

## Prenatal Care Providers in Temporary Medi-Cal Program

Call to ask about enrolling in temporary Medi-Cal for prenatal care

### *Daly City*

Seton New Life Center (650) 301-8875  
1500 Southgate Avenue #112

### *Burlingame*

Roberto Diaz, M.D. (650) 692-9111  
1828 El Camino Real, Suite 601

### *San Mateo*

San Mateo Medical Center (650) 573-2992  
39th Ave Clinic  
222 West 39th Avenue

### *Redwood City*

Fair Oaks Family Health (650) 364-6010  
2710 Middlefield Road

### *Menlo Park*

Belle Haven Clinic (650) 321-0980  
100 Terminal Ave.

Willow Clinic (650) 599-3890  
795 Willow Road, Bldg. 334

### *East Palo Alto*

Ravenswood Family Health (650) 330-7400  
1798 A Bay Road

### *San Francisco*

St. Luke's Women's Center (415) 641-6996  
1680 Valencia Street, #508B

## Go Before You Show— Don't Wait

See a Prenatal Doctor In the First 3 Months of Your Pregnancy

If You Don't Have Health Insurance  
Enroll in Temporary Medi-Cal for  
Pregnant Women

To learn more, review information inside

If you do not qualify for temporary  
Medi-Cal, contact AIM (Access for Infants  
and Mothers) 1-800-433-2611

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# Pregnant?

Or think you might be?



## Go Before You Show

*Free and Low-Cost  
Private Prenatal Insurance  
for Women in  
San Mateo County*

**1-877-886-GBYS**  
(4297)  
GoBeforeYouShowSanMateo.org

## Think You're Pregnant but Not Sure?

**If You Are 2 Weeks Late—  
Don't Wait See a Doctor  
for a Pregnancy Test**

*Your health in the first weeks after you become pregnant can affect your baby's health.*



Get a pregnancy test at a clinic or doctor's office to be certain.

- ☞ To start prenatal care, your pregnancy needs to be confirmed by test results given by a doctor or clinic.
- ☞ Get tested as soon as your period is 2 weeks late.

If you do not have health insurance, apply for temporary Medi-Cal to pay for a pregnancy test

- ☞ You can get a free pregnancy test with temporary Medi-Cal insurance.
- ☞ Call a clinic or doctor listed in this in this brochure to make an appointment for a pregnancy test. Tell the staff that you want to apply for temporary Medi-Cal.

## See a Doctor In the First 3 Months of Your Pregnancy

**Go Before You Show— Don't Wait**

*You need a blood test between 10 and 13 weeks to check your baby's risk for health problems*

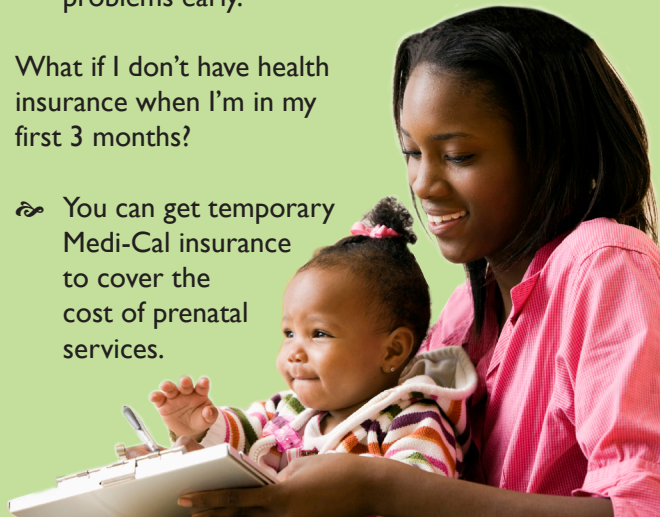


You increase your chances of having a healthy baby when you start prenatal care as soon as you know you are pregnant.

- ☞ Your baby's organs start to form in your 1st trimester—your first 3 months
- ☞ Most birth defects happen in the first 3 months of pregnancy
- ☞ It is important to get prenatal screening tests that help detect problems early.

What if I don't have health insurance when I'm in my first 3 months?

- ☞ You can get temporary Medi-Cal insurance to cover the cost of prenatal services.



## Don't Have Health Insurance for a Pregnancy Test or Prenatal Care?

**Enroll in Temporary Medi-Cal ...**

Temporary Medi-Cal is a program for women and teens without prenatal insurance. Immigration status does not affect eligibility. This program covers these prenatal services **for free**:

- ☞ Pregnancy test at a clinic
- ☞ Prenatal care visits
- ☞ Prescription medicines for your pregnancy

### Applying for temporary Medi-Cal is easy and fast

1. Call a clinic or doctor listed in this brochure to make an appointment for prenatal care.
2. Tell the staff that you do not have health insurance.
3. Apply for temporary Medi-Cal when you are at your appointment. You will receive a temporary Medi-Cal (PE) card.

The temporary Medi-Cal is program is also called Presumptive Eligibility Services for pregnant women (PE).