

SAN MATEO COUNTY LGBTQ RESOURCES

CRISIS SUPPORT

****If you are experiencing a mental health emergency, CALL 9-1-1 or go to your nearest hospital emergency room if you can safely get there.**

Psychiatric Emergency Services are available at:

San Mateo Medical Center

222 West 39th Avenue, San Mateo, CA 94403

Phone: (650) 573-2662

Mills-Peninsula Medical Center

1501 Trousdale Drive, Burlingame, CA 94010

Phone: (650) 696-5915

Suicide

GLBT National Help Center – <http://www.glnh.org>

Contact Information: Phone: 1(888) 843-4564; National Youth Talkline: 1(800) 246-7743

Providing free and confidential telephone and email peer counseling. Information and local resources for GLBTQ callers throughout the US.

The Trevor Project: 24/7 Suicide Prevention Lifeline – <http://www.thetrevorproject.org/>

Contact Information: 1(866) 488-7386

Crisis intervention and suicide prevention services for LGBTQ youth.

StarVista Crisis Hotline - [http://www.star-](http://www.star-vista.org/whatwedo_services/education/youth/crisis_center/svccservices/svcchotline.html)

[vista.org/whatwedo_services/education/youth/crisis_center/svccservices/svcchotline.html](http://www.star-vista.org/whatwedo_services/education/youth/crisis_center/svccservices/svcchotline.html)

Contact Information: (650) 579-0350

Our Suicide Hotline is available 24-hours a day, seven days a week for crisis intervention.

Trained volunteers and staff treat callers with empathy and compassion and provide referrals for community resources and services.

National Suicide Prevention Lifeline (Nationwide) - <http://www.suicidepreventionlifeline.org>

Contact Information: 1(800) 273-TALK (8255)

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. By dialing **1-800-273-TALK** (8255), the call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.

Crisis Text Line (Nationwide) - <http://www.crisistextline.org>

Contact Information: Text START to 741-741

Your best friend. Your dad. That lady down the street. That quiet kid in school. That loud kid in school. That dude in accounting. Your cousin in Alaska. That hipster in the flannel in Brooklyn. That rando who might lurk on Twitter. Crisis Text Line is for everyone. Crisis Text Line is free, 24/7 support for those in crisis.

Rape

Rape Trauma Services (RTS) (Burlingame) - <http://rapetraumaservices.org>

Contact Information: Phone: (650) 625-0598; 24-Hour Crisis Line: (650) 692-7273; Email: info@rapetraumaservices.org

Rape Trauma Services of San Mateo County strives to eliminate all forms of violence, with a special focus on sexual assaults and abuse. Informed by our understanding of traumatic experiences and cycles of violence, we facilitate healing and the prevention of violence through the provision of counseling, advocacy, and education. We promote and adopt policies, practices, and social values rooted in fairness, equity, and inclusiveness.

Services: 24-Hour Crisis Line, Advocacy and Accompaniment, Counseling Services, Prevention and Education Programs, Services for Children, Veteran Services, Programa para Latinos

MENTAL HEALTH/HEALTH CLINICS

Outlet – A Program of Adolescent Counseling Services (Redwood City, Mountain View, San Mateo) - <http://www.acs-teens.org/what-we-do/outlet/>

Contact Information: Anthony Ross (Outlet Program Director) – (650) 424-0852 x107, anthony@acs-teens.org; To learn more about *Outlet Groups*, please contact: Dafne Luna (Outlet Program Coordinator) – (650) 424-0852 x107, dafne@acs-teens.org

Founded in 1997, Outlet empowers Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQQ+) youth and builds safe and accepting communities through support, education, and advocacy. Outlet envisions a world that embraces, empowers, and celebrates LGBTQQ+ youth. Outlet officially became a program of ACS in 2013. Outlet is youth-centered, respecting all individuals and honoring their differences. Outlet program staff provide a safe environment that is confidential, inclusive, and non-judgmental. Striving for social justice and engaging youth in achieving freedom, fairness, and equality for all are the core elements of the program. Outlet services support the emotional, physical, and social development of youth as whole individuals.

Services: Groups (Youth, Trans* Youth, & Young Adults), On-Campus Groups, Consultation and Resource Referrals, Education

Community Overcoming Relationship Abuse (CORA) (San Mateo) -

<http://www.corasupport.org>

Contact Information: Phone: (650) 652-0800; 24-Hour Hotline: (800) 300-1080; Email: info@corasupport.org

CORA is a multicultural agency committed to serving victims/survivors of domestic violence/abuse, regardless of age, ethnicity/race, financial status, language, sexual orientation, immigration status, class, religion, gender, mental or physical ability; providing free and confidential emergency, intervention and prevention services, including emergency shelter and transitional housing for victims/survivors. Services offered in Spanish and English.

Services: Crisis Intervention, Family Support, Legal Services, Outreach

Peninsula Family Service, Senior Peer Counseling LGBTQ Program (San Mateo) –

<http://www.peninsulafamilyservice.org>

Contact Information: Phone: (650) 403-4300; Email: info@peninsulafamilyservice.org

To help our region's older adults stay active and engaged, Peninsula Family Service offers an innovative peer-to-peer senior peer counseling program in English, Mandarin, Tagalog, and Spanish, as well as individualized services for lesbian, gay, bisexual, and transgender participants.

Edgewood Center for Children and Families Drop-In Center (San Bruno) -

<http://www.edgewood.org/whatwedo/community/san-bruno-drop-in-center.html>

Contact Information: Phone: (650) 832-6797

The Drop-in Center in San Mateo County is a voluntary, peer-driven program that provides interpersonal, educational, vocational, wellness, and recreational opportunities for San Mateo County young adults between the ages of 18-25 to expand the skills necessary for a successful transition into adulthood. A LGBTQ youth group meets weekly.

Angela Powell, LMFT (San Mateo) -

https://therapists.psychologytoday.com/rms/name/Angela_Powell_MFT_San+Mateo_California_281927

Contact Information: Phone: (707) 779-9132; Email: therapywithangela@gmail.com

Queer-identified, LGBT-friendly psychotherapy. Angela has worked with children and young adults in a variety of settings: school, home, group home, therapeutic treatment, and in other community arenas. Clients range from high functioning children with adjustment disorders to developmentally-delayed, at-risk, transitional-aged youth. She has worked with clients who have trouble with self-esteem, managing trauma, and difficulties in peer and family relationships. Angela enjoys working closely with families and highlights the need for strengthening the natural support system, particularly because therapy is only temporary and cannot fill the void of a supportive loved one. She specializes in a therapeutic practice called Eye Movement Desensitization Response (EMDR), which uses bilateral stimulation to activate the problem solving process. It is commonly used with people that have trauma and anxiety disorders. She also specializes in working with LGBTTQIA-2 community and at-risk youth.

The Sexual and Gender Identities Clinic (SGIC) a Program of the Gronowski Center (Los Altos) - <http://gronowski.paloaltou.edu/sexual-genders-and-identities-clinic>

Contact Information: Phone: (650) 961-9300

The Sexual and Gender Identities Clinic (SGIC) offers affordable and affirming psychological services for individuals who identify as lesbian, gay, bisexual or transgender, as well as those questioning their sexual orientation or gender identity. SGIC offers specialized counseling to address issues related to LGBTQ identity as well as counseling for other life issues in a comfortable space. SGIC includes the Gender Identity Program. In addition to offering the above services for transgender, transsexual, genderqueer, or questioning clients, the Gender Identity *Services:* Counseling to explore physical/medical transition options, Psychosocial assessments and letters to access medical services, Support through medical transition

Planned Parenthood Mar Monte (Redwood City, San Mateo) –

<https://www.plannedparenthood.org/planned-parenthood-mar-monte>

Contact Information: Phone: (650) 503-7810 (Redwood City), (650) 235-7940 (San Mateo)
Provides a range of reproductive and general health services including birth control, pregnancy testing and options counseling, STD testing and treatment, HIV testing, breast and cervical cancer screening, abortion, prenatal care, pediatrics, adult cisgender, and transgender primary health care.

LGBTQ-Friendly Therapists in San Mateo -

https://therapists.psychologytoday.com/rms/prof_results.php?city=San+Mateo&spec=172

COMMUNITY/SOCIAL ORGANIZATIONS

Baylands Frontrunners (Palo Alto) - <http://www.baylands.org/>

Contact Information: Phone: (650) 681-9002; Email: frontrunners@baylands.org

BayLands FrontRunners, is a running and walking club for lesbians, gay men, bisexuals, transgender people, and friends. [Membership](#) is open to all; and we welcome you whether you're a walker, jogger, runner, or racer.

Coastside Rainbow Women (San Mateo County Coastal Communities) –

<https://www.facebook.com/CoastsideRainbowWomen>

Contact Information: Email: marystadler@gmail.com

Coastside Rainbow Women is a social group for lesbians, bi-sexual women, and their supporters who reside in the San Mateo County coastal communities.

PFLAG San Jose/Peninsula Chapter (Sunnyvale) - <http://www.pflagsanjose.org/>

Contact Information: Helpline: (408) 270-8182; Email: pflag-info@pflagsanjose.org

Formerly known as Parents, Friends and Family of Lesbians and Gays, is the United States' largest organization for parents, families, friends, and straight allies united with people who are lesbian, gay, bisexual, transgender and questioning.

Services: Education and Support Groups

Gente Latino de Ambiente (GELAAM) (Burlingame) - <http://www.gelaam.org/>

Contact Information: Phone: (650) 762-5428; Email: gelaam@gmail.com

GELAAM is a community-based Latino/a organization dedicated to the well-being, education, development and empowerment of the lesbian, gay, bisexual, transgender and questioning (LGBTQ) Latinos, their families and friends in San Mateo County.

Bay Area Youth Summit – <http://www.bayareayouthsummit.org/>

Bay Area Youth Summit (BAYS) seeks to foster a safe social forum for LGBTQ* identified youth and their allies in order to promote constructive conversations which serve to generate greater awareness and social activism among youth. As the world's first completely youth-led LGBTQ* organization, BAYS seeks to motivate LGBTQ* and allied youth to come together and make a positive impact in all of their communities.

