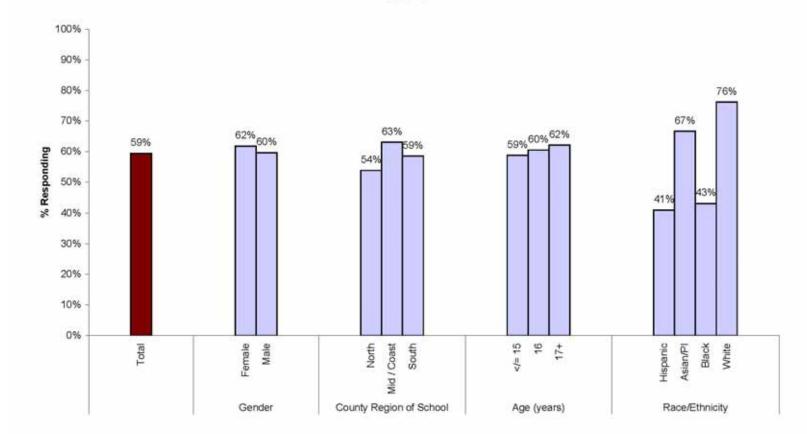
#83_2: There is violence in/at: My community

Chapter 1, Description: Page 68 of 81



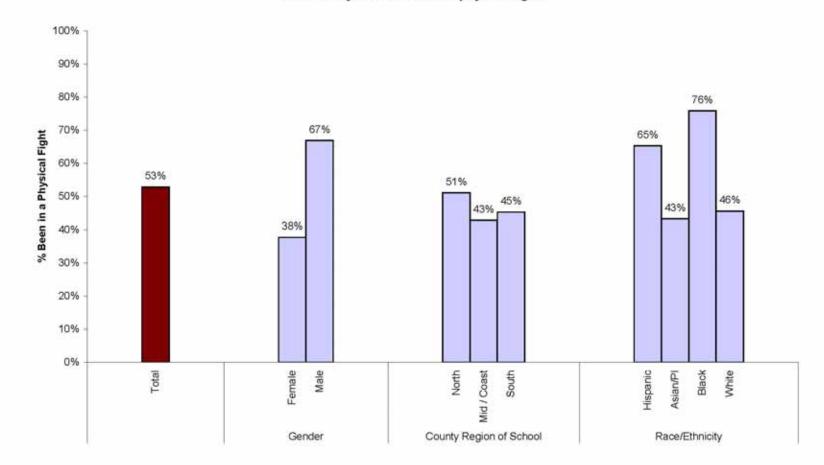
#84_1: I feel safe in/at: Home

Chapter 1, Description: Page 69 of 81



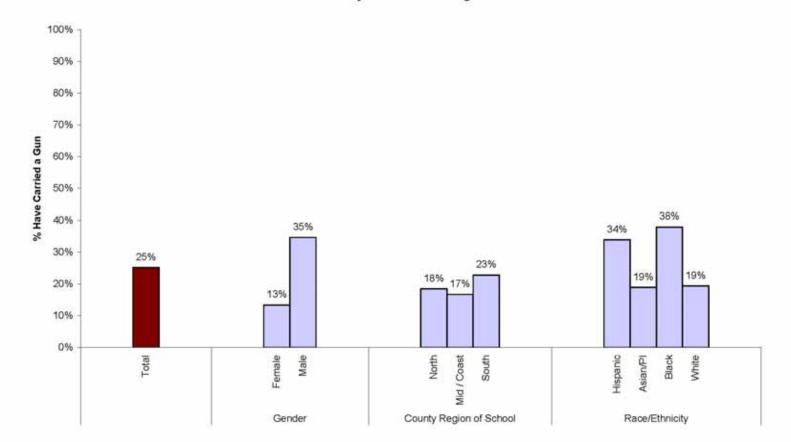
#84_2: I feel safe in/at: School

Chapter 1, Description: Page 70 of 81



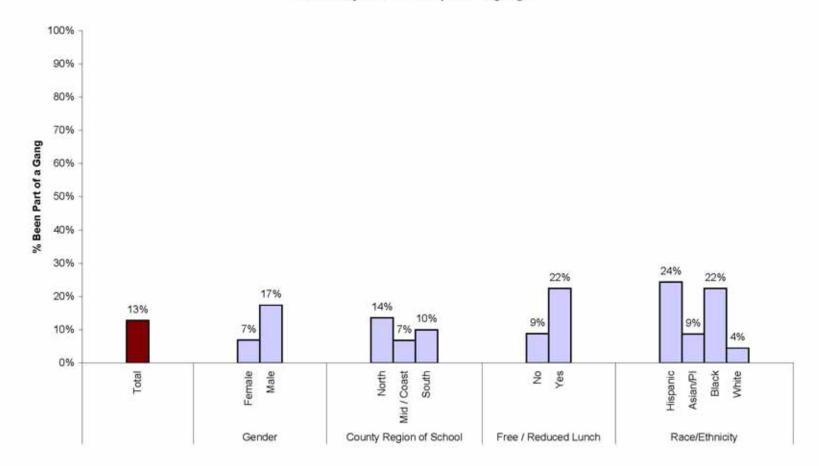
