



Behavioral Health Commission

Unadopted Minutes

Wednesday, July 6, 2022

Zoom Meeting

BOARD MEMBERS PRESENT: Jean Perry, Yoko Ng, Sheila Brar, Chris Rasmussen, Randy Torrijos, Paul Nichols, Hudson Fox, Kristina Bell, Leticia Bido, Candice Hawley, Michael Lim, Katelyn Chang

STAFF: Scott Gilman, Chantae Rochester, Sylvia Tang, Maria Lorente-Foresti, Gina Beltramo, OCFA

BOARD MEMBERS ABSENT:

Excused: Cherry Leung, Frieda Edgette

Un-excused:

OTHERS PRESENT (signed in): Alison Little, Carlos Morales, Clara Jaeckel, Deborah Kemper, Jim Lawrence, John Butler, Martin Fox, Maureen, Mike, NAMI, Nancey Goodban, Pat Willard, Pat Way, Sydney Hoff, Twila Depandahl, Erica Horn, Cathy Baird, Frank Vella, Christina Corppus, Johanna Rasmussen, Thomas Weismiller

CALL TO ORDER

The meeting was called to order at 3:32 p.m. by Sheila Brar

INTRODUCTIONS

Commission members introduced themselves

APPROVAL OF TODAY'S AGENDA

Approval of the Agenda with the following changes:

- Add Carlos Morales to the presentation
▶ **M/S/C** Bido/Rasmussen

APPROVAL OF MINUTES

Approval of minutes from the June 1, 2022, Behavioral Health Commission Meeting

▶ **M/S/C** Hawley/Lim

Approval of minutes from the June 15, 2022, Executive Committee Meeting

▶ **M/S/C** Hawley/Lim

Correspondence, Announcements, and Public Comment

Michael Lim – 3 announcements, I will put links for all in the chat.

1. SAMHSA with Pacific Southwest is funding a 5-day Motivational Interviewing Training beginning 7/25
2. Webinar “Trauma Doesn’t Have to Be a Life Sentenced, New Science of Resilience” on 7/12
3. Webinar “Peer Support in Demand”

Candice Hawley

I was a peer support worker with San Mateo County for three years and I can not be grandfathered into the peer support certification because of the cut off date. This is very frustrating.

Captain Bell

We had a successful gun buyback event in South San Francisco on June 4. We collected 392 firearms, 7 assault rifles, and 12 shot guns. Our next gun buyback is Saturday, December 3, in San Carlos.

Yoko Ng

Thank you for the collaboration with the city mayors who helped me to host two Mental Health First Aid (MHFA) trainings. The Youth MHFA training was in South San Francisco (SSF) with the Parks and Recreation staff, we have trained over 30 staff with SSF. The Adult MHFA training was in Daly City on June 24 with a small group of law enforcement personnel and the general public.

John Butler

September is Suicide Prevention Month. Sylvia Tang is organizing events and reaching out to the community. I want to request that the commissioners work with your city’s mayors to encourage them to be active during suicide prevention month and to help us to create events.

Erica Horn, California Clubhouse

Thanks to everyone who attended our 7th Anniversary Celebration at Central Park. We’ve restarted our meal program and we are now open 5 days a week 8:30-5:00 and we are on zoom 9:00-4:00. We’ve restarted our holidays in person. We had a Memorial Day event and a July 4 event. We are actively accepting and orientating new members. If you or someone you know who might want to join our clubhouse, membership is open.

Pat Willard

This day and age when the country is hell bent on going back to the 1950’s, California needs to treat people with dignity, respect, and care.

STANDING COMMITTEES

A. Committee for Children & Youth

Reported by Katelyn Chang & Hudson Fox

Next meeting will be held on July 20, 2022, at 4:00 p.m.

Via Teams

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on July 20, 2022, at 10:30 a.m.

Via Teams

C. Committee for Older Adults

Reported by Jean Perry

The next meeting will be held on September 7, 2022, at 11:00 a.m.

Via Teams

D. Committee for Alcohol and Other Drug Services

Reported by Paul Nichols

The next meeting will be held on July 19, 2022, at 1:00 p.m.

Via Teams

E. Mental Health Services Act Steering Committee

Reported by Leticia Bido and Jean Perry

The next meeting will be held on October 6, 2022, at 3:00 p.m.

