



STAR VISTA



Youth SOS and FURS Overview

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THE STARVISTA CRISIS CENTER



StarVista Crisis Center

**Youth Stabilization
Opportunity and Support
(YSOS)**

Partners with
Family Urgent
Response System

**24/7 Suicide
Crisis Hotline**

Now includes 988

Teen Crisis Services

Crisis Text and Chat
School and Community
Presentations
Mental Health First Aid

PROGRAM GOALS



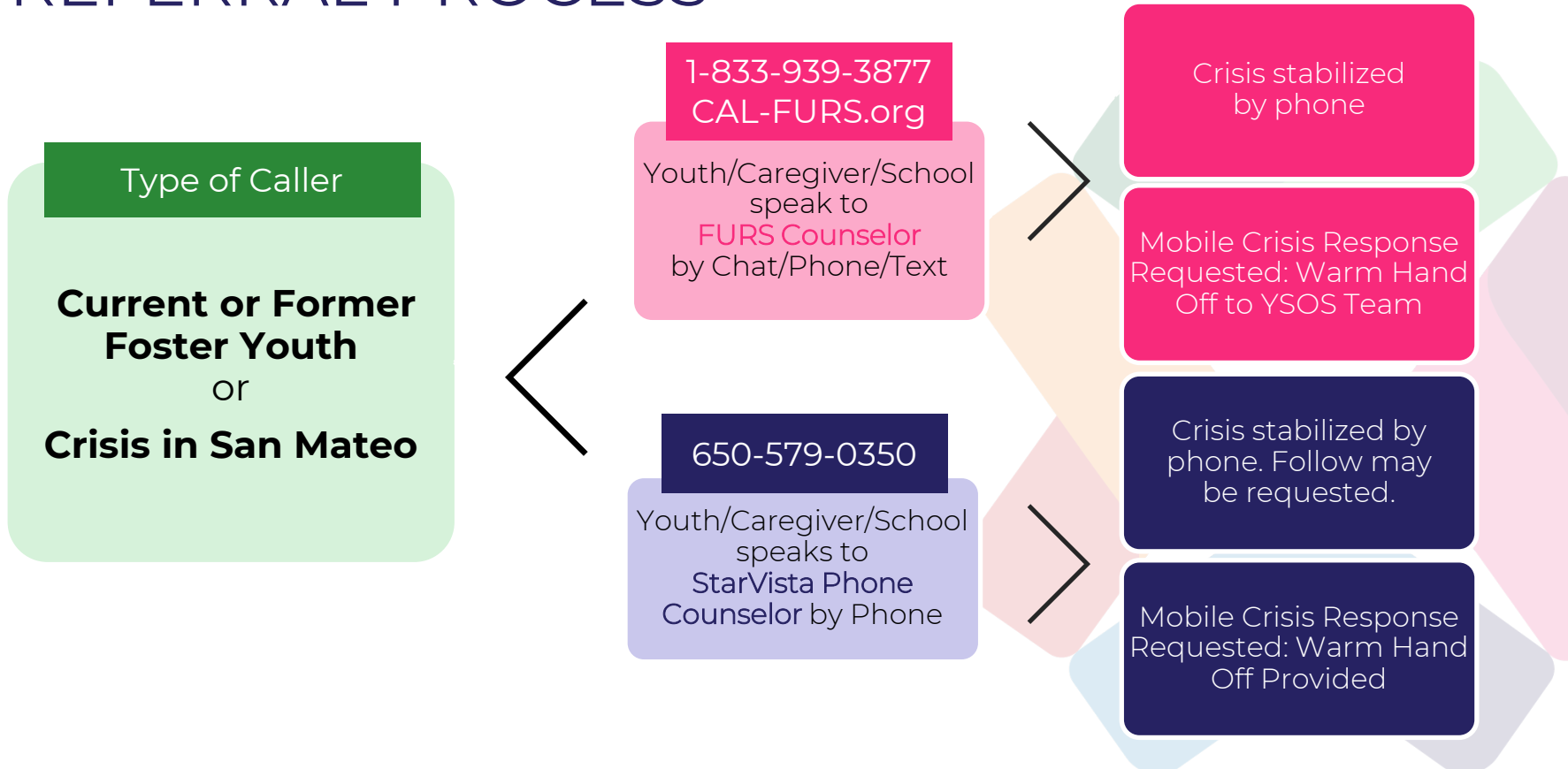
- Maintain and support stability in current living situation for current youth in foster care
 - ✓ Increase stability in placement
 - ✓ Decrease placement changes
 - ✓ Decrease placement to out of home facilities
- Improve trust and relationship between youth and caregiver



STAR VISTA

- Decrease youth psychiatric emergency service visits
- Decrease hospitalizations for self harm
- Decrease emergency calls to law enforcement for youth in crisis
- Improve family/caregivers' ability to navigate crisis and increase access of emergency crisis services.

