

What did you do?

I presented as a panelist at the Mills High School Wellness Panel on Feb 25, 2016. Specifically, I presented on the topic of parent-child communication in Mandarin Chinese. While the Powerpoints were adapted from the previous year, I have communicated with current co-chairs, previous presenter, and my Master's Degree supervisor to update and incorporate my academic background and knowledge on the topic. Please see documents 1a and 1b for the presentation.

What did you find?

Additionally, the outreach worker and I updated the post-event survey from last year and analyzed the results. Please see documents 2a and 2b for the survey and document 3 and 4 for the results and discussion. Mainly, 35.5% of parents who came to the panel had Chinese background. 70.6% selected English as their primary language. 52.9% had private insurance. Parents rated higher understanding of the topics after the panel and would like more mental health events in the future, particularly in Chinese.

What are your recommendations for BHRS going forward?

I would like BHRS to hire more Chinese speaking clinicians and staff to fulfill the needs in mental health services in the Chinese population. I believe the event did not represent its targeted demographic well. Mills High School has 50% Chinese American students, while only a small proportion of their parents came to this event. Thus, CHi should consider how to outreach its targeted audience, especially to those only speak Chinese. Again, I think having staff that can directly communicate to the Chinese community in their language is essential. I felt overwhelmed by the amount of materials that were needed to be translated into Chinese. Maybe there should be a more sufficient way to approach this shortage of bilingual staff members.