Via Zoom

Public Comment

John Butler

September is Recovery Happens Month, there's a list of events on the Voices of Recovery (VOR) website. The Recovery Happens Picnic is Wednesday, 9/28 and the proclamation is Tuesday, 9/13.

Director's Report

Reported by Scott Gilman, Director

Gilman gave a budget update, presentation is attached.

Please see the [latest issue](#) of the *Director's Update*. Topics include:

- Celebrating Mental Health Month
- Cariño Project Expands Services for Coastside Farmworkers and Families
- Behavioral Health Commission (renamed)
- Psychiatric Emergency Response Team (PERT)
- Contractors' Association Spotlight - StarVista
- CalAIM Corner: No Wrong Door

Past issues can be found [here](#).

Public Comment

Candice Hawley

The rankings that we received is great but let us not forget we have so much work to do. That ranking shocked me, as a black person there's no way I would think out of 1200 communities, I would put San Mateo County at the bottom. There are so many underserved people in this county.

Jean Perry

You mentioned Cal Aim, the possible secret code that cost cutting needs to happen in the prevention of services and that something that is not solved is for people who lack housing, finding the right fit for their housing. I know people who are housed but it does

not support recovery. Since there is more funding coming, how do we expand what we've got so that it fits what people need?

A: We're looking at a couple of ideas for how to do things differently. The county needs to buy the property and know that the place is going to get trashed, and that person will not be evicted, they need to remain there.

Michael Lim

I am encouraged to hear that we are ranked as high as we did, especially in our mental health services. It may not feel like we are on top of the heap but talking to other counties we are by far ahead of a lot of counties out there. Yes, there's a lot of work to be done. As far back as in the 60's when they ended the hospitals the funding has been short, so we've got decades of work to catch up on. I have confidence in our leadership team and executives with the county in terms of budgeting their one-time funds that we will be getting and making sure the reserves are used judiciously. The state is working on Cal Aim and on July 1, the \$2,000 limit for Medi-Cal recipients is being increase quite a bit. One of the major challenges for our clients in that they can't save enough to get the things they need. Now they have an opportunity to save more than \$2,000 without losing their benefit.

Martin Fox

Can you give us a report on the SMART car contract that was due July 1? It was a three-year contract in 2019 and we haven't had any mention of it and how it works in San Mateo County?

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention Committee Reported by Yoko Ng

The Suicide Prevention Committee met on Tuesday, July 5, at 1:30-3:00 p.m.

- The Network Partnership Workgroup
 - Update on the outcomes of the 16 "Be Sensitive Be Brave Community Trainings" that were hosted January – June of this year
 - Brainstormed which partners to work with to host this training
- Resource Dissemination Workgroup
 - Brainstormed regarding September Suicide Prevention Month activities and target audience

The next Suicide Prevention Committee meeting is Tuesday, August 2, at 1:30 p.m.

Mental Health/Law Enforcement Committee Reported by Chris Rasmussen

We are bringing the recommendations forward for a vote to submit the recommendations to the Board of Supervisors. Thank you to all who spoke up and shared their thoughts and ideas.

Old Business

Action Item: Vote to submit the Mental Health/Law Enforcement Ad/Hoc Committee recommendations to the Board of Supervisors.

► **M/S/C** Rasmussen/Nichols, passed unanimously

Public Comment

Pat Willard

Thank you for allowing me to review the document and make recommendations. I congratulate the team for all the work to put this together. I recommend that the commission give their approval.

Kathy

I support sending the recommendations of the Mental Health/Law Enforcement Ad/Hoc Committee to the BOS. I appreciate the consistent concept of countywide integrated services; it will keep everyone safer and get them the help they need.

Martin Fox

Put a reference to the SMART car and the American Medical Response because the SMART car, according to measure K oversight committee, has failed to meet its target for three consecutive years. It is supposed to be the behavioral health emergency service that is supposed to serve the county and all the cities, with the exception of South San Francisco. It's really important to integrate it into all of the emergency services, especially when you start talking about changing dispatchers' scripts.

New Business

No New Business to report.

