

San Mateo County COVID-19 Community Resources:

Behavioral Health, Food, Financial & Immigration Support



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

COVID-19 PUBLIC CALL CENTER: Call 2-1-1 for non-emergency, non-medical questions; 24 hours/day, 7 days-a-week They will provide food locations and other community resources anywhere in the Bay area.

General Information for San Mateo County

San Mateo County-General information	www.smcgov.org
San Mateo County Health Department	www.smchealth.org/coronavirus
San Mateo County- City specific information	www.smcgov.org/covid-19-information-cities
San Mateo County-Child Welfare Services	650-595-7922 or 1800-632-4615

Mental Health and Substance Use Services

San Mateo County Behavioral Health & Recovery Services ACCESS Call Center (24/7) – mental health and substance use services for residents with Medi-Cal or no insurance.	800-686-0101 TDD: (800) 943-2833
Alcoholics Anonymous- Online meetings	www.aa.org/pages/en_US/options-for-meeting-online
Narcotics Anonymous- Online meetings	virtual-na.org/meetings/
California Peer Run Warm Line (24/7)- Free non-emergency emotional support and referrals via phone or instant messaging	855-845-7415 www.mentalhealthsf.org/peer-run-warmline
Crisis Text Line (24/7 crisis counselor)	Text HOME to 741741
Crisis and Suicide Hotline (24/7 support for people in distress)	800-273-8255 (TALK)
Disaster Distress Helpline (24/7 confidential crisis support)	800-985-5990 or text TALKWITHUS to 66746

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National Domestic Violence Hotline	1-800-799-7233 or text LOVEIS to 22522
CORA-Community Overcoming Relationship Abuse Support-emergency housing, and legal assistance.	www.corasupport.org/covid19/
San Mateo County 911 – call or TEXT	In a mental health emergency call or and text: 9-1-1

Peer Support Services: contact for online meeting information

NAMI San Mateo	(650) 639-0800 www.namisanmateo.org
Heart & Soul, Inc.	(650) 232-7426 www.heartandsoulinc.org
California Clubhouse	(650) 539-33-45 www.californiaclubhouse.org
Barbara A. Mouton Multicultural Wellness Center	(650) 388-8433
Voices of Recovery San Mateo County	(650) 802-6552 (650) 289-7670 www.vorsmc.org
San Mateo County Health Equity Initiatives- Online meetings that offer ongoing resources and information:	www.smchealth.org/health-equity-initiatives

Regional Food Distribution Services & Financial Support

California Employment Development Department-information about filing for unemployment & paid family leave	www.edd.ca.gov/about_edd/coronavirus-2019.htm
United Way- COVID-19 Community Economic Relief Fund to help with bills, rent and food	1-866-211-9966
San Mateo County-Human Services Agency (Medi-Cal, CALFRESH, CALWORKS, and General Assistance)	www.mybenefitscalwin.org 1800-223-8383 Email: HSA_ess_questions@smcgov.org Mailing Address: 400 Harbor Blvd., Belmont, CA 94002

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Cash Assistance Program for Immigrants	1800-648-0954
San Mateo County-Human Services Agency Employment Services	HSA_employment@smcgov.org 650-802-7591 or 650-802-6450

Service	Population served	Agency/Program	Contact Name/Logistics	Contact Information
North County				
Food to go	Homeless	St. Vincent de Paul	Mon, Wed, & Fri From 10:00am-11:00am	421 4th Lane (650) 589-9039 South San Francisco
Essential services, including groceries, housing assistance, and other critical services	Everyone	Pacifica Resource Center	Monday 9:00a-12:30p Tuesday 9:00a-12:30p Wednesday 1:30p-7:00p Thursday 1:30p-5:00p Friday 9:00a-1:00p *Call in advance to sign up *Weekly grocery delivery available	2070 Francisco Blvd. Pacifica, CA 650-738-7470
Family Harvest	Everyone	Pacifica Resource Center American Legion Hall	4th Wednesday of the month Call in advance to sign up	555 Buel Ave Pacifica, CA 94044 650-738-7470
Shelter Placement for the homeless, Assistance with Utility bills, and Food Pantry	Everyone	Daly City Community Center	Drop in or call for appointment	350 – 90th Street – First Floor Daly City, CA 94014 650-991-8007 Daly City Community Center
Breakfast	Homeless	Catholic Worker Hospitality House	Tuesday-Friday Take out Breakfast	555 W. San Bruno Ave. San Bruno 650-827-0706

