



FAMILY RESOURCE CENTER

at COMMUNITY GATEPATH

2015 Summer Camps and Activity Guide San Mateo County

It's that time of year and we've done some research for you to help cut through the camp clutter. We have compiled a list of camps by Parks and Recreation Departments (by city), camp websites throughout the Peninsula and San Mateo County, in addition to camps for special needs children (that includes year round activities). This is by no means exhaustive, so please feel free to let us know if you have something more specific you are looking, we'd be happy to help! You can also reference our website at www.smcfrc.org.

San Mateo County Parks and Recreation Departments (by city):

Belmont

<http://www.belmont.gov/city-hall/park-and-recreation>

Brisbane

<http://www.brisbaneca.org/departments/parks-and-recreation/programs/youth>

Burlingame

<http://www.burlingame.org/index.aspx?page=1147>

Daly City

<http://www.dalycity.org/page64.aspx>

Foster City

<http://www.fostercity.org/parksandrecreation/youthandteens/Camps.cfm>

Half Moon Bay

www.half-moon-bay.ca.us

Hillsborough

<http://www.hillsboroughrecreation.com/>

Menlo Park

<http://www.menlopark.org/235/activity-guide-recreation-classes>

Millbrae

<http://www.ci.millbrae.ca.us>

Pacifica

http://www.cityofpacifica.org/depts/rec_department/summer_rec_programs.asp

Palo Alto

<http://www.cityofpaloalto.org/gov/depts/camps/default.asp>

Redwood City

<http://www.redwoodcity.org/parks/>

San Bruno

http://www.sanbruno.ca.gov/parks_main.asp

San Carlos

<http://www.cityofsancarlos.org/depts/pr/default.asp>

San Mateo

<http://www.cityofsanmateo.org/civicalerts.aspx?AID=447>

San Francisco

www.sfrecpark.org

For Children with Special Needs:

Inclusion Services Program/Adaptive Recreation Program

www.sfrecpark.org/recprogram/adaptive-recreation/

South San Francisco

<http://www.ssf.net/412/summer-camps>

For a listing of camps (including special needs) in San Mateo County and the Peninsula:

Bay Area Kid Fun, www.bayareakidfun.com/campspeninsula.html

Bay Area Parent Magazine, www.bayareaparent.com/camp/

San Francisco Summer Camps, www.sanfranciscosummercamps.org

Camp Bay Area, www.campsbayarea.com

Activity Hero, www.activityhero.com

Best Special Needs Camps, www.bestspecialneedsamps.com

Special Needs Camps and Year Round Programs:

Abilities United

For young people 5-22 who cannot fit into regular special needs recreation programs. Children & teens work on behavioral/social adjustment and gross motor skills in community based settings.

Palo Alto

(650) 494-0550

www.abilitiesunited.org

Axis Dance Access/KIDS

A dance company for persons with or with- out disabilities, youth-adults

Oakland

(510) 625-0110

www.axisdance.org

AYSO

Soccer for kids with special needs in San Mateo, Ages 5-18 years, call 650 341-4112

Bay Area Association of Disabled Sailors

Provides adaptive boats and sailing training for persons with physical disabilities.

Teens- Adults

San Francisco

(415) 281-0212

www.baads.org

Bay Area Friendship Circle

A program that pairs high school students with children that have special needs for a full range of social Judaic educational experiences. All are welcome.

Palo Alto

(650) 858-6990

www.bayareaFC.org

Bay Area Outreach & Recreation Program (BORP)

Offers recreation including bike riding, adaptive bikes and more

Bay Area

(510) 849-4663

www.borp.org

BOK Ranch

Therapeutic horseback riding

Woodside

650-366-2265

<http://bokranch.com/>

Boys & Girls Clubs in San Mateo County of San Mateo

Daly City (650) 991-5760

Menlo Park (650) 646-6140

Pacifica (650) 355-1334

SSF (650) 589-7090

Boy Scouts of America

San Mateo County

650-341-5633 www.scouting.org

www.troop42sm.org

Camp Harmon/Easter Seal Summer Camp

Boulder Creek, CA

(831) 684-2166 ext 113

www.campharmon.org

Camp Krem/Camping Unlimited

Santa Cruz Mountains

(510) 222-6662

www.campingunlimited.org

Dance Attack

Los Gatos & Mountain View

A dance program for teens with special needs

(408) 356-6456

www.danceattackstudios.com

Developmental Pathways Summer Camps

Focus on speech, language and social skills 0-8 yrs

Redwood City (650) 366-0486

Enchanted Hills Camp

A free residential summer camp program for children who are legally blind, ambulatory and not in need of one-to-one supervision

San Francisco

(415) 694-7319

www.lighthouse-sf.org

e-soccer

Free San Francisco Bay Area soccer program for children with special needs 5 -18 years old.