REFERRAL PROCESS



PROGRAM OVERVIEW

24/7 Crisis response for youth ages 0-25 years old

Response Team:

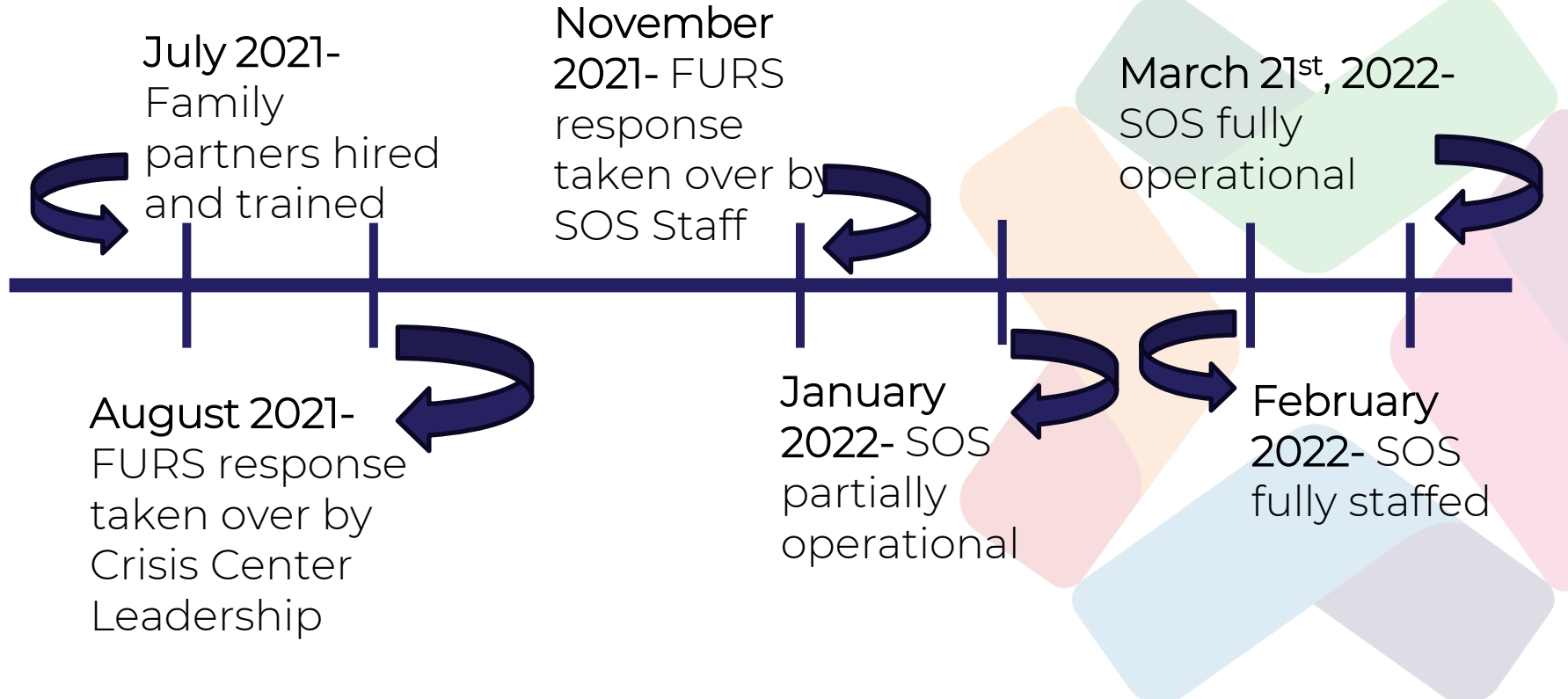
- Mental Health Clinician
- Family Partner
- Youth Peer Specialist

Response Time:

- Immediate Response: 1 hour
- Delayed 1-3
- Follow Up: 24+



TIMELINE OF IMPLEMENTATION



2022-2023 DATA REVIEW



117

Referrals Received

21

In-Person Responses

35

School Consultations

60

Parent Consultations

100

Follow-Up Services

WHO IS REFERRING



IN PERSON RESPONSE

Number of schools: 5

Type of School
Elementary - 2
Middle - 1
High - 2

Home: 16



TELEPHONE RESPONSE

Number of Schools: 30

Type of School
Elementary - 3
Middle - 11
High - 16

Home: 60

“WHY ONLY A TELEPHONE RESPONSE?”

- ✓ School may be seeking consultation/ phone assistance as part of protocol
- ✓ SOS team collaborate/working with established system of care
- ✓ Consent is not given
- ✓ Caregivers - information only calls
 - Psychoeducation on suicide or suicidal behaviors
 - System navigation



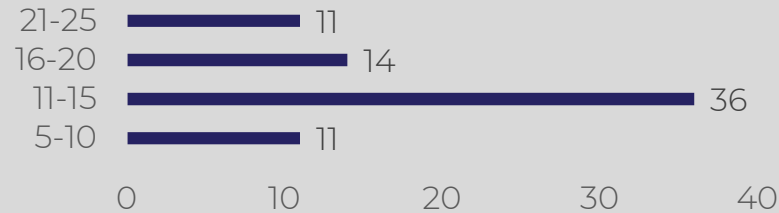
2022-2023 DEMOGRAPHICS

Gender



- Male: 14
- Female: 9
- Transgender: 1
- Nonbinary: 1
- Declined: 1
- No Response: 9

Age



Languages

51 English 3 Spanish

Location



- San Mateo-14
- Redwood City-9
- Daly City-7
- Pacifica-7
- South San Francisco-5
- San Bruno-4
- San Carlos-4
- Half Moon Bay-1

ACCESSING SERVICES

Call our Crisis Line to access Youth SOS



StarVista Crisis Hotline

- Local Line: **650.579.0350**
- With a 650-area code: Dial 988



Cal-FURS Hotline

- Hours: 24/7
- Phone: 833.939.3877



Teen Crisis Services

- Text line: (650) 747-6463
- Chat: www.sanmateocrisis.org
- Hours: Mon- Thurs | 4:30 pm-9:30pm



Crisis Center Website

- Community Outreach
- www.sanmateocrisis.org

LOOKING AHEAD



1

Improve communication between data systems
(Crisis Hotline and Youth SOS)

2

Improve demographic collection with callers in crisis

3

Advocate for Cal-FURS to share data with county

4

Increase education and community outreach for Family Urgent Response System (FURS)

5

Youth specific outreach efforts - outreach materials, presentations to youth groups.

6

Parent education and resource workshops