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Although the libraries are closed, staff still works. Students can check out material online using their library cards or to get temporary cards	Everyone	Libraries	Check out online books, games, and other resources for children.	Sign up online San Mateo County Libraries
School lunch pick up locations	Students	Bayshore Elementary School	Monday - Friday March 16 – April 3 from 10:00am-12:00pm	155 Oriente St, Daly City
	Students	El Camino High School	Monday - Friday March 16 – April 3 from 11:00am-1:00pm	1320 Mission Rd, South San Francisco
	Students	South San Francisco High School	Monday - Friday March 16 – April 3 from 11:00am-1:00pm	400 B St South San Francisco
	Students	Parkway Middle School	Monday - Friday March 16 – April 3 from 11:00am-1:00pm	650 Sunset Dr South San Francisco
	Students	Westborough Middle School	Monday - Friday March 16 – April 3 from 11:00am-1:00pm	2570 Westborough Blvd South San Francisco
	Students	Daniel Webster Elementary	Monday - Friday March 16 – April 3 from 8:00am-1:00pm	425 El Dorado Drive Daly City
	Students	Benjamin Franklin Middle School	Monday - Friday March 16 – April 3 from 8:00am-1:00pm	700 Stewart Avenue Daly City
	Students	Thomas R. Pollicita Middle School	Monday - Friday March 16 – April 3 from 8:00am-1:00pm	550 East Market Street Daly City
	Students	Sunset Ridge School	Monday - Friday March 18 – April 3 from 11:00am-1:00pm	340 Inverness Dr Pacifica
Click here: Pacifica Schools Information	Students	Terranova High School	Monday - Friday March 18 – April 3 from 11:00am-1:00pm	1450 Terra Nova Blvd. Pacifica
	Students	Cabrillo Elementary School	Monday - Friday March 18 – April 3 from 11:00am-1:00pm	601 Crespi Dr. Pacifica
	Students	Taylor Middle School	Monday - Friday March 18 – April 3 from 11:30am-12:30pm	
	Students	Lomita Park Elementary	Monday - Friday March 18 – April 3 from 11:30am-12:30pm	200 Santa Helena Ave San Bruno

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	Students	Meadows Elementary	Monday - Friday March 18 – April 3 from 11:30am-12:30pm	1101 Helen Dr Millbrae
	Students	Mills High School	Monday - Friday March 16 – April 3 from 11:00am-1:00pm	400 Murchinson Dr. Millbrae
	Students	Rollingwood Elementary	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	2500 Cottonwood Dr. San Bruno
	Students	Allen Elementary	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	875 Angus Ave W San Bruno
	Students	John Muir	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	130 Cambridge Lane San Bruno
	Students	San Bruno Park Pre-School & Belle Air	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	450 3 rd Ave San Bruno
	Students	Portola Elementary	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	300 Amador Ave San Bruno
	Students	Parkside Middle School	Monday - Thursday March 16 – April 3 from 11:00am-1:00pm (Friday meal will be given on Thursday)	1801 Niles Ave San Bruno
Service	Population served	Agency/Program	Contact Name/Logistics	Contact Information

Central County

Community Pantry	Everyone	Call Primrose Grocery Assistance Program	Drop in or call Monday-Friday from 9:00am-2:45pm	139 Primrose Rd Burlingame 650-342.2255
Food Pantry, Shelter, Assistance with Utility Bills	Everyone	Samaritan House	Drop in or call - Monday-Friday 9:00am-12:00pm & 1:00pm-4:00pm	4031 Pacific Boulevard San Mateo 650-347- 3648
Pick up food	Homeless	St. Vincent de Paul	Mon, Wed, & Fri From 9:00am – 11:00am	50 N. B Street (650) 343-9251 San Mateo