QT Café (LGBTQ Youth Space) (Palo Alto) – <http://youthspace.org/events/gay-game-gathering-in-palo-alto-2015-01-02/>

Contact Information: Helen: (408) 841-4105/hchen@fcservices.org

A safe and open drop-in space for LGBTQ+ & ally folks between the ages of 13-25. Get connected to community resources, free wi-fi, volunteer opportunities, and other folks in the community. Or, just come hang out and do homework! Also available: gender neutral bathrooms, board games, arts and crafts, safer sex supplies, video games, and snacks. Although located in Santa Clara County, Palo Alto programming is available to San Mateo County youth.

El Camino Reelers (Palo Alto) – <http://www.reelers.org/index.htm>

Contact Information: Email: information@reelers.org

El Camino Reelers is the LGBT square dancing club of Silicon Valley. Our club was founded in 1985 by Marilyn Martinyak and Pat Dixon as an alternative to the gay square dance clubs located an hour away in San Francisco. We're now one of the largest and best-known gay square dance clubs in the country.

LGBT Meetups in San Mateo - http://www.meetup.com/cities/us/ca/san_mateo/lgbt/

LGBTQ social activity groups for all interests including hiking, biking, walking, sports, dating, film, dog-friendly activities, chorus, open mic, book clubs, dance, etc.,

BUSINESS ASSOCIATIONS

Peninsula Equality Network (PEN) (Burlingame) - <http://peninsulaequalitynetwork.com/>

Contact Information: (650) 759-8382; Email: soleilportraits@gmail.com

The Peninsula Equality Network advocates for LGBT and LGBT-friendly businesses in the San Francisco Peninsula. It promotes building strong businesses and personal relationships through bi-weekly Leads Exchange Groups, monthly PEN mixers, and regular social events.

Project Sentinel (Redwood City) – <http://www.housing.org>

Contact Information: Phone: (650) 321-6291; Email: info@housing.org

Project Sentinel is a non-profit organization that assists individuals with housing problems such as discrimination (including LGBTQ housing discrimination), mortgage foreclosure & delinquency, rental issues including repairs, deposits, privacy, dispute resolution, home buyer education, post purchase education and reverse mortgages.

LEGAL SERVICES/POLITICAL ORGANIZATIONS

Bay Area Legal Aid (Redwood City) – <http://www.baylegal.org/>

Contact Information: Phone: (650) 358-074, Legal Advice Line: (650) 472-2666

Bay Legal provides free civil legal assistance to low-income individuals living in Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, and Santa Clara Counties. Services include legal advice, representation, and/or effective referrals in the following areas:

Restraining orders, family law and immigration assistance for victims of intimate partner violence, family violence, sexual assault, stalking, or human trafficking, Protection from housing discrimination based on sexual orientation, family status, age, race, national origin, and other illegal bases and preservation of affordable housing, including eviction defense, Access to health

care coverage and services, including medical billing problems and help with denials of coverage for medically necessary and culturally appropriate care for LGBTQ individuals.

Bay Area Municipal Elections Committee (BAYMEC) – <http://www.baymec.org>

The Bay Area Municipal Elections Committee (BAYMEC) is a four-county lesbian, gay bisexual, and transgendered (LGBT) political action group, advocating for the civil rights of LGBT people since 1984. BAYMEC is the only political action committee (PAC) dedicated to this purpose in the central coast counties of San Mateo, Santa Clara, Santa Cruz, and Monterey.

Peninsula Stonewall Democrats (Redwood City) – <http://www.penstonedem.com>

Contact Information: Email: penstonedem@gmail.com

Peninsula Stonewall Democrats focuses its efforts on the San Francisco Peninsula to advance the goals of the Democratic Party and the LGBT Community through public policy and political analysis, education, outreach, fund-raising, recruitment and coordination with other Democratic clubs, and other activities to benefit the Party and the Community.

San Mateo County LGBTQ Commission (Redwood City) – <http://lgbtq.smcgov.org/>

Contact Information: Phone: (650) 363-4872; Email: LGBTinfo@smcgov.org

The LGBTQ Commission is an advisory body to the Board of Supervisors whose mission is to cultivate San Mateo County as a welcoming and safe environment where it's lesbian, gay, bisexual, transgender, and queer community members can thrive. The Commission meets on the first Tuesday of each month, 6:30 – 8:30 PM at 455 County Center in Redwood City (room 402). Meetings are open to the public.

Lakin Spears LLP/Alma Soongi Beck, Esq. (Palo Alto) -

<http://www.lakinspears.com/attorney-alma-soongi-beck/>

Contact Information: Phone: (650) 289-6429 (Assistant); Email: abeck@lakinspears.com

Alma regularly conducts public and private seminars on a variety of estate planning topics such as marriage, domestic partnership, estate planning and property issues for lesbian, gay, bisexual, transgender (LGBT) individuals, couples and families, as well as Medi-Cal, long-term care and IRA Inheritance Trust planning.

Bettelon, Duong, & Parrish LLP, Certified Public Accountants (Menlo Park) -

<http://www.bndcpas.com/>

Contact Information: Office: (650) 424-8405; Rob Parrish, CPA: rob@bndcpas.com

LGBTQ tax preparation and accounting firm serving married, unmarried, single, and domestic partners.

RELIGION/SPIRITUALITY

Peninsula Metropolitan Community Church (San Mateo) – <http://www.peninsulamcc.org>

Contact Information: Phone: (650) 515-0900; Email: info@peninsulamcc.org

Peninsula MCC is a friendly and diverse congregation made up primarily of LGBT and queer people.

Congregational Church of San Mateo (San Mateo) – <http://www.cesm-ucc.org/>

Contact Information: Phone: (650) 343-3694; Email: info@ssem-ucc.org

LGBTQ-FRIENDLY BUSINESSES

Reach and Teach (San Mateo) - <http://www.reachandteach.com/content/index.php>

Contact Information: Phone: (650) 759-3784

Address: 144 W 25th Avenue, San Mateo, CA

San Mateo's Shop for Unique Products that Transform You And the World. Everything at Reach and Teach is focused on Gender Equality, Sustainable Living, and Peacemaking. We offer books, toys, teacher resources, and fair trade gifts for all ages.

LGBTQ-Friendly Establishments in and Around San Mateo -

http://www.yelp.com/search?find_desc=lgbt&find_loc=San+Mateo,+CA

LGBTQ RESOURCES BEYOND SAN MATEO COUNTY

CRISIS SUPPORT

Suicide

GLBT National Help Center – <http://www.glnh.org>

Contact Information: Phone: 1(888) 843-4564; National Youth Talkline: 1(800) 246-7743
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The Trevor Project: 24/7 Suicide Prevention Lifeline – <http://www.thetrevorproject.org/>

Contact Information: 1(866) 488-7386

Crisis intervention and suicide prevention services for LGBTQ youth.

National Suicide Prevention Lifeline (Nationwide) - <http://www.suicidepreventionlifeline.org>

Contact Information: 1(800) 273-TALK (8255)

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. By dialing [1-800-273-TALK](tel:1-800-273-TALK) (8255), the call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.

Crisis Text Line (Nationwide) - <http://www.crisistextline.org>

Contact Information: Text START to 741-741

Your best friend. Your dad. That lady down the street. That quiet kid in school. That loud kid in school. That dude in accounting. Your cousin in Alaska. That hipster in the flannel in Brooklyn. That rando who might lurk on Twitter. Crisis Text Line is for everyone. Crisis Text Line is free, 24/7 support for those in crisis.

Domestic Violence

YWCA Silicon Valley - Domestic Violence Department, Support Network Program (San Jose) – <http://ywca-sv.org/programs/SN/>

Contact Information: Domestic Violence Department (Crisis Line): 1-800-572-2782; Domestic Violence Department (Business Line): 1-408-295-4011; Adriana Caldera, Domestic Violence Department Director: (408) 295-4011 ext. 373; Email (Adriana Caldera): acaldera@ywca-sv.org
Address: 375 S. Third Street, San Jose, CA 95112

The YWCA Domestic Violence Department, Support Network Program works to empower our diverse community to live free from domestic violence through the provision of safety, support services and self-empowerment.

Asian Women's Shelter - Queer Asian Women & Transgender Support (San Francisco) - <http://www.sfaws.org/programs/direct-services/queer-asian-women--transgender-support.aspx>

Contact Information: Phone (Business Line): (415) 751-7110; 24-Hour Crisis Line: 1-877-751-0880; Email: info@sfaws.org

Address: 3543 18th Street # 19, San Francisco, CA 94110

Asian Women's Shelter's Queer Asian Women and Transgender Support (QAWTS) Program, one of the first and only programs of its kind in the nation, has been at the forefront in addressing intimate partner violence in the LGBTQ community. In addition to providing comprehensive services for queer survivors of violence, QAWTS works on innovative programs and prevention strategies.

Community United Against Violence (CUAV) (San Francisco) – <http://www.cuav.org>

Contact Information: Phone (Business): (415) 777-5500; Helpline: (415) 333-HELP (4357);

Email: info@cuav.org

Address: 427 South Van Ness Ave, San Francisco, CA 94103

Founded in 1979, CUAV works to build the power of LGBTQ (lesbian, gay, bisexual, transgender, queer) communities to transform violence and oppression. CUAV supports the healing and leadership of those impacted by abuse and mobilizes the broader communities to replace cycles of trauma with cycles of safety and liberation. As part of the larger social justice movement, CUAV works to create truly safe communities where everyone can thrive.

Rape

YWCA Silicon Valley - Rape Crisis Services (San Jose) - http://www.ywca-sv.org/programs/rape_crisis_center.php

Contact Information: Phone: YWCA Silicon Valley, General Office: (408) 295-4011 ext. 200; 24-hour Rape Crisis Hotline at (408) 287-3000 or (650) 493-7273; Sue Barnes, Rape Crisis Department Director: (408) 295-4011 ext. 232; Email: (Sue Barnes): sbarnes@ywca-sv.org

Address: 375 S. Third Street, San Jose, CA 95112

The YWCA Rape Crisis Services helps residents of Silicon Valley to minimize the traumatic aftermath of sexual assault and to promote safety, mobility, and freedom from abuse for all people. YWCA Rape Crisis Services provides a 24-hour, seven days-a-week crisis hotline, immediate crisis counseling and assistance, information and referrals, and accompaniment services to medical, police, and court facilities. Services are provided at no cost for all survivors of sexual assault or abuse, as well as their loved ones.