#89: Have you ever been in a physical fight?

Chapter 1, Description: Page 71 of 81



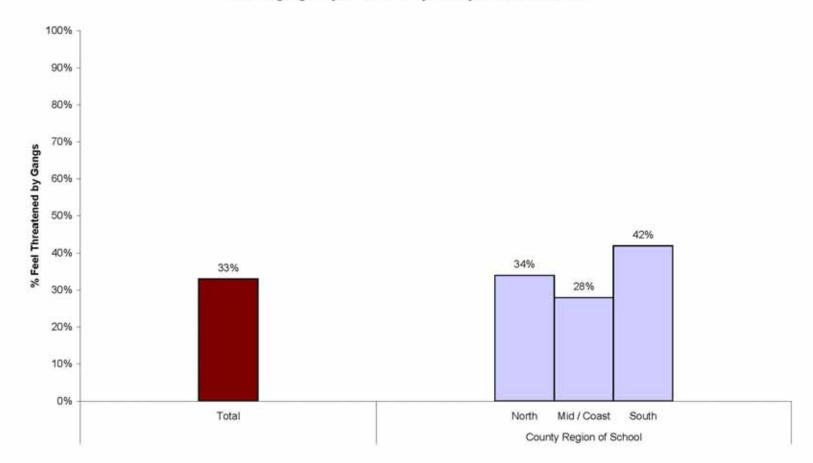
#91: Have you ever carried a gun?

Chapter 1, Description: Page 72 of 81



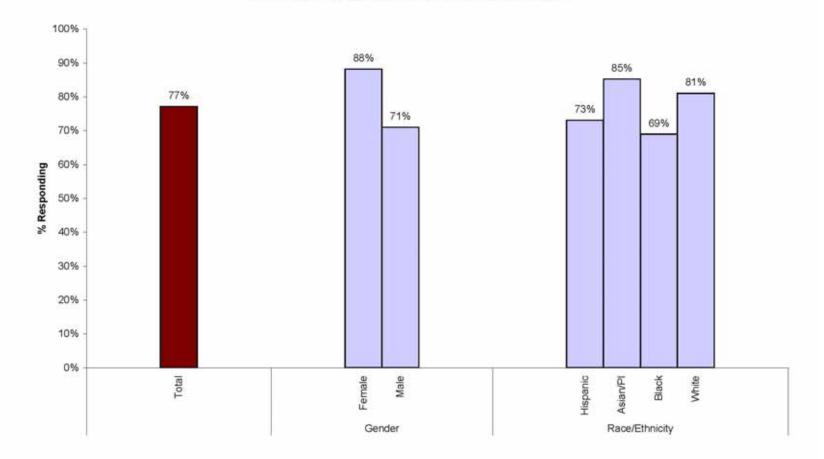
#93: Have you ever been part of a gang?

Chapter 1, Description: Page 73 of 81



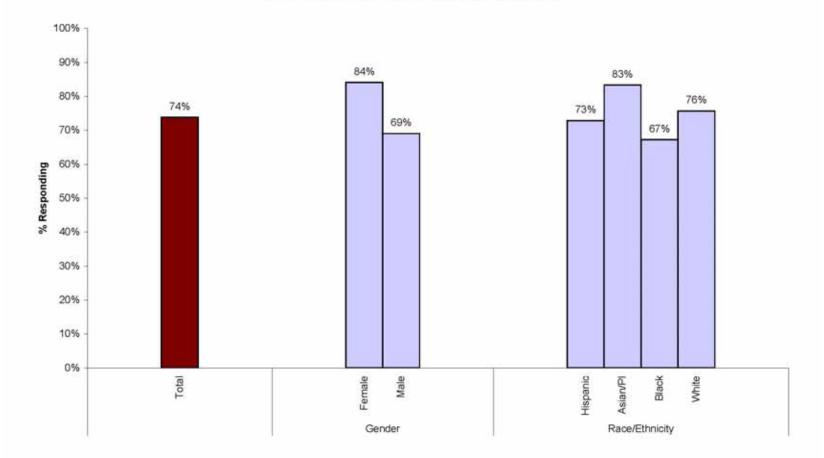
#96: Do gangs in your community make you feel threatened?