Meets in several different cities

www.e-soccer.org

e-karate

San Francisco Bay Area

www.karate.e-sports.org/

Environmental Traveling Companions (ETC)

Offers outdoor and environmental education programs for people with special needs, includes sea kayaking, whitewater rafting.

San Francisco

(415) 474-7662

www.etctrips.org

Girls Scouts of Northern California

Summer Camp Adventures for girls and families

Alameda, 510-562-8470

San Jose, 408-287-4170

www.girlscoutsnorcal.org

La Petite Baleen

Swim programs for all ages

Multiple Bay Area locations

866-896-3603

www.swimlpb.com

Lazy H

Horseback Riding for children of all abilities

Half Moon Bay

(650) 726-3743

www.lazyhponyranch.com

Menlo Park Gymnastics Program

Gymnastics for all children

Menlo Park

(650) 330-2224

www.menlopark.org/236/gymnastics

Mills/Peninsula Pool

Therapeutic swim program

San Mateo

(650) 696-4927

www.mills-peninsula.org/aquatics

National Center for Equine Facilitated Therapy (NCEFT)

Therapeutic Horseback riding program for children and adults with special needs

Woodside

(650) 851-2271

www.ncft.org

PAL (Police Activities League)

Offers a variety of activities to school aged children

(650) 522-7725

Pomeroy Recreation and Rehabilitation Center

Offers arts & crafts, pool and other programs for children with disabilities

San Francisco

(415) 665-4100

www.prrcsf.org

REACH (Recreational Experience for All Children) – PARCA

Unique, inclusive and integrated childcare program for children with or without developmental disabilities.

John Muir Elementary, San Bruno

(650) 871-8402

www.Parca.org/our-programs/reach

Project Insight (part of SF Parks and Rec)

Everybody Plays! Project Insight and Inclusion Services is our home for American Sign Language (ASL) and adaptive recreation programs, and inclusion services for people with disabilities.

San Francisco

(415) 206-1229 or (415) 206-1063

www.projectinsight.org/

Quest Therapeutic Camps

Therapeutic programs for children with special needs, ages 6-18. After school programs, summer camps, group therapy.

Peninsula/East Bay

1-800-313-9733, 925-743-2900

www.questcamps.com

Rainbow Music Therapy Services

Combines benefits of music education with specific therapeutic techniques of a music therapist. Provides services to children, teens and young adults with special needs on the Peninsula.

Individual and group sessions available.

Redwood City & Los Altos

www.rainbowmusictherapy.com

Redwood City Parks & Recreation

Special Needs Program (SNAP)

(650) 780-7343

http://www.redwoodcity.org/parks/accessible_rec/index.html

San Bruno Special Needs Program

Teens and Adults

(650) 616-7184

Special Olympics

Northern California

(925) 944-8801

Local San Mateo Contact: Theo Paat, 650-802-5478

www.sonc.org

Square Peg Foundation

Therapeutic Horse Riding

Half Moon Bay

(650) 440-5064

www.squarepegfoundation.org

Special Skaters

Nazareth Ice Oasis

Redwood City

Skating Class for children with developmental delays or disabilities

(650) 364-8090, x116

www.iceoasis.com

South Bay Wheelchair Athletic Program (Far West Wheelchair Athletic Association)

Offers Wheels on Fire, Junior Wheelchair Sports Team, San Jose Steam Rollers, Water Wheels, Swim Team, Wheelchair Basketball and more.

San Jose

(408) 267-0200

<http://www.nchpad.org/Directories/Programs/7943/South~Bay~Wheelchair~Athletic~Program>

Via Services

Recreation and camps for children and adults with special needs

Santa Clara

(408) 243-7861

www.viaservices.org

Zohar Dance

Dance for Change

A program for children with autism spectrum disorders & related developmental disabilities.

Palo Alto

(650) 494-8221

www.zohardancecompany.org

Activities for typical developing children (which may include children with disabilities)

Jewish Community Center

Day Camps, Swimming, Gym
San Mateo (650) 212-7522

Junior Gym

Preschool Program
Parent/Toddler Class
Parent's Night Out
(650) 548-9901

Music & Fine Arts Camp

San Mateo Recreation Dept. of College of San Mateo County
Comprehensive summer arts experience for young artists (fine arts, theater, music)
(650) 522-7440

Peninsula Swim School

Redwood City
Indoor Pool 92 degrees
(650) 366-9211

YMCA

Day Camps 5- 14 years, Gym, Swimming Pool; sliding fee memberships
Redwood City (650) 368-4168
San Mateo (650) 286-9622