

## A Life of Dignity and Respect

Laurel House provides a safe and supportive environment that serves the whole man, helping him create a life of dignity and respect, free from the bonds of addiction.

### Offering specialized groups including:

- Recovery and Mental Health
- Self Esteem & Healthy Relationships
- Yoga
- Life Skills
- Relapse Prevention
- Helping Men Recover
- Coping with Stress Triggers
- Parenting
- Anger Management
- Expressive Arts
- Fun in Recovery
- Cognitive Behavioral Therapy-CBT
- Dialectical Behavioral Therapy-DBT

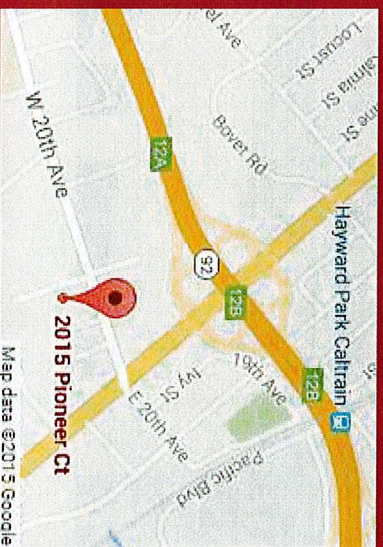
Clients may also receive referrals to the full spectrum of HealthRIGHT 360 services, including residential drug and alcohol treatment, mental health services, primary healthcare clinics, local re-entry services related to computer literacy, job search, and housing assistance.



A FAMILY OF PROGRAMS

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Laurel House, a Program of  
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GET BETTER. DO BETTER. BE BETTER.



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**Laurel House**  
San Mateo, CA

**Renewing.  
Rebuilding.**

**One Man at a Time**



GET BETTER. DO BETTER. BE BETTER

To find out more about how  
we can help you  
or a man you love:

Please Call

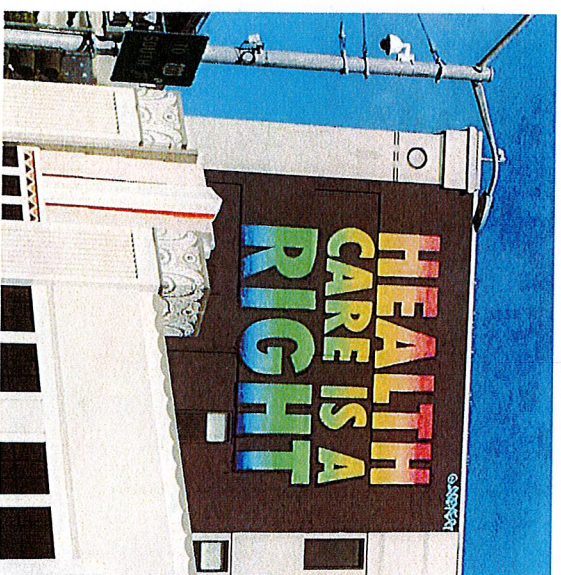
650-348-6603



## Residential Services

Our facility helps clients build relationships while living in a sober environment where healthy living and coping skills are developed as a community.

**Renewing. Rebuilding.**  
**One man at a time.**



## HealthRIGHT 360 Mission

HealthRIGHT 360 gives hope, builds health, and changes lives for people in need. We do this by providing compassionate, integrated care that includes primary medical, mental health, substance use disorder treatment and re-entry services.

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## Our Approach

At Laurel House, we've developed a comprehensive approach to care that meets the individual needs of each man, from admission, through early recovery, to long-term sobriety.

We provide:

- Welcoming and Engaging Admission
- Integrated Co-Occurring Treatment
- Stage-Specific Services
- Trauma-Informed Care



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