

# RECOVERY SERVICES

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SAN MATEO COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES

ALCOHOL AND OTHER DRUG SERVICES

SEPTEMBER 5, 2019

# WHAT ARE RECOVERY SERVICES?

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Per DHCS FAQ: “Recovery services are important to beneficiaries in the recovery and wellness process. As part of the assessment and treatment needs of Dimension 6, Recovery Environment of the ASAM Criteria, and during the transfer/transition planning process, beneficiaries will be linked to applicable recovery services. Treatment is designed to emphasize the beneficiary’s central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self management.”

Source: [https://www.dhcs.ca.gov/provgovpart/Documents/DMC-ODS\\_Waiver/DMC-ODS\\_Recovery\\_Services\\_FAQ.pdf](https://www.dhcs.ca.gov/provgovpart/Documents/DMC-ODS_Waiver/DMC-ODS_Recovery_Services_FAQ.pdf)

# WHAT ARE RECOVERY SERVICES?

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- Mix of Aftercare/Outpatient
- Can be provided by all programs and all levels of care
- Can be provided in-person, by telephone/telehealth or in the field
- Components:
  - Outpatient Counseling Sessions – groups and individuals
  - Case Management: Recovery Monitoring, Substance Abuse Assistance, Support for Education and Job Skills, Family Support, Support Groups, Ancillary Services

# DOCUMENTATION REQUIREMENTS

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- Open a Recovery Services episode in Avatar
  - No: CalOMS
  - Yes: Medical necessity/Diagnosis, County of Residence, ARF, Consents/ROI, Care Plan, Progress Notes, Case Management Notes, Discharge Summary, Referrals
  - Situational: ASAM Assessment
  - Billing: Process groups are subject to 2-12 client limit



# WHO CAN PROVIDE RECOVERY SERVICES?

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- Yes: AOD Counselors, LPHAs, and registered counselors and associate LPHAs
- Not yet: Peer-to-peer services
  - County must submit a training plan to DHCS before peers can provide substance abuse assistance services
  - Program must make sure the peer is not on the OIG exclude or Medi-Cal suspended/ineligible lists.

# WHAT ABOUT MAT AND NRT?

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- Clients admitted to a NRT program should receive counseling and other support services through the NRT program.
- Clients receiving MAT may be admitted to a Recovery Services program once they've completed a SUD treatment program. They may continue to receive medication support while in a Recovery Services program.

# STRUCTURING RECOVERY SERVICES

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Option #1 - Use your current or past Aftercare programs

Option #2 - AOD has manuals and handouts from the Chronic Care Model developed by McKay-Flaherty

Option #3 – Use another structure or develop your own that complies with the DMC-ODS regs for Recovery Services

We can come to your program and provide technical assistance:

Email your Analyst and cc Diana Hill, [dhill@smcgov.org](mailto:dhill@smcgov.org)