

San Mateo County Behavioral Health and Recovery Services

Criteria for Entry to BHRS Services for Children and Youth A Referral Guide for Partners in Probation, Education and Child Welfare

The Child/Youth System of Care is committed to serving children and youth with, or at risk of, serious emotional and behavioral disturbance (SED) and their families. All referred youth will be given a mental health screening or assessment to determine their eligibility and the appropriate level of care. Families of referred youth will be asked to participate in a financial screening to determine any fee obligation.

Emergency Services:

Emergency Mental Health Services are provided through Psychiatric Emergency Services located at the San Mateo Medical Center, 222 39th Avenue, San Mateo.

Psychiatric Emergency Services (PES) – 573-2662

Eligible Populations:

- Child/Youth with Medi-Cal, Healthy Families or Healthy Kids insurance who meet State-defined medical necessity criteria for specialty mental health services, including services to child/youth with SED.
- San Mateo County wards and dependents.
- Child/Youth determined to be 26.5 eligible.
- Child/Youth in psychiatric crisis are generally eligible for services.
- Child/Youth to be served by a special, grant funded program that receives no Medi-Cal or county safety net funding may not meet criteria above, but may have other specific, target population criteria.

Criteria for Uninsured Child/Youth with No Other Benefits or Resources:

The following areas are taken into consideration to determine an individual's eligibility for County Mental Health safety net services:

- Previous status as a ward or dependent receiving mental health status.
- A diagnosis that places the child/youth at risk for serious mental illness as an adult.
- Continued impairment or risk factors.

Co-Occurring Disorders:

Behavioral Health and Recovery Services can provide medical consultation for some conditions, including for clients who have a developmental disability, substance abuse issues, and/or medical conditions. BHRS works collaboratively with substance abuse programs in the treatment of SED clients with co-occurring substance abuse issues and offers Dual Diagnosis services for clients in Regional care.

Populations Generally NOT served by San Mateo County BHRS:

- Individuals who have private insurance.
- Individuals whose behavioral health conditions are secondary to medical conditions such as cognitive impairment due to Mental Retardation or Autism

Continuance of Medications:

San Mateo County BHRS ordinarily does not accept referrals of individuals whose only need is to obtain continuation of psychiatric medication services previously covered through private health care. The assessment of need will consider current risk factors and possible need for System of Care services.

Process for Child/Youth Referrals:

All medication evaluation requests will be managed by the ACCESS Team and will include discussion with existing therapists or a referral to an assessing therapist prior to a referral to a psychiatrist.

The grid below identifies the BHRS teams that should be contacted directly by the referring person. **Unless specified, it is not necessary to call the ACCESS Team for most referrals.**

HOW TO REFER CHILDREN/YOUTH TO BEHAVIORAL HEALTH SERVICES

Referring Source	Description of Child/Youth	Direct Referral	Supervisor	Phone #
Juvenile Justice	Any youth with Juvenile Justice involvement	Youth Services Center	Scott Peyton	650-312-5347
Child Welfare	Child and Family Treatment Collaborative	Edgewood	Victoria Colligan	415-375-7581
Child Welfare	Any in-county youth with Child Welfare involvement placed at any Shelter, Foster Care Facility, or home or Therapeutic Foster Care Home, or at risk of out of home placement	Child Welfare Mental Health Team	Louise Robaina	650-372-8559
Child Welfare	Out-of-County placement	ACCESS Team	Lynda Frattaroli	1-800-686-0101
Education Staff	For 26.5 assessment	Central Assessment Team	Nancy Littlefield	650-583-1260 x235
Any source	Medication Assessment for youth not attached to any unit	ACCESS Team	Lynda Frattaroli	1-800-686-0101
Community family, community partners	All other youth with mental health services needs	ACCESS Team	Lynda Frattaroli	1-800-686-0101

For more information about San Mateo County BHRS Child/Youth Services – refer to our website.

www.sanmateo.networkofcare.org

Please remember – ACCESS is always available if you are not sure whom to contact.

ACCESS Team – Supervisor, Lynda Frattaroli – 1-800-686-0101