San Francisco Women Against Rape (SFWAR) (San Francisco) – <http://www.sfwar.org>

Contact Information: Office Line: (415) 861-2024; 24-hour Hotline: (415) 647-7273; Email:

info@sfwar.org

Address: 3543 18th Street, #7, San Francisco, CA 94110

San Francisco Women Against Rape provides resources, support, advocacy and education to strengthen the work of all individuals, and communities in San Francisco that are responding to, healing from, and struggling to end sexual violence.

MENTAL HEALTH/HEALTH CLINICS

Alliance Health Project (UCSF) (San Francisco) – <http://www.ucsf-ahp.org>

Contact Information: Phone: (415) 476-3902; Email: ahpinfo@ucsf.edu

Address: 1930 Market Street, San Francisco, CA 94102

The mission of the UCSF Alliance Health Project is to support the mental health and wellness of the lesbian, gay, bisexual, transgender, and queer (LGBTQ) and HIV-affected communities in constructing healthy and meaningful lives.

Pacific Center for Human Growth (Berkeley) - <http://pacificcenter.org>

Contact Information: Phone: (510) 548-8283; Email: info@pacificcenter.org

Address: 2712 Telegraph Avenue, Berkeley, CA 94705

Pacific Center for Human Growth fosters and enhances the well-being and self respect of Lesbian, Gay, Bisexual, Transgender, and Queer youth, seniors, and adults through the delivery of LGBTQ competent mental health and wellness services, and through the cultivation of a strong community of LGBTQ-proficient mental health care professionals.

Services: Mental Health Services, Support Groups

Queer LifeSpace (San Francisco) – <https://www.queerlifespace.org>

Contact Information: Phone: (415) 358-2000; Email (Larissa Hul): lhul.qls@gmail.com

Address: 2275 Market Street, #7, San Francisco, CA 94114

Queer LifeSpace is a nonprofit counseling agency that seeks to bring sustainable mental health and substance abuse services to the LGBTQQI community.

Gaylesta (San Francisco) - <http://www.gaylesta.org>

Contact Information: Phone: (415) 729-3996; Email: membership@gaylesta.org

Address: 584 Castro Street, #230, San Francisco, CA 94114

We provide mental health services including therapist referrals, education and consultation. Our [members](#) offer a wide range of specializations, allowing us to serve as a unique resource both to the LGBTQ communities and to other service providers. Let us connect you with other professionals through our members-only listserve, forums and groups. Our Referral Service includes members of all licensures and a broad range of training and experience specializing in counseling the gay, lesbian, bisexual, transgender and queer community.

Asian & Pacific Islander Wellness Center (San Francisco) – <http://www.apiwellness.org>

Contact Information: Phone: (415) 292-3400; Email: info@apiwellness.org

Address: 730 Polk Street, San Francisco, CA 94109

A&PI Wellness Center is a LGBTQ and people of color health organization that transforms lives by advancing health, wellness, and equality. A&PI Wellness believes everyone deserves to be healthy and needs access to the highest-quality health care. A&PI Wellness Center foster resilience, strength, connection, health, and wellness for all communities, with a practice grounded in social justice.

Dimensions Clinic (San Francisco) – <http://www.dimensionsclinic.org>

Contact Information: Phone: (415) 934-7757; Email: dimensions.clinic@gmail.com

Address: Castro-Mission Health Center, 3850 17th St., San Francisco, CA 94114

Dimensions is an open and friendly place to get support in being healthy. We offer low-cost health services for queer, transgender and questioning youth ages 12 to 25. With a staff made up of medical & mental health professionals, we can answer just about any question you might have, including things you may be too embarrassed to ask anyone else.

Services: [Medical Services](#), [Mental Health Services](#), [Transgender and Gender Variant Youth Resources/Hormones](#)

Lyon Martin Health Services (San Francisco) – <http://lyon-martin.org>

Contact Information: Phone: (415) 656-7667; Email: info@lyon-martin.org

Address: 1748 Market St., Suite 201, San Francisco, CA 94102

Lyon-Martin Health Services provides excellent health care to women, lesbians and transgender people in a safe and compassionate environment, with sensitivity to sexual orientation and gender identity; all services are regardless of ability to pay.

Services: [Primary Care](#), [HIV](#), [Transgender Health Services](#), [Gynecologic Care](#), [Mental Health](#)

COMMUNITY CENTERS

Billy DeFrank Silicon Valley LGBT Community Center (San Jose) -

<http://www.defrankcenter.org>

Contact Information: Phone: (408) 293-3040; Email: fabulous@defrank.org

Address: 938 The Alameda, San Jose, CA 95126

The Billy DeFrank LGBT Community Center strives to be the community's premier resource hub and a recognized leader in promoting health, strength, diversity and inclusiveness. They provide a broad array of opportunities and programs, a dedicated and caring staff, a corps of volunteers, and a spirit of community that celebrates the many facets of the broad-based Lesbian, Gay, Bisexual and Transgender constituency in Santa Clara County.

Services: [Support and Social Groups](#), [HIV Testing](#), [Cyber Center](#), [Social Activities](#), [Youth Leadership Development](#), [Individual Counseling](#)

San Francisco LGBT Community Center (San Francisco) – <http://www.sfcenter.org>

Contact Information: Phone (Front Desk): (415) 865-5661; Main Line: (415) 865-5555; Email: info@sfcenter.org

Address: 1800 Market Street, San Francisco CA 94102

The mission of the San Francisco Lesbian Gay Bisexual Transgender (LGBT) Community Center is to connect the diverse LGBTQ community to opportunities, resources and each other to achieve a vision of a stronger, healthier, and more equitable world for LGBT people and LGBT allies.

COMMUNITY ORGANIZATIONS/SUPPORT

Asian and Pacific Islander Family Pride (Fremont) – <http://www.apifamilypride.org>

Contact Information: Hotline: (510) 818-0887; Email: info@apifamilypride.org

The mission of Asian and Pacific Islander Family Pride is to end the isolation of Asian and Pacific Islander families with lesbian, gay, bisexual and transgender members through support, education, and dialog.

PFLAG Hayward/East Bay - <https://www.facebook.com/PFLAGHayward>

PFLAG are parents, families, friends & straight allies united with LGBT people for the equality, health, and well-being of the queer community. Join to support, educate, and advocate.

PFLAG Oakland/East Bay - <http://www.pflag-eastbay.org/>

Contact Information: Helpline: (510) 562-7692; Email: support@pflag-eastbay.org

The Oakland/East Bay chapter of Parents, Families, and Friends of Lesbians and Gays is part of an international organization promoting the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends. It does this through support to cope with an adverse society, education to enlighten an ill-informed public, and advocacy to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

PFLAG San Jose/Peninsula Chapter (Sunnyvale) – <http://www.pflagsanjose.org>

Contact Information: Phone (Helpline): (408) 270-8182; Email Address: pflag-info@pflagsanjose.org

Address: PFLAG, P.O. Box 2718, Sunnyvale, CA 94087

Formerly known as Parents, Friends and Family of Lesbians and Gays, PFLAG is the United States' largest organization for parents, families, friends, and straight allies united with people who are lesbian, gay, bisexual, transgender and questioning.

PFLAG San Francisco (San Francisco) – <http://www.pflagsf.org/>

Contact Information: Phone: (415) 921-8850; Email: pflagsf@gmail.com

The mission of PFLAG San Francisco echoes that of the national organization. PFLAG SF promotes the health and well being of gay, lesbian, bisexual and transgender persons, their families and friends, through support to cope with an adverse society, education to enlighten an ill-informed public, and advocacy to end discrimination and to secure equal civil rights. PFLAG SF provides opportunity for dialogue about sexual orientation and gender identity and act to create a society that is healthy and respectful of human diversity.

Somos Familia (East Bay) – <http://www.somosfiliabay.org>

Contact Information: Phone: (510) 725-7764; Email: somosfiliabay@hotmail.com

Somos Familia was founded by two moms from the East Bay (San Francisco Bay Area) with Latino gay and bisexual sons in 2007 to reach out to other families. With an all-volunteer group of different generations we established the following mission and vision. Somos Familia's mission is to create support and acceptance for Latina(o) lesbian, gay, bisexual, transgender, queer or questioning youth and their families. They envision a world where youth of all sexual orientations, gender expressions and identities are accepted and celebrated by their families and communities.

Brown Boi Project (Oakland) – <http://www.brownboiproject.org>

Contact Information: Phone: (510) 962-6999; Email: info@brownboiproject.org

Address: 436-14th Street, 5th Floor, Oakland, CA 94612

The Brown Boi Project is a community of people working across race and gender to eradicate sexism, homophobia and transphobia and create healthy frameworks of masculinity and change.

Gender Spectrum (East Bay) - <https://www.genderspectrum.org>

Contact Information: Phone: (510) 788-4412; Email: info@genderspectrum.org

The Gender Spectrum mission is to help create gender sensitive and inclusive environments for all children and teens. In a simple, straightforward manner, we provide consultation, training and events designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression. Our accessible, practical approach is based on research and experience, enabling our clients to gain a deeper understanding of gender all along the spectrum. We present an overview of how society currently defines gender and how these restrictive definitions can be detrimental to those who do not fit neatly into these categories. We then help you identify and remove the obstacles so all are free to be their authentic selves.

Services: Parent Groups

Our Family Coalition (San Francisco) – <http://www.ourfamily.org>

Contact Information: Phone: (415) 981-1960; Email: info@ourfamily.org

Address: 1385 Mission Street, Suite 340, San Francisco, CA

Our Family Coalition advances equity for lesbian, gay, bisexual, transgender and queer (LGBTQ) families with children through support, education, and advocacy.