Chapter 1, Description: Page 74 of 81



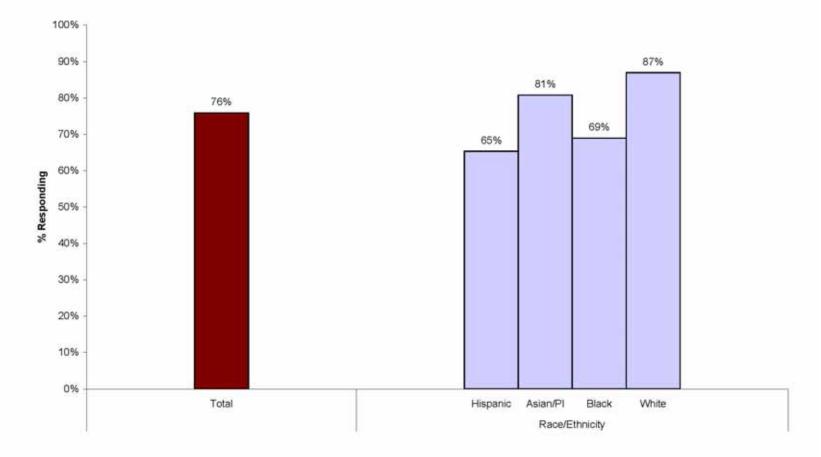
#97: Youth need education about violence prevention.

Chapter 1, Description: Page 75 of 81



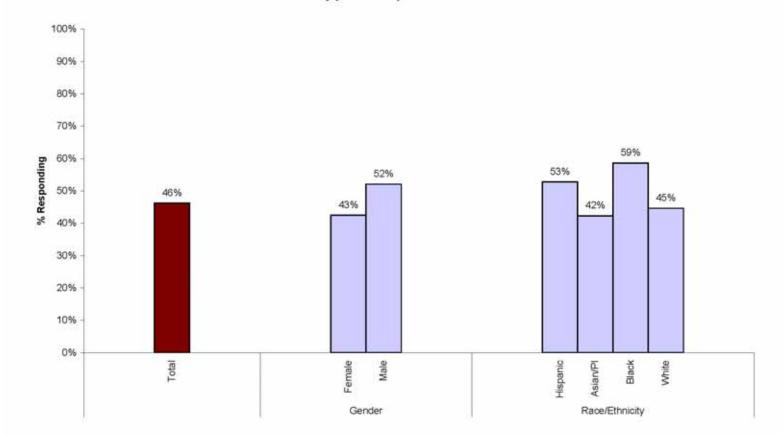
#98: Youth need more gang prevention programs.

Chapter 1, Description: Page 76 of 81



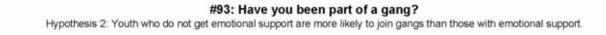
#100: I know non-violent ways to deal with conflict.

