



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

Commission on Aging General Informational Meeting Notes

Monday, January 8, 2024 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: JoAnne Arnos; Angela Giannini; Monika Lee; Joyce Porter; Maria Elena Barr; Irene Liana; Liz Taylor

Members Excused: Karen Coppock; Eileen Barsi; Patty Clement; Ophelie Vico; Kathy Uhl; Marita Leth

Members Absent: Jeff Austin

In Person Public Attendance: Supervisor Canepa, Tony Bayudan, Kevin Joyner, Elyse Brummer, Deborah Owdom

Public Virtual Attendance: Robert Hall; Jean Perry; Wesley Taoka; Cynthia Nakayama; Pat Carbullido; Sandra Winter; Twila Dependahl; Sandra Lang; Ophelie Vico

Due to lack of quorum, the CoA held an informational meeting. All agendized items requiring motion/second/approval will be included in the February General Meeting Agenda.

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order by Chair Lee at 9:02 am followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was not established. Commissioners held an informational meeting.
4. Introduction of members of the public	Ophelie Vico joined virtually as a member of the public and Sandra Lang introduced herself and wished all a Happy New Year.
5. Oral Communications	No oral communications were made.
6. Approval of Today's Agenda; January 8, 2024	Quorum was not established. The agenda was not approved and the Commission held an informational meeting.
7. Approval of Minutes: November 13, 2023	Tabled
8. Update on BoS activities regarding aging items: Supervisor Canepa	Supervisor Canepa attended and wished everyone a Happy New Year. He thanked Lisa and staff for all their work.



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He introduced Kevin Joyner as the staff liaison from his office and emphasized his commitment of prioritizing work with the CoA this year. Supervisor Pine and he are on the Measure K committee. He feels Older Americans are not getting the services they need and wants to know what the Board can do to help fund services and how we can advance the work of the Commission and put dollars behind it.

He asked the following question of the Commission: Where can we improve?

- Commissioner Taylor feels SamTrans is resisting efforts to establish a bus stop at Veterans Village in Colma
- Chairperson Lee is hopeful Measure K support will increase for programs and services for older adults
- Commissioner Giannini stressed the Medical Equipment Loan program is an important program and needs space for storing and distributing equipment. She also asked when will Measure K decisions be made?

Supervisor Canepa thanked Commissioners for their comments. He will have Kevin look into space for the equipment loan program and projects that Measure K decisions will be made in March.

As for other space for the county, COB3 building will soon be ready to open and encourages the Commission to visit.

He also announced the interviews for new Commissioners took place with Supervisor Corzo and he as the interviewers. They focused their



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	<p>selections on those that presented they would actively attend, engage and contribute to the work of the Commission. They also placed emphasis on diversity.</p>
9. Committee and Ad Hoc Reports	<p>a. Executive Committee</p> <p>Chairperson Lee reported the newly elected Executive Committee met last week. She looks forward to working with everyone. The committee discussed starting the year with best practices for Commissioners to follow. 5 best practices were identified. Vice Chair Porter shared the practices:</p> <p>5 best practices:</p> <ol style="list-style-type: none">1. Contact staff before each meeting if you are unable to attend.2. If you are attending a meeting at 2000 Alameda, please contact Anna or staff to let them know you have arrived, and they will come to accompany you to the meeting room.3. Actively engage in work of the committee and commission. Many hands make the work light when we share the load.4. Spell out acronyms when first used.5. When representing the Commission, please advocate or present information that is approved by the Commission. If not approved but an important item for you, please present the item/opinion as a “private citizen/resident.”
b. Resource Access and Inclusion Committee (RAIC)	<p>Chairperson Lee reported that RAIC has completed the major task of updating the Help@Home guide. Special thanks to Commissioner Barsi for leading the work and to all who assisted.</p>



	<p>A successful year of tabling was accomplished under the leadership of Vice Chair Porter. For the new year we have the following scheduled:</p> <ul style="list-style-type: none">• January 26 Millbrae Senior Showcase• February 17 Black History Month Celebration in East Palo Alto. <p>Commissioner Porter will be tabling and welcomes others to join her. Thank you Joyce!</p> <p>Updating of the buddy list is still in progress. If you haven't done so yet, please submit to Monika.</p> <p>c. Middle Income Senior Opportunity (MISO) Committee</p> <p>Commissioner Barr reported for Commissioner Austin. The committee is continuing to update their work plan. Focus is on how to connect with faith based communities. She also reported 35% of shelter population are older adults and the committee is discussing housing needs for this population.</p> <p>d. Transportation and Aging in Community (TAIC) Committee</p> <p>TAIC: Commissioner Liana reported for Commissioner Uhl. Their last meeting was held in November. They continue making good connections with SamTrans and receiving updates on transportation for older adults. They have released their updated mobility guides which are available for the public. They continue discussing the critical need for transportation especially for seniors who can no longer drive.</p> <p>The Work plan is being reviewed and the committee has agreed that the items included are broad and are discussing how to update the plan to focus on smaller tangible and achievable goals.</p>
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10. Presentations and Speakers	<p>The following presentations were recommended for this year:</p> <ul style="list-style-type: none">• Mental health services.• Transportation• Aging and Disability Resource Connection (ADRC) Program
11. Member Reports	<p>Commissioner Giannini asked if there is a waiting list for home delivered meals in RWC. Anna replied increased support is being provided to home delivered meal providers to expand their capacity to provide meals. She asked that the Commissioner talk with our staff to gather more information.</p> <p>Commissioner Giannini is also concerned that many businesses are no longer accepting cash in SMC. She asked Supervisor Canepa for his opinion on this trend? The Supervisor replied all stores should accept cash.</p> <p>Commissioner Taylor is concerned that cities that received age friendly designation are struggling. Supervisor Canepa replied he would like to work with CoA to gather more information on how the Board can support the work.</p> <p>Commissioner Arnos reported on behalf of Commissioner Barsi that they are trying to get a senior day in Pacifica to get businesses to offer discounts and encourage local business to support older adults.</p>
12. Staff Report	<p>Lisa announced that after 40 years working for the county and 20 of those years as Director of Aging and Adult Services, she will be retiring at the end of March. She thanked the Commission for their dedication and work advocating and supporting the needs of older adults and adults with disabilities.</p>



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	Anna reported that Cristina Ugaitafa is leaving her position as Community Program Analyst and joining the Area Agency on Aging in Contra Costa County. She thanked Cristina for her 17 years of service at Aging and Adult Services.
13. Announcements	No announcements were made.
14. Stretch Break	10 minute stretch break
15. Strategic Planning Session	Chairperson Lee led a strategic planning discussion. It was agreed that it will be important to have a planning session when new and more Commissioners can participate. The session will be rescheduled.
16. Adjourn	The meeting ended at 11:02am.



Commission on Aging

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