HIFY, LGBT Projects: Fabulous (SF), LGBTQQ Leadership (SF), QTY Treehouse (Oakland) – <http://www.hify.org>

Contact Information: Phone: (415) 274-1970; Email: info@hify.org

Address: 1540 Market Street, Suite 300, San Francisco, CA 94102

Health Initiatives for Youth is a multicultural organization whose mission is to improve the health and well-being of underserved young people through innovative youth leadership, popular education and advocacy, in pursuit of multi-level social change.

Seniors

Lavender Seniors of the East Bay (Fremont) – <http://www.lavenderseniors.org/>

Contact Information: Phone: (510) 574-2073 or (510) 574-2090; Email:

info@lavenderseniors.org

Address: 3300 Capitol Avenue, Fremont, CA 94538

Lavender Seniors of the East Bay's mission is to improve the quality of life of older lesbian, gay, bisexual and transgender (LGBT) residents of Alameda and Contra Costa counties. Lavender Seniors advances this mission through direct services, outreach, advocacy and education. A critical aspect of this work is ensuring that LGBT elders are well-prepared emotionally, physically, legally, and socially in their later years.

Castro Senior Center (San Francisco) - <http://ggsenior.org/castro-senior-center/>

Contact Information: Phone (Patrick Larkin): (415) 863-3507; Email (Patrick Larkin):

plarkin@ggsenior.org

Address: 110 Diamond Street, San Francisco, CA 94114

The Castro Senior Center offers a variety of services open to all seniors, and has also added services specifically for LGBT seniors. A monthly LGBT group gathers for social time and to discuss topics selected by participants. Guest speakers have included local commissioners and a member of the Board of Supervisors. The center also offers lunches, film program, trips, special presentations and parties.

Openhouse (San Francisco) – <http://www.openhouse-sf.org>

Contact Information: Phone: (415) 296-8995

Address: 1800 Market Street, PMB 93, San Francisco, CA

Openhouse enables San Francisco Bay Area LGBT seniors to overcome the unique challenges they face as they age by providing housing, direct services and community programs, reducing isolation and empowering LGBT seniors to improve their overall health, well-being and economic security.

Youth

Gender and Sexualities Alliance (GSA) Network (Oakland) - <https://gsanetwork.org>

Contact Information: Phone: (415) 552-4229; Email: info@gsanetwork.org

Address: 611 Telegraph Ave., Suite 1002, Oakland, CA 94612

GSA Network is a next-generation LGBTQ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

Services: Networking and Supporting GSAs, Training Student Leaders, Transforming Schools, Changing Policies and Laws in CA, Building the National GSA Movement

Our Space (Hayward) - <http://www.baycyouth.org/lgbtq-community-center.html>

Contact Information: Phone: (510) 566-2739; Email (Stephanie Perron, LCSW):

Stephanie@baycyouth.org

Address: 22245 Main St, Ste 102, Hayward, CA

Our Space is an LGBTQ youth community center that holds the experiences, strengths and needs of systems-involved youth at our core, and recognizes these youth as fierce and fabulous change-agents in our community. Our Space is located in Hayward, CA and is a program of Bay Area Youth Center/Sunny Hills Services.

LGBTQ Youth Space (San Jose) – <http://youthspace.org/>

Contact Information: Phone: (408) 343-7940; Email: YouthSpace@FCServices.org

Address: 452 South First St., San Jose, CA 95113

The LGBTQ Youth Space is a Program of Family & Children Services that includes a community drop-in center and mental health program for lesbian, gay, bisexual, transgender, queer, questioning and ally youth and young adults ages 13-25 who live in Santa Clara County. The space is open 3pm-9pm Monday through Friday.

Lyric- LGBTQ Youth Services (San Francisco) – <http://www.lyric.org>

Contact Information: Phone: (415) 703-6150; Email: lyricinfo@lyric.org

Address: 127 Collingwood Street, San Francisco, CA 94114

LYRIC's mission is to build community and inspire positive social change through education enhancement, career trainings, health promotion, and leadership development with lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQQ) youth, their families, and allies of all races, classes, genders, and abilities.

Queer Qumbia (Oakland) - <https://www.facebook.com/pages/Queer-Qumbia/299606000979>

Contact Information: Email: qumbiaqrew@gmail.com

Address: La Estrellita Café, 446 E 12th St, Oakland, California 94606

Queer Qumbia is political project that brings people together around musica tropical - cumbia, merengue, salsa, norteñas, banda. It aims to create a queer and trans-inclusive, poc-centered dance benefit to raise awareness of issues impacting our communities-- proceeds support the work of organizations and groups. Every 3rd Friday of the month!

Qulture Collective (Oakland) – <http://www.qulturecollective.com/>

Contact Information: Phone: (510) 419-0552; Email: info@qulturecollective.com

Address: 1714 Franklin St., Oakland, CA 94612

Qulture Collective brings together artists, entrepreneurs, activists, and visionaries from queer and allied communities. The Qulture Collective envisions strengthening the vibrant community in Oakland by collectively creating a shared space to build enterprise. This generates an ongoing cycle of support and jobs that will benefit the community for years to come.

The Queerceañera Project (San Jose) - <http://queerceanera.weebly.com/>

Contact Information: Email: queersj@gmail.com

The mission of the Queerceañera project is to provide authentic artistic representation and narratives of LGBT Latin@ experiences that fully encompass our multiple identities. By providing spaces, programs and personal development opportunities, we ensure that our stories are not forgotten, lost, or silenced. We are committed to telling our stories through our own voices, our own bodies, and our own aesthetic. We take pride in showcasing local talent, promoting welcoming businesses and celebrating community leaders that support the LGBT Latin@ population.

GLBT Historical Society (San Francisco) – <http://www.glbthistory.org>

Contact Information: Archives and Offices: (415) 777-5455; GLBT History Museum: (415) 621-1107; Email: info@glbthistory.org

Address: 4127 18th Street, San Francisco, CA 94114

The GLBT Historical Society houses one of the world's largest collections of lesbian, gay, bisexual and transgender historical material. The [GLBT History Museum](http://www.glbthistory.org) is the first full-scale, stand-alone museum of its kind in the United States. The [archives](#) contain papers, photos, art and artifacts, ephemera and audiovisual recordings spanning a century of queer history.

Queer Cultural Center (Qcc) (San Francisco) – <http://www.queerculturalcenter.org/>

Contact Information: Phone: (415) 935-5948

Address: 762 Fulton Street, San Francisco, CA 94102

Qcc is a multiracial community-building organization that fosters the artistic, economic and cultural development of San Francisco's LGBT community. Qcc operates programs that commission and present Queer artists, that promote the development of culturally diverse Queer arts organizations and that document significant Queer arts events taking place in San Francisco. By presenting, exhibiting, screening and documenting queer artists' work, Qcc contributes to the development of a multicultural perspective on the Lesbian Gay Bisexual Transgender experience.

Queer Women of Color Media Arts Project (San Francisco) – <http://www.qwocmap.org>

Contact Information: Phone: (415) 752-0868; Email: info@qwocmap.org

Address: 59 Cook Street, San Francisco, CA 94118

Queer Women of Color Media Arts Project (QWOCMAP) promotes the creation, exhibition and distribution of new films/videos that address the vital social justice issues that concern queer women of color and our communities, authentically reflect our life stories, and build community through art and activism. QWOCMAP actively invest in, develop and nurture the creativity of emerging media artists who are Asian/Pacific Islander, Black/African American, Chicana/Latina, Native American and Mixed-Race lesbians, bisexual, queer and questioning women in the Bay Area. QWOCMAP provides training, screening opportunities and resources free of charge to guarantee full access to our traditionally underserved community, particularly low-income and immigrant queer women of color.

Bay Area American Indians Two-Spirits (BAAITS) (San Francisco) – <http://www.baaits.org/>

Address: 1800 Market St., PMB 95, San Francisco, CA 94102

Bay Area American Indians Two-Spirits (BAAITS) exists to restore and recover the role of Two-Spirit people within the American Indian/First Nations community by creating a forum for the spiritual, cultural and artistic expression of Two-Spirit people. BAAITS is committed to offering culturally relevant activities for LGBT individuals of Native American ancestry and their families and friends.

El/La Para TransLatinas (San Francisco) - <http://ellaparatranslatinas.yolasite.com>

Contact Information: Phone: (415) 864-7278; Email (Francisco Rangel, Office Coordinator):

francisco@ellaparatranslatinas.org

Address: 2940 16th Street, Rm 319, San Francisco, CA 94103

El/La is an organization for transgender Latinas (TransLatinas) that works to build collective vision and action to promote our survival and improve our quality of life in the San Francisco Bay Area. Because we exist in a world that fears and hates transgender people, women and immigrants, we fight for justice. We respond to those who see us as shameful, disposable or less than human. We are here to reflect the style and grace of our survival, and to make new paths for ourselves.

Services: Safe Space, Education, Support, Leadership Development and Social Participation, Outreach

Gay Middle Eastern Men's Group (San Francisco) – <http://www.gmemsf.org/>

Contact Information: Email (Paul Asfour): pmasfour@gmail.com

A group for gay men of direct Middle Eastern origin, heritage or culture to come together for support, personal growth and belonging.

QueerROC (San Francisco) - <http://araborganizing.org/our-work/immigration-general-program-info/queeroc/>

Contact Information: Phone: (415) 861-7444; Email: queeroc@araborganizing.org

Address: 522 Valencia St, San Francisco, CA 94110

Queeroc is the AROC Arab queer immigrant-led committee. It aims at providing a space for Arab-identifying lesbian, gay, bisexual, transsexual and questioning (LGBTQ) individuals in the Bay Area to meet for the purpose of community building and resource sharing through informal exchange of experiences and knowledge as well as social activities.

Trikone (San Francisco) – <http://www.trikone.org>

Contact Information: Phone: 1-775-5-SF-TRIK (1-775-573-8745); Email: contact@trikone.org

Address: 60 29th Street # 614, San Francisco, CA 94110

Trikone is a registered 501(c)(3) non-profit organization for Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) people of South Asian descent, who trace their ethnicities to one of the following places: Afghanistan, Bangladesh, Bhutan, India, Maldives, Myanmar (Burma), Nepal, Pakistan, Sri Lanka, and Tibet. Founded in 1986 in the San Francisco Bay Area, Trikone is the oldest group of its kind in the world.