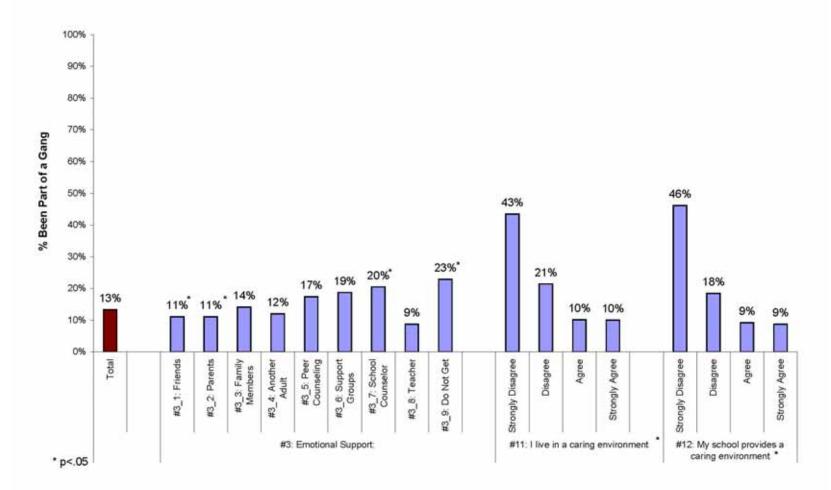
Chapter 1, Description: Page 77 of 81



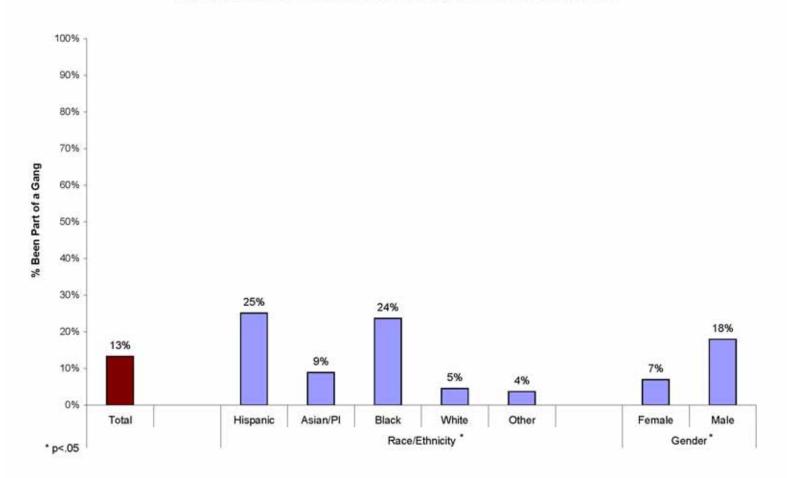
#102: My peers accept violent behavior.

Chapter 2, Hypothesis Testing: Page 78 of 81



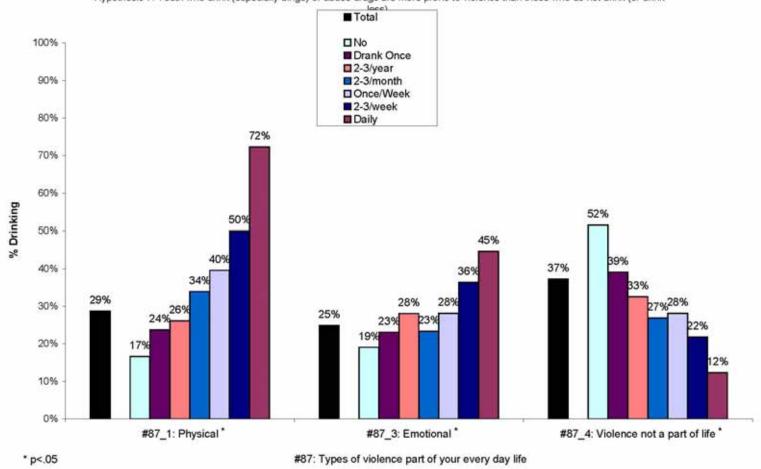


Chapter 2. Hypothesis Testing: Page 79 of 81



#93: Have you been part of a gang? Hypothesis 4: Boys and nonwhites are more likely to be gang members than whites and girls.

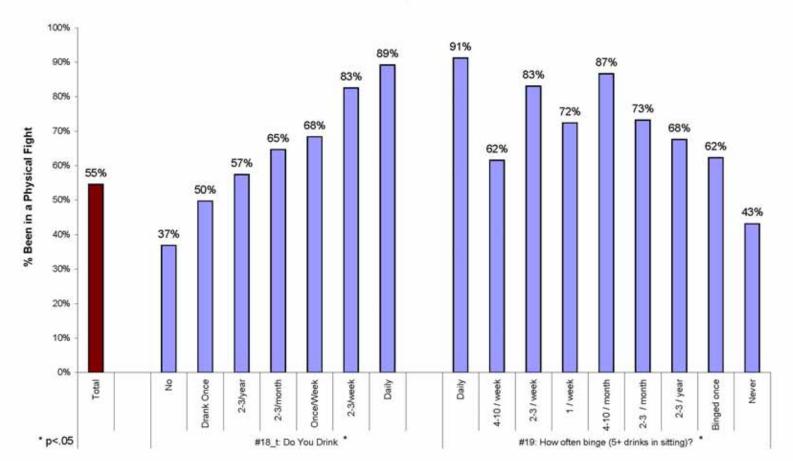
Chapter 2. Hypothesis Testing: Page 80 of 81



#87: Types of violence part of every day life

Hypothesis 7. Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink

Chapter 2, Hypothesis Testing: Page 81 of 81



San Mateo County Youth Commission, Needs Assessment Survey 2006

#89: Have you ever been in a physical fight?

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink

less).