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Library: online books, music, movies, magazines and newspapers, homework help, and more.	Everyone	San Mateo Library	Closed to the Public. Only online resources	55 West 3 rd Ave San Mateo 650-522-7802 For San Mateo Library Resources click here: View Online
Food	Everyone	Second Harvest Food Bank	Call in advance for pick up food locations 8:00am – 5:00pm	1051 Bing St, San Carlos, 94070 650-610-0800 or 1800-984-3663 Text “GETFOOD” to 408-455-5181
School lunch pick up locations	Students	College Park Elementary	Monday - Friday March 16 – April 3 from 11:30am-1:00pm	715 A Indian Avenue San Mateo
For updates from SM, Burlingame, Millbrae, San Bruno, and Foster City press here: School pick-up food information	Students	Foster City Elementary	Monday - Friday March 16 – April 3 from 11:30am-1:00pm	461 Beach Park Boulevard Foster City
	Students	Laurel Elementary	Monday - Friday March 16 – April 3 from 11:30am-1:00pm	316 36th Avenue San Mateo
	Students	LEAD Elementary	Monday - Friday March 16 – April 3 from 11:30am-1:00pm	949 Ocean View Ave San Mateo
www.smuhsd.org/Page/12136	Students	Mills High School	During the school closure ANYONE 18 and under can receive grab and go breakfast and lunch Food pick up location from Monday-Friday 11:00-1:00pm -March 16 – April 3 rd .	on Sequoia Avenue Side
	Students	School San Mateo High	Food pick up location	on Poplar Avenue Side

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South County				
Food distribution and hygiene kits	Everyone	Catholic Worker House	Food: Any time before 6pm Produce:10:00am-11:00am *Call to confirm days	545 Cassia St. Redwood City 94063 650-366-4415
Emergency Food Distribution, Shelter, Rent, and Utility Bills Assistance	Everyone	Fair Oaks Community Center	Monday to Friday 8:00am-5:00pm	2600 Middlefield Rd. Redwood City 650-780-7500
Food Distribution	Everyone	Salvation Army	Monday-Thursday 9:00am-4:30pm *Food Distribution only from 9:00am-12:00pm	660 Veterans Blvd, Redwood City 650-368-4643
Food Program	Everyone	St. Francis Center	Curbside pickup only Monday-Friday 8:00am-3:00pm	151 Buckingham Ave Redwood City 650-365-7829
Pick up food	Homeless	St. Vincent de Paul	Monday – Friday 12:00-pm – 1:00pm "Sandwiches on Sundays" 12:00pm – 1:00pm	Fair Oaks Community Center 2600 Middlefield Rd. Redwood City
School lunch pick up locations	Students *Students will need to provide their name, student ID # and campus site to receive their meal.	Menlo Atherton High School Woodside High School Sequoia High School Carlmont High School Redwood High School TIDE Academy	M-F from March 16 to April 3. Breakfast and lunch continue to be provided to students during this time. All campuses will be providing packaged meals for student or parent pick-up from 10 a.m. - 1 p.m.	Pick up at the school the student is attending to.
	Students	Hoover School Elementary School Garfield School Elementary School Henry Ford Elementary School	Breakfast and lunch for pick-up Monday-Friday 10:00am-12:00pm	*Anyone under the age of 18 can obtain free meals and the USDA requires that children be present.

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EPA/Menlo Park				
Food distribution	Everyone	Nuestra Casa, Second Harvest Food Bank and SMC Office of Sustainability	1 st & 3 rd Saturdays 11:00am-1:00pm	1842 West Bayshore Rd. & 4 Newell Ct. EPA 650-330-7493
Food distribution	Everyone	Nuestra Casa, Second Harvest Food Bank and SMC Office of Sustainability	2 nd & 4 th Saturdays 11:00am-1:00pm	1928 Cooley Ave. 1991 Manhattan Ave. 445 E. O'Keefe St. EPA 650-330-7493
Food distribution	Everyone	Ecumenical Hunger Program	Tuesdays, Wednesdays and Thursdays from 10:00am – 12:00pm. Residents can drive to the parking lot and they will be given a box of food without getting out of the car	2411 Pulgas Ave, EPA 650-323 -7781
Rent, utilities, and car repair assistance	Everyone	Good Samaritan House South	Walk-in for EPA and Menlo Park residents M, T, W, & F from 9:00am - 5:00pm. And Thursdays from 9:00am – 12:00pm	1852 Bay Road East Palo Alto 650-294-4312
Mobile Van Lunch Distribution	Homeless	St. Vincent de Paul	Tues & Thurs 11:00am-12:00pm	728 Willow Ave Menlo Park
School lunch pick up locations	Students	Belle Haven	March 16- March 26 10am – 1pm. *If students/parents are not able to pick up the meals at one of the school sites, they can contact the Transportation Department at 650-329-2800 extension 60172 for the	415 Ivy Drive Menlo Park, CA
	Students	Brentwood		2086 Clarke Avenue East Palo Alto, CA