BUSINESS ASSOCIATIONS

Rainbow Chamber of Commerce, Silicon Valley (Sunnyvale) - <http://rainbowchamber.org>

Contact Information: Phone: (408) 998-9600; Email: hello@rainbowchamber.org

Address: 1070 Stewart Drive, Ste 1, Sunnyvale, CA 94085

The Chamber's mission is to create a vibrant LGBT supportive business community through development, facilitation, promotion and advocacy.

Golden Gate Business Association (GGBA) (San Francisco) – <http://ggba.com>

Contact Information: Phone: (415) 362-4422; Email: Info@GGBA.com

Address: 584 Castro Street, #528, San Francisco, CA 94114

GGBA's mission is to champion opportunity, development, and advocacy for the LGBT & Allied business community.

LEGAL/POLITICAL ORGANIZATIONS

Bay Area Municipal Elections Committee (BAYMEC) – <http://www.baymec.org>

The Bay Area Municipal Elections Committee (BAYMEC) is a four-county lesbian, gay bisexual, and transgendered (LGBT) political action group, advocating for the civil rights of LGBT people since 1984. BAYMEC is the only political action committee (PAC) dedicated to this purpose in the central coast counties of San Mateo, Santa Clara, Santa Cruz, and Monterey.

ACLU LGBT Project (Northern CA Regional Office) (San Francisco) –

<http://www.aclu.org/lgbt-rights>

Contact Information: Phone (Main Line): (415) 621-2493; Legal Line (English): (415) 621-2488; Legal Line (Español): (415) 293-6356

Address: 39 Drumm Street, San Francisco, California 94111

The mission of the ACLU LGBT Project is the creation of a society in which lesbian, gay, bisexual, and transgender (LGBT) people enjoy the constitutional rights of equality, privacy and personal autonomy, and freedom of expression and association.

Bay Area Lawyers for Individual Freedom (BALIF) (San Francisco) – <http://www.balif.org>

Contact Information: Phone: (415) 874-3045; Email: balif@balif.org

Bay Area Lawyers for Individual Freedom (BALIF) is the nation's oldest and largest association of lesbian, gay, bisexual and transgender (LGBT) persons in the field of law. Founded in 1980, BALIF represents its members' interests in the wider San Francisco Bay Area. BALIF members and supporters include San Francisco Bay Area judges, lawyers, law students and legal workers.

National Center for Lesbian Rights (San Francisco) – <http://www.nclrights.org>

Contact Information: Phone (Office): (415) 392-6257; Legal Helpline: 1-800-528-6257 or (415) 392-6257; Email: info@nclrights.org

Address: 870 Market Street, Suite 370, San Francisco, CA 94102

NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education.

San Francisco Human Rights Commission - LGBT Advisory Committee (LGBTAC) (San Francisco) - <http://sf-hrc.org/lgbt-advisory-committee-lgbtac>

Contact Information: Phone (Commission Staff, David Miree): (415) 252-2502; Email (David Miree): David.Miree@sfgov.org

The Lesbian Gay Bisexual Transgender Advisory Committee (LGBTAC), established in 1975, provides assistance and advice to the Commission regarding discrimination against the LGBT communities, advocates for the civil rights of persons with AIDS/HIV, and educates the LGBT communities about a diverse range of issues that impact their communities.

San Francisco Human Rights Commission - LGBT Aging Policy Task Force (LGBTAPTF) (San Francisco) - <http://sf-hrc.org/lgbt-aging-policy-task-force-lgbtaptf>

Contact Information: Phone (Taskforce Contact: Tom Nolan, Department of Aging and Adult Services): (415) 355-3517; (Taskforce Contact: Sneh Rao, Human Rights Commission): (415) 252-2525; Email (Taskforce Contact: Tom Nolan, Department of Aging and Adult Services):

Tom.Nolan@sfgov.org; (Taskforce Contact: Sneh Rao, Human Rights Commission):

Sneh.Rao@sfgov.org

Launched in October 2012, the LGBT Aging Policy Task Force (formerly known as the LGBT Seniors Task Force) advises the Board of Supervisors on matters relating to the needs and concerns of senior members of the LGBT community. The Task Force holds hearings and takes testimony regarding LGBT senior issues and related matters and reviews, updates and creates implementation plans for recommendations in existing reports including: the [2003 HRC Report on LGBT Seniors](#), [the San Francisco HIV Health Services Planning Council Report on HIV/AIDS and Aging](#) and the [2011 Report of the SRO Task Force](#).

TRANSGENDER RESOURCES

CRISIS SUPPORT

Trans Lifeline - <http://www.translifeline.org>

Contact Information: US: (877) 565-8860, Canada: (877) 330-6366

Trans Lifeline works to end transgender suicide and improve overall mental health of transgender people through education, advocacy, and direct service. We empower trans people to help one another, and to shape our collective efforts by drawing upon our wealth of individual experiences. This line is primarily for transgender people experiencing a crisis. This includes people who may be struggling with their gender identity and are not sure that they are transgender. While our goal is to prevent self-harm, we welcome the call of any transgender person in need. We will do our very best to connect them with services that can help them meet that need. If you are not sure whether you should call or not, then please call us.

GLBT National Help Center – <http://www.glnh.org>

Contact Information: Phone: 1(888) 843-4564; National Youth Talkline: 1(800) 246-7743

Providing free and confidential telephone and email peer counseling. Information and local resources for GLBTQ callers throughout the US.

The Trevor Project: 24/7 Suicide Prevention Lifeline – <http://www.thetrevorproject.org/>

Contact Information: 1(866) 488-7386

Crisis intervention and suicide prevention services for LGBTQ youth.

National Suicide Prevention Lifeline (Nationwide) - <http://www.suicidepreventionlifeline.org>

Contact Information: 1(800) 273-TALK (8255)

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. By dialing **1-800-273-TALK** (8255), the call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.

Crisis Text Line (Nationwide) - <http://www.crisistextline.org>

Contact Information: Text START to 741-741

Your best friend. Your dad. That lady down the street. That quiet kid in school. That loud kid in school. That dude in accounting. Your cousin in Alaska. That hipster in the flannel in Brooklyn. That rando who might lurk on Twitter. Crisis Text Line is for everyone. Crisis Text Line is free, 24/7 support for those in crisis.

HIV Nightline – <http://www.sfsuicide.org/nightline>

Contact Information: 1(415) 434-2437; 1(800) 628-9240 (Nationwide)

The HIV/AIDS Nightline responds to over 15,000 calls annually from all over the United States. People call us for many reasons: people just testing HIV positive, people in later stages of AIDS feeling isolated and/or concerned about their medications, caregivers buckling under the stress of caring for a loved one at home, and people concerned about the HIV risks. What makes

the Nightline unique is our hours. For people receiving their HIV test results after work at a clinic, to people just having a night of unsafe sexual exposure, the program is often the only resource open for immediate care.

MENTAL HEALTH

Pacific Center for Human Growth (Berkeley) - <http://pacificcenter.org>

Contact Information: Phone: (510) 548-8283; Email: info@pacificcenter.org

Address: 2712 Telegraph Avenue, Berkeley, CA 94705

Pacific Center for Human Growth fosters and enhances the well-being and self respect of Lesbian, Gay, Bisexual, Transgender, and Queer youth, seniors, and adults through the delivery of LGBTQ competent mental health and wellness services, and through the cultivation of a strong community of LGBTQ-proficient mental health care professionals.

Services: Mental Health Services, Support Groups

Bay Area Gender Associates (San Francisco) - <http://bayareagenderassociates.blogspot.com/>

Meeting continually since 1988, San Francisco's BAY AREA GENDER ASSOCIATES (BAGA) is the longest established peer consultation group in the world of licensed psychotherapists who work specifically with transgender identity issues. Some therapists that are included on their site are:

- Anne Vitale, Ph.D., PSY 15764, San Rafael, CA. (415) 456-4452, DrVitale@avitale.com
<http://www.avitale.com/>
- Lin Fraser, Ed.D., MFT 8288, San Francisco, CA. (415) 922-9240, linfraser@aol.com
<http://www.linfraser.com/>
- Lisette Lahana, LCSW 23663, Oakland, CA (510) 915-4795,
Therapy@LisetteLahana.com <http://www.lisettelahana.com/>
- Luanna Rodgers, MFT 24105, San Francisco, CA. (415) 641-8890,
luanna@ix.netcom.com <http://luannarodgers.com/>
- Rebecca Auge, Ph.D., PSY 6644, Berkeley, CA. (510) 841-2428, (925) 426-0718,
RebecaAuge@aol.com <http://rebeccaaugephd.blogspot.com/>
- Koen Baum, MFT 38312, San Francisco, CA. (415) 646-0565
- Kim Hraca, MFT 27252, Berkeley, CA. (510) 601-1859
- Dan Karasic, M.D., San Francisco, CA. (415) 206-3809, [dan.karasic\(at\)ucsf\(dot\)edu](mailto:dan.karasic(at)ucsf(dot)edu)
- Julie Graham, MFT, San Francisco, CA. (415) 860-3917, 2282union@gmail.com

Gaylesta (San Francisco) - <http://www.gaylesta.org>

Contact Information: Phone: (415) 729-3996; Email: membership@gaylesta.org

Address: 584 Castro Street, #230, San Francisco, CA 94114

We provide mental health services including therapist referrals, education and consultation. Our [members](#) offer a wide range of specializations, allowing us to serve as a unique resource both to the LGBTQ communities and to other service providers. Let us connect you with other professionals through our members-only listserv, forums and groups. Our Referral Service includes members of all licensures and a broad range of training and experience specializing in counseling the gay, lesbian, bisexual, transgender and queer community.