Presentation

McGuire Correction Facility, Acute Stabilization Unit

Presented by Carlos Morales, Director of Correctional Health Services, Correctional Health Services

Acute Stabilization Unit

- Offers programs treating a range of conditions for the incarcerated
 - To meet the needs of those with mental health conditions that may have landed them in jail
 - Present a threat to themselves or other inmates or staff
- The facility offers mental health services to male and female inmates who have mental health challenges and/or substance use disorders
- The stabilization unit is operated by Liberty Healthcare Corporation in coordination with county staff

Fixin San Mateo County

Presented by: Nancy Goodman, Executive Director, Fixin San Mateo County and Jim Lawrence, Board Chair, Fixin San Mateo County

Goal

Establish an effective community-based Sheriff Oversight Board and Inspector General, both with subpoena power, to address resident complaints, investigate issues, and make policy and practice recommendations.

Strategies

Develop and roll out a robust community-based campaign to persuade the Board of Supervisors to use their legislative authority to pass an ordinance for strong and independent civilian oversight.

To see the full presentation, please see attached.

Public Comment

Paul Nichols

I'm confused by the branding, what is Fixin San Mateo County? What type of push back are you receiving from the Sheriff and law enforcement?

A: That is just the name of our non-profit. The Sheriff embraces our efforts. We met with the Board of Supervisors (BOS), and I'm pleased to report they are forming a committee to study this recommendation and hopefully move it forward. We are hoping to bring it to light before the end of the year.

Michael Lim

Question for Carlos. Are peer support services available to the incarcerated? What about clients who are youth?

A: We do not have peers in the jail, we do have non-licensed individuals who are working in the jail, we do have peers working with Choices. We only provide medical and dental services to youth; their treatment is provided by BHRS.

Question for Fixin SMC. Do you have plans to include justice involved peers on your oversight group?

A: We are going to have the community involved, if there is someone with that expertise they will be included.

Jean Perry

Two questions for Carlos:

1. McGuire is a men's facility, what services are available for women?
2. What happens with people who are transgender or transitioning?

A: The Behavioral Health program for women is at Maple Street. We do have women who utilize the acute stabilization unit, they put up privacy screens. We are considering moving some of the women to McGuire for sheltered living.

Yoko Ng

Fixin San Mateo County

I would like to learn more under reported incidents involving different diversity, other minority groups within our county.

Question from the chat:

How much would it cost to create the committee and where would funding come from?

A: We are using the Sonoma County method which is 1% of the Sheriff's budget to fund the oversight committee.

Marine

I want to express my total opposition to a civilian oversight committee. It is a misguided agenda item, and the proposed ordinance is severely flawed. The composition of who would serve on the oversight committee is flawed, to see out people who have not been able to manage their own lives and put them in a position of overseeing the lives and careers of our Sheriff's would be a mistake and irresponsible. To put people who are in the country illegally in a position of authority over the Sheriff's would be wrong.

Johanna Rasmussen

I serve on the Juvenile Justice & Delinquency Committee. I come from a family who has worn a police badge for over 100 years. Three generations of the San Francisco Bay Area serving and protecting our community and I absolutely, 100% support the Fixin San Mateo County effort. This is not about, not having officers going home safely, this is not about a political movement or social justice warrior. Good officers' welcome oversight.

Mike

I agree with Marine's comments.

Martin Fox

Understand that the real proponents of this are the people who supported AB 1185 the chief proponent of this was the American Civil Liberties Union, they gave CalOSHA the Lanterman-Petris-Short-Act (LPS) in 1970 and has repeatedly refused to repeal or modify it in some fashion. As the parent of an adult child living with serious mental illness who has lived with adverse effects of LPS Act, I'm not surprised that the American Civil Liberties Union didn't show up here today like they did for the 05/17 BOS meeting and use some well-intentioned but grossly misled citizens to carry this in San Mateo County and ignore the fact that a very similar oversight committee in Santa Clara County was so ineffective that it had to give up seeking the removal the Sheriff there and go to the BOS who turned around and used the existing statues that allows a civil grand jury to investigate and remove Sheriff Smith. You will see the trial take place in Redwood City starting in September. This is completely unnecessary.

Meeting Adjourned:

The meeting was adjourned at 5:15 p.m. by Sheila Brar

Next MHSARC Meeting:

September 7, 2022, from **3:30-5:00 p.m.**
Virtual Meeting

Next Executive Committee Meeting:

Wednesday, September 21, 2022, at 3:00 p.m.
Virtual Meeting

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.