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	Students	Costano	option to have the meals delivered to their home. The delivery windows on Monday, Tuesday, Thursday, and Friday will be 7:00 A.M. to 8:30 A.M. for breakfast and 2:45 P.M. to 4:30 P.M. for lunch. The delivery windows on Wednesday will be 7:00am to 8:30am for breakfast and 12:45 P.M. to 2:30 P.M. for lunch.	2695 Fordham Street East Palo Alto, CA
	Students	Los Robles Ronald		2033 Pulgas Avenue East Palo Alto, CA
	Students	McNair		2450 Ralmar Avenue East Palo Alto, CA
	Students	Ravenswood Middle School Willow		620 Willow Menlo Park, CA
	Students	East Palo Alto Academy		March 16 – April. From 10:00am-1:00pm
Service	Population served	Agency/Program	Contact Name/Logistics	Contact Information
<p>Coastside</p> <p>*Financial Assistance for rent and utilities for those who qualify. *Food distribution *Assistance filling out the Census questionnaire. *Story time online! Visit http://www.facebook.com/Puentedelacostasur to view or download videos. *Picking up groceries and mediation for adult +55 without other support systems. *Immigration case intakes and other legal services that can be provided by interviews over the phone or Internet. *Weekly Health Clinic *Urgent Notary Public services</p>	Everyone. Assistance to immigrant community	<p>Puente</p> <p>This is in conjunction with Second Harvest of Silicon Valley.</p>	<p>Maricela Zavala, 650-262-4112 MZavala@mypuente.org</p> <p>Food Pantry open from 8:00am-12:00pm and 1:00pm-5:00pm. For this emergency people only need to bring most recent proof of income but not necessary.</p>	<p>620 North Street, Pescadero 650-879-1691 outreach@mypuente.org After 4:00pm call 650-868-0236</p>

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*ACE and MediCal Applications *CalFresh Applications *Assistance with unemployment applications				
Gift Cards	Families and residents in need.	Mariners Church	Call Ivette Moctezuma for assistance: 650-303-7038 ivette@mariners.org	100 Stone Pine Rd, Half Moon Bay (650) 726-5959
Food Pantry	Everyone, Assistance for Seniors	Coastside Hope	Food Pantry open from 8:00am-12:00pm and 1:00pm-5:00pm. For this emergency people only need to bring most recent proof of income but not necessary.	Sonia Barba 650-523-3536 www.seniorcoastsiders.com 99 Avenue Alhambra #1089 El Granada, CA 94018
Food Pantry, Emergency Resources with rent, utilities, unemployment, Cal fresh	Everyone, Assistance for seniors	Puente de la Costa Sur	Open with limited staff from 1:00pm-4:00pm. Picking up groceries and medication for adults 55+ who don't have another support system through families and friends. Monday-Friday form 9:00am-4:00pm call 650-879-1691or outreach@mypuente.org .	620 North Street Pescadero, CA 94060
Hot meals 3/day	Seniors	Senior Coastsiders	More than 100 seniors may need their meals.	Tracy Gold 650-726-9056
Tele mental health for families and regular check ins to manage this crisis.	Children and families	ALAS	Phone Services only	925-308-6391
School breakfast, lunch pick up locations /groceries pick up	Children and families	Alvin Hatch Elementary School El Granada Elementary	Breakfast (for the next day) & lunch will be provided for qualifying students. Children must be present to receive meals. March 16- April Monday-Friday 11:00am-1:00pm. Family Grocery Support Food Supplies available for pick up on Fridays.	490 Miramontes Ave. Half Moon Bay 650-712-7160 400 Santiago Street Half Moon Bay 650-712-7150

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Immigration Services & Information

The Legal Aid Society of San Mateo County- help for low-income clients with civil legal issues.	www.legalaidsmc.org/ 650-558-0915
EOIR-Executive Office for Immigration Review (immigration courts)	www.justice.gov/eoir/eoir-operational-status-during-coronavirus-pandemic
USCIS-US. Citizenship and Immigration Services	www.uscis.gov/about-us/uscis-response-coronavirus-disease-2019-covid-19
ICE-Immigration and Customs Enforcement	www.ice.gov/covid19
DOS-Department of State (consulates, and info on the measures that other countries are taking in response to COVID-19)	travel.state.gov/content/travel/en/traveladvisories/ea/covid-19-information.html