The Sexual and Gender Identities Clinic (SGIC) a Program of the Gronowski Center (Los Altos) - <http://gronowski.paloalto.edu/sexual-genders-and-identities-clinic>

Contact Information: Phone: (650) 961-9300

The Sexual and Gender Identities Clinic (SGIC) offers affordable and affirming psychological services for individuals who identify as lesbian, gay, bisexual or transgender, as well as those questioning their sexual orientation or gender identity. SGIC offers specialized counseling to address issues related to LGBTQ identity as well as counseling for other life issues in a comfortable space. SGIC includes the Gender Identity Program. In addition to offering the above services for transgender, transsexual, genderqueer, or questioning clients, the Gender Identity Services: Counseling to explore physical/medical transition options, Psychosocial assessments and letters to access medical services, Support through medical transition

Shelter

A Woman's Place (San Francisco) - <http://www.catsinc.org/a-woman-s-place.html>

A Woman's Place (AWP) is the only 24-hour supportive residential services in San Francisco offering emergency shelter and long-term treatment programs to women and transgender women with special needs due to mental disabilities, sexual or domestic violence, drug and alcohol abuse, and HIV+/AIDS-related issues. A Woman's Place also accepts victims of sexual assault and domestic violence as well as transgender women and elderly individuals with special medical needs. Some of the specialized programs include a shelter program, an 18-month transitional housing program, the CARE program for primarily African American women and transgender women with HIV, and a substance abuse program. Services also include health care, mental health counseling, case management services, and money management. The facility serves all women, catering to the chronically homeless who are most at risk and serving individuals other agencies turn away. Emergency housing is provided to single women without children, the LGBT and HIV/AIDS communities, those who experience mental illness, domestic violence, and substance abuse. AWP serves adult women of all ages and ethnicities who feel they have nowhere else to go. At A Woman's Place, individuals receive the structure and support needed to attain permanent housing, a stable income, and if possible, gainful employment.

Asian Women's Shelter - Queer Asian Women & Transgender Support (San Francisco) - <http://www.sfaws.org/programs/direct-services/queer-asian-women--transgender-support.aspx>

Contact Information: Phone (Business Line): (415) 751-7110; 24-Hour Crisis Line: 1-877-751-0880; Email: info@sfaws.org

Address: 3543 18th Street # 19, San Francisco, CA 94110

Asian Women's Shelter's Queer Asian Women and Transgender Support (QAWTS) Program, one of the first and only programs of its kind in the nation, has been at the forefront in addressing intimate partner violence in the LGBTQ community. In addition to providing comprehensive services for queer survivors of violence, QAWTS works on innovative programs and prevention strategies.

Drug and Alcohol

HealthRIGHT360, Transgender Recovery Program (San Francisco) -

<https://www.healthright360.org/program/transgender-recovery-program>

Contact Information: 1(415) 762-3705

A program of Walden House, providing a safe, specialized treatment environment for trans* individuals with substance use disorders. The program provides trans*-specific interventions in a trauma-informed treatment environment, with dedicated, self-identifying trans* program staff, supported by other clinicians who are well trained in issues relevant to the trans* community. Groups, activities, and other services foster a sense of community, belonging, and validation for this population, which faces marginalization, victimization, and dehumanizing experiences. Services address addiction, trauma, and related issues, increase skills, manage stressors, develop meaningful links to needed services and ultimately build a foundation for lasting recovery. Case management strategies link participants internally to the Lyon-Martin Health Services clinic (which provides specialized trans* primary care), and to HIV testing and counseling. Externally, linkages are made to other key providers including: legal advocacy, job and housing support, and other social supports. Therapists provide individual, group, and family sessions for participants who have coexisting mental health needs.

The Last Drag (San Francisco) - <http://www.lastdrag.org/>

Contact Information: Email: info@lastdrag.org

The Last Drag is a free quit-smoking class for LGBT and HIV+ smokers in San Francisco. It is a 7-session class, held four times a year, and run by a staff member certified by the American Lung Association. The website also has a page devoted to CLASH (Coalition of Lavender Americans on Smoking & Health), an activist anti-smoking group.

PRIDE Institute (Minneapolis, MN) - <http://pride-institute.com>

Contact Information: Phone: 1(925) 934-7554 (Office), 1(800) 547-7433 (Admissions)

The PRIDE Institute is the nation's first and leading exclusively LGBTQ drug and alcohol treatment program. Founded in 1986, with over 14,000 graduates, PRIDE Institute is the nation's first and leading provider of residential treatment programs and outpatient treatment programs devoted to treating substance abuse and mental health needs of the lesbian, gay, bisexual and transgender community. Studies suggest that up to 33% of the LGBTQ+ population have difficulty controlling their drug or alcohol use. When you are recovering from addiction or mental health issues, you already have enough to deal with your sexuality shouldn't be viewed as another one of your problems. At PRIDE Institute, gay is understood; being LGBTQ+ is the norm not the exception. Our highly trained and skilled staff understands your issues and will help you live a happy, healthy life as a proud LGBTQ+ person. We can offer you hope to overcome your addiction and live the life you want.

Sober Recovery, Gay-Friendly Treatment Centers (Nationwide) -

<http://www.soberrecovery.com/links/gayandlesbianresources.html>

Resources for LGBTQ treatment of addictions of all kinds.

HEALTH CLINICS/SURGERY/HORMONE THERAPY

Clinics

Tom Waddell Urban Health Clinic Transgender Clinic (San Francisco) -

<http://www.twtransgenderclinic.org>

Contact Information: Main Phone: 415-355-7400; Appointment Desk: 415-355-7500;

TG Info Line: 415-355-7588

Address: 230 Golden Gate Avenue (at Leavenworth), San Francisco, CA

The Transgender Clinic of the Tom Waddell Health Center is committed to providing quality, integrated health care in an atmosphere of trust and respect. Anyone who identifies as transgender can be seen in our clinic: male-to-female, female-to-male, intersex, and those in-between. We are a multidisciplinary primary care clinic, which means we treat all of your medical issues (not just issues related to gender), we have mental health and social services, and we work closely with community organizations.

San Francisco Department of Public Health, Transgender Health Services (San Francisco)

- <https://www.sfdph.org/transgenderhealthservices>

Contact Information: Phone: 1(415) 355-7513; Email: transgenderhealthservices@sfdph.org

Transgender Health Services improves access and quality of healthcare for transgender San Franciscans via its Transgender Surgery Access Program for Healthy San Francisco and Medi-Cal patients. It also partners throughout the SF Health Network to strengthen competency in transgender healthcare at all access points.

Services: [Transgender Surgery Eligibility, Referral, and Readiness Process](#)

Lyon Martin Health Services (San Francisco) – <http://lyon-martin.org>

Contact Information: Phone: (415) 656-7667; Email: info@lyon-martin.org

Address: 1748 Market St., Suite 201, San Francisco, CA 94102

Lyon-Martin Health Services provides excellent health care to women, lesbians and transgender people in a safe and compassionate environment, with sensitivity to sexual orientation and gender identity; all services are regardless of ability to pay.

Services: [Primary Care](#), [HIV](#), [Transgender Health Services](#), [Gynecologic Care](#), [Mental Health](#)

Center of Excellence for Transgender Health (San Francisco) -

<http://www.transhealth.ucsf.edu/>

Contact Information: Phone (Nori Reed): (415) 885-7770

The mission of the Center of Excellence for Transgender Health is to increase access to comprehensive, effective, and affirming health care services for trans* communities.

Services: [Primary Care](#), [Hormone Therapy](#), [Chest Surgery \(Breast Augmentation & Masculinizing Chest Reconstruction Top Surgery\)](#), [Gynecologic Surgery](#), [Voice and Speech Therapy](#), [Child and Adolescent Gender Center Clinic](#), [Legal Info and Name/Gender Changes](#)

Trans:Thrive Drop-In (San Francisco) - <http://www.transthive.org>

Contact Information: Phone: (415) 409-4101

Address: 815 Hyde St., 2nd Floor, San Francisco, CA 94109

We're a safe space by and for the transgender community. Connect to community, explore your identity, and grow. You'll always be respected here.

Services: Drop-in Center, Groups and Workshops, Counseling and Case Management, Primary Medical Care, Mental Health Therapy, Needle Exchange

Asian and Pacific Islander Wellness Center (San Francisco) - www.apiwellness.org

Asian and Pacific Islander Transgender Empowerment

Tenderloin Area Center of Excellence (TACE) Health Clinic

Contact Information: Phone: (415) 292-3400

Address: 730 Polk St., 4th floor, San Francisco, CA 94109

Offers community-based health care provider for people living with HIV in the Tenderloin.

Offers health, hope, and home to all under-served people—of any race, ethnicity, sexual orientation, gender identity, or immigration status.

Planned Parenthood Westside (Santa Cruz) - <https://www.plannedparenthood.org/health-center/california/santa-cruz/95060/westside-health-center-2232-90130>

Contact Information: Phone (831) 460-3100

Address: 1119 Pacific Avenue, Suite 200, Santa Cruz, CA 95060

Child and Adolescent Gender Center Clinic; Ron Conway Family Gateway Medical Building (San Francisco)

Contact Information: Phone: (415) 476-8214; Website:

https://www.ucsfbenioffchildrens.org/clinics/child_and_adolescent_gender_center/

Address: 1825 Fourth St., Sixth Floor, San Francisco, CA 94158

St James Infirmary (San Francisco) - stjamesinfirmary.org/

Contact Information: Phone: (415) 554-9634; Email: stride@stjamesinfirmary.org

Address: 1372 Mission Street, San Francisco, CA 94103

Provides health care and social services to sex workers. Now has an appointment-based trans health program, STRIDE, every Thursday 1-4pm.

Kaiser Permanente Multi-Specialty Transitions Department (Oakland) -

https://mydoctor.kaiserpermanente.org/ncal/facilities/region/eastbay/area_master/departments/transgender.jsp

Contact Information: General Hospital Operator Phone: (510) 752-1000

Address: 3600 Broadway, Oakland, CA 94611

The Multi-Specialty Transitions Department (MST) at Kaiser Permanente Oakland Medical Center is deeply committed to providing equitable, compassionate and high-quality medical care to transgender patients and their families. The specialist team consists of providers from surgery, internal medicine, gynecology, psychiatry, social services and nursing, who work together to provide comprehensive healthcare for Kaiser Permanente members needing gender-affirming health care services, including hormone consultations, surgical evaluations, psychological services, and gynecologic care.

Kaiser Permanente Gender Pathways Clinic (San Francisco) -

https://mydoctor.kaiserpermanente.org/ncal/facilities/region/sanfrancisco/area_master/departments/gender.jsp

Contact Information: Phone (Kaiser Permanente Member Outreach): (415) 833-2562

Address: 2238 Geary Blvd. Lobby Level, San Francisco, CA 94155

The Kaiser Permanente San Francisco Gender Pathways Clinic provides culturally competent care to Transgender patients, providing hormone consultations for gender transition and follow-up medical care for transmen, transwomen, gender-queer and other gender non-conforming patients. The specialist team consists of providers from internal medicine, gynecology, psychiatry and surgery who work together to provide integrated and comprehensive medical and surgical care.

Pharmacy

Strohecker's Pharmacy (Portland, OR) – <http://www.stroheckersrx.com>

Contact Information: Phone: (503) 222-9393; Email: stroheckers@stroheckersrx.com

Address: 2855-A S.W. Patton Rd., Portland, OR 97201

Trans-friendly mail order pharmacy for hormones. Provide needles and syringes at no additional cost to client. Fast and knowledgeable service to trans clients.

General Physicians

Richard Cherlin, MD (San Jose) – Hormone Therapy

Contact Information: Phone: (408) 358-2663

Address: 15899 Los Gatos Almaden Rd, Los Gatos, CA

Charles Moser, PhD, MD; California Pacific Medical Center (San Francisco) – Internal Medicine <http://www.cpmc.org/dr-charles-a-moser.html>, <http://home.netcom.com/~docx2/>

Contact Information: Phone: (415) 621-4369

Address: 45 Castro Street, San Francisco, CA

Catherine Forest, MD; Stanford Health Center (Los Altos) – General Physician

Contact Information: Phone: (650) 498-9000; Email: cforest@stanford.edu

Address: 960 N San Antonio Rd Suite 101, Los Altos, CA, 94022

Tandy Aye, MD (Palo Alto) – Medicine Specialties Clinic

Contact Information: Phone: (650) 721-1811

Address: 730 Welch Rd 2nd Floor, Palo Alto, CA94304

Jennifer Slovis, MD (Oakland) – Primary Care/Hormone Therapy

Contact Information: Phone: (510) 752-1190

Address: 3701 Broadway, 4th Floor, Oakland, CA, 94611

Surgery

Marci Bowers, MD (San Mateo) – Gender Confirmation Surgery for Trans* Men and Women
Contact Information: Phone: (877) 439-2244; Website: <http://www.marcibowers.com>

Curtis Crane, MD (San Francisco) - Gender Confirmation Surgery for Trans* Men and Women

Contact Information: Phone: (877) 255-2081 or (415) 625-3230; Email: admin@brownsteinmd.com; Website: <http://www.brownsteincrane.com>

Address: 1001 Mariposa St., Suite 101, San Francisco, CA 94107

Note: Previously Dr. Brownstein's practice. Dr. Brownstein has now retired.

Maurice Garcia, MD; UCSF Medical Center (San Francisco) - Gender Confirmation Surgery

Contact Information: Phone: (415) 514-6307

Address: 400 Parnassus Avenue, Suite A-610, San Francisco, CA 94143

David Kahn, MD; Stanford Plastic Surgery Clinic (Palo Alto) – Chest Reconstruction

Contact Information: Phone: (650) 723-7001

Address: 1000 Welch Rd, MC 5348, Palo Alto, CA 94304

Alexandra Klikoff, MD (Aptos) - Hysterectomy

Contact Information: Phone (831) 688-8266

Address: 3275 Aptos Rancho Rd, Aptos, CA 95003

Andrew Epstein, MD (Palo Alto) – Orchiectomy

Contact Information: Phone (650) 853-2988

Address: 795 El Camino Real, Palo Alto, CA 94301

Peter K. Davis, MD (Palo Alto) - Cosmetic Surgery for Trans* Women

Contact Information: Phone: (650) 326-6800; Website: <http://www.davisplasticsurgery.com>

Address: 1515 El Camino Real, Suite D, Palo Alto, CA, 94306

Eugene Kaplan, MD; Center for Advanced Gynecologic Surgery (Walnut Creek) –

Urogynecologist; Sex-Reassignment Surgery

Contact Information: Phone: (925) 979-9969

Address: 120 La Casa Via, Suite 209, Walnut Creek, CA 94598

Jordan Deschamps-Braly, MD (San Francisco) - Plastic Surgeon Specializing in Facial Feminization

Contact Information: Phone: (415) 624-3922; Email: info@deschamps-braly.com; Website: <http://deschamps-braly.com>

Address: 450 Sutter Street, #1520, San Francisco CA 94108

Reproductive Care

The Fertility and Gynecology Center (Monterey) – <http://www.montereybayivf.com>

Contact Information: Phone: (877) 733-4483

Address: 9833 Blue Larkspur Ln., Monterey, CA 93940

Fertility Physicians of Northern California (San Jose) – <http://www.fpnc.com>

Contact Information: Phone: (800) 597-2234; Email: info@fpnc.com

Address: 2581 Samaritan Drive Suite 302/309, San Jose, CA 95124

Stanford University IVF/ART Program (Palo Alto) – <http://www.stanfordivf.com>

Contact Information: Phone: (650) 498-7911; Email: fertilitycenter@stanford.edu

Address: Department of Obstetrics and Gynecology, 900 Welch Rd Suite 350, Palo Alto, CA 94304

MAIA Midwifery and Fertility Services LLC (Oakland) - <http://www.maiamidwifery.com>

Contact Information: Email: info@maiamidwifery.com

Address: 5290 College Ave Ste C, Oakland, CA 94618

Pacific Reproductive Services (San Francisco) – <http://www.pacrepro.com>

Contact Information: Phone: (415) 487-2288; Email: info@PacRepro.com

Address: 444 De Haro Street, Suite 222, San Francisco, CA 94107

The Sperm Bank of California (TSBC) (Berkeley) – <http://www.thespermbankofca.org>

Contact Information: Phone: (510) 841-1858; Email: info@thespermbankofca.edu

Address: 2115 Milvia St. Suite 201, Berkeley, CA 94704

TSBC is the first and only sperm bank in the United States to operate as a nonprofit organization. Their mission is to provide services, information, and resources to all individuals and families who choose to create or expand their families through donor insemination and sperm storage. Trans-friendly.

UCSF Center for Reproductive Health (San Francisco) – <http://www.ucsfivf.org>

Contact Information: Phone: (415) 353-7475; Email: info@ucsfivf.org

Address: 2356 Sutter St, 7th Floor, San Francisco, CA 94115

COMMUNITY SUPPORT:

TransGender SF (San Francisco) – <http://tgsf.org>

TransGender San Francisco is a support and social group for the entire TransGender and Gender-Non-Conforming community.

Services: [Education](#), [Social](#), [Outreach](#)

The Diversity Center's Trans* Program (Santa Cruz) - <http://www.diversitycenter.org/trans/>

Support groups for and by trans* folks, referrals to trans* friendly providers, lively conversations about the specific ways being trans* impacts us, fun outings -- these are just some of the ways we serve you.

Rainbow Community Center (Concord) - http://rainbowcc.org/?program_categories=trans

The Rainbow Community Center of Contra Costa County (RCC) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) people and our allies. Our goal is to provide a safe, supportive and

respectful environment for LGBTQ people of all ages, socio-economic status, races, cultures and religions. We strive to create services and activities that will promote the mental, physical and spiritual well-being of our community by providing professional services, peer support, referral services, social opportunities and educational programs of interest to our community as well as to the community at large.

Services: Support Groups and Counseling

Billy DeFrank Silicon Valley LGBT Community Center (San Jose) -

<http://www.defrankcenter.org>

Contact Information: Phone: (408) 293-3040; Email: fabulous@defrank.org

Address: 938 The Alameda, San Jose, CA 95126

The Billy DeFrank LGBT Community Center strives to be the community's premier resource hub and a recognized leader in promoting health, strength, diversity and inclusiveness. They provide a broad array of opportunities and programs, a dedicated and caring staff, a corps of volunteers, and a spirit of community that celebrates the many facets of the broad-based Lesbian, Gay, Bisexual and Transgender constituency in Santa Clara County.

Services: [Support and Social Groups](#), [HIV Testing](#), Cyber Center, Social Activities, Youth Leadership Development, Individual Counseling

El/La Para TransLatinas (San Francisco) - <http://ellaparatranslatinas.yolasite.com>

Contact Information: Phone: (415) 864-7278; Email (Francisco Rangel, Office Coordinator):

francisco@ellaparatranslatinas.org

Address: 2940 16th Street, Rm 319, San Francisco, CA 94103

El/La is an organization for transgender Latinas (TransLatinas) that works to build collective vision and action to promote our survival and improve our quality of life in the San Francisco Bay Area. Because we exist in a world that fears and hates transgender people, women and immigrants, we fight for justice. We respond to those who see us as shameful, disposable or less than human. We are here to reflect the style and grace of our survival, and to make new paths for ourselves.

Services: Safe Space, Education, Support, Leadership Development and Social Participation, Outreach

FTMInternational (serving the Female-To-Male community) (San Francisco) -

<http://www.ftmi.org>

FTM International leaders focus on strong rights, human rights, multiple oppressions, immigrant rights and anti-oppression work with all members, families, friends, allies, donors, volunteers, chapter members, and leaders. FTMI has many local chapters that meet for support, information and community building.

PROFESSIONAL ORGANIZATIONS

American Association of Sexuality Educators, Counselors and Therapists (AASECT) -

<https://www.aasect.org>

AASECT is a not-for-profit, interdisciplinary professional organization. In addition to sexuality educators, sexuality counselors and sex therapists, AASECT members include physicians, nurses, social workers, psychologists, allied health professionals, clergy members, lawyers,

sociologists, marriage and family counselors and therapists, family planning specialists and researchers, as well as students in various relevant professional disciplines. These individuals share an interest in promoting understanding of human sexuality and healthy sexual behavior.

The Association of LGBTQ Psychiatrists - <http://www.aglp.org/index.php>

AGLP is a community of psychiatrists that educates and advocates on Lesbian Gay Bisexual and Transgender mental health issues.

The International Foundation for Gender Education – <http://www.ifge.org>

IFGE promotes acceptance for transgender people. We advocate for freedom of gender expression and promote the understanding and acceptance of All People: Transgender, Cis-gender, Transsexual, Crossdresser, Agender, Gender Queer, Intersex, Two Spirit, Hijra, Kathoey, Drag King, Drag Queen, Queer, Lesbian, Gay, Straight, Butch, Femme, Faerie, Homosexual, Bisexual, Heterosexual, and of course - You!

The Society for the Scientific Study of Sexuality - <http://www.sexscience.org>

SSSS is dedicated to advancing knowledge of sexuality and communicating scientifically-based sexuality research and scholarship to professionals, policy makers, and the general public. SSSS fosters a worldwide community of diverse professionals committed to a scholarly and scientific approach to acquiring and disseminating accurate knowledge of sexuality. As a Society, we believe that freedom of inquiry is essential for the promotion of human welfare and the reduction of ignorance and prejudice about sexuality.

World Professional Association for Transgender Health - <http://www.wpath.org>

The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Our professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally. We are funded primarily through the support of our membership, and through [donations](#) and grants sponsored by non-commercial sources.

Bay Area Open Minds (Bay Area) - <http://bayareaopenminds.org>

We are a group of San Francisco Bay Area psychotherapists and psychotherapy students who affirm that sexual and gender diversity are natural expressions of the human experience. We provide a safe haven for mental health clinicians to gather, network, support, and consult. The members of this organization have practices that welcome and serve clients who engage in consensual sexual behaviors, including but not limited to kink and polygamy; and clients who identify as gender variant.

LEGAL/POLITICAL ORGANIZATIONS

Transgender Law Center (Oakland/San Francisco) - <http://transgenderlawcenter.org/>

Contact Information: Phone (Main): 1(415) 865-0176; Collect Line for Inmates and Detainees: (510) 380-8229; Legal Assistance (Danny Kirchoff, Client Advocate): (415) 865-0176 x306; Email: info@transgenderlawcenter.org

Address: SF LGBT Center, 1800 Market St., San Francisco, CA 94102

Transgender Law Center works to change law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression. We envision a future where gender self-determination and authentic expression are seen as basic rights and matters of common human dignity.

Sylvia Rivera Law Project (NY) - <http://srlp.org/>

The Sylvia Rivera Law Project works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.

TGI Justice Project (San Francisco) - <http://www.tgijp.org>

Contact Information: Email: info@tgijp.org

Address: 1372 Mission St., San Francisco, CA 94103

The TGI (Transgender, Gender-Variant & Intersex) Justice Project is a group of transgender people -- inside and outside of prison -- working in collaboration with others to forge a culture of resistance and resilience in the fight against imprisonment, police violence, racism, poverty and societal pressures. They serve low-income transgender women of color and their families who are in prison, formerly incarcerated, or targeted by the police.

EMPLOYMENT

Transgender Economic Empowerment Initiative (San Francisco) - <http://www.teeisf.org/>

TEEI is a unique collaborative program designed to help transgender individuals find stable jobs that provide a living wage, benefits, and opportunities for advancement.

TRANSGENDER ACTIVISM/CULTURE

Gender and Sexualities Alliance (GSA) Network (Oakland) - <https://gsanetwork.org>

Contact Information: Phone: (415) 552-4229; Email: info@gsanetwork.org

Address: 611 Telegraph Ave., Suite 1002, Oakland, CA 94612

GSA Network is a next-generation LGBTQ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

Services: Networking and Supporting GSAs, Training Student Leaders, Transforming Schools, Changing Policies and Laws in CA, Building the National GSA Movement

QTY Treehouse (a HIFY SF Affiliated-Project) (Oakland) –

<https://www.facebook.com/QTYTreehouse>

Contact Information: Email (Aldo Gallardo, QTY Coordinator): Gallardo@hify.org

Address: 1684 7th Street, Oakland, CA 94607

Queer Trans* Youth (QTY) Treehouse engages folks ages 24 and under. It is a place to come learn new skills, meet friends, get linked to resources, and have fun!

We Happy Trans - <http://wehappytrans.com/>

We Happy Trans was created so that trans people could share stories of positive experiences, so the wider world could see that like any other community, we too thrive, struggle, and overcome; to give further evidence that we too have writers magically shaping words to reflect and elevate shared human experience, and eloquent speakers calling to the better angels of our nature; that we too have bold, visible heroes, as well as quiet warriors or ordinary life; that we laugh, cry, gossip and occasionally engage in petty squabbles; that we are Christians, Jews, Muslims, atheists, pagans, Buddhists, Hindus, Theosophists, magical panty wearing Mormons, and seekers; we read Shakespeare and watch reality t.v.; occupy queer neighborhoods, small towns, dance halls, local pubs, schools, offices, theaters, prisons, NPOs, nursing homes, hunting parties and coffee klatches in every conceivable place on earth, and possibly beyond; that we are parents, friends, children, second-cousins once-removed, neighbors, strangers, lovers and mortal enemies; that we too are every possible variation of X-sexual; are freaks, utter bores, hysterically funny, plain odd, droll, absurdist and everything between; that we contain multitudes.

The TransAdvocate - <http://www.transadvocate.com>

The TransAdvocate is investigative news and nuanced commentary from a boots-on-the-ground trans advocate perspective. What sets the TransAdvocate apart is its commitment to publishing contextual pieces based upon original investigative effort. In other words, we don't simply repeat the news from other media sources, we report the news as discovered through actual investigative work and fact-checking. Specifically, the TransAdvocate focuses on watchdogging media tropes and misinformation that gains social currency. We're willing to do what it takes to expose hate — especially when hate is being peddled as reason, faith or journalism. We here at the TransAdvocate generally won't pull our punches and we are all too happy to drag the truth — kicking and screaming — into the light of day.

Huff Post Transgender - <http://www.huffingtonpost.com/news/transgender/>

Original Plumbing – <http://www.originalplumbing.com/>

Original Plumbing Online serves as the ultimate go-to for the latest and most pertinent info on trans* culture and experience. Original Plumbing's purpose is to create visibility and community for transgender people and their allies from across the LGBTIQ spectrum and beyond.

Original Plumbing (the print) Magazine: OP is the premier quarterly print magazine dedicated to the culture and lifestyle of transgender men. Founded in September of 2009 by Amos Mac and Rocco Kayiatos in San Francisco, Original Plumbing continues to be independently published and distributed out of Brooklyn, NY. The magazine is dedicated to documenting diversity within the trans male community through photographic portraits and essays, personal narratives, and interviews. We feel that there is no single way to sum up what it means to be a trans* man because we each have different beliefs, life experiences, and relationships to our own bodies. Original Plumbing gives the trans male community the opportunity to speak for and about themselves, taking the focus away from bodies and medical transition, and transferring it to a greater experience of their lives.

National Center for Transgender Equality – <http://www.transequality.org/>

The National Center for Transgender Equality is the nation's leading social justice advocacy organization winning life-saving change for transgender people. NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, D.C.

Lou Sullivan Society – <http://www.lousullivansociety.org/index.html>

The Lou Sullivan Society website was formed to provide historical information, education, support, community building and advocacy for transgender and transsexual men.

Wipe Out Transphobia – <http://www.wipeouttransphobia.com>

Activism, education, support, understanding.

Social

Carla's Social Club (Oakland) - <http://www.carlas.com>

A discreet, safe & private place for the transgendered and cross-dressing community. Carla's is a celebration of the feminine, in body and spirit, for the transgender and cross-dressing community. Carla's is the only Transgender owned and operated boutique and social club on the west coast.

Services: Feminine Coaching, Makeovers, Wigs, Excursions, Boutique

Bay Area Transgender and Cisgender Women's Meetup (San Francisco) -

<http://www.meetup.com/BATGMAS/>

The Bay Area **Trans & Cis** Women's Meetup was formed to create connections across the spectrum of female identifying individuals. From **cisgender** to **transgender** women, this group *may also include* women who identify as **genderqueer or non-binary**. This is a group to meet each other for friendship, support, companionship, and fun.

FOR PARENTS/FAMILIES OF TRANSGENDER CHILDREN

Gender Spectrum (East Bay) - <https://www.genderspectrum.org>

Contact Information: Phone: (510) 788-4412; Email: info@genderspectrum.org

The Gender Spectrum mission is to help create gender sensitive and inclusive environments for all children and teens. In a simple, straightforward manner, we provide consultation, training and events designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression. Our accessible, practical approach is based on research and experience, enabling our clients to gain a deeper understanding of gender all along the spectrum. We present an overview of how society currently defines gender and how these restrictive definitions can be detrimental to those who do not fit neatly into these categories. We then help you identify and remove the obstacles so all are free to be their authentic selves.

Services: Parent Groups

PFLAG - <http://community.pflag.org/transgender>

For decades, PFLAG has been proud to be a resource for parents, families, and friends of people who are transgender and gender expansive. The resources on this page will help advise you on how to better support a loved one as they move along their journey, and to help further your own understanding of your loved one's gender identity or expression. Knowledge is power. Listen to your loved one and educate yourself. The more you know about various transgender and gender-expansive narratives and experiences, the more you will be able to provide the kind of love and support necessary to help your loved ones grow and lead a full and healthy life.

Children of Lesbians & Gays Everywhere (COLAGE), People with Trans Parents - <http://www.colage.org/resources/people-with-trans-parents/>

COLAGE unites people with lesbian, gay, bisexual, transgender, and/or queer parents into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities.

Our Family Coalition (San Francisco/East Bay) - www.ourfamily.org

Contact Information: Phone: 1(415) 665-8641

Promotes the civil rights and well being of families and individuals whose civil rights are at risk through education, advocacy, and grassroots community organizing.